

WHAT TO EXPECT AT THE OUTREACH CLINIC

CHECK IN

When you check in at the CARDIOTHORACIC reception desk, you will be asked a couple of simple questions before taking a seat in the waiting room. Please note, your appointment may take 1-2 hours.

INVESTIGATIONS

You will have your blood pressure, heart rate, oxygen saturations, and weight recorded. Height too, if this is your first appointment.

You will then have an ECG, where clinic staff will trace the rhythms of your heart.

You may also need an ECHO. This is where some jelly will be placed on your chest and a physiologist will take pictures of your heart at lots of different angles.

You may be examined to check how your heart sounds, your heart rate, that your chest sounds okay, and, to make sure you don't have any extra fluid on board.

We may also require bloods and swabs.

If you need to chaperone to help make you feel more comfortable, you can ask at any time.

QUESTIONS

You will be asked a number of questions about yourself, your lifestyle and, your medical history. If you can, please can you bring a list of medications with you.

AFTER THE APPOINTMENT

You will be given a sheet of paper to hand back to reception, this is so you can make an appointment for your next visit.