



MOUTH / ORAL CARE

[HTTPS://WWW.YOUTUBE.COM/WATCH?V=RR-AGXSIEEA](https://www.youtube.com/watch?v=RR-AGXSIEEA)

For the HCA skills test

**the client is sitting at a table while this
care is provided.**

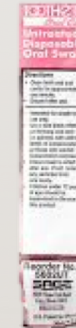
TO SUCCESSFULLY DEMONSTRATE THIS SKILL YOU NEED

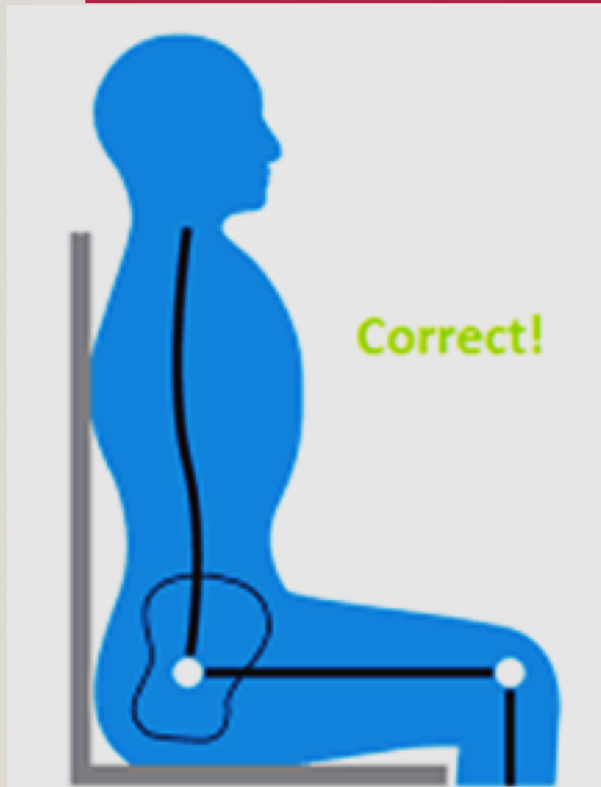
- Use S.W.I.P.E.S. Communications / Client Rights and Common Care Practice Skills
 - Assemble appropriate equipment (for the test no assisting device)
 - Wash hands
 - Identify yourself
 - Provide privacy
 - Explain the procedure to the patient
 - Plan your actions well

SUPPLIES

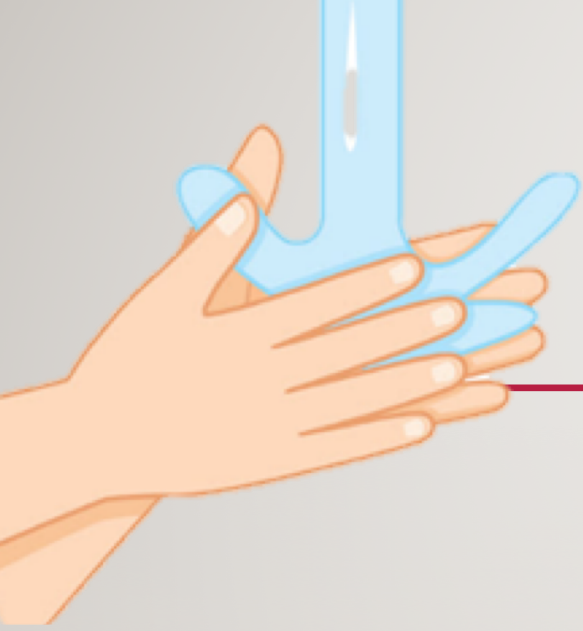


- Towel
- Clothing protector
- Gloves
- Toothbrush
- toothette
- Basin
- Tooth paste
- Cup for water
- Paper Towel





Ensure client is in
an up-right sitting
position



Wash hands and put
on gloves





Offer to place a towel across client's chest before providing mouth care.

Prior to starting, ask client about any mouth pain

MOISTEN TOOTHBRUSH OR TOOTHETTE



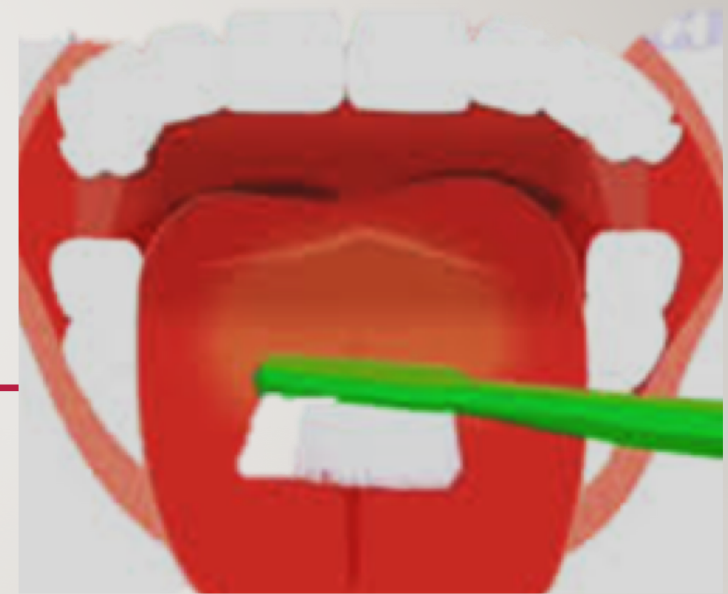


and apply
toothpaste



The Toothette is meant to moisten and clear the oral cavity of food debris and thickened saliva associated with xerostomia (dry mouth).

Clean all surfaces of teeth with brush or toothette, using gentle circular motions



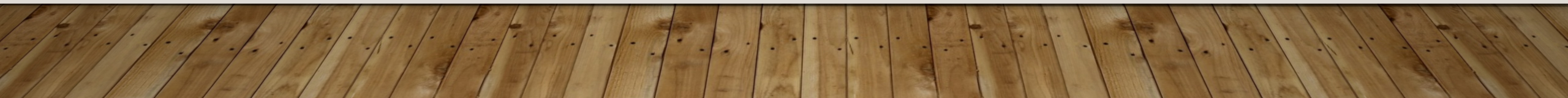
Offer to brush
client's tongue



Offer client clean
water to rinse their
mouth



Hold basin
near client's
chin to collect
rinse water





Pat dry client's
lips and face,
and remove
towel





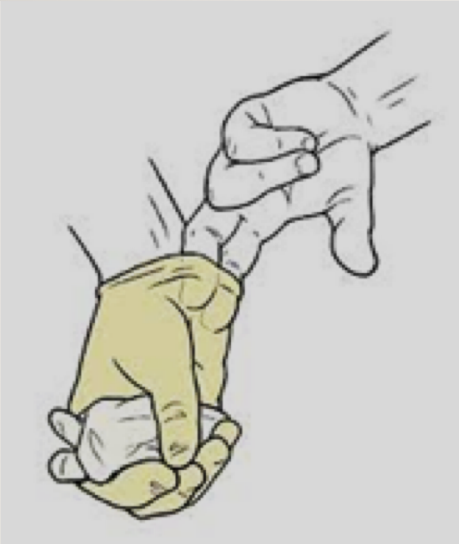
RINSE AND DRY BASIN



and rinse
toothbrush
before
storing



Remove and dispose of gloves.



Wash hands.



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