

ASSIST CLIENT WITH A WEAK ARM TO DRESS

[HTTPS://WWW.YOUTUBE.COM/WATCH?V=BDLITO41HPW](https://www.youtube.com/watch?v=BDLITO41HPW)

[HTTPS://WWW.YOUTUBE.COM/WATCH?V=SOXRCP8TQF8](https://www.youtube.com/watch?v=SOXRCP8TQF8)

For the HCA skills test the client is able to stand.

The client
is wearing
a T-shirt
and
underwear



and needs to be
dressed in a shirt,
pants, socks, and
shoes.
The client will be
dressed over their
own clothing.



TO SUCCESSFULLY DEMONSTRATE THIS SKILL YOU NEED

- Use S.W.I.P.E.S. Communications / Client Rights and Common Care Practice Skills

- Assemble appropriate equipment
- Wash hands
- Identify yourself
- Provide privacy
- Explain the procedure to the patient
- Plan your actions well



Ask client what they would like to wear



Usually at least two choices



Put on all items, moving client's body gently and naturally, avoiding force and over-extension of limbs and joints



Assist client to put the weak arm through the correct sleeve of the shirt, sweater, or slip before placing garment on the unaffected side.

Place shirt sleeve over weak arm before putting on non-affected arm

Cue client with dressing



Ensure client is sitting when putting feet and legs into pants and when assisting with non-skid footwear

Provide support to client when pulling up and securing pants



Finish with client dressed appropriately (clothing right side out, zippers / buttons fastened, etc.)

Wash hands



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