



PUT A KNEE HIGH ELASTIC STOCKING ON CLIENT

[HTTPS://WWW.YOUTUBE.COM/WATCH?V=UPFM6-LSSUV](https://www.youtube.com/watch?v=UPFM6-LSSUV)

[HTTPS://WWW.YOUTUBE.COM/WATCH?V=PZMSS6LYJTI](https://www.youtube.com/watch?v=PZMSS6LYJTI)

For HCA skills test the client is lying in bed while this care is provided



TO SUCCESSFULLY DEMONSTRATE THIS SKILL YOU NEED

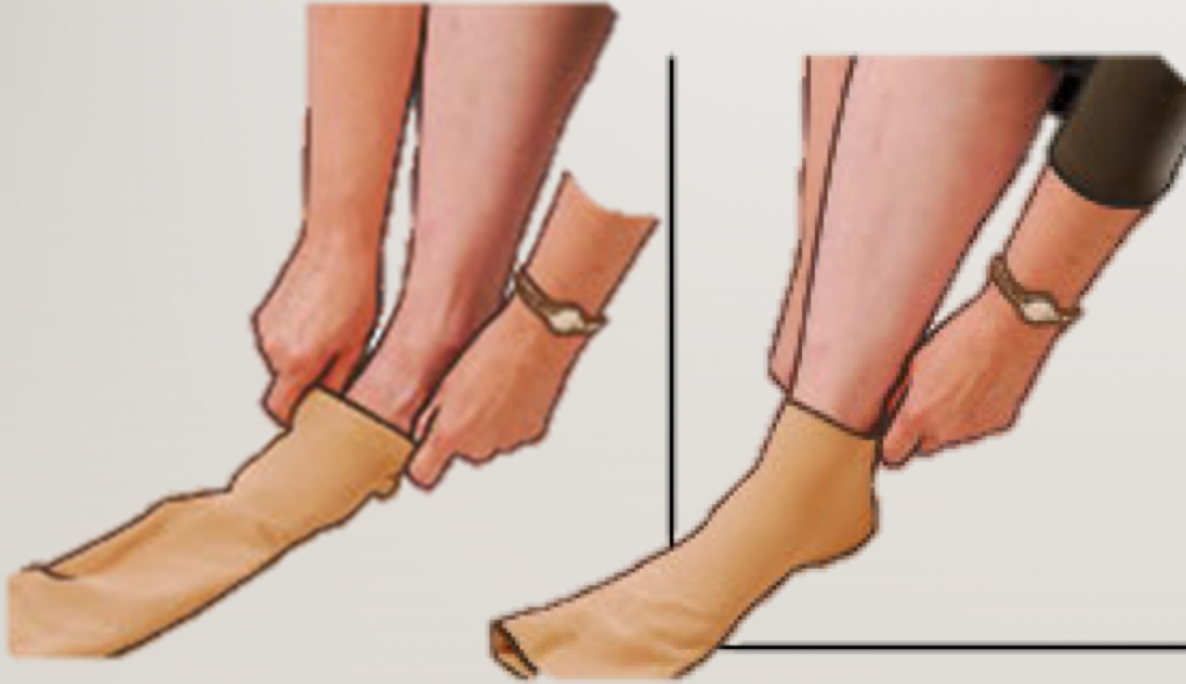
- Use S.W.I.P.E.S. Communications / Client Rights and Common Care Practice Skills
 - Assemble appropriate equipment (for the test no assisting device)
 - Wash hands
 - Identify yourself
 - Provide privacy
 - Explain the procedure to the patient



Prepare stocking for application by turning stocking inside out, at least to heel area



Place foot of stocking
over toes, foot, and
heel,



MOVING CLIENT'S FOOT AND LEG NATURALLY, SUPPORTING EXTREMITY AND AVOIDING FORCE OR OVER-EXTENSION OF LIMB AND JOINTS





Pull top of stocking over foot,
heel, and leg
Make sure stocking is smooth,
with no twists or wrinkles, and
is not too tight over the client's
toes





Complete application of stocking over foot with the toes and heel in proper position per stocking design



Leave stocking raised to
knee and wrinkle
free





Wash hands

REFERENCES

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