

LYFL
Governing Rules
2024



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- A. The purpose of Legacy Youth Football League (LYFL) shall be to establish and interpret all uniform rules and guidelines for the proper operation of the LYFL including game rules, personal conduct of players, coaches, parents and fans and to resolve complaints, protest and enforce said rules upon those found in violation.
- B. The LYFL board is the highest authority and its members shall consist of the following:
 - 3 Executive board members (Former Presidents in the LYFL)
- C. The LYFL in and of itself, can only be challenged for recall by an executive session and by a quorum of the voting members.
- D. The LYFL is the highest league authority and shall have the power to initiate and/or conduct investigations on any suspected rules violations, bring charges and discipline any and all individuals found to be in violation of the LYFL rules.
- E. Any individual refusing to answer questions from the LYFL regarding alleged violations of rules will be placed on temporary suspension pending completion of the LYFL investigation, at which time; a final decision will be made.
- F. Any protest or appeal must be logged with the LYFL Board within 24 hours and must be followed by a written letter and video evidence within 72 hours submitted to the Secretary. The Secretary will notify the LYFL and the President and VP of the affected team in question to allow time for preparation of a rebuttal. The protest fee is \$50 and will be refunded after the case is heard and your protest is upheld. This fee will be lost if the protester loses the case. The fee will be deposited in the league account.
- G. Only protests on rules interpretations or the eligibility of a player will be considered by the LYFL. The judgment of a CIF Officials call is not subject to protest, although misconduct on the part of an official should be reported to the LYFL.
- H. Protests are decided in accordance with the administrative procedures of the LYFL and based on evidence gathered after the investigation.
- I. Questions of or relating to the interpretation of the rules and regulations shall be addressed in writing to the LYFL and should be clearly stated.
- J. If a special LYFL meeting must be called to deal with alleged rules infractions committed by adults (Coaches, Administrators, Weighmasters, parents, fans, etc.) the Team where the alleged violations belong to will be responsible for the cost of the meeting site as well as any fine that may be imposed by the LYFL. If found in violation of said rules.
- K. Parents/spectators 18 or older may be used as witnesses with the approval of the LYFL buy not players or cheerleaders.

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- L. The decision of the LYFL board will be final without further appeal.
- M. Annual LYFL fees are \$500 per team, \$100.00 per cheer program and will be due by the end of February of each year.
- N. For the 2024 Season we will waive this fee to the amount of \$250 per team, \$50.00 per cheer program with a 13 hour volunteer hour obligation met through the season. This can include fundraising to be spent back to the league.
- O. All new teams entering LYFL will have a one (1) year probationary period (from date of entry of the league) before being given voting privileges. However, they do will have the right to express their opinion on league matters.
- P. Entry fee for the Carnival will be \$5.00 for adults and children and the money will go to the LYFL (Children 4 and under will be free)
- Q. Entry fee for the regular season will be \$8.00 for adults and children (Children 4 and under will be free)
- R. Entry fee (\$10.00) for Playoffs and going to the LYFL. (Children 4 and under will be free)

Section 2 – Members of the LYFL Board

- A. The Executive Board – The Executive Board will consist of LYFL. This position is a rotating position and will have full voting privileges and is a position that will be eliminated should The Executive Board decide to leave LYFL and will not be replaced. The length will depend on the health of the league and be voted on annually by the executive board no more than 2 years.
- B. The Executive Board – bears the overall responsibility with any matters within LYFL. The Executive Board must be at least 25 years of age and experienced in community youth programs. The Executive Board oversees all league meetings. The term for this position is a maximum of two years and must be absent for one year from The Executive Board position before eligible for re-election back into the Executive board position. (Note – The Executive Board may be re-elected for consecutive terms but only if there is 75% vote in favor by board members). The Executive Board also handles all disciplinary issues with all coaches, parents and players within LYFL.
- C. Treasurer – The Treasurer must be at least 21 years of age. The Treasurer must be present at all LYFL meeting and will be responsible to maintain an accurate report of the LYFL account. The Treasurer reports directly to the Executive Board. (Note – Treasurer may be re-elected for consecutive terms but only if there is 75% vote in favor by board members)
- D. Cheer Coordinator – The Cheer Coordinator will be responsible for coordinating, organizing and monitoring the cheer programs in LYFL. The Cheer coordinator will

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report directly to The Executive Board. Please refer to the cheer bylaws for a more detailed instruction of the responsibilities. This can be waived at the discretion of the Executive board for the current year by a majority vote.

Section 3 – LYFL meetings with scheduled annual agendas.

- A. In the January general meeting, the LYFL shall receive from each team their suggested changes for the following year.
- B. The proposed rules changes must be formalized with the secretary and prepared for discussion for the February meeting. All proposed rule changes must be typed.
- C. At the February meeting, the proposed changes will be discussed and voted on. The proposed rule changes must be approved by a majority vote. If approved, the rule change will become a part of that year's rule. All rules can be re-discussed.
- D. Any rule changes after the February meeting must be approved by a vote of 100% quorum and the issue can NOT be revisited until after the last business day of February.
- E. In the Annual off season Meeting ALL TEAMS seeking entry into LYFL must pay their mandatory league fee's to be considered into LYFL even if they have been in the league in previous years.

Section 4 – Responsibility of participating Teams.

- A. Boundaries: The LYFL board does recognize School Boundaries. A player may play for any team he/she desires to play for. However, should a team or coach be actively recruiting outside of their assigned School district, and proof of the recruiting is brought to the attention of LYFL disciplinary action can be taken up to a full calendar year suspension.
- B. LYFL If you don't have a team you indicated when the schedule is generated, and it is after June First, that team will be assessed a fine of \$500 due to hardships that will occur due to that team not being created.
- C. No New teams wanting to enter LYFL will not be allowed enter without The Executive Board consent and approved vote.

Section 4a - Scholastic Eligibility

A complete copy of last year's report card or an official school document with players name, grade, and school year.

If participant report card is from a school district in another team's recruiting area; Participant must have a completed presidential waiver which requires approval from originating area. There is a maximum of 2 presidential waivers per level for each program per season with 1 additional wavier that can be used at any level.

If a participant has played with a LYFL or Verified League team consistently

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since the beginning of the immediate preceding season. That individual is eligible for a Grandfather waiver. If participant has moved to another school district, some proof from that new school district is required.

If a team is full, a player can play for another area program on a 1 year overflow waiver.

All waivers require each participating president's signature and 3rd signature from approving President.

Teams exceeding their allotted presidential waivers shall:

Begin each regular season game, during that season, at all levels, with a 24 point deficit. The offending team shall forfeit next seasons presidential waivers at a rate of (3) waivers forfeited for each (1) offense.

The offending team will forfeit any profit sharing that season.

The offending team will be placed on a 1 year probation.

Section 4b

A player shall only participate with the LYFL Team assigned to the affiliated high school that the player's elementary school feeds into, i.e. Clovis Unified, Fresno Unified, Sanger Unified and Central Unified. Players that attend an elementary school in an area in which no LYFL Team is assigned, that player may play with a LYFL Team of their choice. LYFL Team high school / Area assignments will be defined by the League each year at the regularly scheduled board meeting each Spring.

