

2025



**BRAIN INJURY
ASSOCIATION**
OF NEW HAMPSHIRE



Women's vs. Men's Concussions

- Greater # of concussions
- Quick strength & decrease in progesterone
- Greater # of symptoms
- For a longer time
- Have a harder time accessing care



41st Annual Brain Injury & Stroke **CONFERENCE**

Wednesday, May 14, 2025

Grappone Conference Center
Concord, New Hampshire

Keynote Speaker
Ali Rheume

To Register: <https://p2p.onecause.com/41bis>



The Blank Paper



Ali Rheaume is an encouraging light in the journey of navigating life after brain injury. She has a Bachelor's degree in Movement Science and a Master's Degree in Health, Physical Education, and Recreation. Ali is the founder and facilitator of a virtual support group called Life After Concussion, in addition to an in-person social hour for individuals navigating disability called Rise Up. She also serves on the Brain Injury Council of Massachusetts, is a member of the Franklin Disability Commission, and is the owner of her own art business called Embracing Unique. She uses social media to help multiply hope, provide new perspectives, and apply her gift of teaching to educate and advocate.

Ali is passionate about people and bringing the community together as a collaborative effort to increase support and awareness for brain injury, disability, and inclusion.

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A T T O R N E Y S

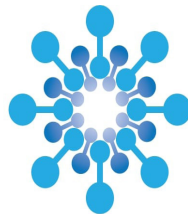


Rehabilitation Hospital of Concord



Krempeles
Brain Injury Center

Celebrating 25 years



Rehab Without Walls®

Neuro Rehabilitation

HIGHLIGHTS - SPECIAL SESSIONS

Substance Use and Brain Injury

Presented by Carolyn Lemsky PhD, CPsych, ABPP-CN



Dr. Carolyn Lemsky is a board certified neuropsychologist with over 25 years of experience working in rehabilitation settings in the U.S. and Canada. She is the Clinical Director at Community Head Injury Resource Services (CHIRS) of Toronto—a Ministry of Health and Long-Term Care funded agency designed to promote community re-integration of persons living with the effects of acquired brain injury. She is also an adjunct professor in the Department of Psychiatry at the University of Toronto. Dr. Lemsky is the director of the Substance Use and Brain Injury Bridging Project, (SUBI) a research and knowledge transfer initiative funded by the Ontario Neurotrauma Foundation. Along with her partners at the Center for Addictions and Mental Health (CAMH) she has developed workshops and webinars for addictions and ABI providers across Canada. Products of the SUBI project include the Brain Injury Tool Kit, and the SUBI client workbook, second edition.

How to Support Integrated Care for People Living with Substance Use and Brain Injury: You Know More Than You Think ~

The landscape of substance use is changing and along with it the need for integrated care. From the increased incidence of anoxic injury due to opioid poisoning to the expansion of legalized cannabis, the impact of substance use on people living with brain injury seems to be growing faster than our capacity to accommodate their specialized needs. The Substance Use and Brain Injury (SUBI) model was developed in recognition of the fact that the development of highly specialized programming is possible, but impractical in most jurisdictions. Suggesting that people need specialized programming would likely leave some populations under or unserved. More importantly, providers who work with people who are living with brain injury already possess many of the skills and knowhow to support integrated care. The SUBI program is designed to address stigma and enhance system capacity. The presentation will provide an overview of the SUBI materials which are freely available to service providers for the purpose of knowledge transfer and system building. The presentation will include examples of how consultation and support aided the development of SUBI programming in community brain injury settings.

Substance Use and Brain Injury: Strategies for Community Intervention

This workshop will expand on the concepts presented in the above plenary session. We will explore specific adaptations to addictions interventions, including motivational interviewing and behaviorally based community programming.

CONTINUING EDUCATION UNITS

Application has been made for the following CEU's and Continuing Education Credits:
ASHA, CCM, NASW, CDMSC, CCMC, CRCC



ASHA CE
APPROVED PROVIDER

New Hampshire Speech,
Language & Hearing Association
Intermediate Level: Professional Area
.5 ASHA CEUs

Circle One:

RN SLP PT OT SW CDMSC CCMC CRCC Psych CBIS Other _____

The New Hampshire Speech-Language-Hearing Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This program is offered for up to 0.5 ASHA CEUs (Intermediate level; Professional area). ASHA CEUs are available for the Keynote session and sessions I-A, II-A, III-A, and IV-A.

