

01 What you did

Thank you so much for helping us learn more about what it's like to live with CHD (Congenital Heart Disease). You helped by:

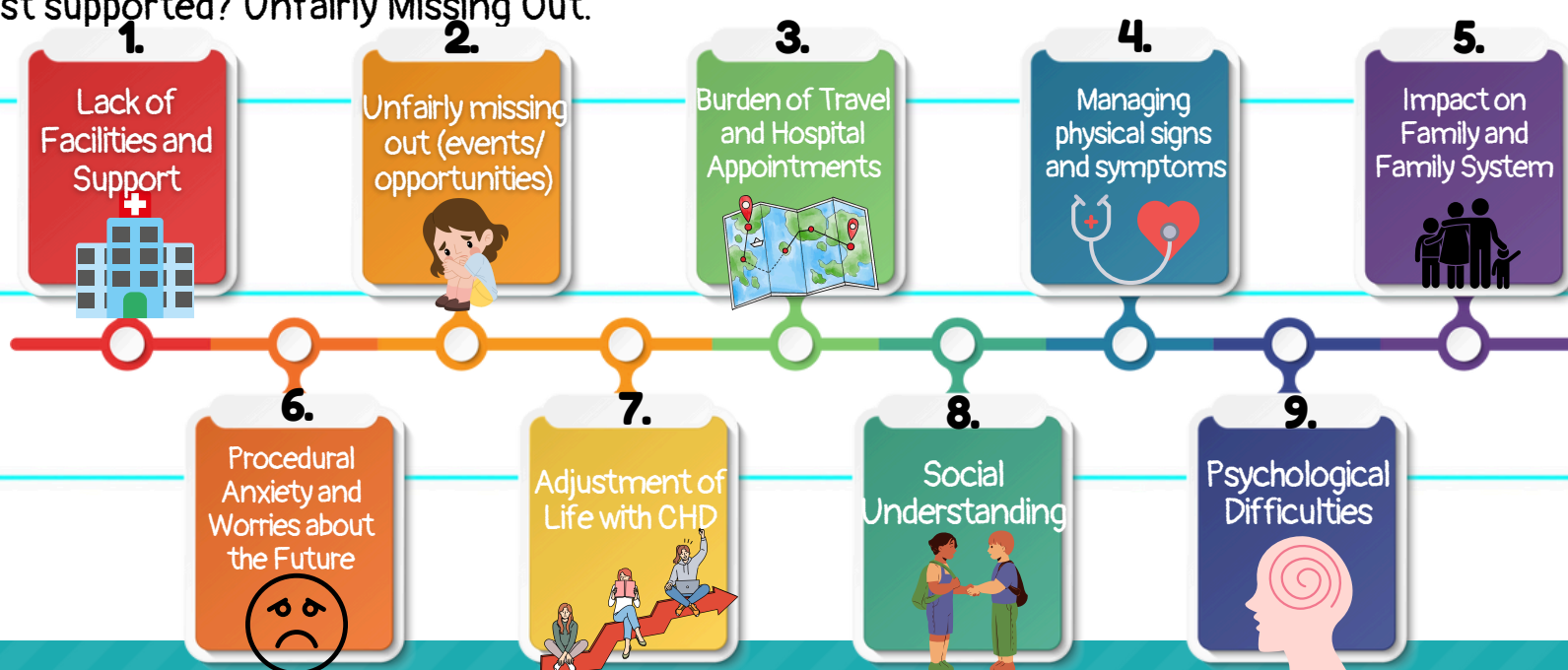
- filling out a questionnaire
- rating and sorting wellbeing challenges on success and importance
- giving us brilliant ideas on how services can better support you with these challenges

What we found 02

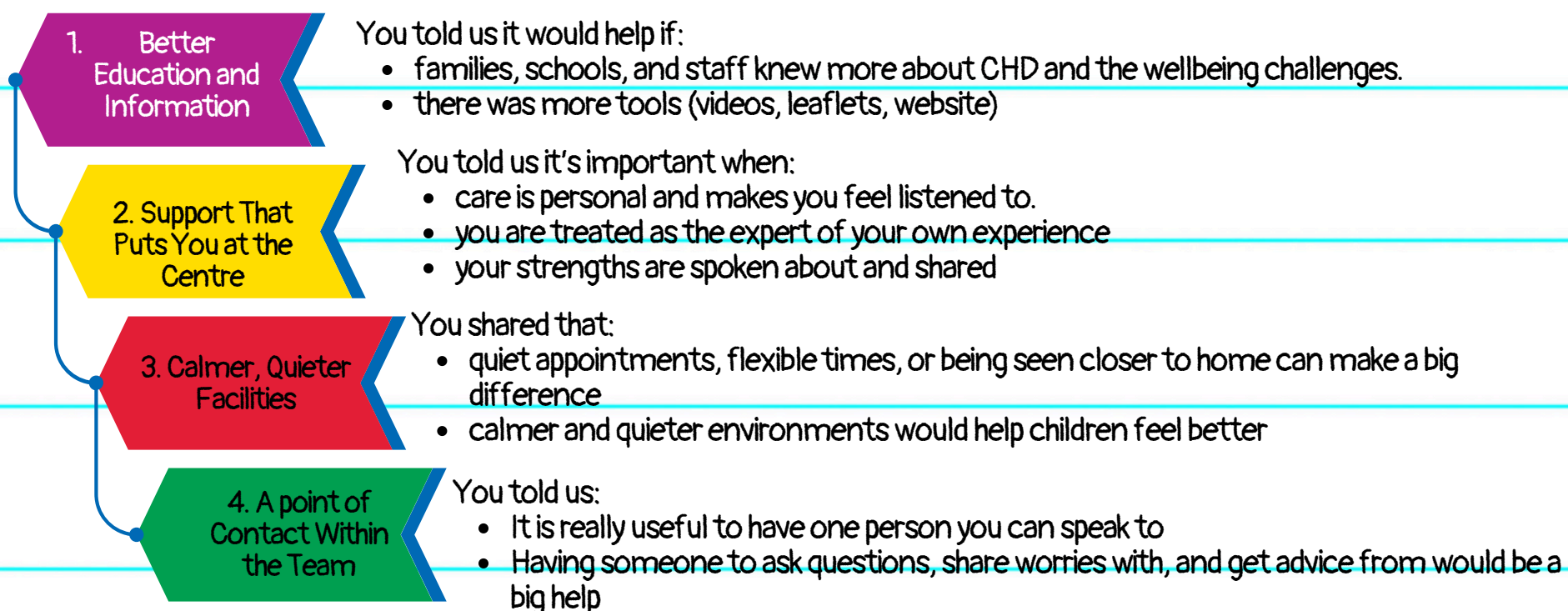
You told us about 9 main challenges. These are the things you find hardest when living with CHD:

The hardest part? Anxiety and Worrying About the Future.

The least supported? Unfairly Missing Out.



You gave us amazing ideas! Here's what you said would help:



03 Next Steps

Your voice helped us - but we are not finished yet!

We are working on:



New resources



Support tools



Education for staff and families



We need your help! Please get involved and have your chance of shaping how we develop services! Email us at: nuth.enquiries-nencchdn@nhs.net and we will let you know about events coming up for you to have your say and help us make positive changes! To read the full report, or find out more, scan the QR code.