Players declaring Home School, Private School, Gate, Charter, and Religious Education centers will be open eligibility. They provide a current transcript from the school to be eligible for player certification.

Violations of any of the above rules pertaining to eligibility shall result in removal of the player and/or forfeiture of all games in which the ineligible player participated in. To be decided by Executive board.

Section 5 – Ages & Weights

- A. Senior Division (180 lb. weight limit) – Grades: 5th & 6th A player must be under the age of 13 during LYFL Football Pre and Regular season, playoffs and Championship. Playing weight is as follows:
- Senior Division – (180 lb. weight limit)
 - All Senior 5th & 6th graders must present proof of grade utilizing their most recent school record and copy of birth certificate.
- B. Junior Division (140 lb. weight limit) Grade: 3rd & 4th Playing weight/restrictions is as follows:
- 140- lb. weight limit
 - Players may not turn eleven (11) years of age before December 1 of the current year.
- C. Pee Wee Division (110 lb. weight limit) – Grade: K, 1st & 2nd Playing weight is as follows: The Pee Wee Division will consist of players in grades K -2nd. Players may not exceed 110 pounds, as weighed wearing a pair of shorts. X-Man Ruling – Pee Wee Players weighing 86

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pounds or more shall be designated as an “X-Man” during official league games. (**Refer to Peewee Section 15**)

- D. All players in ALL division must show proof of grade level utilizing current school record
- E. Contract Language: On the back of the contract it must be complete & legible if it's not on the **DAY** of **CERTIFICATION** the contract can be voided, and the player can be moved up to the next division with **NO EXCEPTIONS. Additionally**, each contract must have a trained and certified medical doctor verifying the player has been given a proper physical. If the physical has been found to be forged or falsified this will void the contract and release liability of LYFL of the player's medical care.
- F. If a player cannot make weight in their normal grade level division, the player may “play up” to the next higher division if the player is in the grade immediately preceding the lowest grade of the next higher division and with parental consent. Players will not be able to go back down levels.
- G. Violations of any of the above rules pertaining to eligibility shall result in removal of the player and/or forfeiture of all games in which the ineligible player participated in. To be decided by league board minus the team in violation.

Section 6 – General Rules

- A. LYFL Carnival will be chosen by means of a rotation and by a board vote.
- B. There will be made available plenty of free water access to all coaches and players at the carnival, there will be ice made available to the coaches and players, making sure there is enough inventory of water, Gatorade, soda's to not run out at all. Keep all drinks cold with the ice available.
- C. All cash/money handlings at the Carnival or Championship will require an LYFL Board Member to make change, document drops and be present at the time the money is counted.
- D. (Book Checks) Contract Certifications will be given a designated date and time before Carnival at a designated and central location or if digital is used. It is mandatory for each teams's President or Vice-President to be present with their teams' Contract books. These books will contain the contract to verify the player's birthdate, grade and picture. At the day of Carnival only the player's picture will be utilized to ensure it matches the player. Must be checked by 2 different teams and stamped. There will be 2 dates only. If after the 2nd date team still needs a player certification there will be a \$40 fee per player owed to the LYFL.
- E. A typed or computer-generated team roster and team information sheets must be submitted to the Executive Secretary at the Carnival. Rosters must follow the standardized league roster format; hand written rosters will not be accepted.
 - To ensure the personal safety of all minors participating the LYFL, all personal information regarding any minor (names, phone numbers, and addresses) will be strictly confidential. Any persons involved with LYFL will be prohibited from releasing and/or disclosing any information about any minor unless specifically

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authorized by the President. Failure to follow the above expectations could result in disciplinary action up to and including a life ban from LYFL. LYFL volunteers must recognize the harsh realities that sexual predators reside in or around our communities.

- F. Not more than 40 players and not less than 16 players shall be certified on a team roster. Each individual team can limit their roster not to exceed 40 players on the roster. Any team with less than 16 certified players will not be permitted to form.
- G. A minimum of 14 players per team must be dressed and ready to play at the start of each game. If the team fails to dress the minimum number, it will forfeit the game to its opponent and will pay for the official's fees for the forfeited game. Any team that must forfeit two consecutive games because of insufficient players (defined as players without the intention of suiting up) shall be disbanded. If Teams forfeit is due to medical reasons (flu out break, widespread medical outbreak) then should be aloud to stay with proper evidence. Proper evidence would be a doctors note with Medical note only to be shared with Executive board and then Shred) Said team, will forfeit the remainder of their games for the season. If a team makes the playoffs and does not have the minimum 14 players dressed and ready to play will forfeit the game, NO EXCEPTIONS. During the regular season, the games will/can be played and the opposing team will forfeit, during the playoffs if both teams do NOT have 14 players they both forfeit and the next higher seed gets a bye and moves on.
- H. All team binders will be turned into the LYFL no later than one week prior to the LYFL season opener. Additions to rosters after the LYFL Carnival, must be LYFL certified by the Saturday before the first season game (exhibition or regular season) Players may not participate in a LYFL scheduled regular season game without LYFL certification.
- I. LYFL PLAYER CONTRACT
LYFL PARENT CONTRACT
BIRTH CERTIFICATE 6TH GRADE COPY
PROOF OF SCHOOL (DEMOGRAPHICS PAGE PREFERRED)
PROOF OF MEDICAL INSURANCE
PRESIDENTIAL WAIVER IF APPLICABLE
Participants shall be considered ineligible if there are any missing or incomplete documents.
- J. Drops and Adds –There will also be no more additions to any team rosters after Week 1 is completed.
- K. No new players to any squad will be permitted after competition of week 1. NO EXCEPTIONS!
- L. No team is permitted to run a “taxi squad” or allow a player to be on more than one team. A player is not to be moved, shared or loaned from one team and sent to play on another. Once a player has committed to a team, he cannot play for another without leaving the original team.

