



St. Andrews Woman's Club

## ***March Newsletter*** **2025-2026**



**Member of the General Federation  
of Women's Clubs (GFWC) since 1963**

Kristin Fields, Co-President      [kristinf11@aol.com](mailto:kristinf11@aol.com)      803-319-9994

Maureen Taylor, Co-President      [mtaylor55@sc.rr.com](mailto:mtaylor55@sc.rr.com)      803-730-0646

P.O. Box 3076, Irmo, SC 29063

## Officer Reports:

### Presidents: Kristin Fields and Maureen Taylor

Congratulations to all, and especially Francis Hill and Susan Smith, on a very successful Bunco fundraiser!! As always, it was a fun way to make money for our community. **Thank you all for participating.**

If you know of a charity or organization that you would like considered to receive funds, please send in writing to me or Maureen the charity, brief description and request amount. Please send requests by Friday, April 10. The requests will be presented to the Board for review and voted on at the April General meeting.

Thank you to Becky and Anne Marie for completing the final round of reports due to GFWC-SC March 15th. As a club, we collectively earned 802 points on the GFWC\_SC Rating Sheet. Great job to all!

The GFWC-SC Convention will be at Marian Inn Grande Dunes in Myrtle Beach, SC April 17-19. Registration for the Convention will be in the March 2026 magazine. Please let us know if you plan to attend or have any questions. You can go to GFWC-SC.org to find additional meeting details and the link to register. Hope you can attend to support our very own Kaye Jones, to be installed as GFWC-SC President Saturday evening.

The March meeting will include voting for our new officers for the 2026-2027 club year.

March quote: "March: Time to blossom, time to bloom."

### **Meeting schedule reminder.**

- Meeting starts at 6:30 pm. Our speaker will be from SC Film Commission. Social and business meeting to follow.
- Location is Union United Methodist Church, 7582 Woodrow St, Irmo - Small Conference room – follow the signs.
- Wear blue in support of colorectal cancer prevention.
- Daryl Hendrix will greet you at the door.

### **1<sup>st</sup> Vice-Presidents: Anne Marie Sheppard & Becky Travis -**

All SAWC reports have now been submitted. Reading and compiling the reports truly demonstrates the impact we make on our community. Our numbers are impressive. No matter how small the project, it helps build our total contribution. This year we completed 52 projects for a total of 1895 volunteer hours. In-kind donations totalled \$6411.50 and our total monetary donations were \$17353.10. Congratulations!

In other news, our end of the year banquet is in the planning stages. We will have information for you about this very soon.

### **Please join us for an afternoon of fun and fellowship!**

**What:** State House Tour and lunch at McCutcheon House

**When:** Wednesday, March 18 - meet at 10am Stars and Strike to carpool

**RSVP:** Melissa Klopfer - mlk1219@hotmail.com (we need a head count)

State House tour begins at 10:30 followed by a fabulous lunch at the McCutcheon House on the USC Horseshoe. McCutcheon House Dining is a student run restaurant and runs around \$16.00 for lunch. I hope we see you there!

**2<sup>nd</sup> Vice-Presidents:** *Marie DeLoach & Lynne Hauptner*

Remember to bring a friend to our March general meeting. Grow our membership. We are looking forward to meeting your friends.

**3<sup>rd</sup> Vice-Presidents:** *Frances Hill & Susan Smith*

What a fun time was had by all attending our Bunco FUNdraiser!! We would like to thank everyone for their help and participation and

look forward to determining and reporting how much was made.

**Secretary:** *Laura Nichols*

Please remember to check-in when you get to the meeting.

**Treasurer:** *Diane Bozard & Jo Norris*

The balances of March 12 are as follows:

Checking \$12323.74                      Savings: \$3365.11

CSP's should begin thinking about what to do with remaining funds. If you have any questions about the remaining funds, just let me know.

See you soon.

**Advisor:** *Susan Dox & Debbie Bell*

The Revision Committee will be meeting again on March 17th for further review.

The final report will be given at the March meeting.

**Community Service Programs (CSP)**

**Arts & Culture:** *Patty Cavanaugh*

Patty sends her thanks and appreciation for all the well wishes during her recovery. Thank you to all committee members for your silent auction donations for Bunco!

