**Pole Vault Rules – updated 1/24/14**

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| --- | --- | --- | --- | --- |
| **Governing Body** | **IAAF** | **USATF** | **NCAA** | **NFHS** |
| **Landing Surface** | **6m x 6m x 0.8m** | **6m x 6.15m x .0813m****19’8” x 20’2” x 32”** | **6m x 5m x .0813m****19’8” x 16’5” x 32”** | **6m x 5 m****19’8” x 16’5”** |
| **Crossbar Length** | **4.48-4.52m** | **4.48-4.52m** | **4.42-4.52m** | **4.52 m (14’10”)** |
| **Distance Between Pins** | **4.30-4.37m** | **4.30-4.37m** | **4.30-4.37m** | **4.16-4.48m (13’8”-14’8”)** |
| **Bar Support Pegs** | **55mm** | **55mm** | **55mm** | **76mm (3”)** |
| **Poles** | **NO RESTRICTIONS** | **NO RESTRICTIONS** | **NO RESTRICTIONS** | **MFG STICKERS REQ** **(No Etchings)** |
| **Bungee In Warmups** | **ALLOWED** | **ALLOWED** | **ALLOWED** | **ALLOWED** |
| **Marks Along Runway** | **1 or 2 markers****No indelible marks** | **1 or 2 markers****no indelible marks** | **1 or 2 markers, 7x15cm max, NO SHOES ALLOWED** | **ALLOWED** |
| **Electronic Devices** | **NOT ALLOWED** | **NOT ALLOWED** | **NOT ALLOWED** | **NOT ALLOWED** |
| **Position Of Standards Toward Landing Area** | **0-80cm** | **0-80cm** | **45-80cm** | **45-80cm****18”-31.5”** |
| **Passes** | **PASS HEIGHT** | **PASS HEIGHT** | **PASS ATEMPT** | **PASS ATTEMPT** |
| **Tape On Hands/Fingers** | **ALLOWED** | **ALLOWED** | **ALLOWED** | **NOT ALLOWED EXCEPT TO COVER OPEN WOUND** |
| **Wearing Gloves** | **ALLOWED** | **ALLOWED** | **ALLOWED** | **NOT ALLOWED** |
| **Vaulter Steadies bar** | **NOT ALLOWED** | **NOT ALLOWED** | **NOT ALLOWED** | **NOT ALLOWED** |
| **Vaulter Leaves Ground But Does Not Complete Vault** | **NOT ADDRESSED** | **ALLOWED** | **ALLOWED** | **NOT ALLOWED UNLESS STOPPING MOMENTUM** |
| **5-Alive System Abandoned** | **NOT ADDRESSED** | **12 or fewer** | **Fewer than 9 left at height** | **Fewer than 9 left at height** |
| **Warmups On Runway After Competition Starts** | **NOT ALLOWED** | **NOT ALLOWED; MASTERS/YOUTH-1 RUN THRU AFTER 3 PASSED HEIGHTS** | **2 MINS PER VAULTER AFTER 1 HOUR OF COMPETITION** | **2 MINS PER VAULTER AFTER 3 CONSECUTIVE PASSED HEIGHTS** |
| **Late Arrival After The Competition Starts** | **START AT CURRENT HEIGHT IF ENTERED** | **START AT CURRENT HEIGHT IF ENTERED** | **CAN’T JUMP** | **CAN’T JUMP** |
| **Tape On Pole** | **NFHS ONLY – UNLIMITED LAYERS OF UNIFORM THICKNESS, NCAA/USATF/IAAF NO RESTRICTION ON TAPE LAYERS, PLANTING END UNLIMITED LAYERS ALL LEVELS** |
| ***Time Rules*** |  |  |  |  |
| **4 or more Vaulters** | **1 minute** | **1 minute** | **1 minute** | **1 minutes** |
| **2-3 Vaulters** | **2 minutes** | **2 minutes** | **3 minutes** | **3 minutes** |
| **1 Vaulter** | **5 minutes** | **5 minutes** | **5 minutes** | **5 minutes** |
| **Consecutive Jumps** | **3 minutes** | **3 minutes** | **3 minutes** | **3 minutes** |
| **Combined Events-4 or more** | **1 minute** | **1 minute** | **1 minute** | **1 minutes** |
| **Combined Events – 2 or 3** | **2 minutes** | **2 minutes** | **3 minutes** | **IAAF Rules** |
| **Combined Events – 1 Vaulter** | **3 minutes** | **3 minutes** | **3 minutes** | **IAAF Rules** |
| **Combined Events – Consecutive Attempt** | **3 minutes** | **3 minutes** | **3 minutes** | **IAAF Rules** |
|  |
| **Bar Raise Increments** | **5-15cm** | **5-15cm** | **5-15cm** | **NOT ADDRESSED** |
| **Combined Event Increment** | **10cm** | **10cm** | **10cm** | **NOT ADDRESSED** |
| **Tie Breaker Increment****(after 4th attempt at height)** | **5cm** | **5cm** | **5cm** | **3 inches** |
| **Warning Time Period** | **15 secs – hold up yellow flag** | **15 secs – hold up yellow flag, at end-drop & verbal** | **15 secs – hold up yellow flag** | **NOT ADDRESSED** |
| ***Scoring Symbols*** |  |
| **Cleared/Failed** | **O/X** | **O/X** | **O/X** | **O/X** |
| **Passed/Did Not Jump** | **-** | **-** | **P** | **P** |

