

Welcome!

2021 *Virtual* Brain Injury & Stroke Conference

Wednesday, May 12

Thursday, May 13

Wednesday, May 12



**Keynote Speaker -
John D. Corrigan, Ph.D.
*What Substance Use Dis-
order Professionals Should
Know About Traumatic
Brain Injury***

Thursday, May 13



**Keynote Speaker -
Abby Maslin
*The New Normal:
Gratitude, Growth, and
Transformation after
Brain Injury***



Brain injury rehabilitation— Life-changing results

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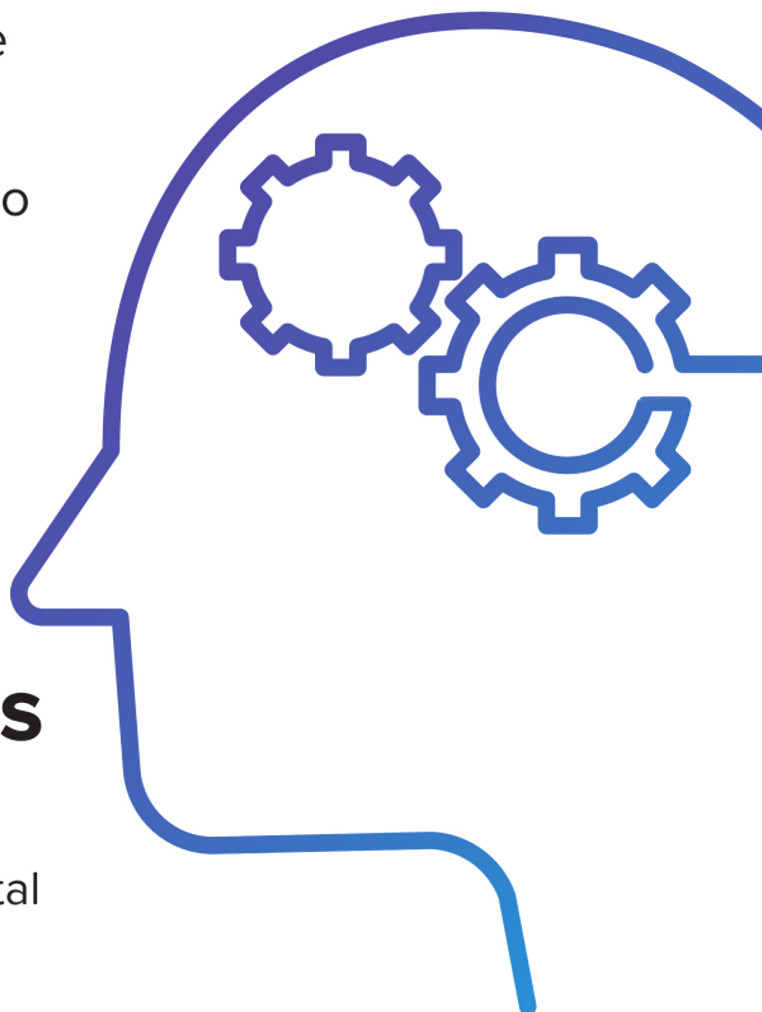


**Encompass
Health**

Rehabilitation Hospital
of **Concord**

254 Pleasant Street Concord, NH 03301

encompasshealth.com/concordrehab





Dear Conference Attendees:

It's my honor to welcome you to the BIANH 38th Annual Brain Injury and Stroke Conference. Although we in New Hampshire can be proud of our strong advocacy and support systems, over the past two years, BIANH has been challenged to widen our focus in order to assist people with brain injuries arising from the opioid crisis and now the Covid-19 pandemic. We have committed ourselves to doing this new work alongside our core mission to help our clients adapt to the life changes that follow brain injuries involving accidents, violence and stroke.