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- M. A player that is cut or quits from a team may play for another LYFL team without requiring a waiver from the team who dropped him and must turn over the player contract. If the player has already been book checked they must stay with said team for the remainder of the season. The executive board can take a case by case basis and can vote and if passed by Majority vote and is good for all parties involved waive this rule.
- N. Should there be a natural disaster or poor air quality and the games for that weekend need to be cancelled, the games will not be rescheduled regardless of team records or facility issues. We will proceed to the following weeks game schedule. Unless a Bye week or Dead week is available.
- A. Time-outs – Three (3) time-outs for Pee Wee, Junior, and Senior levels shall be allowed by each team per half. Time-outs due to injury or equipment problems will be called by officials and not charged to a team.
- B. Punts for the Pee Wee Division are as follows: They must be declared to the officials and the opposing team.
Kicking Team will have ball placed 35 yards down the field from line of scrimmage. Any declared kick inside the 35 is a touchback.
Substitution - Unlimited substitution during all games shall be permitted.
Scoring
A touchdown shall score six (6) points.
A field goal shall score three (3) points.
A safety shall score two (2) points
The point after touchdown (by run or pass), with the ball placed at the 2 yard line shall be one (1) point.
The point after touchdown (by run or pass), with the ball placed at the 5 yard line shall be two (2) points. The home team shall be responsible for supplying the game ball.
Visiting team may use their game ball.
Game ball will be used for offensive use only.
Game Ball.
Visiting team may use their game ball.
Game ball will be used for offensive use only.
Pee Wees and Juniors are required to use a Pee Wee sized ball; Seniors are to use a Junior sized ball.
- C. Play shall be held on a N.F.H.S. standard field. Unless deemed impossible due to field issued by school district or jurisdiction.
Goal posts set on the back line of the end zone, where used.
- D. The sideline area shall consist of Ten (10) yards minimum from the playing field sidelines and end zones. A physical barrier shall be erected to mark this area, i.e. track, flags, lines, etc.
- E. The bench area shall be between the 25-yard lines on each side of the field.
- F. This area shall be reserved for players, coaches and authorized team personnel only.
- G. Cheerleading area shall be kept at least Five (5) yards from playing field
- H. A cheerleading area shall be reserved for all cheer squads on each sideline.
- I. **Overtime rules**-First Overtime shall be conducted in accordance with the N.F.H.S. rules with play beginning from the 20-yard line for ALL LEVELS.

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Second and Final Overtime shall be conducted in accordance with the N.F.H.S. rules with play beginning from the 10-yard line for ALL LEVELS. If no score after 2nd OT during regular season, game will declare a tie. Post Season games shall be conducted as listed above; any games going into three or more overtimes will be conducted in accordance with the N.F.H.S. rules with play for the from the 10-yard line until there is a winner.

- J. Scouting at regularly scheduled, LYFL games with the use of video tape, filming, or written reports is permitted. Scouting a team practice of any type is strictly prohibited. Any team found guilty by the LYFL Board of Directors of violating scouting rules will be ineligible for post-season play.
- K. 5th Quarter- When opposing teams both have 24 or more players on a roster a 5th Quarter games is allowed to be played after the scheduled game. Notification of roster size must be made by Monday before scheduled game. 5th Quarter must start within 2 minutes after of the regular game. For 5th Quarter games each team will possess the ball for 8 minutes on each side of the ball with a running clock. No more than a 4 minutes will be allowed to swap possession. One coach on each team will be responsible for officiating a 5th Quarter game, Coaches officiating 5th Quarter games will only officiate and refrain from coaching during 5th Quarter game.
- L. LEAGUE STANDINGS The league standings and playoff seeding shall be determined by best overall standings during, and at the end of league play. In the event of a tie, the tie breaker shall be determined as follows
- #1 - Head to Head competition in regular season
 - #2 - Points scored against (Defensive points allowed)
 - #3 – Coin Flip
- M. A “Team” is defined as a legal entity, i.e. non-profit corporation, LLC, etc., established to organize and maintain a youth football program.

Section 7 –Weighmaster)

1. A **Weighmaster** shall be assigned to each team. The **Weighmaster** shall be at least 21 years of age. The **Weighmaster** must be listed as 1 of the 10-personal listed on the roster for sideline access.
2. Duties of the Weigh Master:
3. Rules of Play (Only 2 Weigh Masters are allowed at the weigh-in process) - Each team will provide a weigh master that is not a coach at the scales at the time of weigh-in. No more than two weighmasters from each team will be allowed at the scales during weigh-in. LYFL executives and association board members are exempt from this.
4. Weigh Masters “DO NOT!” have the authority to disqualify players for no mouthpiece, straps, or chewed up mouthpieces, worn out cleats, etc. If there are discrepancies: Rules of Play the chain of command for any discrepancy is: • The Executive board > Head of Officials > Presidents

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5. Any player that arrives after the coin toss, may request a weigh in through their president, during halftime to be eligible at the kick off of the 3rd quarter. This is subject to the approval of and at the discretion of the opposing teams' Head Coach for that player's division and President. They will be weighed in by the weighmaster.
6. Each member team shall use the league provided scale for weigh-ins at their home games.
7. Teams weighing in will be done on the same scale
8. Each team shall have available, a ten (10) pound check weight to zero the scale prior to weigh-ins provided by the league

Section 8 – Coaches

- A. A Head Coach must be at least 21 years of age. The Head Coach will bear the overall responsibility for his/her actions and those of his assistants, players and parents.
- B. Trainees must be at least 16 years old. Each team must acquire parental consent form, if under 18 years old.
Head Coaches must have completed heads up training certification each year.
All Coaches must have completed background check
All Coaches must have required proof of age.
- C. Assistant coaches must be at least 16 years of age. No more than two ball/water boys are allowed per team on the sideline and are not considered coaches.
- D. All head coaches, assistant coaches and team staff selected by their respective member teams shall annually be subject to confirmation or denial by the LYFL Executive Board. Denial of a coach shall require a two-thirds vote.
- E. The bench area is reserved for players, coaches, ball/water boys, the Weighmaster. No more than ten rostered personnel shall accompany players in the bench area during games. All personnel must have LYFL coaches passes visible when on the sidelines. If the coach's passes are not visible the game officials will have the right to refuse to start the game and ask the coach to leave the sidelines or until the coach provides the proper credentials.**
- F. The Head Coach will determine the assignment of the assistant coaches.
- G. In the absence of trained medical personnel (paramedic, physician, specially trained volunteer), one of the coaches on each team must hold a valid Red Cross Multi Media card or equivalent. The card holder must be present before practice can start.
- H. Approval of coaches will be at the discretion of each local Team. All head coaches, assistant coaches and team staff must have a LYFL approved background check completed bi-annually to participate in the Legacy Youth Football League. Any applicant found to have been convicted of a sexual crime or related charge shall be barred from coaching in the LYFL.
- I. It is a requirement for you to be on the Official LYFL Roster as a documented coach to receive a Coaches pass. If you are not on the roster you will not receive a pass. Maximum of 7 coaches per team allowed.

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- J. All coaches are NOT required to complete the Youth Tackle Coaches Certification through USA Football & the Heads-Up Program. In it's place ALL coaches and must attend a MANDATORY Coaches Clinic costing \$5.00 each. Each local board shall have a record of each coach's LYFL Youth Football Coaches attendance and will not receive a coaches pass if they do not attend this coach's clinic. Should the coach not attend the clinic they will be required to pay a \$100.00 processing fee. Under documented special conditions the fee can be changed to \$50.00 on approval of the LYFL executive board.
- K. Coaches from the various Teams do not make LYFL policy rather, they carry it out. However, on both the playing/practice field, the coaching staff is in complete charge and shall not be interfered with except in cases of rules violations or any other conduct deemed by higher authority to be harmful to the welfare of the youth.
- L. All Head Coaches must attend their own Teams mandatory orientation prior to the first day of practice. Disciplinary action may be taken against each coach that does not attend.
- M. Coaches from the LYFL shall conduct any type of training or coaching at any time outside of pre-season camps, regular practice during the regular season or post season, with any player(s) affiliated with their LYFL district team. Coaches that violate above, will have coaching privilege revoked for (1) season.
- N. All coaches who are not in compliance with the LYFL bylaws, general rules, playing by rules, and standards set forth by the LYFL Executive Board (such as documented altered practice or game restrictions) can be removed as a coach upon and will not be covered by the league's insurance should an incident occur due to their negligence.

