

aSPAthe Cary
Reflexology
Client Intake Form

Name: _____ Date: _____
Address: _____ City/State/Zip: _____
Phone: _____ Occupation: _____
Referred by: _____ D.O.B.: _____
Email address: _____
In case of emergency, contact: _____ Phone: _____

Any damage to your feet? _____ If yes, please describe (i.e., bunions, cuts, breaks, wounds, infections, recent stubs, rashes: _____

Primary complaint: _____ Any recent injuries? _____
How did this condition develop? _____
What makes it worse? _____
Does your condition interfere with your work? _____ Sleep? _____ Recreation? _____
Have you seen a physician? _____ Have you seen a Chiropractor? _____
List medications (including Aspirin), herbal, or nutritional supplements and their purpose: _____

Do you have high blood pressure? _____
Are you (or have you been) a smoker? _____ Did you quit? _____ If yes, how long ago? _____
Do you have any type of blood clots or any condition that may cause clotting? _____
If yes, what is the condition? _____
Surgeries, and when: _____
Have you broken any bones in the past two years? _____ Which one(s): _____
Are you pregnant? _____ If yes, when is your due date? _____
Do you have any skin conditions, allergies, or sensitivities? _____ If so, please explain: _____

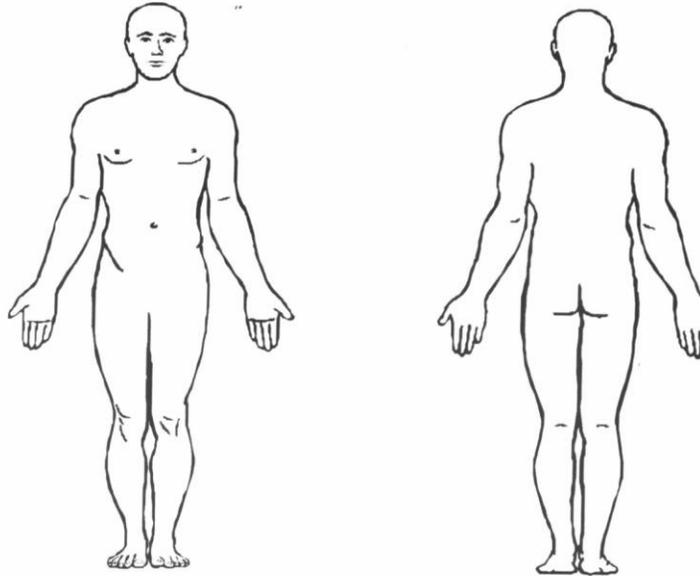
Have you ever had a reflexology treatment? _____

Please check any of the following conditions if you have had them recently:

- | | | |
|--------------------------------|------------------|----------------------------|
| Allergies | Back pain | Stomach disorders |
| Sinusitis | Low back pain | Spina bifida |
| Arthritis | Herniated disk | Varicose veins |
| Bursitis | Sciatica | Blood clots |
| Diabetes | Insomnia | Heart conditions |
| Fatigue | Cold feet | Severe depression |
| Dizziness | Cold hands | Cancer |
| Ringing in the ears (tinnitus) | Numb feet | Chest pain |
| Loss of balance | Edema | Shortness of breath |
| Fainting spells | Hepatitis | Low or high blood pressure |
| Headaches | Diarrhea | PMS |
| TMJ dysfunction | Constipation | Warts |
| Neck pain | HIV | Skin disorders |
| Shoulder pain | Abdominal hernia | Other: _____ |

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On the following diagram, please indicate any areas of discomfort:



Do you have any other medical conditions (both major or minor) not already covered herein that you think the reflexologist should be aware of? If so, please explain:

IMPORTANT: PLEASE READ!

Because a reflexologist must be aware of any existing physical conditions that I may have, I have listed all of my known medical conditions and physical limitations, and I will inform my reflexologist of any changes in my physical health.

This therapy does not replace any medical care for any condition. It acts as an aid. I understand and agree that: 1) the reflexology that I am given is for the purpose of stress reduction, relief from tension, or for improving circulation and lymphatic flow; 2) that a reflexologist neither diagnosis illness, disease, or any other medical, physical, or mental disorder; 3) that I am responsible for consulting a qualified physician for any physical or mental ailments that I may have; 4) that health and accident insurance policies are an arrangement between an insurance company and myself; 5) this reflexology treatment is strictly therapeutic and professional. Any inappropriate comments or actions on my part will result in immediate termination of the session and full payment will be required by me.

I agree that all services rendered me are charged directly to me and I am responsible for payment. I agree to pay for all scheduled appointments that I am unable to keep unless I notify aSPAthecary, LLC at least 24 hours in advance.

Signature of Client

Date