

VEGETARIAN SPECIALS

Mediterranean Quarter Pounder £7.95  
Medley of vegetables, peppers, olives and mozzarella coated in herb crumb and served in a soft floured bap with chips and side salad

Mediterranean Vegetable Pasta £8.95  
Mixed Mediterranean vegetables in a rich tomato sauce, served with garlic bread

Battered Halloumi £9.50  
Lightly fried in batter, served with homemade chips and mushy peas

FRESH BAGUETTES

All of our baguettes are served with homemade chips

Hot Beef, Chicken or Turkey £9.95  
Tender cuts of meat served with our signature meat juice gravy

BBQ Chicken Melt £9.95  
Tender chicken breast pieces topped with back bacon, BBQ sauce and smothered with melted cheddar cheese

Ham & Coleslaw Baguette £9.95  
Carved ham and homemade coleslaw

Tuna Mayo Baguette £9.95  
Tuna in mayonnaise with fresh salad

Prawn Salad Baguette £10.95  
North Atlantic prawns in Marie Rose sauce with fresh salad

PANINIS

All our paninis are served with homemade chips and fresh salad garnish

Chicken & Cheese Cheese & Onion Corned Beef & Onion  
Ham & Cheese Tuna & Cheese Cheese & Tomato

GRILLED TORTILLA WRAPS

All our tortillas are served with homemade chips and fresh salad garnish

Spicy Chicken £8.75 BBQ Chicken £8.75  
Spicy Prawns £9.75 Cheese & Onion £8.50

SALADS

Cheese £8.50 Prawns £9.50  
Ham £8.25 Tuna £9.50  
Chicken £8.50 Plain Salad £5.50

JACKET POTATOES

Cheese £8.50 Prawns £9.25  
Beans £6.50 Tuna £8.50  
Chilli Con Carne £8.50 Curry £8.50  
Coleslaw £6.75

FOOD ALLERGENS: Please speak to a member of our team before ordering

CHILDREN’S MENU

Tomato or Bolognese Penne Pasta with garlic bread

Chicken Nuggets, Chips and Beans or Peas

Pork Sausage, Chips and Beans or Peas

Fish Fingers, Chips and Beans or Peas

Chicken Curry, Rice and Chips

Mince & Yorkshire Pudding with Mashed Potato and Veg



CHILDREN’S DESSERTS

Children’s Ice Cream £1.95  
Two scoops of house ice cream, choice of strawberry, chocolate or vanilla

Children’s Chocolate Brownie £2.95  
A rich chocolate brownie served warm with ice cream

SIDES & LITTLE EXTRAS

Curry Sauce	£1.50	Gravy	£1.10
Homemade Chips	£2.50	Sweet Chilli Dip	£1.20
Cheesy Chips	£4.50	BBQ Dip	£1.20
Onion Rings	£3.75	Garlic Mayo Dip	£1.20
Garlic Bread	£2.95	Baked Beans	£1.10
Cheesy Garlic Bread	£3.95	Cheese Portion	£1.95
Crusty Baguette	£1.25	Homemade Coleslaw	£1.50
		Bread Bun	90p

DESSERTS

Our desserts can be served with custard, cream or ice cream

Sticky Toffee Pudding \* Chocolate Fudge Cake  
Chocolate Brownie \* Selection of Cheesecakes  
Knickerbocker Glory Syrup Sponge Pudding \*



\* Gluten Free

ASK US ABOUT OUR HOT DRINKS



HASTINGS SUNDAY CARVERY

Served 11am - 4pm

Enjoy a fantastic freshly cooked Sunday lunch with your choice of roast meat, homemad<sup>e</sup> Yorkshire pudding, roast potatoes, fresh seasonal vegetables and our signature gravy

Large £9.95 - OAP & Children £8.95

Monday - Saturday enjoy a roast dinner served to your table for only  
£8.95 for adults and £7.50 for OAP's and Children



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• PUB & DINING •

MENU

Chester Road, Grindon, Sunderland, SR4 9LP

KIDS EAT FREE!

