

November 2025

Brain Injury Support Group

Meeting Calendar

Support groups provide hope, information, friendship, sharing, self-advocacy, problem-solving skills, as well as opportunities for personal growth. It helps to know you are not alone.

BIANH Conway Brain Injury Support Group-November 3, 2025

Meets the First Monday of the Month, Meeting Time: 6:00 – 7:30 pm, Journey Church, 15 Hutchins Drive, Conway, NH. Registration not required.

St. Joseph Hospital Stroke Support Group-November 3, 2025

Meets the First Monday of the Month, Meeting Time: 5:30 pm, St. Joseph Hospital Outpatient Rehab, Conference Room, 75 Northeastern Blvd, Nashua, NH Contact: Gabbi Morris OTR/L at gmorris@covh.org

BIANH Peterborough Brain Injury Support Group-November 4, 2025

Meets the First Tuesday of the Month, Meeting Time: 6:00 -7:30 pm, Monadnock Community Hospital, Conf. Rooms 1 & 2, 452 Old Street Rd, Peterborough, NH. Registration not required.

BIANH Seacoast Brain Injury Support Group - November 4, 2025

Meets the First Tuesday of the Month, 6:00 pm-7:00 pm, at Krempels Brain Injury Center, Community Campus, 100 Campus Drive, Portsmouth, NH. Registration not required.

BIANH Atkinson Derry Brain Injury Support Group- NO NOVEMBER MEETING

Meets the second Tuesday of the month, 6:00 pm - 7:30 pm, at Community Crossroads, 8 Commerce Drive, Unit 801, Atkinson, NH, Registration not required.

BIANH Concord Brain Injury Support Group-November 18, 2025

Meets the Third Tuesday of the Month, Meeting Time: 6:30 - 7:30 pm Granite State Independent Living, 21 Chenell Drive, Concord, NH- Registration not required.

BIANH Keene Brain Injury Support Group - November 18, 2025

Meets the Third Tuesday of the Month, Meeting Time: 6:00 - 7:30 pm Southwest Community Services, Use Door Facing the Food Co-Op Building, 63 Community Way, Keene, NH. Registration not required.

Manchester Clubhouse Brain Injury Support Group -November 19, 2025

Meets the Third Wednesday of the Month, Meeting Time: 6:00 pm – 7:00 pm 60 Rogers Street, Suite 204, Manchester, NH. Registration not required.

Northeast Rehab. Hospital at Pease Stroke Support Group-November 19, 2025

Meets the Third Wednesday of the Month, Meeting Time: 4:00-5:00 pm Northeast Rehabilitation Hospital, 1st Floor, Pease, Portsmouth, NH

Contact: strokesupportgroup@northeastrehab.com

For Virtual Meetings, use the highlighted registration links listed:

Virtual Northeast Rehabilitation Hospital Stroke Support Group

Meets the Second Tuesday of the Month, Meeting Time: 4:15 - 5:00 pm

November Meeting Date & Registration Contact at: <u>StrokeSupportGroup@northeastrehab.com</u>

<u>Virtual Northeast Rehabilitation Hospital Statewide Mild Brain Injury Support Group –</u> November 12, 2025

Meets the Second Wednesday of the month, Meeting Time: 4:00 - 5:00 pm

Contact: Barbara Capobianco, Phone: 603-681-3220

Online Registration contact: <u>bcapobianc@northeastrehab.com</u>

<u>Virtual Youth Survivors Network - For brain injury survivors age 16-25, From Maine, New</u> Hampshire & VT- November 12, 2025

Meets the Second Wednesday of the month, Meeting Time: 4:00 - 5:00 pm

Registration contact: Dylan Campbell: dcampbell@mpf.org

Online Registration

at: https://us02web.zoom.us/meeting/register/tZ0lcOmvqT8vH9NeQ8v9Yokb_woX0tWWuvJC

BIANH HeadStrong: A Virtual Support Group for Brain Injury Survivors, Family Members & Friends – November 13, 2025

Meets the second Thursday of each month, Meeting Time: 12:00 – 1:00 pm

Registration not required. Join Meeting at https://us06web.zoom.us/j/82052614067

Caregiver Support Groups:

BIANH Virtual Brain Injury Caregivers Support Group-November 25, 2025

Meets the Fourth Tuesday of the Month, Meeting Time: 6:30 - 7:30 pm Registration not required. And here's the link to the Caregivers' group Join Meeting at: https://us06web.zoom.us/j/84489789058

Portsmouth Regional Hospital's Caregivers Support Group-November 26, 2025

Meets the Last Wednesday of the Month, Meeting Time: 5:30 - 6:30 pm,

Additional Information Contact: PRHPSTROKESUPPORT.NH@HCAHEALTHCARE.COM

Aphasia Support Group:

St. Joseph Hospital Aphasia Community Group

Meets the second Tuesday of the Month, Meeting Time: 4:00 – 5:00 pm

November Meeting Date & Registration contact: Lesley Renzi at lhill@sjhnh.org

<u>Aphasia Support Group for the Seacoast of New Hampshire at Exeter Hospital – November 6, 2025</u>

Meets the first Thursday of the Month, Meeting Time: 11:00 - 12:00 pm

Exeter Hospital, Conference 1 North, 5 Alumni Drive, Exeter, NH

Registration contact: Kate Phelps at 603-778-6548

Any questions, contact Ellen Edgerly at Ellen@bianh.org