

# March 2024 Brain Injury Support Group Meeting Calendar



Support groups provide hope, information, friendship, sharing, self-advocacy, problemsolving skills, as well as opportunities for personal growth. It helps to know you are not alone.

# IN PERSON SURVIVOR/FAMILY MEMBER/CAREGIVER BRAIN INJURY SUPPORT GROUP MEETINGS

# Conway Brain Injury Support Group-March 4, 2024

Meets the First Monday of the Month, Meeting Time: 5:30 - 7:30 pm Journey Church, 15 Hutchins Drive, Conway, NH

# Peterborough Brain Injury Support Group-March 5, 2024

Meets the First Tuesday of the Month, Meeting Time: 6:00 -7:30 pm Monadnock Community Hospital, 452 Old Street Road, Peterborough, NH

# Seacoast Brain Injury Support Group- March 5, 2024

**TOPIC: ADVOCACY:** How can you advocate for yourself in the work place, community & with others. Meets the First Tuesday of the Month, 6:00 -7:00 pm, at KBIC, Community Campus, 100 Campus Dr., Portsmouth, NH

# Greater Atkinson Derry Brain Injury Support Group-March 12, 2024

Meets the second Tuesday of the month, 6:00 pm - 7:30 pm Community Crossroads, 8 Commerce Drive, Unit 801, Atkinson, NH.

# UNH OT Stroke Survivor Group

Meets Tuesdays; 1:00-3:30 pm, Contact: Dr. John Wilcox, OTD -Phone : (207) 314-3180 / email john.wilcox@unh.edu

Concord Brain Injury Support Group – March 19, 2024

Meets the Third Tuesday of the Month, Meeting Time: 6:30 - 7:30 pm Granite State Independent Living, 21 Chenell Drive, Concord, NH

# PIZZA KICK OFF – ALL INVITED!!!! RSVP at Ellen@bianh.org

Keene Brain Injury Support Group – March 19, 2024

Meets the Third Tuesday of the Month, Meeting Time: 6:00 - 7:30 pm Southwest Community Services, 63 Community Way, Keene, NH

# For Virtual Meetings, use the highlighted registration links listed:

# <u>Virtual Northeast Rehabilitation Hospital Statewide Mild Brain Injury Support Group –</u> <u>March 13, 2024</u>

Meets the Second Wednesday of the month, Meeting Time: 4:00 - 5:00 pm Contact: Barbara Capobianco, Phone: 603-681-3220 Online Registration contact: <u>bcapobianc@northeastrehab.com</u>

#### <u>Virtual Youth Survivors Network - For brain injury survivors age 16-25, From Maine,</u> New Hampshire & VT-March 13, 2024

Meets the Second Wednesday of the month, Meeting Time: 4:00 – 5:00 pm Registration contact: Dylan Campbell: <u>dcampbell@mpf.org</u> Online Registration at: <u>https://us02web.zoom.us/meeting/register/tZ0lcOmvqT8vH9NeO8v9Yokb\_woX0tWWuvJC</u>

# **Caregiver Support Group:**

Virtual Brain Injury Caregivers Support Group -Caregivers Only March 26, 2024 Meets the Fourth Tuesday of the Month, Meeting Time: 6:30 – 7:30 pm Online Registration at: https://bianh.salsalabs.org/bicsg

# Stroke Support Groups:

<u>Virtual Northeast Rehabilitation Hospital Stroke Brain Injury Support Group – March</u> 20, 2024 Meets the third Wednesday of the Month, Meeting Time: 4:00 - 5:00 pm Registration at: <u>StrokeSupportGroup@northeastrehab.com</u>

# **Aphasia Support Group:**

St. Joseph Hospital Aphasia Community Group-March 12, 2024 Meets the second Tuesday of the Month, Meeting Time: 4:00 - 5:00 pm Registration contact: Lesley Renzi at hill@sjhnh.org

Any questions, contact Ellen Edgerly at Ellen@bianh.org