Enjoy spring!

### Civic Engagement: Shelly Langston

Happy St. Patrick's Day! Don't forget to wear your green on Tuesday!

We had a fantastic turnout for Bunco, and it was wonderful to see so many people there. A special thank-you to Susan Smith and Francis Hill and their committee for all their hard work in making the event such a success.

I'm also grateful to my CSP for putting together two amazing baskets. The woman who won our dog basket was absolutely thrilled—she especially loved the picture of Hunk!

And speaking of Hunk...our service dog has officially arrived, and he is an absolute cutie. He's the dog on the right in the photo, full of personality and already stealing hearts. He looks like he's going to be so much fun!



### Education & Libraries: Leanne Angel

Thank you for your donated items for our silent auction basket for Bunco!

We are hosting this month's speaker for the meeting. Please be at the church by 6:00 pm if possible to assemble our snack!

The reading group meets this week on Thursday at the Irmo Library, 1:00 pm. Please join us anytime for an enjoyable discussion!

Thanks to everyone for keeping up the Little Library! Try to avoid the pollen!

### Environment: Gail Elfert

We are getting very close to completing our TREX Challenge goal of 1000 lbs. of plastic film, but we still need another good month! So, gather all you can and bring to the March meeting and let's get that bench ordered for the guys helping us at Stephen's House.

The vote is in and more people can go on our field trip to the Tom Yawkey Wildlife Center on May 5-6, so that is the date for our trip to the beach. There is still room for a couple more to join in the fun, but the deadline for getting a seat on the tour is Monday, March 23 at our meeting.

### Health & Wellness: Daryl Hendrix & Ann Keisler

Once again thank you for supporting and donating to the "period product" drive. Your generosity

was overwhelming. The products were delivered to Irmo Middle School and Irmo High School.

Usually H&W has a food drive each year. With so many needs in our community we have left it up to our individual members to support the food banks. BUT Frances Hill has made us aware that Virginia Wingard is running out of **16 oz peanut butter jars**. They include this in each of the bags they hand out to those in need. Our CSP will be collecting peanut butter at our March meeting for the Virginia Wingard food bank. If you would like to donate, we will be happy to deliver to Virginia Wingard for you. Thank you for your kindness.

**March is National Colon Cancer Prevention month** and if you want to support this health awareness please wear **blue** to our March general meeting. Below are tips that Ann has compiled so we will all be better informed about this type of cancer that is affecting more young people every day.

**Who is at risk?**

Age 45 and older  
Family history  
Diabetes type 2

**Risk factors under your control:**

Excess weight  
Low blood level vitamin D  
Smoking  
Heavy alcohol use

Diets to avoid:

- high consumption of red meat
- cooking meat at very high temperatures, frying, broiling, grilling
- eating ultra processed foods

**Ways to lessen the risk:**

Lose weight  
Limit red meat

Diets to eat:

- plant based foods
- fiber rich
- basically any food that tastes good

Limit processed meat (hot dogs, deli meats)

Get regular screenings starting at age 45

## Standing Committee Chairs & Special Appointments:

### Fellowship: Jan Mitchell-Conner

March birthdays: Phyllis Plyler, Elizabeth Taylor, Rachel Richardson, Leann Angel, Carol Ann Williams, and Jane Jeffcoat

### Publicity: Ann Martin

Please email articles and pictures for the Irmo News to [annsmartin@bellsouth.net](mailto:annsmartin@bellsouth.net)

### Social Media: Sarah Ostergaard

Please send photos and descriptions for social media posts. Email [sarahostergaard@gmail.com](mailto:sarahostergaard@gmail.com) or text 618-645-5179

## Important Dates to Remember:

- |           |  |
|-----------|--|
| 3/23/26   | General Meeting <b>6:30</b> pm                           |
| 4/13/26   | Board Meeting 7pm  |
| 4/15/26   | Newsletter articles due to Laurie O'Kelly                |
| 4/17-4/19 | GFWC-SC Convention, Myrtle Beach, SC                     |
| 4/27/26   | General Meeting 6:30 pm                                  |
| 5/4/26    | May Joint Board meeting, 6:30 pm in-person, location TBD |
| 5/6/26    | Newsletter articles to Laurie O'Kelly                    |