**High Jump Rules – updated 1/24/14**

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| --- | --- | --- | --- | --- |
| **Governing Body** | **IAAF** | **USATF** | **NCAA** | **NFHS** |
| **Marks On Approach** | **1 or 2 markers****No indelible marks** | **1 or 2 markers****No indelible marks** | **1 or 2 markers, 7x15cm max, NO SHOES ALLOWED** | **ALLOWED** |
| **Shoe restrictions** | **HEEL 19mm****SOLE 13mm****SPIKES 12mm, 25 non-synthetic** | **HEEL 19mm****SOLE 13 mm****SPIKES 12mm, 25** **non-synthetic** | **SOLE 13mm (0.51”)****SPIKES 12mm** | **Shoes must be worn****No aids** |
| **Distance Between Standards** | **4-4.04m****13’1”-13’3”** | **4-4.04m****13’1”-13’3”** | **4-4.04m** | **12’ minimum** |
| **Landing Surface** | **6m x 4m x 0.7m** | **6m x 4m x 0.712m****19’8”x13’1”x28”** | **4.88m x 2.44m x 66cm****16’ x 8’ x 26”** | **4.80m x 2.40m x 60cm****16’ x 8’ x 24”** |
| **Crossbar Length** | **3.98-4.02m** | **3.98-4.02m****13’-13’2”** | **3.98-4.02m** | **3.66-4.52m****12’-14’10”** |
| **Late Arrival After Competition Starts** | **START AT CURRENT HEIGHT IF ENTERED** | **START AT CURRENT HEIGHT IF ENTERED** | **CAN’T JUMP** | **CAN’T JUMP** |
| **Passes** | **PASS HEIGHT** | **PASS HEIGHT** | **PASS ATTEMPT** | **PASS ATTEMPT** |
| **During Attempt Jumper Leaves Ground But Doesn’t Complete Jump** | **ALLOWED*****\*\*provided jumper*** | **ALLOWED*****initiates within time*** | **ALLOWED*****period\*\**** | **ALLOWED** |
| **5-Alive System Abandoned** | **NOT ADDRESSED** | **12 or fewer** | **Fewer than 9 at height** | **Fewer than 9 at height** |
| **Lowering Bar After Competition Starts** | **NOT ALLOWED*****\*\*exception:*** | **NOT ALLOWED*****jumpoff\*\**** | **NOT ALLOWED** | **NOT ALLOWED** |
| **Warm Ups After Competition Starts** | **NOT ALLOWED** | **NOT ALLOWED****Masters/Youth 1 after 3 passes** | **1.5 mins per competitor after 1 hour of competition** | **1 run thru after 3 consecutive passes** |
| **Electronic Devices** | **NOT ALLOWED** | **NOT ALLOWED** | **ALLOWED** | **NOT ALLOWED** |
| ***Time Rules*** |  |
| **4 or more jumpers** | **1 minute** | **1 minute** | **1 minute** | **1 minute** |
| **2-3 Jumpers** | **1.5 minutes** | **1.5 minutes** | **2 minutes** | **3 minutes** |
| **1 Jumper In Competition** | **3 minutes** | **3 minutes** | **4 minutes** | **5 minutes** |
| **Consecutive Jumps** | **2 minutes** | **2 minutes** | **2 minutes** | **2 minutes** |
| **Combined Events–4 or more** | **1 minute** | **1 minute** | **1 minute** | **1 minutes** |
| **Combined Events-2 or 3** | **1.5 minutes** | **1.5 minutes** | **2 minutes** | **IAAF Rules** |
| **Combined Events-1 Jumper** | **2 minutes** | **2 minutes** | **2 minutes** | **IAAf Rules** |
| **Combined Events-Consecutive** | **2 minutes** | **2 minutes** | **2 minutes** | **IAAF Rules** |
|  |
| **Bar Raise Increments** | **2-5cm** | **2-5cm** | **3-5cm** |  |
| **Combined Event Increment** | **3cm** | **3cm** | **3cm** |  |
| **Tie Breaker Increments****(after 4th attempt at height)** | **2cm** | **2cm** | **2cm** | **1 inch** |
|  |
| **Warning Time Period Flag** | **15 secs – hold up yellow flag** | **15 secs – hold up yellow flag – at end, drop & verbal** | **15 secs – hold up yellow flag** | **NOT ADDRESSED** |
| ***Scoring Symbols*** |  |
| **Cleared/Failed** | **O/X** | **O/X** | **O/X** | **O/X** |
| **Passed/Did Not Jump** | **-** | **-** | **P** | **P** |