



Cards from Kids

Ideas and Guidelines

Our Meals on Wheels clients primarily include those who are home-bound, disabled and/or seniors. Your student group can brighten their days with a holiday or "just because" card included in their bagged lunch.

- **Cards should be crafted and written by children in Kindergarten through 8th Grade.**
- **Be creative!**
- **Please remember to be kind, positive and cheerful.**
- **Please don't use glitter or glitter glue, as cards will be near food.**
- **Draw pictures, write inspirational quotes and personal messages.**
- **We recommend that each child include their first name, where they attend school and their grade in the card: Hi! My name is __ and I go to __ school. I am in the __ grade.**
- **Please be sure to tell us if you decide to participate in Cards for Kids!**

Please contact flcmvista@gmail.com or call 412-499-4313 if you are interested. Thank you!

