



# Cheadle (Staffs) & District Amateur Swimming Club



Established 1968

## CLUB CHAMPIONSHIPS 2019 – 11<sup>th</sup>, 12<sup>th</sup>, 18<sup>th</sup>, 21<sup>st</sup> & 22<sup>nd</sup> September at Denstone College

All members of the club are expected to compete in the annual championships, which enables novice swimmers to experience a competition environment and provides a valuable opportunity to gain qualifying times for swimming meets in the forthcoming season.

There will be discrete age groups up to the age of 15 as follows:

**8yrs and under, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15+yrs**

There will be awards for Top Senior Girl & Boy (12+yrs) and Top Junior Girl & Boy (11yrs & under). This will be determined by points accumulated throughout the Championship; points will be awarded for every race on a staggered basis (1<sup>st</sup> 25pts, 2<sup>nd</sup> 18pts, 3<sup>rd</sup> 15pts, 4<sup>th</sup> 12pts, 5<sup>th</sup> 10pts, 6<sup>th</sup> 8pts, 7<sup>th</sup> 6pts, 8<sup>th</sup> 4pts, 9<sup>th</sup> 2pts, & 10<sup>th</sup> 1pt).

**For experienced swimmers (those who have attended open meets), ASA disqualification rules will apply.**

### Seniors & Juniors

Expected to enter all events (possible exceptions of distance events, and 100 & 200 fly for younger Juniors)

### Swimmers in other groups

Should enter 50s, 100s, 200s events, and 400 freestyle (possible exceptions of 100 & 200 fly)

### Swimmers from lessons

Should speak with their teacher who will advise them on entries

If you are unsure of the events that your child should compete in please discuss with your child's coach  
Restrictions may apply, depending on the number of entries to each event

**PLEASE ARRIVE AT LEAST 15 MINUTES BEFORE WARM-UP TIME IN ORDER TO REGISTER**

DATE	TIME	EVENTS
Wednesday 11 <sup>th</sup> September	Warm-up 6.30pm	Girls 800yds Freestyle, Boys 1650yds Freestyle
Thursday 12 <sup>th</sup> September	Warm-up 6.30pm	400yds Freestyle, 400yds IM
Wednesday 18 <sup>th</sup> September	Warm-up 6.30pm	Girls 1650yds Freestyle, Boys 800yds Freestyle
Saturday 21 <sup>st</sup> September	Warm-up 2.00pm	200yds IM, 8u 1L Breast, 50yds Fly, 8u 1L Freestyle, 100yds Back, 8u 3x1L IM, 200yds Fly, 50yds Back, 8u 1L Back, 100yds Breast, 100yds IM
Sunday 22 <sup>nd</sup> September	Warm-up 2.00pm	200yds Freestyle, 50yds Breaststroke, 100yds Freestyle, 200yds Breaststroke, 50yds Freestyle, 100yds Butterfly, 200yds Backstroke

**Entry Fees are £15 per day or £25 for Saturday and Sunday. Weekday events are free.**

**\*If only entering the 8 and under races entry fees are £10**

**IF YOU DO NOT WISH TO TAKE PART IN THE EVENTS IN THE EVENINGS COULD YOU PLEASE CONSIDER CHANGING YOUR TRAINING SESSION FOR THOSE WEEKS ONLY.**

Entry slips must be received by **Friday 30<sup>th</sup> August** – you can hand these to a committee member or email it to us at [information@cheadleasc.org.uk](mailto:information@cheadleasc.org.uk). Late entries may result in not being included in the programme.

Payment should be made at the time of entry and can be made either direct to the Club account (01-01-78 24041769 – please quote CLUB CHAMPS/SURNAME as the reference), or via cash/cheque when returning your entry form.

**NB: For the preparation of the event programme, can you please tick which events your child wishes to enter. Children aged 8 and under are eligible to enter any events.**



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## Entry Form

**Swimmer's Name:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

EVENT	TICK	EVENT	TICK	EVENT	TICK
50 FREESTYLE		200 BACK		200 IM	
100 FREESTYLE		50 BREAST		400 IM	
200 FREESTYLE		100 BREAST			
400 FREESTYLE		200 BREAST			
800 FREESTYLE		50 FLY		*8/U 1L FREE	
1650 FREESTYLE		100 FLY		*8/U 1L BACK	
50 BACK		200 FLY		*8/U 1L BREAST	
100 BACK		100 IM		*8/U 3X1 IM	

**Total number of races:** \_\_\_\_\_

**Total amount paid:**        £ \_\_\_\_\_        **Paid by BACs/Cheque/Cash (please delete as required)**

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