This year's Keynote Speakers include Dr. John Corrigan, Ohio State University professor and widely recognized leader in the field of brain-injury with extensive credentials in the relationship between substance abuse and TBI, and Author, Educator and Caregiver Abby Maslin. Between them, they will address both aspects of our evolving BIANH mission. On Day 1 of the conference, Dr. Corrigan will discuss the skills and knowledge that substance abuse treatment providers need in order to enable successful outcomes for people with co-occurring brain injury. Workshop offerings on Day 1 include several presentations that expand on Dr. Corrigan's message, including a discussion of how opioids work on the brain and substance abuse after brain injury.

Day 2 is organized around post-injury recovery, treatment modalities and the sharing of personal stories – kicked off by a presentation by Abby Maslin, author of "Love You Hard: A Memoir of Marriage, Brain Injury and Reinventing Love." Her presentation focuses on her own family's journey following her husband's TBI, in which she will address the concept of "new normal," look at the role of gratitude in the recovery process, and share the ways in which Covid stress and isolation has affected recovery and caregiving in her home.

I am confident that therapists, front-line service providers, survivors and family members will all find much to engage with in the workshop schedule and keynote presentations at this year's conference. I encourage you to register and join us virtually on May 12th and 13th. I look forward to "seeing" you there.

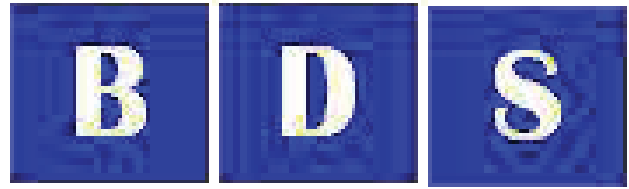
A handwritten signature in black ink, appearing to read "R. Kenney", with a long, sweeping horizontal line extending to the right.

Robin O. Kenney, Ed.D.
President, BIANH

New Hampshire Bureau of Developmental Services

105 Pleasant Street
Concord, NH 03301
(800) 852-3345

www.dhhs.nh.gov/index.htm



OUR MISSION

The developmental services system collaborates with local community based organizations to support individuals of all ages with Acquired Brain Disorders (ABD) or Developmental Disabilities (DD) and their families to experience as much freedom, choice, control, and responsibility over the services and supports they receive as desired.

The Bureau of Developmental Services (BDS) is committed to joining communities and families in providing opportunities for citizens to achieve health and independence. In partnership with individuals, families, and community based service networks, BDS affirms the vision that all citizens should participate in the life of their community while receiving the supports they need to be productive and valued community members.

To achieve this vision, BDS takes a leadership role in developing the network of supports and resources that will make community presence and participation a reality for every eligible person who chooses community based services and whose treatment professionals have determined that community supports are appropriate.

The NH developmental services system offers individuals with Acquired Brain Disorders and Developmental Disabilities a wide range of supports and services within their own communities. The BDS ABD/DD services delivery system is comprised of a main office in Concord and 10 designated non-profit area agencies that represent specific geographic regions of NH. All direct services and supports to individuals and families are provided in accordance with contractual agreements between BDS and the Area Agencies. Supports include:

- Service coordination – including advocacy, facilitation, and monitoring;
- Day and vocational services – focusing on assistance and training provided to individuals to maintain and improve their skills in personal care, vocational activities, community integration and to enhance their social and personal development;
- Personal care services – focusing on assistance and training provided to individuals to maintain and improve their skills in vocational activities and enhance their social, and personal development;
- Community support services – which are intended for individuals who have developed or are trying to develop skills to live independently within the community. Services consist of assistance and training provided to maintain and improve skills in daily living, community integration and to enhance social and personal development;
- Family Supports Services – including respite and environmental modifications, to assist families in caring for a family member at home; and
- Crisis Services, Assistive Technology Services and Specialty Services.

