Healing Care Acupuncture

1030 Xenia Avenue
Yellow Springs, OH 45387

937.532.5773
www.HealingCareAcupuncture.com

Patient Intake Form

Please help me to provide you with the best possible care by taking the time to fill out this form as accurately as you can. All information provided is confidential. Please feel free to ask if you have any questions. Thank you.

Name _____ Date _____ Gender: F☐ M☐ Married☐ Single☐ Other☐
Date of Birth _____ Age_____ Height _____Weight _____
Address _____ Home Phone (___)_____
City _____ Mobile Phone (___)_____
State _____ Zip Code _____Email _____Work Phone (___)_____
Occupation_____ Employer _____
Emergency Contact _____ Phone _____ Relationship _____

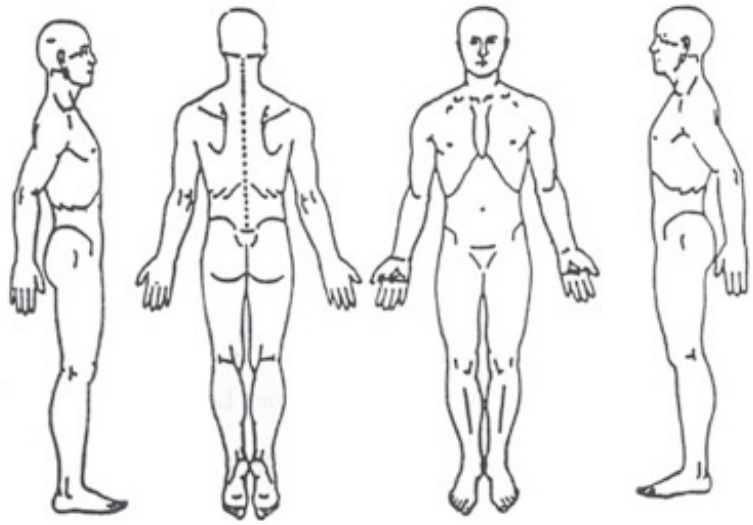
Primary Physician _____ Phone _____ Referred by _____
Main reason you are seeking acupuncture _____
Have you been given a diagnosis for this problem? _____What was the diagnosis? _____
How long have you had this problem? _____
What kinds of treatments have you tried? _____
Have you been treated by acupuncture before?_____

Family History
Mother's Side _____
Father's Side _____
Siblings _____
If any of the above is deceased, what was the cause? _____

Personal Lifestyle Habits

Coffee/Tea (cups per day) _____	Cigarettes (packs per day) _____		
Soda (regular or diet) _____	Alcohol (drinks per week) _____		
Exercise (how often) _____	Drug use (recreational) _____		
Current Predominant Emotion _____	Stress level: Low:☐	Moderate:☐	High:☐
Best time of year _____	Energy level: Low:☐	Moderate:☐	High:☐

Please indicate on the diagram any type of pain or injury and describe _____
Circle all that applies: Sharp Numb Dull Stabbing Aching Burning **Better with:** Heat Cold Pressure



Please describe any medical devices or implants and indicate on the diagram
_____
_____
_____
_____
_____

Past Medical History

Please indicate/describe all that applies if you have experienced in the **Past (P) and Currently (C)** any of the following:

Significant Illnesses

____ AIDS/HIV
____ Alcoholism
____ Allergies (medications, foods, latex)_____
____ Bleeding disorders_____
____ Cancer _____
____ Diabetes
____ Fibromyalgia
____ Hepatitis Type ___
____ Herpes Type ___
____ High cholesterol
____ Multiple Sclerosis
____ Rheumatic fever
____ Stroke
____ STD_____
____ Thyroid disorders
____ Tuberculosis
____ Other _____

General

____ Insomnia/Poor sleep
____ Dreams-disturbed sleep
____ Difficulty falling asleep
____ Difficulty staying asleep
____ Hours of sleep_____
____ Fatigue
____ Recent weight loss/gain
____ Strongly like cold drinks
____ Strongly like hot drinks
____ Tendency to be cold
____ Tendency to be warm
____ Sweat easily
____ Night sweats
____ Chills
____ Fever
____ Sudden energy drops
____ Peculiar tastes or smell
____ Other _____

