

AGING WITH GRACE RETREAT

Tuesday - Thursday, May 3-5, 2022

Facilitated by Jo Ann Bourquard, Carolyn Jacobs, & Gordon Scruton

This retreat invites you to experience, as a community, the blessings and challenges of aging with grace. You will have the opportunity to reconceptualize the idea of aging, embrace the full expression of your gift of years, deepen everyday conscious living, learn how to remain present through life's challenges, and honor your relationships with family, friends, community, and Earth.

"Then there is not old age at all, but only "constantly renewed immediacy" that feels much better than youth ever did... all is re-membered, regathered, and re-loved. Such elders are already home and forever young. So strange, however, that you have to be old to be young." ~ Richard Rohr

