



HELOTES ECHO

Frank W Thompson 8/86
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BULK RATE
U.S. POSTAGE
PAID
Helotes, Texas 78023
PERMIT NO. 1

VOLUME XXV, NUMBER 10

HELOTES, BEXAR COUNTY, TEXAS — JANUARY 24 — JANUARY 31, 1986

25¢ PER COPY

Cowboy Trail Riders Due Here Feb. 4



This is the big weekend of the Greater Northwest Live Stock Show and Sale at the Walter Gerlach Show Barn on Babcock Road. Stock will be shown by both the John Marshall and Holmes High FFA clubs and several area 4-H Clubs. The judging got underway Thursday afternoon and will continue today. The auction will begin at 1 p.m. Saturday.

One mother of an FFA student was worried this week about how to get her son's pig ready for the Gerlach Show. The pig was five pounds overweight. "We're trying desperately to get it reduced," she said. The feed store said to put the pig on corn. "It must be a very good pig to be overweight," she said. "Usually we're trying to fatten one up."

This is also the weekend of the Helotes March of Dimes Mothers March. Margie Beatty and Nora Nelson are in charge. Volunteers who collect \$25 or more by Monday will receive either two chicken fried steak dinners at Helotes Cafe or six free dinners at El Rey.

Twenty pints of blood were donated at the Jan. 19 blood drive at Our Lady of Guadalupe Church — an impressive record for the National Volunteer Blood Donor Month. Blood donated was reserved for Helotes parishoners who have to be hospitalized.

Mr. and Mrs. John Gillis of McNeel Park had as recent visitors, Dr. and Mrs. Michael Alano and young daughter Cynthia, from Trinidad; where Dr. Alano is associated with Tesoro Oil.

Mr. and Mrs. Jack Howard of Helotes Park Estates happily announce the recent birth of twin granddaughters in Austin, on Jan. 8. They are Elisabeth Anne and Kristen Nicole, daughters of Mr. and Mrs. Jack Martin of Bastrop. Mrs. Martin formerly was Julie Howard. Elisabeth Anne weighed 5 pounds, 4 ounces and Kristen Nicole weighed

(Continued On Page 2)

Scenic Loop Is Saved —In Part

The San Antonio City Council on Thursday, Jan. 10, voted to delete the part of Scenic Loop from Bandera Road to Babcock Road from the city's major thoroughfare plan.

However, the part of Scenic Loop from Babcock Road to Tountant-Beauregard Road was kept in the major thoroughfare plan.

Nevertheless, the deletion of the lower part of Scenic Loop was a major victory for the "Save Scenic Loop" campaign.

Protests of residents of Grey Forest and the Helotes area led the San Antonio Planning Commission to recommend to the City Council that the lower part of Scenic Loop be deleted.

The City Council's action makes it possible for Bexar County to proceed with its long-planned improvements to the lower part of Scenic Loop.

The San Antonio Planning Commission also told representatives of the "Save Scenic Loop" protest group that local residents should take the lead in developing recommendations for improvements to the road.

In the City Council's action, no mention was made of possible new routes to connect the upper part of Scenic Loop and Babcock Road to Bandera Road in the Helotes area.

The city plans to develop the upper part of Scenic Loop and Babcock Road into a major thoroughfare from Northwest Bexar County to Loop 1604.

Pianist To Play At UTSA-Feb. 1

Cuban born pianist Santiago Rodriguez, who won the silver medal in the 1981 Van Cliburn International Piano Competition, will conduct a Master Class Saturday, Feb. 1 in the Ricital Hall at The University of Texas at San Antonio. The class will be held from 1:30 to 3:30 p.m. Admission is free.



Ballan Grant, 1986 Queen

VIA Begins Bus Service

VIA bus service has returned to Helotes.

The Metropolitan Transit of San Antonio is operating seven buses a day (six on Saturday) between Helotes and Ingram Park Mall, with stops also in Braun Station.

They leave Our Lady of Guadalupe Church at 8:29, 10:15, and 11:59 a.m., and 1:44, 3:29, 5:14 and 7 p.m. On Saturday the 8:29 a.m. bus does not run, and there is no service on Sunday.

The trip to Ingram Park Mall takes about twenty minutes. There passengers can transfer to buses going to downtown San Antonio.

The fare to Ingram Park Mall is 50 cents for adults, 25 cents for students and senior citizens, and 25

cents for children age five through eleven. Transfers are free.

VIA bus service to Helotes originally began about two years ago when the citizens here voted a one-half cent tax to help subsidize the service. Then it was discontinued because too few passengers used the service to make the line pay expenses.

Meanwhile, the tax continued to be collected, and the Helotes City Council asked that the tax be discontinued or service be resumed. They found that the state law providing for the tax had not included any method of stopping it.

Negotiations with VIA resulted in resumption of the service early this month.

San Antonio Show To Open Feb. 7

The 17th annual Cowboy Capital Trail Ride will arrive in Helotes on Tuesday afternoon, Feb. 4, on the first leg of their three-day ride from Bandera to the San Antonio Live Stock Show and Rodeo.

