

ደንበኛ እንዲበላ መርዳት

ASSIST A CLIENT TO EAT



[HTTPS://WWW.YOUTUBE.COM/WATCH?V=Q5MMSWYM0WE](https://www.youtube.com/watch?v=Q5MMSWYM0WE)
[HTTPS://WWW.YOUTUBE.COM/WATCH?V=J3KQWCG45EM](https://www.youtube.com/watch?v=J3KQWCG45EM)

ለ HCA ከህሎት ሙከራ ለዙህ እንክብካቤ በሚጀምር ወቅት ደንበኛው
ጠረጴዛ አጠገብ ይቀመጣል፡፡

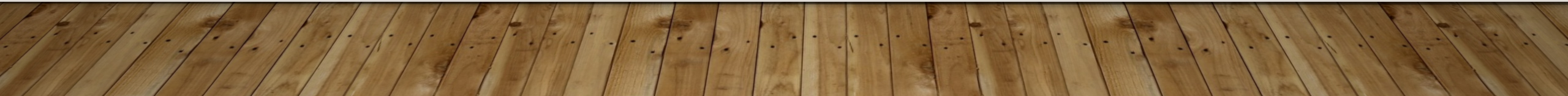


ይህን ክህሎት በተሳካ ሁኔታ ለማሳየት የሚከተሉት ያስፈልጋሉ፡

- የ S.W.I.P.E.S.(supplies, wash hangs, Identify yourself, privacy, scan the area) የግንኙነቶች / የደንበኞች መብቶች እና የተለመዱ የእንክብካቤ ልምዶች ይጠቀሙ
 - ተስማሚ መሳሪያዎችን ያስባስቡ (ለሙከራ ምንም አጋዥ መሳሪያ የለም)
 - እጅን መታጠብ
 - እራስዎን ይለዩ (Identify yourself)
 - ግላዊነትን ይስጡ (provide privacy)
 - ለታካሚው ሂደቱን ያብራሩ



እርዳታ ከመጀመሩ በፊት ደንበኛው ወንበር ላይ ቀጥ ብሎ መቀመጡን ያረጋግጡ.



ለደንበኛ የልብስ መከላከያ ያቅርቡ



ደንበኛው እንዲበላ ለመርዳት በደንበኛው ዐይን ደረጃ ልክ ይቀመጡ



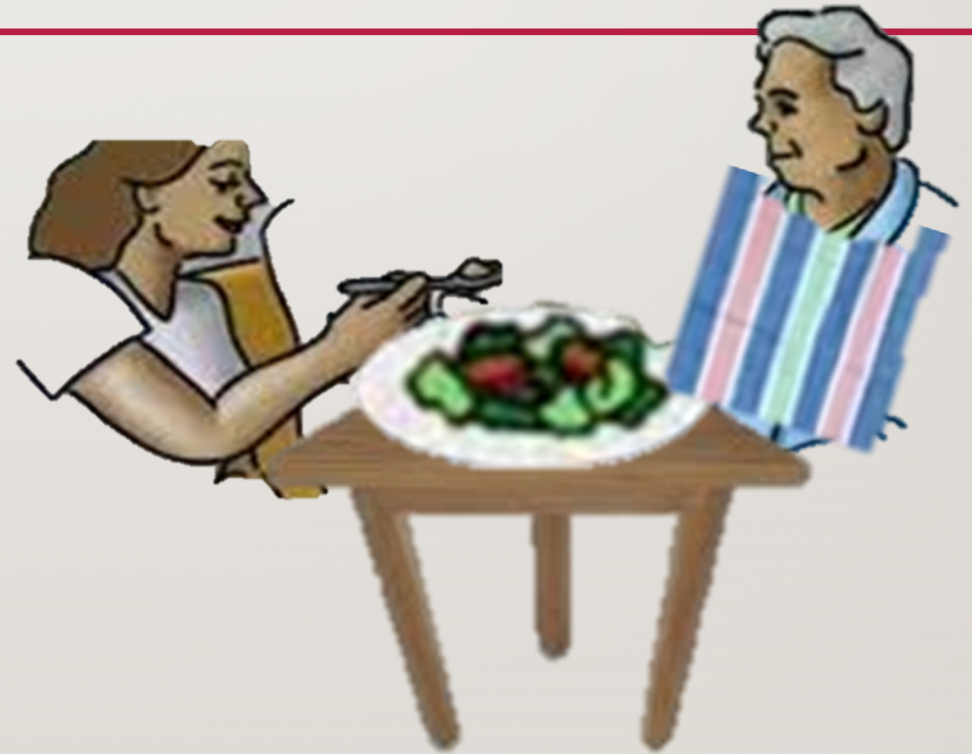


የቀረቡ የምግብ ዓይነቶችን
በማቀያየር ወይም
ለእያንዳንዱ ጉርሻ
የደንበኛውን ምርጫ
በመጠየቅ በአንድ ጉርሻ
መጠን በመቆራረጥ ምግብ
ያቅርቡ

በምግብ ወቅት ለደንበኛው መጠጥ
ያቅርቡ



የሚቀጥለውን ጉርሻ ወይም
መጠጥ ከመስጠትዎ በፊት
የደንበኛው አፍ ባዶ መሆኑን
ያረጋግጡ.





ምግብ በሚመጡበት ጊዜ ሁሉ
ደንበኛን በውይይት ውስጥ
ያሳትፋ

ምግብን ከደንበኛው አፍ እና
እጅ እንደ አስፈላጊነቱ እና
በምግብ መጨረሻ ላይ ይጥረጉ

ከተለበሰ የልብስ መከላከያውን ያስወግዱ እና
በተገቢው መያዣ ውስጥ ይጣሉት
የተረፈውን ምግብ ያስወግዱ
ጠረጴዛውን ንፁህ ፣ ደረቅ እና ከምግብ ዕቃዎች
ያፀዱ





እጅን ይታጠቡ

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