## October 2025

# St. Mary's Academy Charter School (Pre-K)







Monday	Tuesday	Wednesday	Thursday	Friday
		1 BREAKFAST: WG BISCUIT	BREAKFAST: WG CEREAL (Reduced Sugar)	3 STAFF DEVELOPMENT
		LUNCH: HAMBURGER W/CHEESE	<u>LUNCH:</u> PEPPERONI PIZZA	STUDENT HOLIDAY <u>NO SCHOOL</u>
6 <u>BREAKFAST:</u> WG CEREAL (REDUCED SUGAR)	7 <u>BREAKFAST:</u> WG PANCAKES	8 BREAKFAST: WG BISCUIT	9 <u>BREAKFAST:</u> WG CEREAL (REDUCED SUGAR)	10 BREAKFAST: WG PANCAKE BREAKFAST BITES
<u>LUNCH:</u> MINI CORN DOGS	<u>LUNCH:</u> PORK TAMALE	LUNCH: HAMBURGER W/CHEESE	<u>LUNCH:</u> CHICKEN ALFREDO PASTA	<u>LUNCH:</u> PEPPERONI PIZZA
NO S	CHOOL - N	IO SCHOO	L - NO SCH	HÖOL
	ENJOY Y	OUR FALI	L BREAK	
20 BREAKFAST: WG CEREAL (REDUCED SUGAR)	21 BREAKFAST: WG WAFFLE STICKS	22 BREAKFAST: WG BISCUIT	23 BREAKFAST: WG CEREAL (REDUCED SUGAR)	24 BREAKFAST: WG PANCAKE BREAKFAST BITES
<u>LUNCH:</u> HOT DOG	<u>LUNCH:</u> STEAK FINGERS	LUNCH: HAMBURGER W/CHEESE	<u>LUNCH:</u> SPAGHETTI W/MEAT SAUCE	<u>LUNCH:</u> PEPPERONI PIZZA
27 BREAKFAST: WG CEREAL (REDUCED SUGAR)	28 BREAKFAST: WG FRENCH TOAST STICKS	29 BREAKFAST: WG BISCUIT	30 BREAKFAST: WG CEREAL (REDUCED SUGAR)	31 BREAKFAST: WG PANCAKE BREAKFAST BITES
<u>LUNCH:</u> PULLED PORK SANDWICH	<u>LUNCH:</u> SALISBURY STEAK	<u>LUNCH:</u> HAMBURGER W/CHEESE	LUNCH: CHICKEN FAJITAS	<u>LUNCH:</u> PEPPERONI PIZZA

## **Announcements**

St. Mary's Academy Charter School operates CEP which provides all students breakfast and lunch at NO CHARGE.



Pre-K students must take all food groups provided with the meal, including milk.

#### **BREAKFAST**

Fresh fruit or 100% fruit juice will be available with meal.

### LUNCH:

Fruit and vegetables served daily

### Milk Choice:

Per Pre-K Meal Rregulations: 1% White milk severed daily at breakfast and lunch. Flavored milk is not allowed for Pre-K.



TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER





