

Assist Client with use of Bedpan

- Use S.W.I.P.E.S. Communications / Client Rights and Common Care Practice Skills
- Put on gloves
- Remove or fold back top bedding. Keep client covered with bath blanket or top sheet
- Remove client's gown / sleepwearEnsure the water temperature is safe and confirm with the client it is at a comfortable temperature for them.
- Adjust if necessaryKeep water in basin soap-free for use as rinse water by: (1) washing with washcloth with soap applied directly to the washcloth instead of adding soap into the basin of water; or (2) using two separate basins of water: one for washing and one for rinsing
- Replace water anytime it gets soapy, cool, or dirty
- Place a dry towel behind the client's head / neck
- Wet washcloth (no soap) and begin with eyes. Use a different area of the washcloth for each eye, washing inner to outer corner
- Wash the rest of the face, ears, and neck using soap (if the client prefers)
- Rinse, dry area with a towel – pat, don't rub
Expose one arm and place a towel underneath it. Support the client's arm with the palm of your hand. underneath the client's elbow. Wash the

client's arm, shoulder, and armpit. Rinse and pat dry

- Place the client's hand in the water basin. Wash the client's hand, rinse, and pat dry. Repeat with the other arm and hand
- Wash, rinse, and pat dry the client's chest and abdomen
- Uncover one of the client's legs and place a towel lengthwise under the foot and leg. Bend the knee and support the leg with your arm. Wash the leg, rinse, and pat dry
- Slide the client's foot into the water basin. Wash the client's foot, rinse, and pat dry. Repeat with the leg and foot
- Assist the client to turn on their side, away from you. Place a bath blanket or towel alongside their back. Wash the client's back and buttocks, rinse, and pat dry
- Assist the client to their back. Provide privacy and let the client perform their own perineal care (if able); if not, this task is covered separately
- Leave client covered with top sheet and/or blanket at the end of care
- Remove bedding that may have gotten wet
- Place soiled clothing and linen in proper container
- Empty, rinse, clean, sanitize bath basins and return to proper storage

- Remove and dispose of soiled gloves
- Wash hands