

Support Groups in New Hampshire
(Times and places may change without notice – please call in advance)
Revised March 2, 2020

Aphasia:

Manchester: 4th Tuesday of every month, 4:30pm – 5:30pm, (no meetings held in June, July, or December) Catholic Medical Center – Rehabilitation Medicine Unit, Level F, 100 McGregor Street, Manchester, NH.

Contact: Jean Manning or Larissa St. Amand

Phone: (603) 663-6694

Nashua: 2nd Tuesday of every month, 4:00pm – 5:00 pm, (no meetings held in July, August or December). St. Joseph Hospital Outpatient Rehab Clinic, 75 Northeastern Blvd, Nashua, NH.

Contact: Laura Fonden

Phone: (603) 882-3000 (x67530)

Contact: Lesley Hill

Phone: (603) 595-3076

Brain Injury:

Atkinson: Greater Salem/Derry Brain Injury Support Group for Survivors, Families and Caregivers, 1st Tuesday of the month, 6:30pm-8:00pm, Community Crossroads, 8 Commerce Drive, Atkinson, NH

Contact: BIANH

Phone: (603) 225-8400

Concord: 3rd Tuesday of the month, 6:30pm-8:00pm, Granite State Independent Living, 21 Chenell Drive, Concord, NH

Contact: BIANH

Phone: (603) 225-8400

Conway: 1st Wednesday of the month, 5:00pm-6:30pm, Northern Human Services, Center Conway, NH

Contact: BIANH

Phone: (603) 225-8400

Keene: Monadnock Pacers 3rd Tuesday of the month, 6:00pm-7:30pm – Southwest Community Services, Railroad Senior Housing Building, 63 Community Way, Keene, NH

Contact: BIANH

Phone: (603) 225-8400

Laconia: Lakes Region 1st Tuesday of the month; 6:00pm-7:30pm. Laconia Rehabilitation Center, 175 Blueberry Lane, Laconia

Contact: BIANH

Phone: (603) 225-8400

Manchester: Greater Manchester Brain Injury and Stroke Support Group; 2nd Tuesday of the month, 6:00pm-7:30pm, Catholic Medical Center, Rehab Medicine Unit F200, 100 McGregor Street, Manchester, NH

Contact: BIANH

Phone: (603) 225-8400

Nashua: 1st Wednesday of the month, 6:00pm, St. Joseph Hospital (4th floor), Nashua, NH
Contact: BIANH
Phone: (603) 225-8400

Peterborough: 1st Tuesday of the month, 6:00pm-8:00pm, Monadnock Community Hospital, 452 Old Street Road, Peterborough, NH
Contact: BIANH
Phone: (603) 225-8400

Salem: 1st Wednesday of the month, 5:00pm-6:00pm, Northeast Rehab Hospital, Administrative Conf. Room, Salem, NH
Contact: BIANH
Phone: (603) 225-8400

Seacoast: 1st Tuesday of the month, 7:00 pm – 8:30 pm, North Hampton United Church of Christ, North Hampton, NH
Contact: BIANH
Phone: (603) 225-8400

Somersworth: Tri-City: **Start Up June 16, 2020**, 3rd Tuesday of the Month, 6:00 pm – 7:30 pm, Wentworth Homecare, 9 Andrews Way, Somersworth, NH
Contact: BIANH
Phone: (603) 225-8400

Upper Valley: 2nd and 4th Wednesdays of the month, 6:00 – 7:30 pm, Dartmouth Hitchcock Medical Center, Fuller Board Room, Lebanon, NH
Contact: BIANH
Phone: (603) 225-8400

Caregivers Support Group (Caregivers only)

Portsmouth: 3rd Wednesday of the month, 5:00-6:00 pm., Krempels Center Library, 100 Campus Drive, Portsmouth, NH.
Contact: Susette Milnor, smilnor@krempelscenter.org
Phone: (603) 570-2026, Ext. 24

Caregivers Support Group – ON HOLD UNTIL FURTHER NOTICE

Concord: 2nd & 4th Thursday of the month, 7:00 pm, Primetime Wellness, 117 Manchester Street, Concord, NH
Contact: Erin McGovern
Phone: (603) 608-6044

Mild Brain Injury Support Group:

Salem: 2nd Wednesday of the month, 5:00pm-6:00pm, Northeast Rehab Hospital, Reception will direct you to the room, Salem, NH
Contact: BIANH
Phone: (603) 225-8400

Stroke and Brain Injury:

Dover: 3rd Thursday of the month, 2:00pm-3:00pm, Wentworth-Douglass Hospital, Federal Savings Room – Garrison Wing; Dover, NH
Contact: Lindsey Flynn
Phone: (603) 740-2271

Kennebunk ME: 1st Tuesday of the month, 3:00pm, Upstairs small conference room, RiverRidge Neurorehabilitation Center, 3 Brazier Lane, Kennebunk, ME
Contact: Steve Fox
Phone: (207) 985-3030 ext: 326

Nashua: 1st Wednesday of the month, 6:00-7:30pm, 4th Floor, St. Joseph Hospital, 172 Kinsley Street, Nashua, NH
Contact: Patti Motyka
Phone: (603) 882-3000 ext: 67501

Portsmouth: 2nd Monday of the month, 5:00pm-6:00pm, Northeast Rehab Hospital in Portsmouth, 1st floor Dining Area, Portsmouth, NH
Contact: Liz Barbin
Phone: (603) 501-5572

Brain Tumor:

Derry: 2nd Monday of the month, 5:30pm-7:00pm, Derry Public Library, Paul Collette Conf Room A, Derry, NH
Contact: Urszula Mansur
Phone: (603) 818-9376

Stroke:

Concord: Community Stroke Support Group, 3rd Tuesday of the month, 4:30pm, Encompass Health (formerly Healthsouth), 254 Pleasant Street, Concord, NH
Contact: Shandra Plourde
Phone: (603) 226-9812

Lebanon: 1st Friday of even-numbered months (Feb, Apr, Jun, Aug, Oct, Dec), 10:00 - 11:30 am, DHMC Aging Resource Center, 46 Centerra Parkway, 2nd floor, Lebanon, NH.
Contact: Shawna Malynowski, Phone: (603) 653-1117
Contact: Sarah Braginetz, Phone: (603) 650-5104
Contact: Aging Resource Center Phone: (603) 653-3460

Salem: 1st Wednesday of the month, Northeast Rehab Hospital, Family Conf. Room, 70 Butler Street, Salem, NH
Contact: Jessica Anderson
Phone: (603) 893-2900 x3218