

Congenital Heart disease, driving and me!

You have a legal obligation to let the DVLA know if you have congenital heart disease. You can do this online by following this [underlined](https://www.gov.uk/congenital-heart-disease-and-driving) links this document or scanning the QR codes.

Congenital heart disease and driving:

<https://www.gov.uk/congenital-heart-disease-and-driving>



Unfortunately, Congenital heart disease is not recognised as a condition that is accepted to discuss online at the DVLA so it will direct you to the H1 form, you can complete this electronically, BUT this must be printed and posted back to the DVLA.

Remember you can discuss this with your cardiologist or nurse specialist too.

- If you have palpitations that make you feel unwell, if they make you lightheaded, dizzy, or faint then you also need to let the DVLA know.
- Palpitations can be common in single ventricle patients and usually resolve by themselves; however, some Single ventricle patients need medication to help control the palpitations
- The DVLA want to make sure you are fit & well enough to drive a car, & you will not become unwell and cause injury or harm to yourself or others.
- Contact your cardiac team if you are having issues as they can support you with this, by writing, emailing, or phoning the DVLA to clarify your medical status.
- Your cardiac team may also advise you to stop driving for a brief period if you have become unwell, or they are worried about your ability to drive.
- Often the DVLA will initially revoke your license in the first instance of you reporting these symptoms, they then gather evidence to hopefully support the decision to allow you to drive again.
- This process can take a little while, which can be distressing for you. However, intended to keep you safe.

Further advice and guidance

Driving and Vehicle Licensing Agency:

<https://www.gov.uk/government/organisations/driver-and-vehicle-licensing-agency>



The Somerville Heart Foundation: Updated DVLA H1 Form for CHD

<https://sfhearts.org.uk/dvla-updated-h1-form-for-chd/>



The British Heart Foundation: Driving with a Heart Condition

<https://www.bhf.org.uk/informationsupport/support/practical-support/driving>



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