



Dear Parents/Caregivers,

October brings cooler weather and a wonderful opportunity to spend family time together. Students at St. Mary's Academy will have the week of October 11-15th off for the scheduled Fall Break. The students will have completed the end of the first nine-week grading period.

Children treasure their uninterrupted quality time with their families and parents. Children benefit from experiences and conversations with others. Make a conscience effort to give a child your uninterrupted attention. Adults and children should put away the phones and devices, and choose activities or time together that allows discussion and participation in a fun project or event.

Consider some free activity ideas such as:

- Plan a meal and cook together
- Go on a bike ride
- Explore a new park or walking trail
- Carve a pumpkin jack-o-lantern
- Plant a small Fall garden
- Read a book together
- Camp out in your own backyard
- Organize a craft day

Take the time to plan a restful week. May you and your family stay safe and well. We will see you back at school on Monday, October 18.

Mrs. Whitley, Parent & Family **Engagement Coordinator**