Brain Injury Association of New Hampshire

38th Annual *Virtual* Brain Injury & Stroke Conference

Wednesday - Thursday, May 12-13, 2021
Courtyard Marriott, Concord, NH

CONFERENCE INFORMATION

WORKSHOPS: Please plan on signing on a few minutes early as we will be starting each session on time. The workshops have been set-up as webinars so the only individuals who you will be able to see/hear are the presenter(s) and the room host. There will be a Q&A box located at the bottom of your screen. If you have a question/issue, please type it in this box. It is private and will only be seen by the room host. This will also be used for Q&A at the end of each session. The room host will read as many as time permits for the presenter to answer.

■ For the best audio experience, use computer audio. Headphones are also strongly recommended in order to get the best possible sound quality.

SIGNING IN: Once you have joined each workshop, please remember to sign your name in the Chat Box. This is very important in order for you to receive your Continuing Education Credits.

CONTINUING EDUCATION CERTIFICATES: At the end of each session a Zoom survey will appear in your browser. The survey consists of three short questions, your name, the CEU's needed, and the email you want your certificate/s sent to. You must complete the survey in order to receive your CEU's and certificates. If receiving contact hours your Certificate of Attendance will reflect the appropriate number for sessions attended with the maximum number being 10 (for both days). Certificates will be emailed after the conference.

EVALUATIONS: You should have received an email containing the conference agenda for both days. There will be two links beside each session, one for you to attend the session and the other is for the evaluation. Please be sure to complete and submit the evaluation for each session you attend as well as the overall conference evaluation. Your feedback is very important to us.

HANDOUTS: Session handouts will be posted on our website as we receive them from presenters – check back frequently for updates. Go to www.bianh.org - click on Events at the top of the page - click on BIS Conference Handouts in the drop-down menu. You can also go directly to the handouts page at: <https://bianh.org/conference-handouts#b490d083-d9bb-4e33-a39a-0d4e90a71229>.

Other important resources you will find there are:

- New BI & Stroke Resource Directory
- SUD/BI & Mental Health Interagency Task Force Handouts

EXHIBITORS: Please be sure to visit all of our exhibitors and sponsors. You will have an opportunity to do so each day between 11:40am – 12:55pm. See schedule below. As an added incentive, we will be raffling off three \$100 Visa gift cards. You must visit all of the exhibitors and sponsors at least once. Once you have joined a session please sign-in to the chat box to let us know you were there. The schedule has been set-up so that you will have an opportunity to visit all of them, each day, if you choose. The conference agenda you received also contains the links to attend each exhibitor/sponsor session.

WEDNESDAY, MAY 12, 2021

11:40 – 12:00		12:04 – 12:27		12:28 – 12:55	
Encompass	11:40 – 11:45	Care One	12:04 – 12:09	AmeriHealth	12:28 – 12:33
NH Providers	11:47 – 11:52	Robin Hill Farm	12:10 – 12:15	NCIL	12:36 – 12:41
Northeast	11:54 – 11:59	St. Joseph	12:16 – 12:21	Voc Rehab	12:44 – 12:49
		NeuroRestorative	12:22 – 12:27	BIANH	12:50 – 12:55

THURSDAY, MAY 13, 2021

11:40 – 12:00		12:04 – 12:27		12:28 – 12:55	
Encompass	11:40 – 11:45	Care One	12:04 – 12:09	AmeriHealth	12:28 – 12:33
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Conference at a Glance

Level of Knowledge for Attendees: BEG - Beginner INT - Intermediate ADV - Advanced
Topic is geared towards: PRO-Professional SUR-Survivor/Family ALL- Everyone

