Men Shed Open House

Event hosted in honour of International Senior Men's Day



NOVEMBER 18TH

1:00 pm – 4:00 PM

Come learn more about our activities such as wood carving, cribbage, chair exercises, discussion groups. or our weekly guitar or Ukelele jam sessions.

1:00 PM Ears For Life will discuss how hearing loss and tinnitus effect the lives of seniors.

NOVEMBER 25TH

1:00 pm – 4:00 PM

Everyone has a little "junk" hanging around. Ok, some of us have more than a little. Whether to prepare for a move or just to start simplifying your life decluttering is the first step. Local professionals will walk you through the process and provide useful tips.

WESTWOOD COMMUNITY CHURCH

401 WESTWOOD DRIVE

Presented by

Woodhaven MENSHED