Psychologists: Will receive a Certificate of Attendance for 5 contact hours.

Social Workers: 5 CEUs pending approval from NASW NH

Nurses: Will receive a Certificate of Attendance for 5 contact hours.

All other healthcare and social service professionals: This program will provide 5 contact hours.

Certificates of attendance will be provided after the conference and upon receipt of your evaluation.

Conference Objectives: Participants will be able to identify advances in prevention, diagnostic assessment and rehabilitation, coping strategies, holistic approaches, recreation and leisure, and community support. They will also be able to identify ways to support collaboration and hope among participants, while developing a clearer vision of how we can better meet the needs of survivors and families in the community.

LOCATION: Courtyard by Marriott & Grappone Conference Center--70 Constitution Avenue-- Concord, New Hampshire (603) 225-0303.

DIRECTIONS & RESERVATION INFORMATION

From I-93 North or South: Take Exit 15 West. Turn right at the first stoplight onto Commercial Street and follow Commercial Street 1/4 mile to Constitution Avenue.

From 393 East - Follow 393 towards Concord, Turn right onto Commercial Street and follow around to Grappone Conference Center.

A block of rooms has been reserved for \$139.00 (Single and Double Rate). You must reserve before Tuesday, April 29, 2025, to guarantee rate.

For Hotel reservations call 1-800-321-2211 and specify BIANH Brain Injury & Stroke Conference. If you have any questions about this conference, please call BIANH at (603) 225-8400.



SURVIVOR ART EXHIBIT

**TO BE DISPLAYED AT THE ANNUAL BRAIN INJURY
AND STROKE CONFERENCE
WEDNESDAY, MAY 14, 2025
GRAPPONE CONFERENCE CENTER, CONCORD, NH**

The Brain Injury Association of New Hampshire is encouraging any individual living with a brain injury to display **up to two pieces** of their artwork at the annual conference in May 2025. Please review the criteria.

Parameters for this year's submissions include:

- Each piece must be matted and/or framed.
- Each piece should be no larger than 12" x 14".
- The back of each piece of artwork should be labeled with the artist's name, address, and phone number.
- Include a title for each piece, the name of the artist, and a short biography about the artist and/or their work.
- Exhibiting in this event is open only to brain injury survivors who are New Hampshire residents.
- Please provide a signed statement giving your permission to BIANH to display the art at the 41st Annual Brain Injury & Conference, held at the Grappone Center, Concord, NH

• Art media accepted includes:

- | | |
|--------------------|-------------|
| --Photography | --Paintings |
| --Etchings | --Jewelry |
| --Drawings | --Pottery |
| --Quilt/Fabric Art | |

Please deliver all pieces to the BIANH office at:
BIANH
52 Pleasant Street
Concord, NH 03301

Arrangements will be made to return artwork as soon as possible after the conference. BIANH is not responsible for loss or damage.

Please note: Entire display is limited to 30 pieces. BIANH Conference Committee reserves the right to select the 30 items of art for display.

For further information or questions please contact:
Nicki Beauregard - NBeauregard@elliott-hs.org
OR Nina Hopkins - snhopkins@comcast.net



**DEADLINE TO SUBMIT
ARTWORK is
Thursday, April 17, 2025**

for more info - www.bianh.org



Conference

Level of Knowledge for Attendees: BEG - Beginner INT - Intermediate ADV - Advanced
 Topic is geared towards: PRO-Professional SUR-Survivor/Family ALL- Everyone
 Sessions approved by ASHA are highlighted in yellow

