

# INFORMATION SHEET



## COACH'S CODE OF BEHAVIOUR

In addition to Gymnastics Australia's General Code of Behaviour, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by Gymnastics Australia, a member association or an affiliated club and in your role as a coach appointed by Gymnastics Australia, a member association or an affiliated club:

1. Remember that young people participate for pleasure, and winning is only part of the fun.
2. Never ridicule or yell at a young player for making a mistake or not coming first.
3. Be reasonable in your demands on players' time, energy and enthusiasm.
4. Operate within the rules and spirit of your sport and teach your players to do the same.
5. Ensure that the time players spend with you is a positive experience.
6. All young people are deserving of equal attention and opportunities.
7. Avoid overplaying the talented players; the 'just average' need and deserve equal time.
8. Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all players.
9. Do not tolerate acts of aggression.
10. Provide feedback to participants in a manner sensitive to their needs. Avoid overly negative feedback.
11. Recognise participants' rights to consult with other coaches and advisers. Cooperate fully with other specialists (for example, sports scientists, doctors and physiotherapists).
12. Treat all participants fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status and other conditions.
13. Encourage and facilitate participants' independence and responsibility for their own behaviour, performance, decisions and actions.
14. Involve the participants in decisions that affect them.
15. Encourage participants to respect one another and to expect respect for their worth as individuals regardless of their level of participation.



16. Ensure that the tasks and/or training set are suitable for age, experience, ability, and physical and psychological conditions of the participants.
17. Ensure any physical contact with participants is appropriate to the situation and necessary for the participant's skill development.
18. Be acutely aware of the power that you as a coach develop with your participants in the coaching relationship and avoid any sexual intimacy with them that could develop as a result.
19. Avoid situations with your participants that could be construed as compromising.
20. Actively discourage the use of performance enhancing drugs, and the use of alcohol, tobacco and illegal substances.
21. Do not exploit any coaching relationship to further personal, political or business interests at the expense of the best interest of your participants.
22. Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules.
23. Know and abide by rules, regulations and standards, and encourage players to do likewise. Accept both the letter and the spirit of the rules.
24. Be honest and ensure that qualifications are not misrepresented.

**Disclaimer:** Please note that this information is not intended to constitute legal advice, and is provided by Gymnastics Australia as general information only. You should not rely on it without first verifying the accuracy, completeness and currency of the material, its relevance to your individual circumstances and, where appropriate, obtaining specific legal advice. Gymnastics Australia does not make any warranties for the information contained herein in regard to compliance with Club 10 National Standards.

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## JUDGE'S CODE OF BEHAVIOUR

In addition to Gymnastics Australia's Code of Behaviour, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by Gymnastics Australia, a member association or an affiliated club and in your role as an official appointed by Gymnastics Australia, a member association or an affiliated club:

1. Compliment and encourage all participants.
2. Be consistent, objective and courteous when making decisions.
3. Condemn unsporting behaviour and promote respect for all opponents.
4. Emphasise the spirit of the game rather than the errors.
5. Encourage and promote rule changes, which will make participation more enjoyable.
6. Be a good sport yourself. Actions speak louder than words.
7. Keep up to date with the latest trends in officiating and the principles of growth and development of young people.
8. Remember, you set an example. Your behaviour and comments should be positive and supportive.
9. Place the safety and welfare of the participants above all else.
10. Give all young people a 'fair go' regardless of their gender, ability, cultural background or religion. .

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