

# SMILE AND BE HAPPY

2021-2022

St. Andrews Woman's Club

Contact: Daryl Hendrix, president daryl636@aol.com



## 2021 AUGUST NEWSLETTER

### Officers Reports:

#### **President - Daryl Hendrix**

It is going to be a great club year! We have a fantastic group of officers and chairmen who are leading us this year. Our committees (CSP's) met this summer and have outlined their programs and service projects for 2021-22.

And during your planning sessions you accepted the challenge and each CSP has proposed one totally new project or program for the upcoming year. I am so excited about that and look forward to seeing each of you in September.

#### **1<sup>st</sup> Vice President – Laurie O’Kelly**

I’m looking forward to the new club year. Many thanks to our CSP Chairmen Dianne, Karen, Maureen, Frances, Ann, and Becky. These ladies have worked diligently over the summer to plan the programs for the New Year that I know you’ll enjoy. I look forward to seeing everyone at the social on September 13.

## **2<sup>nd</sup> Vice President – Terri Boltin and Debbie Bell**

Please mark your calendar for our:

Annual Membership Social  
Monday, September 13, 2021  
7:00 PM  
Irmo Community Park Shelter  
An Evening of Fun and Dessert

We are excited to report that our membership is growing quite a bit this year! Thank you to the current members for helping to make this possible!

Please let us know if anyone else would like to join SAWC!

We would love to send them an application and invitation to our Membership Social! See you on the 13th!

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Terri Boltin [Tboltin@bellsouth.net](mailto:Tboltin@bellsouth.net) (803) 603-6221

## **3<sup>rd</sup> Vice President Ways and Means – Anne Marie Shepherd, Barb Kogut, Missy Klopfer**

Fundraising news: We are disappointed to have made the decision to postpone our Bunco Fundraiser due to the challenge of selling tickets when we seem to be having a Covid spike. Our new Bunco date is now March 3, 2022.

Good news though! SAWC will be partnering with Town Theater to sell tickets to their dress rehearsal for Elf, the Musical on November 11th. This will give us an opportunity to make some additional funds in this calendar year, and should a fun night out!

Make sure you stop by our booth (and tell your friends) at the Okra Strut, Saturday September 25, to buy a bar of SAWCY handmade soap!

## **Secretary – Susan Dox**

Please see minutes attached

## **Treasurer – Katherine Keckeisen**

Our SAWC checking account balance is \$3,191.28. Our savings account balance is \$3,358.24.

If you have not already paid your membership dues (\$52), you can send your check to me at: 1 Lyme Bay, Columbia, SC 29212. You can also bring your check to our Membership social on 9/13.

### **Advisor – Gail Elfert**

The best "advice" I can give our President Daryl is "Don't worry because regardless of what happens with COVID, our fantastic SAWC members will come through and make this another good year!"

One other bit of news I want to give you a hint about is we are going to have our own **high quality, 3-pocket aprons with the SAWC logo** that will be available for everyone to purchase for **\$10!** We will be able to wear them to ANY event (like BUNCO, Town Theatre, Irmo Okra Strut booth,...) and people will be able to easily identify us as members of this great club! A few will be available to purchase at our membership social on September 13 and then more at the September meeting on September 27th. The Ways and Means Committee considered other options like T-shirts to promote our club at fundraisers and other events, but decided that this option is the most versatile for each of us. I think you will all be very pleased with our new identity "uniform".

## **Community Service Project Reports:**

### **Arts and Culture – Dianne McCarty**

Arts and Culture will have the program in October and we will be painting aprons, tote bags or whatever you wish. Pam Johnson, Susan Dox and Nina Brunet will be our instructors. They will have samples for you to see at the September meeting so you can get an idea of what you want to paint. Please pre-wash your item as the paint will adhere better.

Sign-up is going well for our Christmas Shopping in Beaufort Bus Trip on November 4, 2021. Call me to sign up (803-553-1189). The bus holds 54 and one of our newest members, Linda Shealy Davis, will be our tour guide. I can promise you a wonderful day with lots of surprises along the way. Remember, getting there is half the fun. We get to sit back and leave the driving to our experienced bus driver. Dutch treat lunch will be at Madison's (a real treat) and is one of my favorite places to eat in Beaufort. Shopping will be at the Low Country Market and Mr. Barefoot's Produce. Lots of room under the bus for everything. We will have a tour of Historic St. Helena

Church and finish the day with shopping on Bay Street. Cost is \$50, which will include snacks, water, bus tips and SURPRISES. Proceeds will benefit Youth Art Month. Call me. Sign up now. 20 people have already signed up. We will leave about 7:30 a.m. We can leave our cars at the bus company on Leaphart Road and return by 8:00 p.m. CALL ME AT 803-553-1189.