WEDNESDAY, MAY 12				THURSDAY, MAY 13		
8:30 Welcome				8:30 Welcome		
8:45 John Corrigan, PhD				8:45 Abby Maslin		
TRACK A	TRACK B	TRACK C		TRACK D	TRACK E	TRACK F
Stroke Track	Opioid Track	Brain Injury Track		Therapies Track	SLP Track	Survivor & Family Track
Session I 10:00-11:30 Putting Research into Practice: What the Latest Trials Mean for Stroke Rehab and Recovery Jason Johns, MPAS, PA-C ADV/ALL	Tools to Address Substance Use After Brain Injury Carolyn Lemsky, PhD, C.Psych BEG/ALL	Sleepiness in Brain Injury, What to Expect and How to Help Carolyn M. D'Ambrosio, MS, MD ADV/ALL		Acupuncture: A Useful Tool in Post-Stroke and Post-Concussive Recovery Andy Wegman, L.Ac BEG/ALL	An SLP's Role in Supporting a Student's School Re-Entry Following a Traumatic or Acquired Brain Injury Andrea L. Witt, MEd, CCC-SLP, CBIS ADV/PRO	Homeopathic Treatment of Brain Injury: Stimulating Self- Healing to Improve Outcomes Sarah Paton, ND BEG/ALL
11:45-12:45 -----EXHIBIT HOUR -----						
Session II 1:00-2:30 I Had a Stroke and I Recovered, Why am I Sad? Diana M. Rojas-Soto, MD ADV/ALL	How Opioids, Such as Heroin, Work on the Brain Daniel Seichepine, PhD BEG/PRO/ALL	Risk Factors of Traumatic Brain Injury and the Aging Brain Janelle Eloi, PsyD ADV/PRO		Creative Arts Therapies and Survivors of Brain Injury Anna Coleman, BA, MA Candidate BEG/PRO	Recognizing the Signs/Symptoms of an Undisclosed TBI in the Classroom: Unknown Barriers to Learning Gina England, MA, CCC-SLP BEG/PRO	Panel Sharing Our Stories Sophia Sheehan, Survivor Tammy Gilbert - St. John, Survivor Philip St. John, Spouse BEG/PRO/ALL
Session III 2:45-3:45 Acute Severe TBI Management in a Community Hospital: Advocating for Multi-Disciplinary Synergy across the System Lindsey Whelan, MS, RN, CCRN, ACCNS-AG BEG/ADV/ALL	Safe Station Program How Safe Stations Support the Community Fire Chief Daniel A. Goonan BEG/ADV/ALL	Cumulative Head Impact Exposure Predicts Later-Life Depression, Apathy, Executive Dysfunction, and Cognitive Impairment in Former High School and College Football Players Philip Montenigro, MD, PhD BEG/ADV/ALL		The Application of Graded Motor Imagery: Role in Stroke Recovery David Allard, MS, OTR/L BEG/ADV/PRO	The Oft Forgotten Component in Executive Function Training: Critical Thinking Skills Gina England, MA, CCC-SLP BEG/PRO	What About Us? A Guide to Understanding and Managing the Grief Family and Loved Ones Experience Michael Blau, MEd, CBIS BEG/SUR

The Brain Injury Association of New Hampshire wishes to thank the conference sponsors, exhibitors, and donors for their continued support.

LEAD SPONSOR

Abramson, Brown & Dugan, Attorneys

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Contact: Jared Green—603-627-1819

SUPPORTING SPONSOR

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105 Pleasant Street
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603-271-5143

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Contact: Nicole St. Hilaire—833-704-1177
nsthilaire@amerihealthcaritasnh.com

CareOne at Lowell

19 Varnum Street, Lowell, Massachusetts 01850
Contact: Denise Finnegan—978-935-3525
dffinnegan@Care-One.com

Encompass Health Rehabilitation Hospital of Concord

250 Pleasant Street, Concord, NH 03301
Contact: Shandra Plourde—603 226-9812
shandra.plourde@encompasshealth.com

The NH Provider Association

100 North Main Street, Suite 400, Concord, NH 03301
Contact: Kiri Stroh—603-541-7013, Ext. 111
kiri@nhproviders.org

EXHIBITORS

Brain Injury Association of NH

52 Pleasant Street, Concord, NH 03301
Contact: I & R Specialist—603-225-8400
mail@bianh.org

NH Vocational Rehabilitation

21 South Fruit Street, Concord, NH 03301
Contact: James Piet—603-271-6894
james.piet@doe.nh.gov

NeuroRestorative

639 Granite Street, Suite 215, Braintree, MA 02184
Contact: Maureen Butler—617-877-5204
Maureen.Butler@neurorestorative.com

