

February 2025 Brain Injury Support Group Meeting Calendar

Support groups provide hope, information, friendship, sharing, self-advocacy, problem-solving skills, as well as opportunities for personal growth.

It helps to know you are not alone.

IN PERSON SURVIVOR/FAMILY MEMBER/CAREGIVER BRAIN INJURY SUPPORT GROUP MEETINGS

BIANH Conway Brain Injury Support Group-February 3, 2025

Meets the First Monday of the Month, Meeting Time: 6:00 - 7:30 pm Journey Church, 15 Hutchins Drive, Conway, NH. Registration not required.

BIANH Peterborough Brain Injury Support Group-February 4, 2025

Meets the First Tuesday of the Month, Meeting Time: 6:00 -7:30 pm, Monadnock Community Hospital, Conference Rooms 1 & 2, 452 Old Street Road, Peterborough, NH. Registration not required.

BIANH Seacoast Brain Injury Support Group – February 4, 2025

Meets the First Tuesday of the Month, 6:00 pm-7:00 pm, at Krempels Brain Injury Center, Community Campus, 100 Campus Drive, Portsmouth, NH. Registration not required.

BIANH Atkinson Derry Brain Injury Support Group-February 11, 2025

Meets the second Tuesday of the month, 6:00 pm - 7:30 pm, at Community Crossroads, 8 Commerce Drive, Unit 801, Atkinson, NH Registration not required.

BIANH Concord Brain Injury Support Group –February 18, 2025

Meets the Third Tuesday of the Month, Meeting Time: 6:30 - 7:30 pm Granite State Independent Living, 21 Chenell Drive, Concord, NH- Registration not required.

BIANH Keene Brain Injury Support Group –February 18, 2025

Meets the Third Tuesday of the Month, Meeting Time: 6:00 - 7:30 pm Southwest Community Services, 63 Community Way, Keene, NH. Registration not required.

Northeast Rehab. Hospital at Pease Stroke Support Group – February 19,

2025 Meets the Third Wednesday of the Month, Meeting Time: 4:00-5:00 pm Northeast Rehabilitation Hospital, 1st Floor, Pease, Portsmouth, NH Contact: strokesupportgroup@northeastrehab.com

For Virtual Meetings, use the highlighted registration links listed:

<u>Virtual Northeast Rehabilitation Hospital Stroke Support Group-</u> <u>February 11, 2025</u>

Meets the Second Tuesday of the Month, Meeting Time: 4:15 - 5:00 pm

Registration at: StrokeSupportGroup@northeastrehab.com

<u>Virtual Northeast Rehabilitation Hospital Statewide Mild Brain Injury</u> Support Group – February 12, 2025

Meets the Second Wednesday of the month, Meeting Time: 4:00 - 5:00 pm

Contact: Barbara Capobianco, Phone: 603-681-3220

Online Registration contact: bcapobianc@northeastrehab.com

<u>Virtual Youth Survivors Network - For brain injury survivors age 16-25,</u> From Maine, New Hampshire & VT-February 12, 2025

Meets the Second Wednesday of the month, Meeting Time: 4:00 - 5:00 pm

Registration contact: Dylan Campbell: dcampbell@mpf.org

Online Registration

at: https://us02web.zoom.us/meeting/register/tZ0lcOmvqT8vH9NeQ8v9Yokb_woX0tWWuvJC

BIANH HeadStrong: A Virtual Support Group for Brain Injury Survivors, Family Members & Friends – February 13, 2025

Meets the second Thursday of each month, Meeting Time: 12:00 – 1:00 pm

NEW Online Registration at: https://p2p.onecause.com/headbi/event/headstrong-support-group-february-2

Caregiver Support Groups:

BIANH Virtual Brain Injury Caregivers Support Group –February 25, 2025

Meets the Fourth Tuesday of the Month, Meeting Time: 6:30-7:30~pm NEW Online Registration at:

https://p2p.onecause.com/caresupport/event/virtual-caregivers-support-february

IN PERSON Portsmouth Regional Hospital's Caregivers Support Group-February 26, 2025

Meets the Last Wednesday of the Month, Meeting Time: 5:30 - 6:30 pm,

Additional Information Contact: PRHPSTROKESUPPORT.NH@HCAHEALTHCARE.COM

Aphasia Support Group:

IN PERSON St. Joseph Hospital Aphasia Community Group-February 11, 2025

Meets the second Tuesday of the Month, Meeting Time: 4:00 – 5:00 pm

Registration contact: Lesley Renzi at lhill@sjhnh.org

Any questions, contact Ellen Edgerly at Ellenedge@comcast.net