

	Fishes and Loaves Buying Club	Name and Phone:			
	e-mail: flcm5000@gmail.com	Address:			
	Phone order: 412-414-3125	We DELIVER (Mon - Sat) within 24 hours			
<p>We accept Cash, Check, Master Card, Visa, Discover and EBT / SNAP for payment. ORDER TODAY! You MUST order by PHONE or EMAIL</p>		<p>Fresh, Healthy Choices at Reasonable Prices!</p>			Estimated
					Total Cost
					\$0.00
Source	Description	Unit	Price	Qty	Line Cost
Aldi	2% Milk	1/2 gal	\$1.99		\$0.00
Aldi	2% Milk, Lactose-Free	1/2 gal	\$2.79		\$0.00
Aldi	25 cubes Beef Boullion	3.25 oz	\$1.99		\$0.00
Aldi	25 cubes Chicken Boullion	3.25 oz	\$1.99		\$0.00
Aldi	Baby Carrots	1 lb pkg	\$0.99		\$0.00
Aldi	Bacon, sliced	1-lb pack	\$4.19		\$0.00
Aldi	Bananas	EACH	\$0.25		\$0.00
Aldi	Breakfast Sausage (10 links)	package	\$1.30		\$0.00
Aldi	Butter (Aldi's), lightly salted	1 lb	\$2.99		\$0.00
Aldi	Butter (Aldi's), no salt	1 lb	\$2.99		\$0.00
Aldi	Canola Oil (Aldi)	48 oz	\$2.00		\$0.00
Aldi	Celery	1.5 lb bag	\$1.50		\$0.00
Aldi	Cheese, Cheddar block - Aldi's	8 oz	\$2.50		\$0.00
Aldi	Cheese, Colby block - Aldi's	8 oz	\$2.50		\$0.00
Aldi	Cheese, Colby-Jack block - Aldi's	8 oz	\$2.50		\$0.00
Aldi	Grapes, GREEN - Seedless	lb	\$2.00		\$0.00
Aldi	Grapes, RED - Seedless	lb	\$2.00		\$0.00
Aldi	Ground Turkey	1 lb	\$3.25		\$0.00
Aldi	Large Eggs - White (Aldi's)	12 count	\$1.65		\$0.00
Aldi	Lettuce, Iceberg	each	\$1.49		\$0.00
Aldi	Margarine, (Imperial or Similar Brand)	1 lb	\$1.00		\$0.00
Aldi	Onions	3 lb pack	\$1.99		\$0.00
Aldi	Pork Sausage, MILD (1-lb roll)	1 lb	\$3.50		\$0.00
Aldi	Potatoes	5 lb	\$2.00		\$0.00
Aldi	Potatoes	10 lb	\$3.75		\$0.00
Dylamato's	Broccoli	bunch	\$2.00		\$0.00
Dylamato's	Brussel Sprouts	1 lb bag	\$2.50		\$0.00
Dylamato's	Cabbage (1-2 lb head)	EACH	\$1.75		\$0.00
Dylamato's	Carrots, full-size	1 lb bag	\$1.00		\$0.00
Dylamato's	Collard Greens	lb	\$1.29		\$0.00
Dylamato's	Cucumbers	each	\$1.00		\$0.00
Dylamato's	Green Peppers	each	\$0.60		\$0.00
Dylamato's	Kale - 8-oz bunch	EACH	\$1.20		\$0.00
Dylamato's	Lemons	each	\$0.35		\$0.00
Dylamato's	Nectarines	each	\$0.50		\$0.00
Dylamato's	Onions, Loose	each	\$0.80		\$0.00
Dylamato's	Oranges	each	\$0.50		\$0.00
Dylamato's	Pears	EACH	\$0.75		\$0.00
Dylamato's	Pink Grapefruit	EACH	\$1.00		\$0.00
Dylamato's	Potatoes, Loose (Red skin)	lb	\$0.50		\$0.00
Dylamato's	Red Bell Peppers	each	\$1.00		\$0.00

Dylamato's	Southern Yams (approx. 1 lb each)	EACH	\$1.00		\$0.00
Dylamato's	Tomatoes	lb	\$2.00		\$0.00
Dylamato's	Zucchini	each	\$1.00		\$0.00
Fair Trade	Coffee, Decafinated, Ground	1 lb	\$9.25		\$0.00
Fair Trade	Coffee, Regular, Ground	1 lb	\$8.75		\$0.00
Giant Eagle	Banquet Pot Pies, Beef	7 oz	\$1.50		\$0.00
Giant Eagle	Banquet Pot Pies, Chicken	7 oz	\$1.50		\$0.00
Giant Eagle	Banquet Pot Pies, Turkey	7 oz	\$1.50		\$0.00
Giant Eagle	Bird's Eye, Corn, steamfresh	12 oz	\$2.00		\$0.00
Giant Eagle	Bird's Eye, Mixed Veggies, steamfresh	12 oz	\$2.00		\$0.00
Giant Eagle	Frozen Crab Cakes (pack of 10)	package	\$10.00		\$0.00
Giant Eagle	G.E. Breaded Cod Filets (2@6 oz)	1 pack	\$6.99		\$0.00
Giant Eagle	Pork Sausage, HOT (1-lb roll)	1 lb	\$3.50		\$0.00
Giant Eagle	Spinach, bag of fresh, washed leaves	8 oz.	\$2.50		\$0.00
Giant Eagle	Water, distilled	1 gal	\$1.00		\$0.00
Mancini's	Foccacia Bread	1 loaf	\$5.00		\$0.00
Mancini's	Italian Bread (sliced)	1 loaf	\$2.65		\$0.00
Mancini's	Multi-grain Bread (sliced)	1 loaf	\$3.25		\$0.00
Mancini's	Paska Raisin Bread	1 loaf	\$4.25		\$0.00
Mancini's	Tomato-Basil Bread (sliced)	1 loaf	\$3.25		\$0.00
Wholey	Baby Back Spare Ribs (3-lb package)	package	\$13.00		\$0.00
Wholey	Chicken Breast, boneless	lb	\$2.99		\$0.00
Wholey	Chicken Drum Sticks	lb	\$1.59		\$0.00
Wholey	Chicken Thighs	lb	\$1.59		\$0.00
Wholey	Flounder Filets	1 lb bag	\$4.98		\$0.00
Wholey	Flounder, stuff w/ crabmeat (2@8 oz)	1 pack	\$8.50		\$0.00
Wholey	FRESH chicken wings	lb	\$2.89		\$0.00
Wholey	FROZEN Salmon Fillets (1-lb bag)	each	\$8.98		\$0.00
Wholey	Ground Beef, 81% - Wholey's	lb	\$4.50		\$0.00
Wholey	No Brand, French Fries	5 lb	\$5.99		\$0.00
Wholey	Shrimp, cooked, 31-40 count	2 lb bag	\$17.50		\$0.00
Wholey	SMOKED Pork Neck Bones (Wholey)	lb	\$2.79		\$0.00
Wholey	Tilapia	2 lb	\$7.98		\$0.00
Wholey	Tuna steaks	6 oz	\$6.98		\$0.00
Wholey	Whiting Fillets	2 lb	\$6.50		\$0.00
Special Request Items (if we can find them) - no junk food - nothing subject to sales tax.					
1					
2					
3					

Dear Customers,

We shop for YOU. We purchase healthy food at reasonable prices - NO Delivery charge.

We generally get items from the Source indicated, but if the item is not available there, we look elsewhere.

Place your order by PHONE or e-mail

Thank you!

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