North Country Independent Living

PO Box 518, North Conway, NH 03860
Contact: Freddi Gale—603-356-0282
fgale@ncilnh.com

Northeast Rehabilitation Hospital

70 Butler Street, Salem, NH 03079
Contact: Tricia Desrocher—603-681-3053
tidesrocher@northeastrehab.com

Robin Hill Farm

PO Box 1067, Hillsboro, NH 03244
Contact: Jerry Donovan
603-464-3841
jerry.donovan@robinhillfarm.com

St. Joseph Hospital Rehab Center

172 Kinsley Street, Nashua, NH 03060
Contact: Patti Motyka—603-595-3175
pmotyka@sjnhn.org

We wish to thank our planning committee for organizing our Conference this year.

Conference Planning Committee

Nicola Beauregard, PT, DPT, MSHA
Elliot Hospital

Sarah Chevrefils, MS, OTR/L
MCPHS University

Gina England, MA, CCC-SLP
Private Practice

Kim Errico, OTR/L, CBIS
Northeast Rehabilitation Hospital

Wendi Guillette, OTR/L
Encompass Health Rehab Hospital - Concord

Wanda J. Handel, MSN, RN, ACCNS-AG, CNRN
Dartmouth-Hitchcock Medical Center

Nina Hopkins, OTR/L, NDT
Catholic Medical Center

Jill Keller, BS, PT
Concord Regional VNA

Meredith Leavitt, CBIS
Community Bridges

Susan Riley, OTR/L
Northeast Rehabilitation Hospital

—Save the Date—

WALK 35th Annual *By The Sea* or Virtually Anywhere

Participating virtually gives you the opportunity to “create” your own event. Anytime beginning Sunday, June 6 through Saturday, June 12, 2021 you can take a hike, walk, run, or stroll *virtually* anywhere at anytime! Participants will be able to download their pictures and videos on our Facebook page to share with everyone all week long.

Sunday, June 6—

Saturday, June 12

For more information: lori@bianh.org

Register: <https://bianh.salsalabs.org/2021vwbt>

Tuesday, August 3, 2021
The Oaks Golf Course
100 Hideaway Place, Route 108
Somersworth, NH

REGISTER—<https://bianh.salsalabs.org/38golf>
2 and 4 person scramble; sponsorships available
For more info: renee@bianh.org

***38th Annual Golf
Tournament***

Presenting Sponsor: Northeast Rehabilitation Hospital Network
Co-Hosted: Robin Hill Farm



15TH ANNUAL CAREGIVER'S CONFERENCE

WEDNESDAY, NOVEMBER 10, 2021

2021 CAREGIVER'S MONTHLY LISTENING SERIES

Thursday, May 27, 2021, 6:30 pm
Thursday, June 24, 2021, 6:30 pm
Thursday, July 22, 2021, 6:30 pm
Thursday, August 26, 2021, 6:30 pm
Thursday, September 23, 2021, 6:30 pm
Thursday, October 28, 2021, 6:30 pm
Thursday, December 9, 2021, 6:30 pm

PRESENTERS WILL DISCUSS TOPICS THAT ARE RELEVANT IN THE LIFE OF A CAREGIVER.

