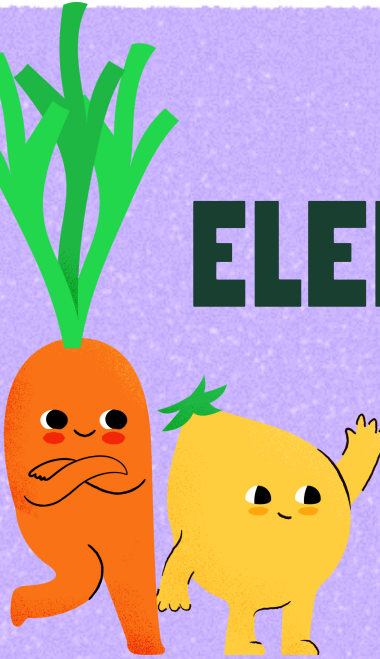
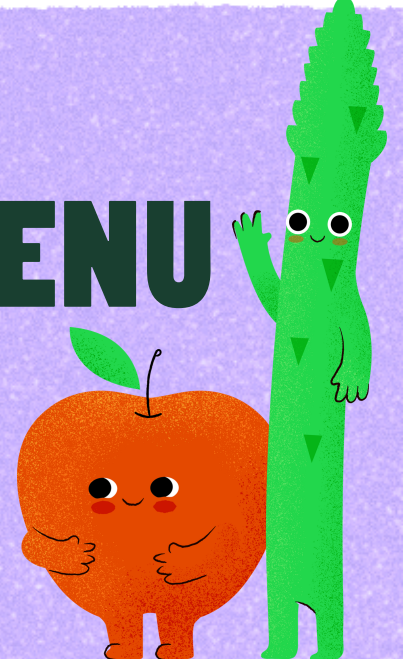




# ELEMENTARY TRANSPORT MENU

## July 20–November 13, 2026



|        | MONDAY    | TUESDAY                                                                                      | WEDNESDAY                                                                                    | THURSDAY                                                                                           | FRIDAY                                                                                                                                               |
|--------|-----------|----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|
| Week 1 | Breakfast | <ul style="list-style-type: none"><li>Pancake Minis*</li></ul>                               | <ul style="list-style-type: none"><li>Assorted Smoothies w/ Graham*</li></ul>                | <ul style="list-style-type: none"><li>Yogurt Cup w/ Graham*</li></ul>                              | <ul style="list-style-type: none"><li>Snickerdoodle Muffin*</li><li>Apple Hand Pie*</li></ul>                                                        |
|        | Lunch     | <ul style="list-style-type: none"><li>Mini Corndogs</li><li>Smoothie Protein Meal*</li></ul> | <ul style="list-style-type: none"><li>Hamburger</li><li>Garlic French bread Pizza*</li></ul> | <ul style="list-style-type: none"><li>Chicken Patty Sandwich</li><li>WOWbutter Sandwich*</li></ul> | <ul style="list-style-type: none"><li>Mandarin Orange Chicken w/ Rice</li><li>Green Chile Burrito*</li><li>Hot Dog</li><li>Yogurt Parfait*</li></ul> |
|        | Snack     | <ul style="list-style-type: none"><li>Doritos &amp; Paradise Punch</li></ul>                 | <ul style="list-style-type: none"><li>Goldfish Crackers &amp; Cheese Stick</li></ul>         | <ul style="list-style-type: none"><li>Sweet Crackers &amp; Milk</li></ul>                          | <ul style="list-style-type: none"><li>Graham Cracker &amp; Nut-free Butter</li><li>Cheez-it Cracker &amp; Fresh Fruit</li></ul>                      |
|        | Supper    | <ul style="list-style-type: none"><li>Chicken Patty Sandwich**</li></ul>                     | <ul style="list-style-type: none"><li>Pepperoni Stuffed Pizza Sandwich**</li></ul>           | <ul style="list-style-type: none"><li>Cheese Pizza*</li></ul>                                      | <ul style="list-style-type: none"><li>Mozzarella Breadsticks*</li><li>Bean &amp; Cheese Burrito*</li></ul>                                           |

