

COMMUNITY RESOURCES

Sedona/Verde Valley

In these challenging times, we may know someone who needs support of one type or another. This list provides information that may be helpful. Please feel free to pass it on.

Food Services

- Bread of Life Mission – Camp Verde
- Camp Verde Senior Center
- Cornville Food Bank (First Baptist Church) 928-634-4750
- Manzanita Outreach (928) 649-5772 or 623-694-4796
 - Meals on Wheels in the Verde Valley Region
 - Community Supplemental Food Program
- Mingus High School, Grab and Go meals available for all K-12 students
 - Grab and Go breakfast 8-9AM
 - Grab and Go lunch 11AM – 12 noon
- Mt. View United Methodist Church Food Pantry 928-634-8857
- Old Town Mission Food Pantry – Cottonwood 928-634-7869
- Rising Hope Food Pantry- Cottonwood 928-634-4321
- Salvation Army Flagstaff 928-774-1403
- Salvation Army Prescott 928-778-0150
- Sedona Community Center (928) 282-2834
 - Meals on Wheels Delivery
 - Hot lunch available for pick up at 11 AM daily, call 24 hours in advance
- Sedona Community Food Bank 928-204-2808
 - Distribution on Wednesdays, via drive through pickup
- Sedona Oak Creek School District (for anyone up to age 18) 204-6836
 - Grab and Go Breakfast available 8AM – 9AM at distribution sites:
 - Sedona Community Center, 2615 melody Lane
 - Windsong Mobile Home Park, 2466 W SR 89A
 - Big Park Community School, 25 W. Saddlehorn Rd.
 - Grab and Go Lunch available at school locations 9AM-12 noon
 - Sedona Red Rock High School, Upper Red Rock Loop Rd.
 - West Sedona School, Posse Ground Rd.
- Seventh Day Adventist Community Service Center Food Pantry – Camp Verde 928-567-4281
- St, Andrews Church – Sedona
 - Providing restaurant gift cards
- Society of St, Vincent de Paul – St. John Vianney Food Pantry 928-282-7545
- Yavapai Apache Nation Food Bank – 928-567-2124

For more information on days and times of food programs in the Sedona/Cottonwood/Camp Verde area, please visit: <https://www.mohelp.org> for a list of organizations by day of the week they are available and a location map.

Emergency Shelter/Housing

- Salvation Army Flagstaff 928-774-1403
- Salvation Army Prescott 928-778-0150
- Verde Valley Sanctuary 928-634-6255

Crisis Services

- AZ Dept. of Health Services 928-445-6455
- Domestic Violence
 - Arizona Coalition against Domestic Violence 602-279-2900
 - National hotline 1-800-799-7233
 - Verde Valley Sanctuary 928-634-6255
- Poison Control 1800-362-0101
- Sexual Assault hotline 928-373-0849
- Suicide Prevention
 - National hotline 1-800-784-2423
 - Teen Peer counseling hotline 1-800-248-8336
 - Veterans Crisis Line 1-800-273-8255 or
- Verde Valley Mental Health Coalition 928-641-4239
 - Provides resources in areas of mental and emotional health
- Women's Advocacy 928-445-4673

Health Services

- American Cancer Society - Flagstaff 928-526-3800
- Arizona Dept. of Health - Phoenix 602-542-1025
- Coconino County Dept. of Health - Flagstaff 928-679-7272
- NextCare Urgent Care - Sedona 928-203-4813
- Verde Valley Medical Center - Sedona 928-204-4100
- Verde Valley Medical Emergency Room - Cottonwood 928-639-6172
- Verde Valley Medical Clinic - Camp Verde 928-639-5555
- Yavapai County Dept. of Health - Cottonwood 928-6398130

Senior Assistance

- Verde Valley Caregivers 928-204-123

Supermarket Shopping

- Safeway
 - 7AM - 9AM is reserved for seniors and vulnerable shoppers on Tuesdays and Thursdays
- Whole Foods
 - 7AM - 8AM daily is a reserved shopping hour for seniors and those with health challenges. The store opens to the public at 8AM.
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