Thank you to all who kept our Little Library at the Irmo Park going all summer with lots of children's books and food stuff. Thank you all as each of you will be able to help through your CSP during the coming club year. See you at the MEMBERSHIP SOCIAL and the September MEETING with a happy, smiling face.

### **Civic Engagement and Outreach – Karen Fields and Maureen Taylor**

Welcome back everyone! We are thrilled to be hosts for the first meeting on September 27th! We have arranged to have a speaker, Kyla Capers talk to us about cyber security. Hopefully Kyla can show us how not to fall victim to any scams. During September, our CSP will help maintain the library box set up by the Arts and Culture CSP at Irmo Park. Also, watch for further notices about Families Helping Families and laying wreathes at Fort Jackson.

### **Education and Libraries – Frances Hill**

The Education and Libraries CSP is looking forward to an exciting year with some new projects planned and some old ones revisited!

We will be collecting art supplies for Harbison West Elementary School special needs students, K-5 years, at our September meeting. Watch for a list of specific needs for these students in your September newsletter!

After a summer break, the SAWC Book Club will resume on Tuesday, October 5, at 7:00 pm. We will meet at the home of Judy Keating to discuss the book, **The Book Woman of Troublesome Creek** by Kim Michelle Richardson. Hope that you saw the earlier email from Judy with details of this book, which has a Federation of Womens Club connection! Mark your calendar and plan to join the group that evening!

Look toward to seeing everyone on Monday, September 13th, at the Membership Social!

## **Environment – Ann Martin**

Hello to all! Hope you have all had a great, relaxing summer. I sure do hate to see it end and bring a resurgence of COVID with it! We have a super group of dedicated women in our CSP. We will continue to encourage recycling of corks, toner cartridges, batteries, unused medicines, and newspapers (to Carolina Wildlife, please). It will be our pleasure to continue helping with the garden at the Irmo library. Our new project will be planting flowers around the sign at Leeza's Care Connection. We are excited that Seven Oaks Garden Center wants to partner with us to beautify this area. Please be on the lookout for notifications of shredding and recycling events. Thanks to all who have dropped off newspapers at Carolina Wildlife on Bush River Road. Please send me an email or text when you do this so I can keep up with it for reporting. Looking forward to a wonderful year with smiling, happy friends!

## **Health and Wellness – Becky Travis**

We are all excited to start a new Club year. The Health and Wellness CSP has a full year planned. We will continue to participate in the March of Dimes Baby Blanket Challenge. We encourage you each to help with the project. Our amazing Kaye Hunke will challenge us with an exercise tip during our in-person meetings. Marti Colucci, Director of Leeza's Care Center, will be our November speaker. She will give us suggestions for caring for our aging parents, being aware of elder abuse and for us to prepare our families to care for us as we age. November will be the perfect time to hold our auction for Operation Smile. You made this fundraiser a great success last year and we hope you enjoy the same format this year. We will hold two food drives to benefit Sharing God's Love and Virginia Wingard's Food bank. In February, we will be sure you have a Red Dress Pin to increase Women's Heart Health Awareness. In April, we will place our Pinwheels to bring awareness to Child Abuse. We will be giving a Health Tip each month in the Newsletter. Please let us know if you find them helpful or have a suggestion for a topic. There are several other items on our calendar, and we will keep you informed about their progress.

## **August Health Tip**

The Health and Wellness CSP will be giving short health tips for the Club year. We hope you will decide to live longer and stronger with this information.

*Woman's Day* from May 2021, gives a Five Point Health Checklist.

One, book an annual physical. If you skipped your 2020 exam, it's time to see your doctor. It's important to be up to date on screenings and immunizations.

Two, stay agile at every age. You don't have to be super fit to maintain mobility as you age. In fact, a new study shows that the more light activity you engage in now (think