Section 9 – Coaches Conduct

- A. No alcoholic beverages or tobacco of any kind will be allowed at any meetings, games or practices.
- B. No criticizing of players in front of spectators. Reserve constructive criticism for private or in the presence of the team if others will benefit.
- C. Accept the decisions of the game officials on the field as being fair and the best of said official's ability. Remember, your players are learning from you.
- D. No criticizing opposing teams' players, coaches or fans verbally or with gestures.
- E. Emphasize that good athletes strive to be good students and that both are physically and mentally alert.
- F. Strive to make every football activity serve as a training ground for life, and the basis for good mental and physical health.
- G. Emphasis that winning of the game is the result of team work.

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- H. Refrain from using abusive or profane language before anyone during games or practices. **This rule will be strictly enforced by the LYFL.**
- I. Refrain from “piling it on” as the phrase is used when a team gets a commanding lead and desires to raise the score as high as it can. In these instances, every effort shall be made to let every player play. Points for or against does not determine playoff seedings.
- J. Services as a coach are voluntary.
- K. Will not permit an ineligible player to participate in any game.
- L. Will not permit or encourage “sweating down” tactics or dietary supplements for a player to be in better shape.
- M. Will not deliberately incite unsportsmanlike conduct.
- N. You will remove player from a game or practice when any player is slightly in doubt of his/her health, whether because of injury, until complete medical advice is available. If the injury appears to have a concussion the player/parent and coach must seek a medical doctor’s clearance before the player can practice or play in a game.
- O. Will uphold all the rules and regulations of the LYFL.
- P. Head Coaches bear final responsibility for all their actions, their assistants, players and parents.

Section 10 – Players

A. Registration:

- Each player must have parental consent from a parent or legal guardian indicated by signature on the player’s contract.
- Each player must have medical certification from an examining physician stating that the player is physically fit to play tackle football.

Note: If a player is injured in practice or a game and sees a physician, that player shall not be allowed to resume practice until a medical clearance in writing is provided from the treating physician. It is mandatory that all such injuries be reported to the executive secretary before that team’s next game and that original signed release accompany the player’s contract.

- **Proof of Grade (Age for Senior Division):** Proof of grade will be verified through the school record from the player’s school they will be attending in the fall and a copy of birth certificate, a player’s picture is required to be attached to the player’s contract. The verified school record will stay with the player’s contract for the entire playing season.

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- Academics should always be encouraged. Playing football should not take precedence over school.
- Sign-up fees will be at the discretion of each teams board.

B. Certification of players:

- An LYFL member will verify identity of all players at the Carnival (scrimmage).
- Players may not participate in any game until they are certified. Certification is that process where by a team does a book check with 2 other teams signing off.
- If a player is certified, and is then found to have a falsified contract, then the Head Coach, the Weighmaster, and the parents of said player shall be asked to come before the LYFL for a possible disciplinary hearing.
- An LYFL member may not certify his own team's player contracts with exception to the Executive board

Section 11 – Game Day Verification

- A. An official roster will be handed in at weigh in to the opposing coach. This roster will have current jersey numbers and players along with the book and picture. A player's jersey number does not have to be position specific; however, the jersey number must match what's on the player roster. We need to ensure compliance with this rule
- B. The Player Certifier will adhere to the following procedures and rules at Player Verification time, 30 minutes before game time:
- C. Extra protective equipment such as rib pads, arm pads and shin guards does not have to be worn during player verifications and a shoe may be changed for kicking purposes. Otherwise, no alteration of equipment is allowed after verification.
- D. Player verification times shall be 30 minutes before the scheduled game time. However, late arrivals may be verified in no later than the end of the second quarter.
- E. Only representatives of the LYFL board members may fill out the certified verification section of a player contract.
- F. After players are verified, players must go directly to the field or warm-up area in sight of the other team (not a locker room area). Teams may go to the locker room at half-time only if locker rooms are available for both teams.
- G. Coaches have no decision-making authority at player verifications regarding the eligibility of players.
- H. The player verification will continue during playoffs and championship games. There certification from the regular season will remain intact for the playoffs and

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championship. Players will still go through the process of verification via player photo and school documents.

- I. LYFL BOARD can override any Player Certifier decisions.

Section 12 – Practices

- A. Except for an approved LYFL Passing League, pre-season practice may not begin earlier than MARCH 1st of the current playing year in accordance with climate and other factors determined by the LYFL in establishing a common starting date for all teams within its jurisdiction.
- B. The first week of practice shall be devoted entirely and exclusively to conditioning, without the use of pads. Only helmets may be issued the first week. Full pads and contact are allowed at the start of the second week of practice however before full contact drills are started each of the players must be taught the appropriate tackling techniques. Players who join a team after the first week may wear pads but cannot have contact until they have had the 10 hours of conditioning.
- C. Blocking sleds may be used after players have had 10 hours of conditioning.
- D. Warm weather precautions: Teams must guard against serious problems, which in extreme high school, college and professional conditions occasionally result in death. **The training regimen of any team practicing in high heat and/or humidity will adhere to the following:**
- Limit or eliminate laps entirely, and not assign laps for disciplinary reasons.
 - Schedule practices for early evening when the sun is low in the sky.
 - Regardless of the water you may have been denied by your coach when you played, today the best medical advice requires you to give your players all the water they want to drink when they want it. Substituting soft drinks or other sugar-laden drinks for water should be discouraged.
 - Do not ignore signs of heat exhaustion.
 - Within each hour of practice, there should be a minimum three 10-minute water breaks. A good idea would be to use this time for talk or bookwork.
 - Special conditions should be adhered if the LYFL Board set a standard for the day due to the weather conditions.
 - Provide Calif. AB1 - Team Declaration of Compliance to LYFL and post on team website
 - All practices must comply with Calif. AB1 and to include concussion rule for 10hr weeks and be limited to 1HR of full contact practices for 6 hr weeks thereafter and when applicable. Any Player / Cheerleader showing any sign of being concussed, will be immediately deemed ineligible for play / practice, until medically cleared to participate, in writing, by an appropriate health care provider, a copy of said clearance must be sent to the executive board and viewed, prior to the participant being cleared to participate.
 - No participant may return to play without the express consent of the executive board.

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- Failure to comply with this rule will result in the immediate decertification of member status within LYFL. Participant safety is paramount!!!
- All coaches, players, and parents shall comply with all applicable concussion management and return to play protocols, and practice restrictions, including, but not limited to AB2127 and AB2007.