Head and Neck

____ Headaches
____ Migraines
____ Stiff neck
____ Swollen glands
____ Other _____

Ears

____ Hearing aids
____ Hearing loss: L_ R_ Both_
____ Ringing: L_R_ Both _
____ Earache
____ Ear infection
____ Ear drainage
____ Other _____

Eyes

____ Glasses/contact lenses
____ Blurred vision
____ Poor night vision
____ Spots or floaters
____ Eye inflammation
____ Double vision
____ Glaucoma
____ Cataracts
____ "Lazy" eye
____ Itchy eyes
____ Dry eyes
____ Excessive tearing
____ Eye pain
____ Eye strain
____ How often checked?_____
____ Other _____

Nose, Throat, and Mouth

____ Sinus problems
____ Hay fever/allergies
____ Frequent colds
____ Frequent sore throat
____ Difficulty swallowing
____ Sores on lips, tongue, mouth
____ Nosebleed
____ Dry nose
____ Nasal drainage
____ Nasal congestion
____ Hoarseness
____ Thirst
____ Excessive saliva
____ Facial pain
____ Dry mouth
____ Dental problems
____ Grinding teeth
____ Other _____

Skin

____ Hives
____ Rashes
____ Eczema
____ Dry skin
____ Itching
____ Bruise easily
____ Acne
____ Other _____

Respiratory

____ Difficulty breathing
____ Difficulty when reclining
____ Asthma
____ Chronic cough
____ Coughing up phlegm
____ Coughing up blood
____ Shortness of breath
____ Pneumonia
____ Other _____

Cardiovascular

____ High blood pressure
____ Low blood pressure
____ Chest pain or tightness
____ Palpitation
____ Rapid heart beat
____ Irregular heart beat
____ Poor circulation
____ Cold hands and feet
____ Swollen hands and feet
____ Swollen ankle
____ Phlebitis
____ Varicose veins
____ Anemia
____ History of heart disease
____ Heart murmur
____ Other _____

Gastrointestinal

____ Cravings_____
____ Bad breath
____ Nausea
____ Indigestion
____ Stomach pain
____ Abdominal pain
____ Gallbladder problems
____ Hernia
____ Diarrhea
____ Loose stools
____ Constipation
____ Poor appetite
____ Excessive hunger
____ Vomiting
____ Bloating
____ Gas
____ Hiccups
____ Acid reflux
____ Hemorrhoids
____ Bloody stool
____ Bowel movements
____ x per day
____ Other _____

Musculoskeletal

____ Joint pain/swelling_____
____ Arthritis
____ Muscle cramps
____ Muscle weakness
____ Muscle soreness
____ Herniated disc
____ Osteoporosis
____ Pain (see diagram)
____ Injury (see diagram)
____ Other _____

Neurological
____ Concussions
____ Fainting
____ Dizziness
____ Seizures
____ Tremors
____ Numbness or tingling
____ Paralysis
____ Poor coordination/balance
____ Vertigo
____ Poor memory
____ Other _____

Mental/Emotional
____ Depression
____ Mood swings
____ Irritability
____ Easily angered
____ Panic attacks
____ Difficulty relaxing
____ Difficulty making decisions
____ Loneliness
____ Sadness
____ Sensitive
____ Shyness
____ Nervousness
____ Frequent crying
____ Frequent worrying
____ Compulsive behaviors
____ Difficulty focusing
____ Hopelessness
____ Suicidal thoughts
____ Frustration
____ PTSD
____ Other _____

Urinary
____ Pain with urination
____ Frequent/urgent urination
____ Incomplete urination
____ Incontinence
____ Bedwetting
____ Waking to urinate___ x night
____ Blood in urine
____ Cloudy urine
____ History of UTI
____ Bladder infections
____ Kidney problems
____ Other _____

Male Genital
____ Fertility problems
____ Impotence
____ Premature ejaculation
____ Nocturnal emission
____ Groin pain
____ Pain/itching of genitalia
____ Prostate problems
____ Increased libido
____ Decreased libido
____ Other _____