FOR MORE INFORMATION, CONTACT ELLEN EDGERLY - ELLEN@BIANH.ORG

OR VISIT THE COALITION OF CARING'S WEBSITE AT WWW.COALITIONOFCARING.ORG

FACEBOOK: [HTTPS://WWW.FACEBOOK.COM/COALITIONOFCARING/](https://www.facebook.com/COALITIONOFCARING/) TWITTER [HTTPS://TWITTER.COM/COALITIONCARING](https://twitter.com/COALITIONCARING)

SERVICE COORDINATION/ INDEPENDENT CASE MANAGEMENT

The Brain Injury Association of New Hampshire offers **Conflict of Interest Free** service for all populations:

- Private Pay Case Management
- Choices for Independence (CFI) Community Care Waiver
- Acquired Brain Disorder (ABD) Community Care Waiver
- Developmental/Intellectual Disabilities (DD/ID) Community Care Waiver
- In Home Supports Community Care Waiver (HIS)



We are a consumer and family directed non-profit organization, founded by New Hampshire families who came together to strengthen individual and system-wide advocacy.

For additional information about Independent Service Coordination, contact Erin Hall at 603-225-8400 or email at erin@bianh.org.

You are not alone!

52 Pleasant Street – Concord, NH – 03301
Phone: 603-225-8400 Helpline: 1-800-773-8400



AmeriHealth Caritas New Hampshire, a
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We commend your dedication
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education and advocacy for
survivors and caregivers.



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New Hampshire

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- Cognitive rehabilitation
- Sensory enrichment program
- Pre-vocational opportunities
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For more information

Nicole Spencer-Neuro Liaison

413.575.5321

nspencer@care-one.com

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(New Hampshire, Maine, Vermont, New York, Connecticut).

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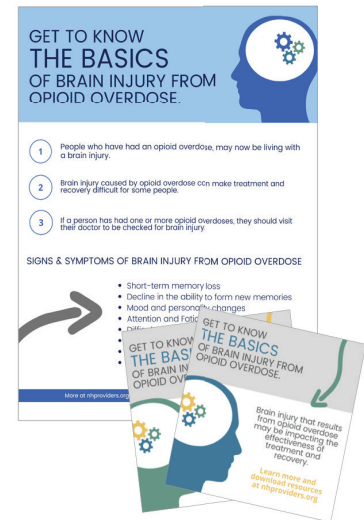
YOU WANT TO SEE INDIVIDUALS RECOVER FROM OPIOID USE DISORDER.

NH Providers Association is giving you the tools.

The newly released *Brain Injury from Opioid Overdose: Community Toolkit* is designed to provide you with ready-to-use materials and media content that communicate the BASICS of brain injury that results from opioid overdose. This type of acquired brain injury can have many consequences to the way a person functions in their daily life, such as physical impairments and/or changes in behaviors. While many people are surviving opioid overdoses, they may now be living with a serious brain injury and not even know it.

Now, you can help your peers, clients, and community get to know the BASICS of brain injury from opioid overdose as well as direct them to factsheets, screening tools, continuing education, and additional resources.

Download free
toolkit materials
to share with
your community
by visiting
[nhproviders.org/
toolkit](https://nhproviders.org/toolkit).



Join the NH Providers Association!

The *Brain Injury from Opioid Overdose: Community Toolkit* is just one way that NH Providers Association supports our members and our communities. We represent our members in advancing substance use prevention, treatment, and recovery through public policy, leadership, professional development, and quality member services. If you work with populations in need of behavioral health services, we have a membership level for you!

Our member benefits include:

- Advocacy and Active Representation
- Addressing Systematic Barriers
- Education and Professional Development
- Networking, Resources, and Collaboration
- Member Discounts on Trainings and Conferences
- Practical Vendor Discounts

Learn more about our individual and organizational membership levels at nhproviders.org.



THE
NH PROVIDERS
ASSOCIATION



WE'RE PROUD TO SUPPORT YOUR EFFORTS

Brain Injury Association of New Hampshire, thank you for creating a better future
through brain injury prevention, education, advocacy and support.

Abramson, Brown & Dugan

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127 Washington St, Keene, NH Ph: (603) 354-3000 Fax: (603) 354-3029

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