|        |           |                                                                                                   |                                                                                                |                                                                                         |                                                                                                                                                       |
|--------|-----------|---------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| Week 2 | Breakfast | <ul style="list-style-type: none"><li>Oatmeal Bar w/ Graham*</li></ul>                            | <ul style="list-style-type: none"><li>Fruit Frudel*</li></ul>                                  | <ul style="list-style-type: none"><li>Strawberry Yogurt Parfait*</li></ul>              | <ul style="list-style-type: none"><li>Homemade Cinnamon Roll*</li><li>Pan Dulce*</li></ul>                                                            |
|        | Lunch     | <ul style="list-style-type: none"><li>Chicken Smackers w/ Biscuit</li><li>Cheese Pizza*</li></ul> | <ul style="list-style-type: none"><li>Mini Corndogs</li><li>Grilled Cheese Sandwich*</li></ul> | <ul style="list-style-type: none"><li>Cheeseburger</li><li>Mozzarella "Dilla"</li></ul> | <ul style="list-style-type: none"><li>Chicken Patty Sandwich</li><li>Smoothie Protein Meal*</li><li>Texas Straw Hat</li><li>Yogurt Parfait*</li></ul> |
|        | Snack     | <ul style="list-style-type: none"><li>Corn Crunchers &amp; Juice</li></ul>                        | <ul style="list-style-type: none"><li>Graham Cracker &amp; Milk</li></ul>                      | <ul style="list-style-type: none"><li>Goldfish Crackers &amp; Cheese Stick</li></ul>    | <ul style="list-style-type: none"><li>Hertzel Pretzel &amp; Fresh Fruit</li><li>Sweet Crackers and Yogurt</li></ul>                                   |
|        | Supper    | <ul style="list-style-type: none"><li>Grilled Cheese Sandwich*</li></ul>                          | <ul style="list-style-type: none"><li>Pizza Bagel Bites*</li></ul>                             | <ul style="list-style-type: none"><li>Nachos w/Tortilla Chips*</li></ul>                | <ul style="list-style-type: none"><li>Mozzarella Quesadilla*</li><li>WOWbutter Sandwich*</li></ul>                                                    |

|        |           |                                                                                                                 |                                                                                                  |                                                                                                    |                                                                                                                                     |
|--------|-----------|-----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
| Week 3 | Breakfast | <ul style="list-style-type: none"><li>Nutri-Grain Bar w/ Graham*</li></ul>                                      | <ul style="list-style-type: none"><li>WOWbutter Sandwich*</li></ul>                              | <ul style="list-style-type: none"><li><b>NEW!</b> Acai Bowl w/ Yogurt*</li></ul>                   | <ul style="list-style-type: none"><li>Banana Chocolate Chip Muffin*</li><li>Breakfast Pops*</li></ul>                               |
|        | Lunch     | <ul style="list-style-type: none"><li>Chicken &amp; Waffle Sandwich</li><li>Nachos w/ Tortilla Chips*</li></ul> | <ul style="list-style-type: none"><li>Lasagna w/ Breadstick</li><li>Pizza Bagel Bites*</li></ul> | <ul style="list-style-type: none"><li>WOWbutter Sandwich</li><li>Mozzarella Breadsticks*</li></ul> | <ul style="list-style-type: none"><li>Hot Dog</li><li>Cheese Pizza*</li><li>Roast Beef Sandwich</li><li>Mac &amp; Cheese*</li></ul> |
|        | Snack     | <ul style="list-style-type: none"><li>Cheez-it Crackers &amp; Juice</li></ul>                                   | <ul style="list-style-type: none"><li>Doritos Chips &amp; Juice</li></ul>                        | <ul style="list-style-type: none"><li>Sweet Crackers &amp; Fresh Fruit</li></ul>                   | <ul style="list-style-type: none"><li>Graham Cracker &amp; Milk</li><li>Sunflower Seeds &amp; Fresh Fruit</li></ul>                 |
|        | Supper    | <ul style="list-style-type: none"><li>Green Chili Burrito*</li></ul>                                            | <ul style="list-style-type: none"><li>Pepperoni Stuffed Sandwich**</li></ul>                     | <ul style="list-style-type: none"><li>Garlic French Bread Pizza*</li></ul>                         | <ul style="list-style-type: none"><li>Grilled Cheese Sandwich*</li><li>Yogurt Protein Meal*</li></ul>                               |

### OFFERED DAILY

Fresh, local fruits & veggies  
Breakfast cereal  
1% Milk  
Non-fat chocolate milk at Breakfast & Lunch  
At least one whole grain item  
80% of our grains are whole grain rich

**Menu Items Subject to Substitution by Items of Equal Nutritional Value.**

### WHICH MENU IS BEING SERVED?

| Week 1            | Week 2          | Week 3      |
|-------------------|-----------------|-------------|
| Jul. 23–Jul. 24   | Jul. 27–31      | Aug. 3–7    |
| Aug. 10–14        | Aug. 17–21      | Aug. 24–28  |
| Aug. 31–Sept. 4   | Sept. 7–11      | Sept. 14–18 |
| Sept. 21–Sept. 25 | Sept. 28–Oct. 2 | Oct. 5–9    |
| Oct. 12–16        | Oct. 19–23      | Oct. 26–30  |
| Nov. 2–6          | Nov.9–13        |             |

#### DIETARY KEY

\*Vegetarian  
\*\*Vegetarian Option Available  
+ Contains Pork

### WHAT'S IN A MEAL?

**Breakfast:** • Fruit/Vegetable • Grain • Milk  
Choose at least 3 items  
Must include ½ cup Fruit or Vegetable

**Lunch:** • Fruit • Vegetable • Grain • Meat/Meat Alternate • Milk  
Choose at least 3 of 5 components  
Must include ½ cup Fruit or Vegetable

**Snack:** Any 2 — • Fruit/Vegetable • Grain • Meat/Meat Alternate • Milk  
Includes 2 components, Take Both!

**Supper:** • Fruit • Vegetable • Grain • Meat/Meat Alternate • Milk  
Choose at least 3 of 5 components.