E. Prohibited from practice:

- Use of “bull ring” or any other drill where the player may be subject to a hit from a direction they cannot see will not be allowed. Half ring or other practice drills of this nature may be used where the player has at least peripheral vision and can anticipate a hit.
- Any sled or dummy that employs a spring loaded or mechanical principle that “shoots” out part of the apparatus to stimulate the movement or impact of an imagined opponent.
- Oklahoma’s are no longer consider a viable drill by LYFL and should not be used to train any player in LYFL

F. There is no CUT-BLOCKING or CHOP-BLOCKING within LYFL. This rule will be strictly enforced. Any team found using this technique on video evidence will be fined \$500.00 by the LYFL and the head coach will be suspended for one week.

G. Teams are allowed 10 hours per week of pre-season practice, 2 hours per day, and 5 days per week for first 3 weeks. Beginning on the new school year, practice is limited to 6 hours per week. No practice shall end later than 8:30 p.m. Practice is not allowed on Saturdays or Sundays.

H. Each team is allowed a controlled team scrimmage, however if a team wants to scrimmage a program outside of LYFL the team requires Permission from the LYFL BOARD due to insurance reasons. Teams are required to participate in the LYFL carnival before the start of the season. Ice chests will NOT be allowed at the Carnival (except for one (1) team ice chests, which must be carried in by the Head Coach). During the Carnival, the following rules will be followed:

- Coaches will be permitted on the field.
- Time-outs may be taken between plays to allow coaches to critique and instruct players, however the time will not stop.
- Coaching staff may inform each other of plays they are going to run to focus on defensive/offensive plays.
- Game score is not kept and is not the primary goal.
- No official game time is kept.
- Game play will be 20 continuous minutes with a 10 minute break afterwards.
- Each team will be on Offense for 10 minutes and Defense for 10 Minutes
- All kids are encouraged to play
- We will be playing half field and comeback to the starting point after a score or turnover
- There will NOT be first downs like high school rules, needing to move the chains.

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- I. To prevent possible bending of rules as a protection of children, a practice is defined as a gathering of players, without minimum number, requiring the presence of at least one coach, where football skills are discussed physically or mentally. **A team party at any location may be considered a practice if it's mandatory.** This rule will be followed to prevent injuries to players and/or to not allow any one team to get an unfair advantage over another team within the LYFL.

Section 13 – Games

- A. Regulation 4-quarter games with game officials, game clock and score. The outcome of non-league games does not count in team standings or toward any play-off qualification. Pee-Wee do require CIF (California Interscholastic Federation) officials
- B. The Secretary shall provide each team President with a complete schedule of games. Unless other arrangements are made, each home team/head coach will e-mail the Secretary with game results the same evening the game was played and no later than 10:00 p.m. A \$25.00 fine may be assessed for scores not called in. Email address is: support@legacyyouthfootball.com
- C. Playoff games will be played at the site of the team with the better record/seeding. It will be played at that site even if there is not a visible scoreboard, however, goalposts are not required to host a playoff game.
- D. Playoff and championship schedules are to be decided by a modified non-traditional bracket each year by the LYFL board. If a TEAM has two or more teams in the championship game, game times must allow for the members of the teams to attend both games. Game times will be set by the LYFL if not settled otherwise. TIE BREAKERS: Head to head, opponents or coin flip. ****Please note: Points for or against will NOT be used to determine a playoff seeding, No loss teams will always seed higher than any 1 loss team regardless of the amount of games played**** LYFL Officials will schedule a day and time to meet to complete the playoff seeding's.
- E. All Playoff and Championship Games for each division will be played at a site that will have a visible scoreboard. Location of Championship is selected by The Executive Board and must be as Neutral, as practical.
- F. The President or Vice President from each team will be present at all Championship Games. If it is not your team in the Championship Games, the executive board member from each LYFL team will be present at the beginning of all games being played. These individuals will be present to deter conflict of interest; will serve as third parties if any conflicts arise. (Fines for not participating \$500.00)
- G. Games ending in a tie at the end of regulation shall be played off to achieve a win-loss status Legacy Youth Football League tie breaker. Tie breaker rules will be followed (10-yard line rule). No ties will be allowed to stand.
- H. Teams are allowed post-season Bowl games only with prior approval of the LYFL President. This may include Bowl games against teams outside of the LYFL.

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- I. All rules apply beginning with practices and ending with post-season playoffs and Bowl games. No team, on its own, may arrange a game. All games, regardless of type, must be arranged through and with the sanction of the LYFL. Unless otherwise authorized by the LYFL, no game will be scheduled on Sunday. The first regular season game shall not take place earlier than July 20th, regardless of climate. Any exceptions to play a game is at the discretion of the LYFL board. (Exhibition, Pre-Season, Regular Season, Playoffs, or Bowl games).
- J. The following items shall be worn by all players beginning with the first day of contact:
- Helmet – only helmets displaying a current “Seal of Certification” shall be worn. Each team must provide proof of current helmet certification upon request by the LYFL.
 - Shoulder Pads
 - Pants with belts
 - Hip, Kidney and Butt pads
 - Thigh pads
 - Knee pads
 - Jerseys – Each Head Coach will be responsible for notifying the opposing Head Coach of any jersey problem no less than 24 hours before a game.
 - Pee wee teams must have helmet covers or scrimmage vest/jerseys in case of color conflict during a game. This will be the responsibility of the away team to provide and wear this equipment. Failure to comply will result in a \$100.00 fine payable to the home team’s board.
 - Mouth Guard
 - Athletic supporter (optional)
 - Shoes and socks (cleats may be detachable or soft composition only 1 inch in length)
 - Eye glasses, when needed, shall be shatter-proof glass or contact lenses.
 - Face shields are allowed and must be clear only. NO EXCEPTIONS!!

K. Zero Tolerance Policy:

- No Assistant Coach is allowed on the field unless the play has stopped for an official player injury and any coach and the player's parent can tend to the injured player.
- Any coach or parent who is on the actual playing field will receive one (1) sideline warning by the officials; however, a warning can be skipped and can be immediately ejected if the coaches conduct warrants it.
- Should an altercation on the field break out between players, all the assistant coaches are to remain on the sidelines and keep the parents and additional players off the playing field. However only the HEAD Coach or his designee will be allowed to go onto the field to retrieve HIS/HER player. Only HIS/HER player

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and in NO way should the opposing coaches speak to or contact any of the opposing players, coaches or parents.

- The first ejection will end up in a week-long suspension and a second ejection will be a season ending suspension for the coach or parent.

L. Basic Playing Rules:

- Unless stated otherwise by the LYFL, games are played under CIF rules for varsity football, under the National Federation of State High School Athletic Associations.
- Teams scouting is allowed at games. Use of films for future scouting is allowed. Films shall not be watched while the game is in progress. Any coach affiliated with a team may not film that team's game.
- The use of walkie-talkies or telephone for spotters is allowed.
- The home team will be responsible for the presence of a game physician or ambulance at each game. In the absence of a physician or ambulance, the minimal safety requirement shall be the presence of one individual associated with the home teams who is qualified in first aid and holds a current Red Cross/Multi-media card or equivalent. An additional person must know the location of the nearest public telephone or cell phone and have previously memorized the phone number to the nearest ambulance service or rescue squad.

