

Homeopathic Remedies for Head Trauma, Brain Injury + Concussion

Homeopathic Remedy	Clinical Picture for Use
Arnica	First remedy to give for acute trauma, aching and sore, painful swelling and bruising of injured part, mentally dazed, say they are fine when injured, bed feels too hard.
Cicuta	Jerking/twitching movements, seizures, sudden shocks in head or body, child-like behavior after brain injury, slow thinking process, staring into space.
Helleborus	Slow to comprehend, takes long time to speak. Drops things, staggers when walking. Blank expression. Obtunded.
Natrum sulphuricum	First remedy for mental and emotional changes after brain injury. Confusion, irritability, depression and suicidality.
Hypericum	Spinal and nerve injuries including phantom limb pains. Violent shooting or lightning-like pains from injured part. Heaviness in head with feeling of crawling feeling in brain.
Belladonna	Fullness in head with severe, sharp and throbbing migraines. Violent delirium with frenzied rage. Hot red face.
Aconite	First remedy for emotional and physical shock after a fright or accident. Strong fear of death with restlessness. Sudden onset of pains, especially chest pain. Worse around 12-2am.
Bryonia	All complaints better holding still (broken bones, sprains, sore muscles) Grumpy and irritable, feel better alone, don't want to be touched because any movement is painful. Very thirsty.
Pulsatilla	Emotional with rapidly-changing moods, can't stop crying. Feel better outside. Clingy and love consolation. Crave milk.
Gelsemium	Drowsy, dizzy and mentally dull. Weak, sore and aching in whole body. Heaviness in head and confusion. Severe vertigo. So tired that eyes are half open. Uncoordinated.