Gynecology (Women Only)
____ Fertility problems
____ Currently pregnant
____ # of Pregnancies
____ # of Live births
____ # of Caesarian births
____ # of Miscarriages
____ # of Abortions
____ Menopause
____ Bearing down sensation
____ Last menstrual period_____
____ Birth control_____
____ PMS
____ Missed/Irregular periods
____ Menstrual cramps
____ Excessive blood flow
____ Menstrual blood clots
____ Breast tenderness
____ Abnormal pap smear
____ Vaginal infections
____ Vaginal pain/itching
____ Vaginal dryness
____ Uterine fibroids
____ Ovarian cysts
____ Endometriosis
____ Breast lumps, cysts
____ Increased libido
____ Decreased libido
____ Other _____

Surgeries (type and date)
_____
_____
_____
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Trauma, Injuries (type and date)
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_____
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_____
_____

Medications, Supplements, and Vitamins (dosage and for what condition)
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Other information
_____
_____
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_____

Acupuncture Clinic Fees
First Visit Clinic Fee
Traditional Chinese Medicine
Diagnosis and Treatment $225.00

Follow-up Visit Clinic Fee
Treatment $100.00

All payments are due at time of service. Accepted payments include cash, checks, and credit cards.

Appointment Reminders
Healing Care Acupuncture understands that it is not always possible to keep scheduled appointments. In order to help reduce Late Cancellation or
No Show, please indicate how you would like to be reminded of your appointment:
□ Phone Call: _____
□ Text: _____
□ Email: _____

_____
Signature of Patient or Legal Representative

_____
Date

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ACUPUNCTURE INFORMED CONSENT TO TREAT

I hereby voluntarily request and consent to the performance of acupuncture treatments and other procedures within the scope of the practice of an acupuncturist to be performed by *Sharmine N. Lynch, D.Ac., L.Ac.*, representing Healing Care Acupuncture, on me (or on the patient named below, for whom I am legally responsible).

I understand that methods of treatment may include, but are not limited to, acupuncture, moxibustion, cupping, electrical stimulation, Tui-Na (Chinese massage), Gua-Sha, and supplemental techniques.

I understand that acupuncture is a generally safe method of treatment, but that it may have some side effects that include, but are not limited to, unusual dizziness or fainting, temporary bruising, pain or discomfort, soreness, swelling, bleeding, numbness or tingling near the needling sites that may last a few days. Burns, blistering, or scarring are a potential risk of moxibustion and cupping, or when treatment involves the use of heat lamps. Bruising is a common side effect of cupping. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage, and organ puncture including lung puncture (pneumothorax). Infection is another possible risk, although the clinic uses sterile disposable needles and maintains a clean and safe environment. I understand that while this document describes the major risks of treatment, other side effects and risks may occur. I will notify the acupuncturist if I am or become pregnant or if I am in the process of trying to become pregnant.

While I do not expect the acupuncturist to be able to anticipate and explain all possible risks and complications of treatment, I wish to rely on the acupuncturist to exercise judgment during the course of treatment which the acupuncturist thinks at the time, based upon the facts then known, to be in my best interest.

I understand that acupuncture is not a substitute of conventional medical diagnosis and treatment and that I have the opportunity to discuss the nature and purpose of acupuncture and treatments with the practitioner at any time during my care. I understand that there is no implied or stated guarantee of cure or improvement of my condition.

I understand the acupuncturist may review my patient records and lab reports, but all my records will be kept confidential and will not be released without my written consent.

I understand that scheduling an appointment reserves a time specifically for me, and that consequently, a minimum of 24 hour notice is required to reschedule or cancel an appointment. If I do not call or show up, I will be responsible for the missed session fee.

By voluntarily signing below, I show that I have read, or have had read to me, the above consent for treatment, acknowledge the risks and benefits of acupuncture and other procedures, and have had an opportunity to ask questions. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

_____ _____

Patient's Name (Please Print) Patient's Signature Date

_____ _____

Print Name of Patient's Representative (If Applicable) Relationship to Patient

_____ _____

Signature of Patient's Representative (If Applicable) Date

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FOR PATIENT REVIEW REGARDING DIAGNOSTIC EXAM
PLEASE SIGN ONE OF THE TWO OPTIONS LISTED BELOW:

Option 1:

I have received a diagnostic exam by a physician or chiropractor within the last six months regarding the condition for which I am seeking treatment.