8:15	Welcome		
8:30-9:30	Keynote - Ali Rheame, MS, Survivor - <i>The Blank Paper</i>		
	<i>Track A - SLP</i>	<i>Track B</i>	
Session I 9:40-10:40	<i>Supporting Young Adults with Acquired Brain Injury (ABI) in the Transition to Higher Education: Strategies for Success</i> Jacquelyn Moynihan, MS, CCC-SLP Meredith Maceachern, MS, CCC-SLP BEG/ALL	<i>A Home and Community Approach to mTBI/ Concussion Management</i> Lindsay Pieper, PT, DPT Rebecca Baker, MS, CCC-SLP Brianna Lambert, PT, DPT BEG/ALL	<i>Balancing Recor</i> Mich
10:40-10:55 ----- Break-----Please visit Exhibitors -----			
Session II 11:00-12:20	<i>Language & Cognitive Screening in the Acute Care</i> Danielle Vilmain, MA, CCC-SLP, CBIS Abigail Gouthro, MS, CCC-SLP BEG/ALL	<i>The Use of Music in Neuro-recovery: Neurologic Music Therapy Principles & Application for ABI</i> Caitlin Hebb, MT, BC, NMT BEG/ALL	<i>Brain Injury Adults: A S</i> Angela Michelle Do
12:25 - 1:30 ----- Lunch---- Please visit Exhibitors-----			
Session III 1:35-2:35	<i>Dynamic Assessment and Treatment of Pediatric TBI in Acute Care</i> Sallyann Majoya, MS, CCC-SLP BEG/PRO	<i>Sleep and Stroke</i> Glen Greenough, MD, FAASM ADV/PRO	<i>How to Sup Living with S You Kn</i> PhD
2:35-2:55 -----Break-----Please visit Exhibitors -----			
Session IV 3:00-4:00	<i>The Brain's Hidden Healing Power: Learning Without Knowing in Recovery</i> Amy Ramage, PhD, CCC-SLP Collean Combs, MS, CCC-SLP ADV/ALL	<i>Easily Missed but Not Forgotten Stroke Syndromes: A Charades-Based Presentation</i> Timothy Lukovits, MD BEG/ADV/ALL	<i>Substance U for C</i> PhD

at a Glance

DISCLAIMER

The session presentations offered are intended to provide the latest information about services, therapies, and/or treatments available for brain injury and stroke survivors. It is for informational purposes only and should not be construed as an endorsement on the part of the Brain Injury Association of New Hampshire.

<i>Track C</i>	<i>Track D</i>	<i>Track E</i>
<p><i>g Act: Mastering Vestibular covery Post Brain Injury</i></p> <p>mael Cyr, PT, DPT, NCS</p> <p>BEG/ADV/ALL</p>	<p><i>Navigating the Path: Understanding New Hampshire's Brain Injury Case System</i></p> <p>Lesley Blecharczyk</p> <p>BEG/SUR/FAM</p>	<p><i>Trauma and the Long-Term Impact for Individuals with Brain Injury Part 1</i></p> <p>Beverly Richardson, MEd, CSC Ben Martin, MSW, CSC</p> <p>ADV/ALL</p>
<i>-----Break-----Please visit Exhibitors -----</i>		
<p><i>y Visual Assessment Battery for tandardized OT Assessment for Visual Processing</i></p> <p>Butler, OTD, MS, OTR/L wling, OTD, OTR/L, CHT, CLVT</p> <p>BEG/ADV/PRO</p>	<p><i>"Curtains Up!"; Use of Improv for Brain Injury Survivors</i></p> <p>Kelly Redwine-Depierre, MS, OT, OTR,CBIS Craig Werth, Artist In Residence</p> <p>BEG/ALL</p>	<p><i>Trauma and the Long-term Impact for Individuals with Brain Injury Part 2</i></p> <p>Beverly Richardson, MEd, CSC Ben Martin, MSW, CSC</p> <p>ADV/ALL</p>
<i>----- Lunch----- Please visit Exhibitors-----</i>		
<p><i>upport Integrated Care for People Substance Use and Brain Injury: ow More Than You Think</i></p> <p>Carolyn Lemsky, D, C.Psych, ABPP-CN</p> <p>BEG/ALL</p>	<p><i>Survivor Panel Sierra Longmoore Jennifer Williams Jim Scott Moderators: Nicola Beauregard, PT, DPT, MSHA Nina Hopkins, OTR/L, NDT</i></p> <p>BEG/ALL</p>	<p><i>Adaptive Sports: A Rehabilitation Tool at New Heights</i></p> <p>Jessica Harney, DPT, PT, OT</p> <p>BEG/ALL</p>
<i>-----Break-----Please visit Exhibitors -----</i>		
<p><i>Use and Brain Injury: Strategies Community Intervention</i></p> <p>Carolyn Lemsky, D, C.Psych, ABPP-CN</p> <p>BEG/PRO</p>	<p><i>Resource Panel/The Clubhouse Model and Employment</i></p> <p>Patten Lohmann Kelly Parsons</p> <p>BEG/ALL</p>	<p><i>Nutrition Therapy Recommendations in Prevention and Recovery of Brain Injury and Stroke</i></p> <p>Wendy Jeffco, MS, RDN, LD</p> <p>BEG/ALL</p>

