

Pole Vault Rules – updated 1/24/14

Governing Body	IAAF	USATF	NCAA	NFHS
Landing Surface	6m x 6m x 0.8m	6m x 6.15m x .0813m 19'8" x 20'2" x 32"	6m x 5m x .0813m 19'8" x 16'5" x 32"	6m x 5 m 19'8" x 16'5"
Crossbar Length	4.48-4.52m	4.48-4.52m	4.42-4.52m	4.52 m (14'10")
Distance Between Pins	4.30-4.37m	4.30-4.37m	4.30-4.37m	4.16-4.48m (13'8"-14'8")
Bar Support Pegs	55mm	55mm	55mm	76mm (3")
Poles	NO RESTRICTIONS	NO RESTRICTIONS	NO RESTRICTIONS	MFG STICKERS REQ (No Etchings)
Bungee In Warmups	ALLOWED	ALLOWED	ALLOWED	ALLOWED
Marks Along Runway	1 or 2 markers No indelible marks	1 or 2 markers no indelible marks	1 or 2 markers, 7x15cm max, NO SHOES ALLOWED	ALLOWED
Electronic Devices	NOT ALLOWED	NOT ALLOWED	NOT ALLOWED	NOT ALLOWED
Position Of Standards Toward Landing Area	0-80cm	0-80cm	45-80cm	45-80cm 18"-31.5"
Passes	PASS HEIGHT	PASS HEIGHT	PASS ATEMPT	PASS ATEMPT
Tape On Hands/Fingers	ALLOWED	ALLOWED	ALLOWED	NOT ALLOWED EXCEPT TO COVER OPEN WOUND
Wearing Gloves	ALLOWED	ALLOWED	ALLOWED	NOT ALLOWED
Vaulter Steadies bar	NOT ALLOWED	NOT ALLOWED	NOT ALLOWED	NOT ALLOWED
Vaulter Leaves Ground But Does Not Complete Vault	NOT ADDRESSED	ALLOWED	ALLOWED	NOT ALLOWED UNLESS STOPPING MOMENTUM
5-Alive System Abandoned	NOT ADDRESSED	12 or fewer	Fewer than 9 left at height	Fewer than 9 left at height
Warmups On Runway After Competition Starts	NOT ALLOWED	NOT ALLOWED; MASTERS/YOUTH-1 RUN THRU AFTER 3 PASSED HEIGHTS	2 MINS PER VAULTER AFTER 1 HOUR OF COMPETITION	2 MINS PER VAULTER AFTER 3 CONSECUTIVE PASSED HEIGHTS
Late Arrival After The Competition Starts	START AT CURRENT HEIGHT IF ENTERED	START AT CURRENT HEIGHT IF ENTERED	CAN'T JUMP	CAN'T JUMP
Tape On Pole	NFHS ONLY – UNLIMITED LAYERS OF UNIFORM THICKNESS, NCAA/USATF/IAAF NO RESTRICTION ON TAPE LAYERS, PLANTING END UNLIMITED LAYERS ALL LEVELS			
<u>Time Rules</u>				
4 or more Vaulters	1 minute	1 minute	1 minute	1 minutes
2-3 Vaulters	2 minutes	2 minutes	3 minutes	3 minutes
1 Vaulter	5 minutes	5 minutes	5 minutes	5 minutes
Consecutive Jumps	3 minutes	3 minutes	3 minutes	3 minutes
Combined Events-4 or more	1 minute	1 minute	1 minute	1 minutes
Combined Events – 2 or 3	2 minutes	2 minutes	3 minutes	IAAF Rules
Combined Events – 1 Vaulter	3 minutes	3 minutes	3 minutes	IAAF Rules
Combined Events – Consecutive Attempt	3 minutes	3 minutes	3 minutes	IAAF Rules
Bar Raise Increments	5-15cm	5-15cm	5-15cm	NOT ADDRESSED
Combined Event Increment	10cm	10cm	10cm	NOT ADDRESSED
Tie Breaker Increment (after 4th attempt at height)	5cm	5cm	5cm	3 inches
Warning Time Period	15 secs – hold up yellow flag	15 secs – hold up yellow flag, at end-drop & verbal	15 secs – hold up yellow flag	NOT ADDRESSED
<u>Scoring Symbols</u>				
Cleared/Failed	O/X	O/X	O/X	O/X
Passed/Did Not Jump	-	-	P	P

