

CLUB UNIFORM POLICY



Policy Name:	Club Uniform Policy
Date of Approval:	April 2022
Policy Coverage:	Members & Volunteers
Date of Review:	January 2023



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NORTHERN BEACHES RG - CLUB UNIFORM POLICY

INTRODUCTION

Northern Beaches Rhythmic Gymnastics takes great pride in the presentation and representation of the club. The following uniform requirements have been endorsed to ensure all members of our team wear the appropriate attire to participate in activities safely, are easily identified as club members; and represent our club in a positive and professional manner.

UNIFORM REQUIREMENTS

COACHES

During training, Coaches are required to wear:

- Club t-shirt or singlet
- Black or Navy shorts, tights or pants
- Club tracksuit (provided) optional
- Socks and appropriate closed footwear
- No excessive jewellery
- Hair tied back neatly

During competition, Coaches are required to wear:

- Club polo shirt (provided)
- Club tracksuit (provided)
- White socks and runners/sneakers
- No excessive jewellery
- Hair tied back neatly

GYMNASTS

Recreational Gymnastic Programs

Gymnasts participating in Recreational Gymnastic programs are required to wear:

- Tight fitting stretchy athletic wear such as:
 - Singlet/t-shirt/leotard
 - Shorts/bike shorts/leggings
- Hair tied back neatly
- Socks or toe-shoes
- No jewellery

Competitive Gymnastics Programs

Gymnasts participating in Competitive programs are required to wear:

- Training: Tight fitting athletic attire such as:
 - Club singlet, plain navy/black singlet, t-shirt or leotard, leggings, shorts or bike shorts
- Competition:
 - Plain black leotard (Level 1 & 2)
 - Club leotard (Level 3 & 4)
 - Club leotard or custom leotard (Level 5+)
 - Club tracksuit
- White socks and runners



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- Hair must be tied back neatly
- No jewellery should be worn

JUDGES

Judges are required to wear the uniform specified by their respective Technical Committee.

VOLUNTEERS

Volunteers who help at competitions must wear appropriate, neat attire.