Time Schedule & Session Descriptions

7:45 - 1:00 Registration

7:45 - 3:00 Exhibitors

8:15 Welcome

8:30 - 9:30 Keynote: Alison Rheame, MS, Survivor ~ *The Blank Paper*

Disclosure: Ms. Ali Rheame will be receiving a speaker's stipend today. She has no further relevant financial or non-financial disclosure to make.

9:40 – 10:40 SESSION I

A. Supporting Young Adults with Acquired Brain Injury (ABI) in the Transition to Higher Education: Strategies for Success ~ Jacquelyn Moynihan, MS, CCC-SLP & Meredith Maceachern, MS, CCC-SLP, Boston University Center for Brain Recovery ~ Transitioning to higher education can be a challenge for young adults, particularly those with a history of acquired brain injury (ABI). This workshop will provide survivors, families, clinicians, and support professionals with a comprehensive understanding of the cognitive, social, and emotional challenges faced by ABI survivors in the higher education setting. Participants will gain insights into how ABI affects learning and social integration, and will learn practical considerations to support students in navigating higher education successfully. By the end of this workshop, participants will be equipped with a toolkit of strategies to support young adults with ABI as they pursue academic goals, foster independence, and develop the skills needed for success in higher education. Whether you're a survivor, family member, clinician, or support staff, this session will enhance your ability to provide meaningful assistance to support study skills and further promote a more successful transition for students with ABI. Disclosure: Ms. Moynihan and Ms. Maceachern are not being paid for this presentation. Ms. Moynihan has a relevant financial and non-financial disclosure to make and Ms. Maceachern has a relevant financial disclosure to make.

B. A Home and Community Approach to mTBI/Concussion Management ~ Lindsay Pieper, PT, DPT, Rebecca Baker, MS, CCC-SLP, and Brianna Lambert, PT, DPT, Rehab Without Walls ~ A Mild TBI, also referred to as a concussion, requires a specialized approach for assessment and intervention. A comprehensive, interdisciplinary, person-centered approach is necessary to address all domains, as the residual symptoms can significantly impact their daily function. Many individuals who have suffered a mTBI often are overcome with post-concussive syndrome that can remain for days, weeks, months, or even years that has the potential for long-term cognitive, physical, and emotional impairments. Early diagnosis and intervention is paramount in order to maximize optimal functional return and minimize long term complications.

C. Balancing Act: Mastering Vestibular Recovery Post Brain Injury ~ Michael Cyr, PT, DPT, NCS, Maine Strong Balance Centers ~ This session aims to inform survivors of brain injury, their care partners, and healthcare professionals about the impact of brain injury on the vestibular system. Participants will gain an appreciation for the typical anatomy and function of the inner ear, as well as what may become impaired secondary to brain injury. Finally, participants will learn how vestibular therapy can support survivors of brain injury and help address symptoms related to central or peripheral vestibular dysfunction. This talk is produced by vestibular physical therapists from the Maine Strong Balance Centers.