_____

Patient's Signature Date

Option 2:

I have NOT received a diagnostic exam by a physician or chiropractor within the last six months regarding the condition for which I am seeking treatment. Ohio law requires that a Licensed Acupuncturist recommend that you receive a diagnostic examination from a physician or chiropractor regarding the condition for which you are seeking treatment.

I understand this recommendation.

_____

Patient's Signature Date

_____

Licensed Acupuncturist Signature Date

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Our Clinic Protects Your Health Information and Privacy

Dear Valued Patient,

This notice describes our office's policy for how medical information about you may be used and disclosed, how you can get access to this information, and how your privacy is being protected.

In order to maintain the level of service that you expect from our office, we may need to share limited personal medical and financial information with your insurance company¸ with Worker's Compensation (and your employer as well in this instance), or with other medical practitioners that you authorize.

Safeguards in place at our office include:

- Limited access to facilities where information is stored.
- Policies and procedures for handling information.
- Requirements for third parties to contractually comply with privacy laws.
- All medical files and records (including email, regular mail, telephone, and faxes sent) are kept on permanent file.

Types of information that we gather and use:

In administering your health care, we gather and maintain information that may include non-public personal information:

- About your financial transactions with us (billing transactions).
- From your medical history, treatment notes, all test results, and any letters, faxes, emails or telephone conversations to or from other health care practitioners.
- From health care providers, insurance companies, workman's comp and your employer, and other third part administrators (*e.g.* requests for medical records, claim payment information).

In certain states, you may be able to access and correct personal information we have collected about you, (information that can identify you - *e.g.* your name, address, Social Security number, etc.).

We value our relationship, and respect your right to privacy. If you have questions about our privacy guidelines, please call during regular business hours at 937-532-5773.

_____ _____

Signature of Patient or Legal Representative Date

_____

Printed Name and Relationship to Patient

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Acknowledgment of Receipt of Privacy Practices

I consent to the use or disclosure of my identifiable health information by *Healing Care Acupuncture* for the purposes of diagnosis or providing treatment to, obtaining payment for my health care bills or to conduct health care operations. I understand that diagnosis or treatment of me at *Healing Care Acupuncture* may be conditioned upon my consent as evidenced by my signature on this document.

I understand I have the right to request a restriction as to how my identifiable health information is used or disclosed to carry out treatment, payment or health care operations of the practice. *Healing Care Acupuncture* is not required to agree to the restrictions that I may request. However, if *Healing Care Acupuncture* agrees to a restriction that I request, the restriction is binding upon *Healing Care Acupuncture*.

I have the right to revoke this consent, in writing, at any time except to the extent that *Healing Care Acupuncture* has taken action in reliance on this consent.

My *identifiable health information* means health information, including my demographic information, collected from me and created or received by my practitioner, another health care provider, a health plan, my employer or a health care clearinghouse. This identifiable health information relates to my past, present or future physical or mental health or condition and identifies me, or there is a reasonable basis to believe the information may identify me.

I understand I have the right to review *Healing Care Acupuncture's* Notice of Privacy Practices prior to signing this document. The Notice of Privacy Practices describes the types of uses and disclosures of my identifiable health information that will occur in my treatment, payment of my bills or in the performance of health care operations. The Notice of Privacy Practices is also provided at the front desk and on the organization's web site at www.HealingCareAcupuncture.com. This Notice of Privacy Practices also describes my rights and the duties of my practitioners and *Healing Care Acupuncture* with respect to my identifiable health information.

Healing Care Acupuncture reserves the right to change information contained in the Notice of Privacy Practices at any time. I may obtain a revised Notice of Privacy Practices by accessing the website or requesting the most current notice during any office visit.

_____ _____

Signature of Patient or Legal Representative Date

_____

Printed Name and Relationship to Patient