High Jump Rules – updated 1/24/14

Governing Body	IAAF	USATF	NCAA	NFHS
Marks On Approach	1 or 2 markers No indelible marks	1 or 2 markers No indelible marks	1 or 2 markers, 7x15cm max, NO SHOES ALLOWED	ALLOWED
Shoe restrictions	HEEL 19mm SOLE 13mm SPIKES 12mm, 25 non-synthetic	HEEL 19mm SOLE 13 mm SPIKES 12mm, 25 non-synthetic	SOLE 13mm (0.51") SPIKES 12mm	Shoes must be worn No aids
Distance Between Standards	4-4.04m 13'1"-13'3"	4-4.04m 13'1"-13'3"	4-4.04m	12' minimum
Landing Surface	6m x 4m x 0.7m	6m x 4m x 0.712m 19'8"x13'1"x28"	4.88m x 2.44m x 66cm 16' x 8' x 26"	4.80m x 2.40m x 60cm 16' x 8' x 24"
Crossbar Length	3.98-4.02m	3.98-4.02m 13'-13'2"	3.98-4.02m	3.66-4.52m 12'-14'10"
Late Arrival After Competition Starts	START AT CURRENT HEIGHT IF ENTERED	START AT CURRENT HEIGHT IF ENTERED	CAN'T JUMP	CAN'T JUMP
Passes	PASS HEIGHT	PASS HEIGHT	PASS ATTEMPT	PASS ATTEMPT
During Attempt Jumper Leaves Ground But Doesn't Complete Jump	ALLOWED <i>**provided jumper</i>	ALLOWED <i>initiates within time</i>	ALLOWED <i>period**</i>	ALLOWED
5-Alive System Abandoned	NOT ADDRESSED	12 or fewer	Fewer than 9 at height	Fewer than 9 at height
Lowering Bar After Competition Starts	NOT ALLOWED <i>**exception:</i>	NOT ALLOWED <i>jumpoff**</i>	NOT ALLOWED	NOT ALLOWED
Warm Ups After Competition Starts	NOT ALLOWED	NOT ALLOWED Masters/Youth 1 after 3 passes	1.5 mins per competitor after 1 hour of competition	1 run thru after 3 consecutive passes
Electronic Devices	NOT ALLOWED	NOT ALLOWED	ALLOWED	NOT ALLOWED
<u>Time Rules</u>				
4 or more jumpers	1 minute	1 minute	1 minute	1 minute
2-3 Jumpers	1.5 minutes	1.5 minutes	2 minutes	3 minutes
1 Jumper In Competition	3 minutes	3 minutes	4 minutes	5 minutes
Consecutive Jumps	2 minutes	2 minutes	2 minutes	2 minutes
Combined Events–4 or more	1 minute	1 minute	1 minute	1 minutes
Combined Events-2 or 3	1.5 minutes	1.5 minutes	2 minutes	IAAF Rules
Combined Events-1 Jumper	2 minutes	2 minutes	2 minutes	IAAf Rules
Combined Events-Consecutive	2 minutes	2 minutes	2 minutes	IAAF Rules
Bar Raise Increments	2-5cm	2-5cm	3-5cm	
Combined Event Increment	3cm	3cm	3cm	
Tie Breaker Increments (after 4 th attempt at height)	2cm	2cm	2cm	1 inch
Warning Time Period Flag	15 secs – hold up yellow flag	15 secs – hold up yellow flag – at end, drop & verbal	15 secs – hold up yellow flag	NOT ADDRESSED
<u>Scoring Symbols</u>				
Cleared/Failed	O/X	O/X	O/X	O/X
Passed/Did Not Jump	-	-	P	P