

5 WAYS THAT SUPPORT GROUPS COULD HELP SURVIVORS AND FAMILY MEMBERS

1. Virtual Support Groups help people feel less isolated.
2. Virtual Support Groups provide practical knowledge, resources, and networking.
3. Virtual Support Groups answer questions that doctors cannot.
4. Virtual Support Groups provide comfort for families and Caregivers.
5. Virtual Support Groups help individuals living with a brain injury regain a sense of identity.

For more information about Virtual Support Groups, visit our website: www.bianh.org
Link: Programs & Services/Support Groups
or send email to: supportgroup@bianh.org

52 Pleasant Street
Concord, NH 03301
603-225-8400
Helpline: 1-800-773-8400



Here are the links for the monthly Virtual Brain Injury Support Group Registration. You are invited to attend one meeting or all. To register, click on the registration links listed below:

Registration for Peterborough Brain Injury Support Group Meeting - Meets the first Tuesday of the month, 6:00 pm - 8:00 pm
<https://bianh.salsalabs.org/peterborough>

Registration for Atkinson/Derry Brain Injury Support Group Meeting - Meets the second Tuesday of the month, 6:30 pm - 8:00 pm
<https://bianh.salsalabs.org/atkinsonderry>

Registration for Concord Brain Injury Support Group Meeting - Meets the third Tuesday of the month, 6:30pm-8:00pm
<https://bianh.salsalabs.org/concord>

VIRTUAL SUPPORT GROUP MEETINGS

for Brain Injury and Stroke Survivors, Families & Friends



BRAIN INJURY ASSOCIATION
OF NEW HAMPSHIRE