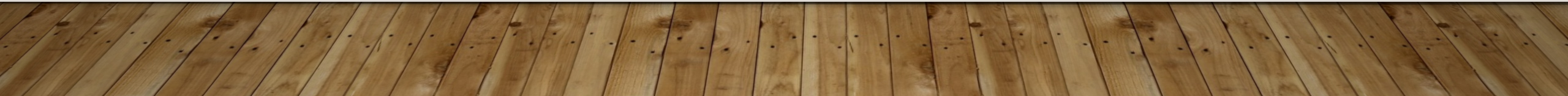


ደካማ የሆነ ክንድ ያለውን ደንበኛ ልብስ በማልበስ መርዳት

ASSIST A CLIENT WITH A WEAK ARM TO DRESS



ለ HCA ክህሎቶች መከራ ደንበኛው መቆም ይቻላል።

ደንበኛው ቲሽርት
እና የውስጥ ሱሪ
ለብሶ



ሸሚዝ ፣ ሱሪ፣ ካልሲ
እና ጫማ መልበስ
ያስፈልጋል።
ደንበኛው በራሳቸው
ልብስ ላይ ይለብሳሉ።



ይህን ክህሎት በተሳካ ሁኔታ ለማሳየት የሚከተሉት ያስፈልጋሉ፡

- የ S.W.I.P.E.S.(supplies, wash hangs, Identify yourself, privacy, scan the area) የግንኙነቶች / የደንበኞች መብቶች እና የተለመዱ የእንክብካቤ ልምዶች ይጠቀሙ
 - ተስማሚ መሳሪያዎችን ያስባስቡ
 - እጅን መታጠብ
 - እራስዎን ይለዩ (Identify yourself)
 - ግላዊነትን ይስጡ (provide privacy)
 - ለታካሚው ሂደቱን ያብራሩ



ደንበኞች ምን መልበስ እንደሚፈልጉ ይጠይቁ



Usually at least two choices



እጅ/እግር እና መገጣጠሚያዎች ላይ ሀይል መጠቀም እና መጎተትን በማስወገድ
የደንበኛውን ሰውነት በቀስታ እና በተፈጥሮ በማንቀሳቀስ ሁሉንም ልብሶች ያድርጉ



ደንበኛው በሚሰራ ክንዱ ልብሱን ከማድረጉ በፊት በማይሰራው ክንድ ሸሚዝ ፣ ሹራብ ትክክለኛውን እጅታ ላይ እንዲያደርግ ይረዱ። በሚሰራው ክንድ ከማድረግዎ በፊት የሸሚዝ እጅጌን በደካማ ክንድ ላይ ያድርጉት.

ደንበኛው እንዲለብስ ይጠቁሙ



ደንበኛው እግሮቹን በሱሪ ውስጥ
ሲያስገባ እና የማያንሸራተት ጫማን
እንዲለብስ በሚረዱነት ጊዜ
መቀመጡን ያረጋግጡ

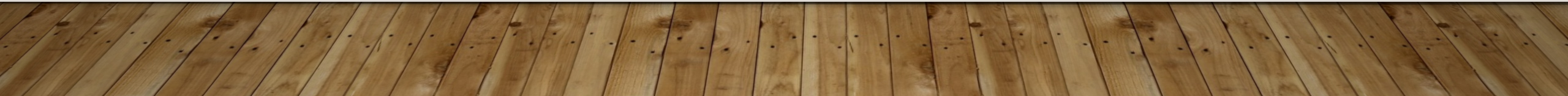
ሱሪ ሲጎትቱ እና ሲያደርጉ
ለደንበኛው ድጋፍ ይስጡ



በደንበኛው (ዚፕሮች /
ቁልፎች ወ.ዘ.ተ) ለብሰው
ሲቀመጡ ይጨርሱ



እጅን ይታጠቡ



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