LI. Officials

- LYFL shall arrange for the presence of at least 2 qualified officials and 2 trainee officials at each scheduled game. A trainee official is one who is an apprentice position, working toward certification as a registered high school or college official.
- There shall be a minimum of four qualified officials at every post-season game.
- Payment of the officials is the responsibility of the home team.
- The commissioner for the officials shall be provided a copy of the LYFL rules.
- Junior/Senior/Peewee Division – It is mandatory that there will be 4 qualified officials. For the Peewee and at least 2 qualified officials are required.

LII. Game Ball

- A Peewee sized ball, 14-15 ounces shall be used by both divisions. The ball must be a good condition grade leather or rubber.
- Each team may use any legal ball of its choice during a game.
- The decision of the official is final involving the acceptability of a game ball.
- Pee-Wee Division will use a peewee size ball compatible to that age group.
- Junior Division will use a peewee size ball compatible to that age group.
- Senior Division will use a JR size ball.

LIII. Playing Field

- The home team is responsible for the preparation of the playing field and all requirements for a game and is responsible for providing water to both teams.

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- Unless previously approved by the LYFL, the standard 100 x 53 1/3 yard playing field is authorized for all divisions.
- The fields shall be equipped and marked in accordance with high school standards.
- Lime and other caustics shall not be used.
- The bench area is reserved for rostered personnel and game physician only. The sideline area is reserved for the chain crew. The general vicinity of the playing field shall be clear except for the presence of ambulance and law enforcement.
- **The home team shall provide a three-man chain crew minimum age, high school age kids with restrictions to NO cell phone usage and chains will remain on visitor sidelines.**
- The cleaning of the bench area and bleachers is the responsibility of the Head Coach of the home team.

P. Senior Division shall play 08-minute quarters.

Q. Junior Division shall play 08-minute quarters.

R. Pee-Wee Division shall play 08-minute quarters.

S. Intermission

- 2 minutes at the end of the 1st and 3rd quarters.
- 15 minutes at the end of the 2nd quarter
- 20 minutes between games (may be reduced if both Head Coaches agree)

T. A team shall be permitted no more than 3 time-outs per half.

U. Scoring Values

- Touchdown = 6 points
- PAT (Run/Pass) = 1 point (Senior Division = 1 points)
- PAT (Kick) = 2 points (Senior Division = 2 point)
- Safety = 2 points
- Field Goal = 3 points
- Forfeit = 1 point
- PAT at 5 yard line = 2 points

Pee-Wee Division

- Field goals = 3 points
- PAT from the 3-yard line (run or pass) = 1 points
- PAT from the 3-yard line (kick) = 2 points
- PAT at 5 yard line = 2 points

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V. Players

- Free substitution rules are always in effect with all teams
- The eligibility of a player may be challenged as noted earlier herein.
- Coaches should use extreme discretion once a player is removed because of injury before he/she can resume the game. If there is possibility of a concussion, then the player will sit out for the remainder of the game and will have to follow the return to games steps listed in the USA Football Heads Up Program Criteria.

VI. The Rules of the National Federation are repeated:

- Spearing and Butt blocking will not be tolerated.
- Spearing is deliberately and maliciously driving the helmet into a player who is down or who is held so he is going down, or whose forward progress is stopped or obviously out of the play. It is a disqualifying personal foul.
- Butt blocking is defined as a blow with the facemask, frontal area, or top of the helmet as the primary point of contact, driven directly into an opponent. The technique is considered dangerous to both the blocker and the opponent and carries a 15-yard penalty.
- Any LYFL coach found to be teaching such techniques shall be subject to dismissal from the LYFL.

VII. Game Administration

- Regular Season Admission fees shall not exceed \$8.00 for adults and children 5 years and older. Teams may choose to charge less but may not charge more.
- Admission fees for Carnival shall be \$5.00 for adults and children 5 years and older.
- All Coaches who did not attend the clinic or pay the processing fee to get their pass will pay to get into the Carnival.
- LYFL will issue coaches passes with their picture on it versus coaches' passes but the Team will pay for them (no more then \$9 per badge and will receive 3 quotes from (Neutral vendors)
- These passes will have the Coaches current Picture, Name, Division and Team. The Coaches and board members must present the pass to enter facility. Each Division will have a different color IE.. PW, JR, SR, Board
- The *Weighmaster* is included as one of the coach's roster.
- The league may issue additional passes to league officials as needed.
- Anyone, regardless of position, that does not show a valid league pass is expected to pay for admission.
- Each team must provide a game administrator at all home games.

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- The administrator shall be the contact person for the game officials should there be any problems regarding the game.
- The game administrator shall identify himself/herself as such, before the start of the game, to the head official and the opposing coach.
- No Outside Food or Drinks will be permitted into the games.

Y. Lopsided Scores/Intentionally Run-Up Score

- Any game in which a team has led over the other team by 35 points or more at any point can be considered a game with a lopsided score. At this point, the coach that has the lead shall take necessary measures to refrain from adding to his point total unless the other team scores. This can be done by playing the second-string players on both offense and defense.
- Intentionally run-up scores are the result of conscious and a deliberate effort by the winning team to amass as many points as possible while denying the opponents and continuing to play the starters on offense or defense or both, even though the other team is hopelessly behind.
- The Head Coach of the losing team may ask the LYFL to investigate if he feels the score was deliberately run-up by the opposing coach. This request must be made no later than noon of the day after the game was played. Video Evidence will be required at that time.
- Before declaring an intentional run-up score, coaches should be aware that there could be circumstances that make a difference between a lopsided and an intentionally run-up score.
- If after a preliminary investigation the LYFL determines that further action may be warranted, a meeting will be called and will include but not limited to:
 - One or Both Head Coaches will be required to attend.
 - Key witnesses may be allowed to participate with prior approval of the LYFL.
 - Game film will be used as evidence by the LYFL.
- LYFL will make the final determination as to whether the final score was lopsided or an intentionally run-up score.

Section 14 – Police Powers and General Provisions

A. Hearings

- Each team has authority over adults and juveniles connected with their teams and can settle disputes between individuals as well as imposed disciplinary action against any individual involved with or acting in the capacity of the LYFL for violation of these by-laws. All matters detrimental to the integrity of the LYFL will be brought to the attention of the LYFL executive board.
- LYFL has authority over all its members (Adult & Juveniles), local boards, when said group and/or individual is in violation of any of these by-laws.
- The LYFL executive board can intervene in the affairs of any participating teams when said town is unable or incapable of performing its duties.
- If a participating team has a dispute within itself, the LYFL executive board can rule to allow a 72-hour period for said town to resolve their problem via their own

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board. Written documentation detailing the matter and the outcome will be provided to the LYFL executive board who will determine if the LYFL executive board will need to review the case. In all such cases, the LYFL executive board has the authority to call witnesses as needed.

