

How to put gloves on



- Gloves are only effective protection if they are used correctly.
- Putting on gloves correctly requires specific steps.
- See Put on Gloves in the Skills Checklists on page 421 for the detailed procedure.

- <https://www.youtube.com/watch?v=xueBYfElFEg>
- Gloves provide protection for you and the client.
- Proper use of disposable gloves helps you avoid spreading germs from one person to another

swipes

- **Supplies: gloves**
- **Wash your hands**
- Identify yourself
- Provide privacy
- Explain the procedure
- Scan the area

Put on Gloves

<https://www.youtube.com/watch?v=UIBmi578NmE>

Use S.W.I.P.E.S. Communications / Client Rights and Common Care Practice Skills

Wash your hands before contact with gloves

Check each glove for holes or other deterioration before using
also check if the glove is the correct size for your hand

Grasp glove at cuff and pull onto hand

Grasp other glove at cuff and pull onto other hand

Check to make sure gloves fit snugly over each finger

How to take gloves off



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swipes

- **Supplies: gloves**
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Take off Gloves

<https://www.youtube.com/watch?v=WDI0Zj573Js>

With one gloved hand, grasp the other glove just below the cuff on the outside

Pull glove down over hand so it is inside out

Keep holding removed glove with gloved hand and crumple it into a ball

With two fingers of bare hand, reach under cuff of the second glove

Pull glove down inside out so it covers the first glove

Remove gloves, dispose of gloves in trash can, and wash hands