D. Navigating the Path: Understanding NH's Brain Injury Case System ~ Lesley Blecharczyk, University of NH Institute on Disability ~ This session empowers individuals with acquired brain injury and their families by providing essential insights and tools to navigate New Hampshire's Home and Community Based Services Waiver service system. Participants will learn about the process, roles, and resources available, equipping them to advocate for their needs and access necessary services effectively.

E. Trauma and the Long-Term Impact for Individuals with Brain Injury (Part 1) ~ Beverly Richardson, MEd, CSC and Ben Martin, MSW, CSC, Community Bridges, NH START ~ This presentation will review traumatic brain injury (TBI), trauma, managing day-to-day life with TBI, as well as interventions for mental health challenges post TBI.

10:40 - 10:55 MORNING BREAK – Visit Exhibitors

11:00 – 12:20 SESSION II

A. Language & Cognitive Screening in the Acute Care ~ Danielle Vilmain, MS, CCC-SLP, CBIS and Abigail R. Gouthro, MS, CCC-SLP, Dartmouth Hitchcock Medical Center ~ Many existing language and cognitive assessments are not appropriate for use in the acute care due to their lengthy administration time and standardized procedures (ex. WAB-Bedside, BNT, CLQT+), especially when patients are rapidly progressing during the spontaneous recovery period following brain injury/stroke. Establishing a quick, easy, and effective means of serial assessment can be essential in guiding further assessment/intervention and assisting patients in func-

tional communication with caregivers in their current environment. The Language Screening Test (LAST) was developed to help detect when a language impairment is present and warrants more comprehensive evaluation. The Orientation Log (O-Log) is a brief assessment of cognition, more specifically orientation, that reflects progression during rehabilitation. This presentation will cover how these screenings have been adopted for use in the acute care based on research and single case studies. Disclosure: Ms. Vilmain & Ms. Gouthro are not being compensated for this presentation and have no relevant financial or non-financial disclosures to make.

B. The Use of Music in Neuro-recovery: Neurologic Music Therapy Principles & Application for ABI ~ Caitlin Hebb, MT, BC, NMT, MedRhythms, Inc. ~ Neurologic Music Therapy (NMT)® is the therapeutic application of music to cognitive, sensory, and motor dysfunctions due to neurologic disease of the human nervous system. NMT has developed standardized interventions and clinical techniques for the use of music to address non-musical goals such as mobility, speech, language, and areas of cognition. These techniques rely on the music perception and production for inducing neuroplastic changes in the brain. NMT has shown to be effective with a variety of populations including stroke, traumatic brain injury, Parkinson's Disease, Multiple Sclerosis, and more. This presentation will include a brief overview of the neuroscience of music as well as demonstrate several NMT treatment techniques for a variety of populations.

C. Brain Injury Visual Assessment Battery for Adults: A Standardized OT Assessment for Visual Processing ~ Angela Butler, OTD, MS, OTR/L and Michelle Dowling, OTD, OTR/L, CHT, CLVT, Massachusetts College of Pharmacy and Health Sciences ~ The Brain Injury Visual Assessment Battery for Adults (biVABA) is a comprehensive assessment that evaluates critical visual functions such as near and distance acuity, contrast sensitivity function, visual fields, oculomotor function and visual attention and scanning. This presentation will offer hands-on training for assessment administration and discussion of clinical case examples with certified low vision providers. Participants will learn how to interpret assessment results to guide treatment goals and intervention planning. This session is geared toward occupational therapy practitioners working with clients experiencing visual impairment.

D. "Curtains Up!"; Use of Improv for Brain Injury Survivors ~ Kelly Redwine-Depierre, MS, OT, OTR, CBIS and Craig Werth, Krempels Brain Injury Center ~ Life is improv but what is improv? Improv as an art form in which performers improvise scenes spontaneously, without any time for planning or revision (Landert, 2021). Themes emerge within improv skill development that correlate with communication goals of brain injury survivors. Imitative, understanding others-the rules of the game; Reactive, understanding relationships and recalling past experiences to build upon; Generative, cognitive creation of responses and resources (Mannucci et al, 2021). Improv provides an opportunity for people to work individually or in structured groups, this presentation identifies the positive outcomes of both methods.