B. Mandated Disciplinary Action – Adult Offenses

- The LYFL board has the authority to review all matters pertaining to Rules Violations including ethical and moral issues. LYFL has the authority to penalize the coaches, parents, players and the program with any penalty deemed appropriate by LYFL Board with a majority rule.
- Head Coaches will bare the overall responsibility for the conduct of the players, coaches and parents/spectators. The actions of the Head Coach during an incident such as preventive measures, attempts to de-escalate the situation, will assist the LYFL board to determine appropriate action taken on said Head Coach and/or team.
- The LYFL executive board has the right to invoke a season ending suspension if the adult parent has had two (2) game ejections throughout the entire season.

C. Mandated Disciplinary Action – Juvenile Offenses

- The LYFL executive board has the authority to suspend any player ejected from a game for any type of unsportsmanlike conduct, disrespectful behavior to players, coaches, and/or league officials for one week of practice and 1 game. Repeated offenses could result in suspension for the remainder of the season.
- The LYFL executive board has the right to invoke a season ending suspension if the player or non-playing juvenile has two (2) game ejections throughout the season.
- *Note: It is the responsibility of an ejected player's Head Coach to report said ejection to the LYFL executive board by no later than 10:00 a.m. following the day of the game in which the suspension took place.*

D. Mandatory Duties

- All Head Coaches of a home game will email support@legacyyouthfootball.com in the final score of the game to the designated website manager no later than 10:00 p.m. the day of the game.
- Each participating team must be represented at all LYFL meetings.
- From time to time, mandatory meetings will require the presence of the Cheer Advisors and the Player Certifiers with the contract books.
- Repeated failure to adhere to these duties could result in a fine of up to \$50.00.

E. Parents/Next of Kin

- Effective the start of the 2024 season, all parents/next of kin of each participating player/cheerleader will be required to sign a “Parent/Next of Kin Code of Conduct” contract.

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- The contract will include language advising the parents regarding the code of conduct expectations by the LYFL and results of failing to follow such expectations.
- Failure to sign such contract will be grounds to deny a player/cheerleader participate in the LYFL. A copy of the signed contract will be provided to each parent/next of kin.

F. Cheer Program

- It is a required for all cheer to follow their local and LYFL bylaws and policies.
- In the 2024 season it will be encouraged for all teams having cheer to participate in the LYFL Camp and the LYFL End of Year Competition.
- All cheer programs will report directly to the LYFL Cheer Coordinator prior to contacting the LYFL Board.
- All Football and Cheer participating in LYFL fall under the authority of the All LYFL executive board.

Section 15 – Pee-Wee Division

Pee-Wee Division

- There will be mandatory 4 qualified officials at each Pee-Wee Division game.
- Inappropriate behavior from coaches, players, or fans toward any Pee-Wee Official may result in adverse action against that person, including the Head Coach and the team.
THIS RULE WILL BE STRICTLY ENFORCED!
- Official's judgment calls are final.
- Pee Wee's will play 8-minute quarters.

A. Rules and Regulations

- a) The *Pee-Wee Division* will be governed by LYFL rules and regulations.
- b) Peewee grades are Kindergarten through 2nd grade, with 110 LB weight restrictions.
- c) Birthdates will follow same as LYFL rules.
- d) Roster will have maximum of 40 players, and minimum 14 players.
- e) Players that are not playing will be on the sideline.

B. 2) Game Format:

- a) All regular season peewee games will be played using regular CIF game playing rules with a few exceptions.
- b) No Kickoffs, each possession will start from the 40-yard line.
- c) LYFL does NOT have a must play rule.
- d) A coin flip called by the visiting team will be used to determine who gets the ball first.
- e) There will be (4) 8 min quarters
- f) There will be a 2-minute break between quarters.

C. 3) Field Length and Possession:

- a) Games will be played on a 100-yard field.
- b) Play will start on the 40-yard line.

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- D. 4) Penalties, Referees, and Chain Gang:
- a) Referees will be used and provided by home team for games (at least 2 CIF Officials).
 - b) The home team will provide 3 people to run the chains and marker.
 - c) Penalties will be assessed during regular season games.
 - d) A warning is expected to be given for non-dangerous penalties (off sides, illegal rushing, holding) as much as possible, but not required.
 - e) Coaches must accept the decisions of the game official on the field as being fair and the best of said official's ability.
 - f) Remember regular season is an instructional time for teaching football; we want the kids to play, learn, and have fun. Remember regardless of the scoring outcome all teams are winners.
- E. 5) Coaches on the Field:
- a) No Coaches will be allowed on the field.
 - b) Different coaches for offense and defense are allowed, but NO coaches will be allowed on the field.
 - c) Only the HEAD COACH will be allowed to discuss issues with the REFEREES during game time.
- F. 6) Game Clock:
- a) Each Game shall consist of four 8-minute quarters
 - b) The game clock will stop for incomplete passes in the 4th Quarter only.
 - c) Clock will stop for an injury.
 - d) There will be 3-time outs per half.
 - e) There will be a 10-minute half time.
 - f) The game clock will be kept by the referee if no scoreboard is available.
 - g) There will be a play clock during regular season.
- G. 7) Scoring and Special Teams:
- a) There will be score kept during regular season play due to be a competitive division.
 - b) There will be no special teams play during regular season play.
 - c) Scoring values will be used in post season play offs and championship games.
 - d) Touchdown6 points
 - e) Point after touchdown from the 3 yards line (run or pass) 1 point
 - f) Point after touchdown from the 5-yard line (run or pass) 2 points
 - g) Point after touchdown from the 3-yard line (kick) 2 points
 - h) **All Field Goal attempts are NOT to be rushed by the defense**
- 8) No Blitzing Rule:
- *** Blitzing the linebackers or defensive backs is not permitted at any time in the Peewee Division. The following must always be adhered to. ***
- a) Only the 4-down lineman can rush the quarterback in the tackle box.
 - b) All linebackers must be off the line of scrimmage a minimum of 3 yards.
 - c) Once the quarterback hands the ball off to another offensive player, the linebackers and defensive backs may read the play and enter the tackle box.
- 9) Defensive Line:
- a) A maximum of four defensive down linemen (must be in a 3 or 4 pt. stance) are allowed.
 - b) No defensive linemen over the center.

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- c) All defensive down linemen must line up head to head with the offensive guards and tackles. (NOT Allowed to line up directly in the Gaps between the Center and Guard)
- d) Defensive ends can't and are not considered to be down lineman. They must adhere to the outside linebacker rules.
- e) No Double Pinching and shooting the "A gap, 1 gap".
- i) Only one gap on one side of the center may be pinched or shot at the snap of the ball. A defensive lineman may not shoot through the other side of the center at the same time.
- 10) Penalty for Violating the "No Blitzing "Rule:
 - a) The offense has the option of choosing either a 5-yard penalty from the line of scrimmage or the outcome of the play.
- 11) Offensive Formations and rules:
 - a) The 5 offensive linemen (center, guards, and tackles) must line up with no more than a maximum gap of 2 feet between players (heel to heel).
 - b) Any offensive formation may be used that adheres to CIF rules.
 - c) All teams participating in the peewee Division will adhere to no chop block technique or crab crawl or any variation where a block is below the knees.
 - d) No more last play after the clock is zeroed out.
 - e) All offensive players must start from an organized huddle (All 11 players must be in a huddle).
- 12) Defensive Formations and pass coverage:
 - a) The only allowable formations are **4-3 and 4-4**.
 - b) When a linebacker or defensive back is covering a receiver, they must line up head to head.
 - c) Defense will play the ball when covering a receiver.
 - e) Defense cannot block below the knees either (No Diving below the knees of an Offensive Linemen)
- 13) Fumbles and Dead Ball:
 - a) If a fumble occurs and the offense recovers the ball the play is stopped, and the ball is spotted at the point of recovery with a loss of down.
 - c) At the snap of the ball, if the quarterback / center exchange is not made and the ball falls to the ground, the ball will be considered a live ball and the recovering team will maintain possession.
 - d) If the ball is dropped after the quarterback receives the snap (had clear possession), it will be considered a fumble and the fumble rule will apply.
- 14) Minimum Play Rules:
 - a) LYFL does NOT have a must play rule.