Get a **FREE** Children’s meal with every full size adult meal purchased wherever you see our kids icon!



STARTERS

<b>Prawn Cocktail</b>	<b>£5.95</b>
Fresh cold water Atlantic prawns served with salad & Marie Rose sauce	
<b>Cajun Poato Wedges</b>	<b>£4.50</b>
Served with a garlic mayo dip	
<b>Mozzarella Sticks</b>	<b>£4.50</b>
Served with a sweet chilli dip	
<b>Soup of the Day</b>	<b>£4.00</b>
Served with a crusty baguette and butter. Please ask us for today's soup	
<b>Mixed Combo</b>	<b>£11.95</b>

A glorious combo of battered onion rings, garlic bread, seasoned chicken strips, potato wedges and mozzarella sticks served with sweet chilli dip, garlic mayo and a fresh salad garnish

BREAKFAST (served all day)

<b>The Hastings Hill Breakfast</b>	<b>£8.50</b>
Sausage, bacon, black pudding, mushrooms, beans, hash brown, tomato, fried egg and toast	
<b>The Hastings Hill Veggie Breakfast</b>	<b>£6.95</b>
Two fried eggs, hash brown, tomato, mushrooms, beans and toast	
<b>Bacon Sandwich</b>	<b>£3.75</b>
Grilled rindless back bacon served in a floured bap	
<b>Sausage Sandwich</b>	<b>£3.50</b>
Pork sausages served in a floured bap	
<b>Breakfast Bun</b>	<b>£3.95</b>
Pork sausage, back bacon and a fried egg	

BURGERS

All of our burgers are served with homemade chips, onion rings, a fresh salad garnish and homemade slaw



<b>The Hastings Burger</b>	<b>£10.50</b>
A classic beef burger, with lettuce and tomato in a soft white bun	
<b>The Hastings Combo Burger</b>	<b>£13.95</b>
An 8oz beef burger, butterfly chicken breast, BBQ sauce and melted cheese	

**Add Extra:**    Cheese - £1.20      Bacon £1.10      Fried Egg - 90p

PARMOS

The parmo is a cult classic in the North East and is made with a flattened chicken breast, covered in breadcrumbs and fried until golden. Finished with a layer of bechamel sauce and melted cheese.

<b>Chicken</b>	<b>Mushroom &amp; Garlic</b>	<b>Hot Shot</b>
<b>£12.50</b>	<b>£12.95</b>	<b>£13.95</b>

CHICKEN DISHES

<b>Peppered Chicken</b>	<b>£12.50</b>
Grilled chicken breast in peppercorn sauce, served with homemade chips and peas	
<b>Hunters Chicken</b>	<b>£12.95</b>
Grilled chicken breast, topped with bacon, cheese and BBQ sauce. Served with homemade chips, peas and salad garnish	
<b>Chicken Kiev</b>	<b>£12.95</b>
Tender chicken breast filled with our rich garlic butter, coated in breadcrumbs and served with homemade chips peas and salad garnish	
<b>Chicken Alexander</b>	<b>£12.95</b>
Tender chicken breast served in a creamy curry sauce with garlic and wine, topped with King Prawns. With homemade chips, peas and salad garnish	

PASTA DISHES (all served with garlic bread. Gluten Free pasta available)

<b>Chicken Alex Patsa</b>	<b>£9.50</b>
Curried Chicken, in garlic and wine sauce	
<b>Pasta Bolognese</b>	<b>£8.50</b>
Classic meat ragu, simply delicious!	
<b>Arrabiatta</b>	<b>£7.95</b>
Hot and spicy tomato sauce with chilli and garlic	
<b>Carbonara</b>	<b>£8.95</b>
Ham & Mushroom in a white wine and garlic sauce	
<b>Homemade Lasagne</b>	<b>£11.95</b>
A firm favourite, rich and hearty	

