

Elementary Transport Menu



July 29 – November 14, 2025

Week 1
7/29 - 8/1
8/18 - 8/22
9/8-9/12
9/29-10/3
10/20-10/24
11/10-11/14

Breakfast & Lunch

Consists of the Following Components:
1 Grain - 1 Additional Grain or a Meat/Meat Alternative - 1 Fruit - 1 Vegetable (Lunch) - 1 Milk

**3 must be taken and 1 Component must be 1/2 cup Fruit/Vegetable*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Cereal* Offered Daily.				
NEW!! Pancake Minis	Pan Dulce*	Peach Smoothie w/ Graham*	Homemade Double Chocolate Muffin*	Yogurt Cup w/ Graham*
Lunch				
Chicken Mini Corndogs, NEW! Smoothie Protein Meal*	Hamburger, Nachos with Tortilla Chips*	Crispy Chicken Patty Sandwich, Vegetarian Charcuterie Cup*	Teriyaki Chicken with Rice, CA Thursday's Green Chile Burrito*	Macaroni & Cheese*, Yogurt Parfait*
Snack & Supper				
<u>Snack:</u> Doritos & Paradise Punch <u>Supper:</u> Chicken Patty Sandwich**	<u>Snack:</u> Goldfish Cracker & Cheese Stick <u>Supper:</u> Pepperoni Stuffed Sandwich**	<u>Snack:</u> Sweet Crackers & 1% Milk <u>Supper:</u> Cheese Pizza*	<u>Snack:</u> Graham Crackers & No-nut Butter <u>Supper:</u> Mozzarella Breadsticks*	<u>Snack:</u> Sunflower Seeds & Fresh Fruit <u>Supper:</u> Bean & Cheese Burrito*

WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast- Cereal* Offered Daily.				
Breakfast Pops*	Fruit Frudel*	Strawberry Yogurt Parfait*	Homemade Cinnamon Roll*	Pan Dulce*
Lunch				
Chicken Smackers with a Biscuit, Cheese Pizza*	Texas Straw Hat, Grilled Cheese Sandwich*	Cheeseburger, Nachos with Tortilla Chips*	Crispy Chicken Patty Sandwich, WOWbutter Sandwich Protein Meal*	Chicken Mini Corndogs, Layered Bean Dip with Chips*
Snack &				
<u>Snack:</u> Cheez-it Cracker & Fruit Juice <u>Supper:</u> Grilled Cheese Sandwich*	<u>Snack:</u> Graham Cracker & 1% Milk <u>Supper:</u> Cheese Pizza*	<u>Snack:</u> Goldfish Crackers & Cheese Stick <u>Supper:</u> Mozzarella Quesadilla*	<u>Snack:</u> Sunflower Seeds & Fresh Fruit <u>Supper:</u> Nachos w/ Tortilla Chips*	<u>Snack:</u> Sweet Crackers & Yogurt Cup <u>Supper:</u> WOWbutter Sandwich Protein Meal*

Week 2
8/4-8/8
8/25-8/29
9/15-9/19
10/6-10/10
10/27-10/31

Breakfast & Lunch

At least 80% of our grains are Whole Grain rich

EVERY DAY we also offer:
1% White Milk - Non Fat Chocolate Milk
Fresh, local fruits & vegetables!

Week 3
8/11-8/15
9/1-9/5
9/22-9/26
10/13-10/17
11/3-11/7

Snack & Supper

Supper Consists of 5 Food Components:
1/4 cup Fruit
1/2 cup Vegetable
Whole Grain Item
Meat/ Meat Alternative
Milk
**3 must be taken*

**Snack Consists of 2 Food Components. Both Need to be Taken.*

We Offer at Least One Whole Grain Item Daily

All Snacks are Vegetarian

This institution is an Equal Opportunity Provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast -Cereal* Offered Daily.				
Peach Smoothie w/ Graham*	WOWbutter Sandwich*	Yogurt Cup w/ Graham*	Homemade Banana Chocolate Chip Muffin*,	Strawberry Yogurt Parfait
Lunch				
Chicken & Waffle Sandwich, Nachos with Tortilla Chips*	Sloppy Joe, Mozzarella Breadsticks*	Deli Turkey & Cheese Sandwich, Grilled Cheese Sandwich*	CA Thursday's Hot Dog, Macaroni & Cheese*	Lasagna with a Breadstick*, WOWbutter Sandwich Protein Meal*
Snack & After School Meal (ASM)				
<u>Snack:</u> Cheez-it Cracker & Paradise Punch <u>Supper:</u> Green Chili Burrito*	<u>Snack:</u> Doritos Chips & Fruit Juice <u>Supper:</u> Pepperoni Stuffed Sandwich**	<u>Snack:</u> Sweet Crackers & Fresh Fruit <u>Supper:</u> Cheese Pizza*	<u>Snack:</u> Graham Crackers & 1% Milk <u>Supper:</u> Grilled Cheese Sandwich*	<u>Snack:</u> Sunflower Seeds & Fresh Fruit <u>Supper:</u> Yogurt Protein Meal*

WEEK ONE

WEEK THREE