E. (cont'd from 1E) Trauma and the Long-Term Impact for Individuals with Brain Injury (Part 2) ~ Beverly Richardson, MEd, CSC & Ben Martin, MSW, CSC, Community Bridges, NH START ~ This presentation will review traumatic brain injury (TBI), trauma, managing day to day life with TBI, as well as interventions for mental health challenges post TBI.

12:25 – 1:30 LUNCH

1:35 – 2:35 SESSION III

A. Dynamic Assessment and Treatment of Pediatric TBI in Acute Care ~ Sallyann Majoya, MS, CCC-SLP, Dartmouth Hitchcock Medical Center ~ Speech therapists who work with the pediatric population, especially TBI patients, address special cognitive, communicative, and dysphagia-related aspects in the early stages of recovery. While the goal of treatment may be to help pt gain optimal functionality, multiple factors are present that need to be considered. In addition to educating caregivers and the patient as well as working with the interdisciplinary and rehab team, stages of recovery may also dictate the patient's recovery outcomes and treatment modalities. This session will discuss the features above as well as evidence-based practices that are critical for addressing the needs of the acute care population. Disclosure: Ms. Majoya is not being compensated for this presentation. She has a relevant non-financial disclosure to make.

B. Sleep and Stroke ~ Glen P. Greenough, MD, FAASM, Geisel School of Medicine at Dartmouth, Dartmouth Hitchcock Medical Center ~ This seminar will cover the complex inter-relationship between sleep, sleep disorders, and stroke.

C. How to Support Integrated Care for People Living with Substance Use and Brain Injury: You Know More Than You Think ~ Carolyn Lemsky, PhD, C.Psych, ABPP-CN, Community Head Injury Resource Services of Toronto, University of Toronto ~ The landscape of substance use is changing and along with it the need for integrated care. From the increased incidence of anoxic injury due to opioid poisoning to the expansion of legalized cannabis, the impact of substance use on people living with brain injury seems to be growing faster than our capacity to accommodate their specialized needs. The Substance Use and Brain Injury (SUBI) model was developed in recognition of the fact that the development of highly specialized programming is

possible, but impractical in most jurisdictions. Suggesting that people need specialized programming would likely leave some populations under or unserved. More importantly, providers who work with people who are living with brain injury already possess many of the skills and knowhow to support integrated care. The SUBI program is designed to address stigma and enhance system capacity. The presentation will provide an overview of the SUBI materials which are freely available to service providers for the purpose of knowledge transfer and system building. The presentation will include examples of how consultation and support aided the development of SUBI programming in community brain injury settings.

D. Survivor Panel ~ Sierra Longmoore, Jennifer Williams, and Jim Scott ~ Moderators: Nicola Beauregard, PT, DPT, MSH, and Nina Hopkins, OTR/L, NDT ~ Survivors will share their experiences with the difficulties and joys found in recovery.

E. Adaptive Sports: A Rehabilitation Tool at New Heights ~ Jessica Harney, DPT, PT, OT, New England Disabled Sports, Tufts University Department of Occupational Therapy ~ Participants will enhance their knowledge of adaptive sports primarily through skiing and exploration of summer sports. Understand how one nonprofit organization is successfully promoting community based rehabilitation to positively impact activity participation and quality of life.

2:35 – 2:55 AFTERNOON BREAK – Visit Exhibitors

3:00 – 4:00 SESSION IV

A. The Brain's Hidden Healing Power: Learning Without Knowing in Recovery ~ Amy Ramage, PhD, CCC-SLP & Collean Combs, MS, CCC-SLP, Doctoral Candidate, University of New Hampshire ~ Effective rehabilitation following acquired brain injury (ABI) relies on the brain's capacity to learn and adapt. However, our understanding of how implicit learning (unconscious learning) after ABI affects recovery outcomes remains limited. Join us as we explore a new treatment utilizing modified, pre-existing evidence-based interventions with the addition of principles of implicit learning. The approach emphasizes the use of variable grammatical structure and neural network patterns, relying on the implicit learning abilities of two participants with ABI and moderately severe aphasia. The primary goal of this investigation was to explore the potential predictive relationship between implicit learning capacity and rehabilitation outcomes, ultimately aiming to transform our approach to rehabilitation and develop more effective strategies for individuals with ABI. What were our findings? Did we meet our objectives? What limitations did we encounter? How does this research inform future studies? Disclosure: Ms. Ramage & Ms. Combs are not being compensated for this presentation. Ms. Ramage has no relevant financial or non-financial disclosures to make. Ms. Combs has a relevant non-financial disclosure to make.

