

Brain Injury Association of New Hampshire

BRAIN MATTERS 2026

Tuesday, June 9, 2026 - 3:00-5:00pm EST

Virtual Training: *Stroke and Brain Injury 101 - An Introductory Presentation on the Early Characteristics of a Stroke or Brain Injury*

Presenter: Gina England, MA, CCC-SLP

Cost: Free to all

Register: <https://p2p.onecause.com/bm2025/event/06vtsbi101>

The Brain Injury Association of New Hampshire has created this webinar to help individuals navigate their way through the early days of a Stroke and/or a Brain Injury. This webinar is designed for patients, families, and caregivers.

The content of this two-hour webinar covers a basic introduction to the functions of the brain as it relates to the location of an individual's stroke or brain injury and the subsequent changes in abilities/ behaviors that can be anticipated. Additional content that will be addressed includes the following: • General behavior management guide lines • The most commonly observed cognitive deficits • Changes in communication skills • The primary rehabilitation goals in the acute (early) stages of recovery • Resources for family/caregiver support • Handouts that can be printed and reviewed for permanent access to essential information.

Tuesday, July 14, 2026 - 11:00 AM-1:00 PM EST

Virtual Training: *Post Concussion Syndrome: Facts, Families and a Framework for Recovery*

Presenter: Gina England, MA, CCC-SLP, Speech Pathologist

Cost: \$25.00 or FREE to all Survivors and Family Members

Please note that refunds will only be issued for cancellations that are received 48 hours prior to the training.

Register: <https://p2p.onecause.com/bm2025/event/07vtpcs>

This webinar is designed to provide a thorough overview about the realities of Post Concussion Syndrome - how it is clinically defined and its impact on both the client and their families/caregivers. Topics will include the most common emotional, cognitive, linguistic and physical symptoms in addition to identifying the various professionals who comprise the Post Concussion Recovery Team. Attention will also be given to family/caregiver education and the resources available to them. Lastly, the content of this webinar does not only apply to sports related concussions. The information to be shared has relevance for concussions sustained at any stage of life and in any situation.

Thursday, August 6, 2026 - 8:30-10:30 AM EST

Virtual Training: *Stroke and Brain Injury 101 - An Introductory Presentation on the Early Characteristics of a Stroke or Brain Injury*

Presenter: Gina England, MA, CCC-SLP, Speech Pathologist

Cost: \$25.00 or FREE to all Survivors and Family Members

Please note that refunds will only be issued for cancellations that are received 48 hours prior to the training.

Register: <https://p2p.onecause.com/bm2025/event/08vtsbi101>

The Brain Injury Association of New Hampshire has created this webinar to help individuals navigate their way through the early days of a Stroke and/or a Brain Injury. This webinar is designed for patients, families, and caregivers. The content of this two-hour webinar covers a basic introduction to the functions of the brain as it relates to the location of an individual's stroke or brain injury and the subsequent changes in abilities/ behaviors that can be anticipated. Additional content that will be addressed includes the following: • General behavior management guide lines • The most commonly observed cognitive deficits • Changes in communication skills • The primary rehabilitation goals in the acute (early) stages of recovery • Resources for family/caregiver support • Handouts that can be printed and reviewed for permanent access to essential information.

Tuesday, September 15, 2026 - 12:00-1:00 PM EST

Virtual Training: *Alternative Strategies to Medication for the Management of Anxiety and Overall Well Being*

Presenter: John Crampton, PhD., Neuropsychologist

Cost: \$25.00 or FREE to all Survivors and Family Members

Please note that refunds will only be issued for cancellations that are received 48 hours prior to the training.

Register: <https://p2p.onecause.com/bm2025/event/09vtasm>

Dr. Crampton will provide an essential overview about Poly Vagal Theory, a non-medication alternative to managing stress after a TBI or Stroke. Examples of this approach to stress management include breathing exercises, visualization, and connecting with nature to name but a few. The science behind Poly Vagal Theory will also be discussed as it relates to the activation of the brain's parasympathetic nervous system.