

TRANSFER A CLIENT FROM BED TO CHAIR

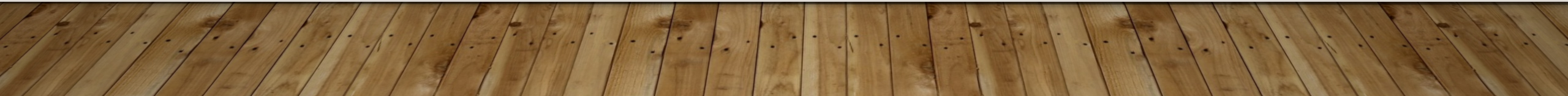
[HTTPS://WWW.YOUTUBE.COM/WATCH?V=jxMH3_E2UDO](https://www.youtube.com/watch?v=jxMH3_E2UDO)

[HTTPS://WWW.YOUTUBE.COM/WATCH?V=PFXS_SO5JMA](https://www.youtube.com/watch?v=PFXS_SO5JMA)





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- **For the HCA skills test care begins with the client lying in bed.**
 - **The client can stand but is unable to walk.**
 - **A transfer belt is used.**



TO SUCCESSFULLY DEMONSTRATE THIS SKILL YOU NEED

- Use S.W.I.P.E.S. Communications / Client Rights and Common Care Practice Skills
 - Assemble appropriate equipment (for the test no assisting device)
 - Wash hands
 - Identify yourself
 - Provide privacy
 - Explain the procedure to the patient
- Plan your actions well
- Put bed in a flat position (for test, client is sitting)



Position chair or wheelchair close to bed with the arm of the wheelchair almost touching the bed
Lock wheels on wheelchair



Fold up or remove
footrests



Assist client to roll
toward side of
bed

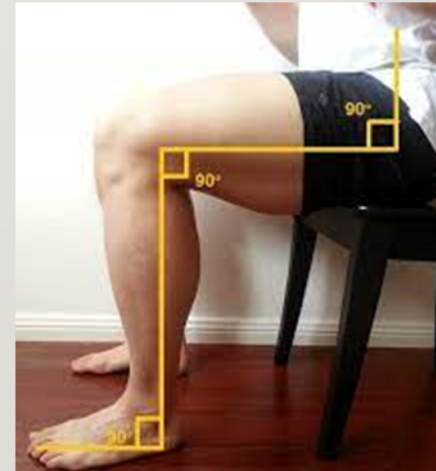
- Provide support holding behind client shoulders or back and hips, assist client to a sitting position
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Assist client to put on non-skid footwear



Make sure client's
feet are flat on floor
before standing





Apply transfer / gait belt (if needed) over clothing, around client's waist with enough room to allow for placement of flat of hand only between belt and clients body



Stand in front of client

Grasp transfer belt on sides or around back when assisting client to stand and throughout transfer



Brace one or both of client's legs with your own legs, then cue client to stand

Turn client upon standing so that back of legs are centered against seat of wheelchair



Cue client to hold onto armrests before sitting in wheelchair

Provide controlled gentle lowering into the wheelchair seat



Reposition client with hips touching the back of the wheelchair and makes sure client's body is aligned with chair



Remove transfer / gait belt

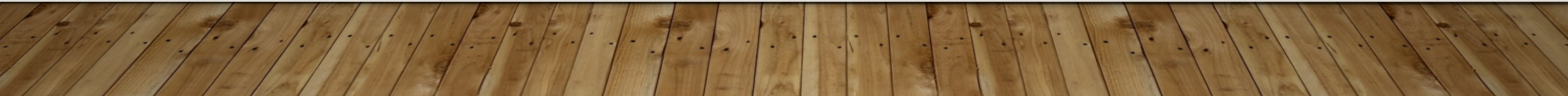


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Position client's feet on footrests, lock / unlock wheelchair per client choice and/or safety

Leave client in wheelchair with proper body alignment and feet positioned on footrest

Wash hands



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