

August 2026

St. Mary's Academy Charter School (PRE-K)



Monday

Tuesday

Wednesday

Thursday

Friday

03

04

05

06



Welcome Back to School!

10

BREAKFAST:
ASSORTED
WG CEREAL W/TOAST

LUNCH:
CHICKEN TENDERS

11

BREAKFAST:
WG WAFFLES

LUNCH:
FISH STICKS AND
MAC AND CHEESE

12

BREAKFAST:
WG BISCUIT AND
SAUSAGE

LUNCH:
HAMBURGER W/CHEESE

13

BREAKFAST:
YOGURT AND MUFFIN

LUNCH:
SPAGHETTI
W/MEAT SAUCE

14

BREAKFAST:
BREAKFAST PANCAKE
STICK

LUNCH:
PEPPERONI/CHEESE
PIZZA

17

BREAKFAST:
ASSORTED
WG CEREAL W/TOAST

LUNCH:
CHICKEN CRISPITO

18

BREAKFAST:
BREAKFAST TACO

LUNCH:
BEEF/BEAN BURRITO

19

BREAKFAST:
WG BISCUIT AND
SAUSAGE

LUNCH:
HAMBURGER W/CHEESE

20

BREAKFAST:
WG PANCAKES

LUNCH:
BEEF NACHOS

21

BREAKFAST:
BREAKFAST PANCAKE
STICK

LUNCH:
PEPPERONI/CHEESE
PIZZA

24

BREAKFAST:
ASSORTED
WG CEREAL W/TOAST

LUNCH:
CHICKEN DRUMSTICKS

25

BREAKFAST:
SCRAMBLED EGG AND
TOAST

LUNCH:
SALISBURY STEAK

26

BREAKFAST:
WG BISCUIT AND
SAUSAGE

LUNCH:
HAMBURGER W/CHEESE

27

BREAKFAST:
FRENCH TOAST STICKS

LUNCH:
CHICKEN SPAGHETTI

28

BREAKFAST:
BREAKFAST PANCAKE
STICK

LUNCH:
PEPPERONI/CHEESE
PIZZA

31

BREAKFAST:
ASSORTED
WG CEREAL W/TOAST

LUNCH:
MINI CORN DOGS



Announcements

St. Mary's Academy operates CEP which provides all students breakfast and lunch at NO CHARGE for the 2026-2027 school year.



Pre-K students must take all food groups provided with the meal, including milk.

BREAKFAST

Fresh fruit or 100% fruit juice will be available with meal.

LUNCH:

Fruit and vegetables offered daily

Milk Choice:

Per Pre-K Meal Regulations:
1% White milk served daily at breakfast and lunch.
Flavored milk is not allowed for Pre-K.



Menu is subject to change
based on product availability.

www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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