B. Easily Missed but Not Forgotten Stroke Syndromes: A Charades-Based Presentation ~ Timothy G. Lukovits, MD, Dartmouth Hitchcock Medical Center ~ Participants will recognize and appreciate the importance of some less-recognized stroke presentations.

C. Substance Use and Brain Injury: Strategies for Community Intervention ~ Carolyn Lemsky, PhD, C.Psych, ABPP-CN, Community Head Injury Resource Services of Toronto, University of Toronto ~ This workshop will expand on the concepts presented in the previous plenary session (Session III C). We will explore specific adaptations to addiction interventions, including motivational interviewing and behaviorally based community programming.

D. Resource Panel/The Clubhouse Model and Employment ~ Patten Lohmann and Kelly Parsons, Seacoast Pathways Clubhouse ~ Since the development of the Clubhouse Model of Psychosocial Rehabilitation in the 1930s, countless individuals with mental health challenges have successfully worked on their recovery by working side by side with staff and other members to accomplish meaningful work and develop relationships while ending isolation, the very foundation of the Clubhouse model. In 1985, the International Brain Injury Clubhouse Alliance, based on the original Clubhouse model, was created to serve individuals with acquired brain injuries. Seacoast and Manchester Pathways are the only two out of 363 Clubhouses worldwide to serve individuals with both mental health and brain injury challenges. Employment is one of the most important functions of the Clubhouse. Individuals engage in independent, supported or transitional employment, receiving assistance at the Clubhouse from staff and other members as well as services through New Hampshire Vocational Rehabilitation.

E. Nutrition Therapy Recommendations in Prevention and Recovery of Brain Injury and Stroke ~ Wendy Jeffco, MS, RDN, LD, Northeast Rehabilitation Hospital Network ~ We will discuss the latest diet recommendations and nutritional strategies to improve resilience, support treatment, and aid in prevention of future brain injuries. We will also practice using this information in real life scenarios such as grocery shopping, meal planning, and preparation.

CONFERENCE REGISTRATION FORM

Wednesday, May 14, 2025

ONLINE REGISTRATION PREFERRED - GO TO: <https://p2p.onecause.com/41bis>

If unable to register online, use conference registration form below.

Name: _____

Address: _____

City, State, ZIP _____

E-Mail _____ Phone _____ FAX _____

Organization _____ Address _____

Position _____ Phone _____ FAX _____

BRAIN INJURY SURVIVOR \$70.00

FAMILY MEMBER \$120.00

ALL OTHER (Professionals) \$165.00

There are a limited number of survivor scholarships available, please email lori@bianh.org for more information.

If you cannot attend and someone is coming in your place, we need to be notified of the substitution no less than 48 hours prior to conference.

Please check back one week prior to the conference for any session handouts that may be posted at:

<https://bianh.org/conference-handouts>

Please Check:

____ Check Check # _____ Employer _____

All cancellations will incur a \$25.00 processing fee. We cannot refund cancellations made after Friday, April 18, 2025

Please return this form and your check to: Brain Injury Association of New Hampshire

52 Pleasant Street
Concord, NH 03301

Diet Preferences/Restrictions: ____ **Vegetarian** ____ **Gluten Free** ____ **Other:** _____
(you must ask server for your meal) (please specify)

WORKSHOP CHOICES

Wednesday, May 14, 2025

First Choice Second Choice

Session I Track _____ Track _____

Session II Track _____ Track _____

Session III Track _____ Track _____

Session IV Track _____ Track _____

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2025



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Conference**