Section 16 – Social Media Policy

- A. LYFL and Cheer understands social media networks are a way of life today. However, LYFL WILL NOT condone negative comments or actions aimed towards our organization/our affiliates/players/coaches/officials/parents or volunteers on ANY social media network or site (example: Facebook, Instagram, Twitter, etc.)
- B. LYFL prides itself in teaching young athletes the proper way of playing the game and making their experience in LYFL as memorable as possible.
- C. The following rules will be implemented and enforced.
- D. 1st offense- Warning, or 1-game Suspension, and further action if deemed necessary by the LYFL Board.

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- E. 2nd offense- 1-game Suspension minimum with possible Expulsion if deemed necessary by the LYFL Board.
- F. 3rd offense- 1- Season Suspension minimum with possible Expulsion if deemed necessary by the LYFL Board.
- G. *** LYFL reserves the right to skip disciplinary steps when a violation occurs**

It should be noted that the LYFL Executive board has final say on all disciplinary issues with the Parents, Coaches and Players

Section 17 – INSURANCE

- A. The LYFL shall provide approved accident, excess medical and liability with the following minimum limits for member teams:
 - \$100,000 Medical
 - \$1,000,000 General Liability
 - \$1,000,000 Sexual Abuse/Molestation Liability

All Teams must provide insurance by the book check meeting to be eligible for the current season.

The LYFL will name Clovis Unified School District, The City of Clovis, Fresno Unified School District, City of Fresno, Sanger Unified School District, City of Sanger and Central Unified School District as additional insured. ” Any teams outside these areas and that play in the LYFL will be held to the same rules.

Section 18 - HOME TEAM RESPONSIBILITY

The home team shall be responsible for:

- A. Field conditions
 - Marking and lining of field.
 - Yard & Down markers.
 - Game Ball.
 - Visiting team may use their game ball.
 - Game ball will be used for offensive use only.
 - Pee Wees and Juniors are required to use a Pee Wee sized ball; Seniors are to use a Junior sized ball.
 - Drinking water for all participants including dispensing containers and Ice.
 - Payment of game officials needs to be done prior to kick off of 3rd quarter of the final game of the day. Pricing for Game Officials for \$58 per game per white hat and \$50 per game per referee.
- B. The home team shall retain all gate and concessions receipts, unless otherwise mutually agreed to or specified (i.e. Carnival, playoffs, championships, etc.)

Section 19 – Home Team Rules

All teams in the LYFL shall follow the league set standard when hosting a LYFL sponsored home game; Shall charge admission as follows;

- A. Adults 18 and over \$8.00
- 7th-12th, Seniors and Veterans \$5.00

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Children K-6 th	\$3.00
Children 4 and under	FREE

- B. Shall provide a snack bar
No outside food or drinks shall be allowed at LYFL games except 1 coffee drink per person.
Team snacks shall be allowed and must be Drink and Snack and only be brought in by the Head Coach. (Only 1 Ice Chest per Division) Snack are defined as a Package of Snack 4 ounces and under. (I.E. Chips, Crackers, ETC...) Drink is defined as anything under 12OZ and preferably healthy. (i.e. sports drink, capri sun ETC...)
Fruit is allowed.
- C. Trash left behind by any Teams side line will be subject to fines and discipline from the LYFL.
ALL trash must be removed, by the users, from the playing area.
- D. Teams cannot hold camps at home field of another team or any of their boundary feeder schools, unless approved by that team president OR can show proof of their home school or feeder schools being book

Section 20 – SCHEDULING

- N. The Executive Board Shall have the responsibility for the drawing up of an equitable schedule for all games. Schedule shall be submitted to the LYFL Teams no later than the July meeting.
- O. All game start times shall be at 9/11/1 unless Home Team submits the time change prior to the starting of the scheduling of the season OR if scheduling MUST be changed because school home field unavailable and is out of the control of the home team.
Game times starting at 10/12/2 will be subject to a time and a half rate by the officials AND is subject to availability.
- P. Team Playing the LYFL will be asked to reserve LYFL events but will bear no finical burden for these events (i.e. Carnival, Playoffs, championship game)

Section 21 – POSTPONEMENTS AND CANCELLATIONS

- A. In inclement weather or poor air quality, the home team shall decide no later than three (3) hours prior to kickoff time of the first game whether a scheduled game shall be postponed.
- B. The visiting team must be notified at least three (3) hours in advance.
- C. The game officials must be notified at least two and a half (2.5) hours in advance, if a game is to be postponed.
- D. All league games will follow R.O.A.R. air quality index. A game will be rescheduled or cancelled when R.O.A.R. reaches level 5 OR a standalone AQI of 140 or greater at the home game site.
- E. in the event of illness involving a number of players or other emergency situations, resulting in team's inability to field a full roster of 11 or more player, a team may petition the LYFL Executive board for postponement of a scheduled game.
- F. Postponed games will be rescheduled by the LYFL, when practical.

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- G. Games called by the presiding Referee at half time or any time thereafter due to inclement weather or other valid reasons shall constitute a full LYFL game. The team with the highest score at that time shall be declared the winner of the game.
- H. Games called by the presiding Referee prior to halftime do not constitute a full LYFL game and must be replayed as a new game. All scores and time from the previous game are considered void.

Section 22 – PARTICIPANT REQUIRED EQUIPMENT

The following playing uniform and equipment is required for each player at all games:

- A. NOCSAE approved helmet. Certified every 2 years
Jersey with numbers on front and back.
Football pants with (2) thigh, (2) knee, (1) tail and (2) hip pads.
Shoulder pads.
Sneakers with or without molded rubber cleats or cross bars. Leather football shoes with rubber molded soles and cleats (removable are allowed) are also approved. Football shoes with removable metal cleats are prohibited.
All players must wear mouthpiece.
Socks shall be worn by all players.
Player numbers do not have to coincide with position being played.
Duplicate numbers are not allowed on a single team.
Eyeglasses, when worn, shall be of athletically-approved construction with non-shattering glass (safety glass) or contact lens, clear in color.
- B. Helmet face shields may be used.
Shields must be clear and not tinted in any way.
Shields must be properly attached to the helmet.
A physician's note to wear the shield is not required.