FROM THE GRILL

**All served with homemade chips, peas, mushrooms and onion rings**

<b>Sirloin Steak - 10oz</b>	<b>£18.50</b>
A prime cut of sirloin, cooked to your liking	
<b>The Hastings Mixed Grill</b>	<b>£19.95</b>
Meat eaters dream... our large platter of steak, gammon, pork steak, chicken breast, sausage, black pudding and a fried egg	
<b>Gammon Horseshoe - 10oz</b>	<b>£12.95</b>
A succulent gammon steak served with grilled tomato and a choice of fried egg or pineapple ring	
<b>Homemade Peppercorn, Garlic or Diane Sauce</b>	<b>£3.50</b>

SIZZLING PLATTERS

**All served with rice, chips and a choice of sauce:**  
**Black Bean, Mild Curry or Sweet Chilli**

<b>Beef</b>	<b>£11.95</b>
<b>Chicken</b>	<b>£11.95</b>
<b>Prawn</b>	<b>£12.95</b>

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PUB FAVOURITES

<b>The Hastings Steak &amp; Ale Pie</b>	<b>£11.95</b>
Tender chunks of beef cooked in a real ale gravy, topped with a shortcrust pastry lid and served homemade chips and garden peas	
<b>Giant Yorkshire Pudding</b>	<b>£11.95</b>
Filling of choice: Beef, Turkey, Pork, Chicken or Mince with mashed potato and seasonal vegetables	
<b>Large Fresh Chunky Cod</b>	<b>£11.95</b>
Freshly beer battered with homemade chips and mushy peas and salad garnish	
<b>Golden Breaded Wholetail Scampi</b>	<b>£11.25</b>
Wholetail Whitby scampi, served with homemade chips, peas and salad garnish.	
<b>Two Large Homemade Fishcakes</b>	<b>£10.95</b>
Prepared in a light batter with homemade chips, peas and salad garnish	

DAILY SPECIALS

Available Monday to Saturday 12pm-8:30pm (excluding bank Holidays)

<b>Hot Beef, Chicken or Turkey Bap</b>	<b>£7.25</b>
Served with homemade chips	
<b>Quarter Pounder Burger</b>	<b>£7.25</b>
Served with homemade chips and side salad	
<b>Braised Lambs Liver &amp; Onions</b>	<b>£7.50</b>
Served with mashed potatoes and fresh seasonal vegetables	
<b>Homemade Mince &amp; Dumplings</b>	<b>£7.75</b>
Served with creamy mashed potato, vegetables and a rich beef gravy	
<b>Chicken or Vegetable Curry (V)</b>	<b>£7.75</b>
Freshly prepared and served with rice and homemade chips	
<b>Deep Fried Fresh Cod Goujons</b>	<b>£7.75</b>
Served with homemade chips, peas and side salad	
<b>Deep Fried Battered Scampi</b>	<b>£7.75</b>
Served with homemade chips, peas and side salad	
<b>Toasted Chicken &amp; Garlic Mayo Wrap</b>	<b>£7.75</b>
Chicken goujons in garlic mayo, salad, and homemade chips	
<b>Homemade Fishcake</b>	<b>£7.75</b>
Served with homemade chips, peas and side salad	
<b>Ham &amp; Egg</b>	<b>£7.75</b>
Carved ham served with homemade chips, peas and side salad	
<b>Chilli Con Carne</b>	<b>£7.75</b>
Served with rice and homemade chips	
<b>Homemade Pies - Choose either Corned Beef or Mince</b>	<b>£7.25</b>
Served with homemade chips, peas and thick beef gavy	
<b>Sausage, Egg, Chips &amp; Beans</b>	<b>£7.25</b>
A classic North East treat with real chunky homemade chips!	
<b>Spicy Chicken Goujons</b>	<b>£7.25</b>
Served with a sweet chilli dip, homemade chips and side salad	