



## DO YOU CARE FOR A CHILD WITH ADDITIONAL NEEDS?

Do you live in the North East or North Cumbria?

### **COME ALONG TO OUR FREE VIRTUAL WORKSHOPS!**

Our workshops can be tailored to meet your individual needs. Our listening ear approach will help you decide which options suit you and your child best.

Emotional and practical support | Support around autism  
Music therapy | Play therapy | Makaton  
Sensory workshops | Speech & language support

**Come along and meet other parents in a relaxed environment, and find out information to support you and your family.**

For further information please contact: [jaimedowling@contact.org.uk](mailto:jaimedowling@contact.org.uk)

**contact** *For families  
with disabled children*

Contact is a trading name of Contact a Family. Charity registered in England and Wales (284912) and Scotland (SC039169).