



## Spring 2023 Brain Injury Support Group Meeting Events

**March 28, 2023** –Guest Presenter, Anna Coleman, MA, P-RDT

*“Exploring Strengths with Family Caregivers”*

*Caregivers will learn a creative approach to identify their developed and/or emerging strengths that help them in their role as a family caregiver as well as a human being.*

**Virtual** Caregiver’s Brain Injury Caregiver’s Support Group, 6:30 pm – 7:30 pm

Online Registration: <https://bianh.salsalabs.org/bicsg>

**April 11, 2023** -Greater Atkinson/Derry Brain Injury **In Person** Support Group Start Up, 6:00 pm – 7:30 pm, at Community Crossroads, 8 Commerce Drive, Unit 801, Atkinson, NH. Light Refreshments.

Online Registration: <https://bianh.salsalabs.org/sadbisg>

**April 18, 2023**, Guest Presenter David Grant, Brain Injury Hope Network Founder

*“A Survivor’s Perspective”*

*David will share his story of life before brain injury and what he is doing these days to live a satisfying life as a brain injury survivor.*

**Virtual** Concord Brain Injury Support Group, 6:30 pm – 8:00 pm

Online Registration: <https://bianh.salsalabs.org/concord>

**May 2, 2023**, Seacoast Brain Injury **In Person** Support Group Start Up, 6:00 pm – 7:00 pm, Community Campus, 100 Campus Drive, Portsmouth, NH. Light Refreshments.

Online Registration: <https://bianh.salsalabs.org/sbisg>

**For additional information, contact Ellen Edgerly at [Ellen@bianh.org](mailto:Ellen@bianh.org) or 603.834.9570**