



TRUE SUNSHINE

— PRESCHOOL CENTER —

眞日光幼童中心

777 Stockton Street, Suite 201, San Francisco, CA 94108

April 2025 Newsletter



Fire Drill



Fine Motor Skills and Sorting Colors



Preschoolers Continue Working on the Project Garden



Dear Parents of the True Sunshine Community,

Happy April! Students continue with their garden project. They focus on planting and moving on to the living things they can find in the garden. It will lead them to learn about the life cycle of the butterflies. A field trip to the Randall Museum is planned on 4/24 (Thursday), which will help them see various insects.

The second BMI was conducted on March 27. The findings show that our children need to consume more vegetables. True Sunshine will encourage our children to try more vegetables at lunchtime. Please ask your child to eat more vegetables at dinner, too.

The next couple of months are the busy months for the school. In April, True Sunshine will be conducting a lot of surveys and evaluations. We need your support to help with our evaluation. You should have received a 2024-2025 Parent Survey. Please respond to the survey at your earliest convenience. It takes less than 4 minutes to complete. Your responses will help us to evaluate our program. Please also let us know if the school that your child attends next fall, if your child is leaving TS in the fall.

The Parents and Teachers Conference will be held on the week of May 19th. Your teachers will review the DRDP

findings to let you know your child's progress. All our findings will help support True Sunshine in completing and summarizing the program evaluation for 2024-2025.

April 11 (Friday) is the teacher's professional development day. It is a day that our teachers will be training to better their skills in supervising, interacting, teaching, etc. There will be no school on the 11th. Please mark on your calendar.

A parent's workshop on Positive Parenting will be conducted at 4 pm on 4/22 (Tuesday). Please come and join us for this special workshop. You will learn how to discipline children or positively encourage them. Please sign up when the signup list is posted in the next week.

We will have a whole school carnival event on May 31st (Saturday) at Gordon J Lau Elementary School. It is a special event that we were running before the pandemic. Please spread the word and invite your families and friends to attend this special event. We will need volunteers to supervise the games and food donations. Please let us know if you can support this event. A signup sheet will be posted.

The trip to the Monterey Bay Aquarium will not be happening this year due to the bus arrangement and the consideration of the distance for our children. We will see if we can make it next year, as most of our children are older.

Reminders:

- There has been a rise in COVID, flu, and cold cases. Please keep your child home until he/she is better. A mask may be required to be worn if one is still coughing. When returning to school, a negative COVID antigen test is required. Please show us the proof of conducting the test and the result.
- If your child is not feeling well (with any cold symptoms), please do not bring him/her back to school. Have your child stay at home until he/she is all better. If your child is home due to fever or diarrhea, please ensure he/she is fever and/or diarrhea-free for 24 hours without medication before returning to school.
- Please inform the school by 9:30 a.m. if your child will be late or absent. No child will be admitted to school once the children are out at the park. No child



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will be onsite without the teacher's supervision or can be dropped off at or picked up from the park.

- Please follow us and like our [Facebook](#) page and [Instagram](#).

The Important Dates:

- 4/11/2025 (Friday) Staff Development, No School.
- 4/22/2025 (Tuesday) Positive Parenting, 4-5 pm
- 4/24/2025 (Thursday) Field Trip to the Randall Museum. Come to school by 9:00 am.
- 5/31/2025 (Saturday), Carnival at Gordon J. Lau Elementary School

Sincerely,

Diana

Executive Director



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2025年4月學校通訊



消防演習



銷售肌肉操作技能和顏色分類



學齡前兒童班繼續進行花園項目



親愛的家長，

四月快樂！學生們繼續他們的花園計畫項目。4月他們會專注於種植並轉向他們可以在花園中找到的生物。這將引導他們了解蝴蝶的生命週期。我們計劃在4月24日(星期四)前往蘭德爾博物館進行戶外教學，以了解各種昆蟲。

第二次BMI測量於3月27日進行了，結果顯示我們的孩子需要多吃蔬菜。真日光會持續鼓勵我們的孩子在午餐時間嘗試更多的蔬菜。請讓您的孩子在晚餐時也多吃蔬菜。

接下來的兩個月對學校來說是個繁忙的期間。四月份，真日光將進行大量的調查和評估。我們需要您的支援來幫助我們進行評估。您應該已經收到了2024-2025年家長調查表。請您盡快回覆此調查。此調查可在4分鐘之內即可完成。您的回覆將幫助我們做評估我們的計劃。如果您的孩子將於明年秋季離開真日光，也請告知我們您的孩子將於明年秋季就讀的學校是哪裡。

家長與教師會議將於5月19日那一週舉行。您的老師將會審查DRDP調查結果，以便讓您了解孩子的進步情況。我們所有的發現將有助於協助真日光完成和總結2024-2025年的學校專案評估。

4月11日(星期五)是教師專業受訓日。這一天，我們的老師將接受培訓，以提高他們的專業、督導、互動、教學等技能。11日學校不上課。請在日曆上做記號。

有關“積極育兒的家長研討會”將於4月22日(星期二)下午4點舉行。歡迎家長踴躍來參加我們這次的特別研討會。您將學習如何正面教導孩子及積極鼓勵他們。請在下週公告的報名單上登記。

5月31日(星期六)我們將在Gordon J Lau小學舉辦全校嘉年華活動。這是我們在疫情爆發之前都有舉辦的特別活動。請對外宣傳此消息並邀請您的家人和朋友帶孩子來參加此特別活動。我們需要志工來監督遊戲和食物捐贈。如果您能支援此活動，請告知我們。我們將發布一份登記表。

由於巴士安排以及考慮到孩子可承受的距離，今年我們將不會前往蒙特利灣水族館。我們會看明年是否能安排此旅行，因為明年我們大多數孩子都會大了一些。

溫馨的提醒：

- 如果您的孩子有新冠肺炎、流感和感冒病狀。請讓您的孩子待在家裡，直到他/她康復為止。如果仍在咳嗽，則可能需要戴口罩。返校時需進行**COVID** 抗原檢測，結果為陰性。請向我們出示進行測試的證明和結果。
- 請在早上**9:30**之前通知學校您的孩子將會遲到或缺席。一旦孩子們出去了公園，就不會再讓孩子們入學。沒有老師的監督，孩子不行單獨待在教室裡，家長也不行自行到公園把孩子放下或從公園接孩子走。
- 如果您的孩子生病了(有任何感冒症狀)，請不要帶您的孩子返回學校。讓您的孩子待在家裡，直到他/她好起來。如果您的孩子是因為發燒或瀉肚子而回家，那您的孩子要再沒吃藥後的24小時內沒發燒或瀉肚子後方可返回學校。返回學校之前，需要獲得陰性的新冠病毒檢測結果。請隨時告知我們測試結果
- 請關注並喜歡我們的[Facebook頁面](#)和[Instagram](#)

重要的日子：

- 2025年4月11日(星期五)教師培訓，不上課。
- 2025年4月22日(星期二)積極育兒，下午4-5點
- 2025年4月24日(星期四)戶外教學-蘭德爾博物館。上午9點前到校。
- 2025年5月31日(星期六)，嘉年華會-劉氏小學校長，

Diana 謹上