Trail Boss Frank Anderwald said the group will camp overnight in Helotes, with Helotes General Store as their headquarters.

They will leave Helotes early Wednesday morning, camp overnight at San Pedro Avenue and Bitters Road, and arrive at Freeman Coliseum Thursday afternoon. They will have traveled approximately sixty-five miles from Bandera.

They will ride in the Western Parade in downtown San Antonio Friday morning, opening day of the Stock Show and Rodeo.

During the stop in Helotes Tuesday night, the 1986 Queen of the Cowboy Capital Trail Ride will be presented. She is Ballan Grant of Bandera.

Ballan is a graduate of Bandera High School, where she was an honor student and won several speech and acting awards. She is a professional entertainer whose singing and talent with the guitar keep her leisure time at a minimum. She has entertained at the Los Angeles Orange County Fair for two summers, and was the main attraction of a four-month Country and Western tour of Japan.

In Bandera she has worked as a wrangler, stable manager, horse breaker and trainer and Western cartoon artist. Along with her mother she owns and manages the Bandera General Store.

The Cowboy Capital Trail Riders are one of eleven trail ride groups which annually travel through numerous South Texas towns generating interest in the San Antonio Show.

Spring Break

All Northside District schools will be closed for Spring Break, Monday through Friday, March 24-28. Classes will resume March 31.

Person—

(Continued From Page 1)

an even 5 pounds. They have an older brother, Aaron, 3½ years.

Next weekend will bring two special events. One is Channel 9's Sixth annual Wine Tasting and Cuisine Tasting, in North Star Mall, on Sunday, Feb. 2, from 6 to 9 p.m. Tickets are \$20 in advance and \$25 at the door. Labeled a Sesquicentennial event, the 1986 Charity Cat Show will be held Feb. 1 and 2, in La Villita Assembly Hall. Admission will be \$2 for adults and \$1 for children.

At the last meeting of Helotes City Council, the council members voted to ban smoking in the City Hall and in City Council meetings. None of the City Council members smoke. The Mayor does.

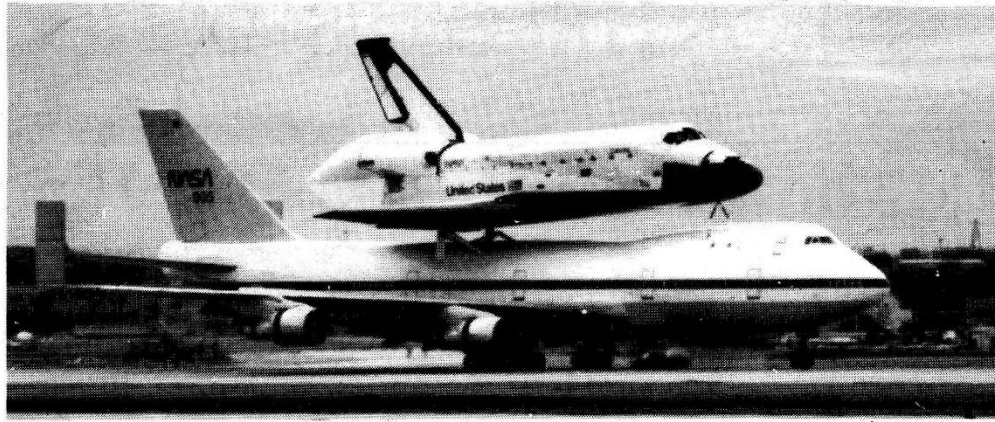
Ladies Will

Debate Politics

Sarah Weddinton, former Texas legislator, noted attorney and lobbyist, will debate Phyllis Schaffly, founder and national chairperson of STOP ERA, on Wednesday, Jan. 29, at Trinity University's Laurie Auditorium.

The debate, which will begin at 8 p.m., is presented through Trinity's 1985-86 Atherton Lecture Series in Politics and Public Affairs. Admission will be free.

Shuttle Columbia At Kelly AFB



The space shuttle Columbia atop its NASA 747 carrier arrived at Kelly Air Force Base Wednesday afternoon to refuel and stay overnight. It was en route from Edwards AFB in California, where the Columbia crew ended their trouble-filled flight. Their launch was delayed seven days and their disorbit three days. Even then they had to return to California rather than to Florida.

Security was very tight around the shuttle here Wednesday. It is due to make another flight in space beginning March 6, chiefly to observe Halley's Comet. Another NASA shuttle is scheduled to be launched Sunday, Jan. 26. (Photo by Leo Stewart, Jr.)

Westfall Shows Watercolors

February's artist at Westfall Branch Library will be Gwendolyn McGee. A resident of Wisconsin and

San Antonio, she has studied watercolor for fifteen years.

Flag Contest Adds Prize For Student

In conjunction with Texas' Sesquicentennial Celebration, the City of Helotes and Helotes Bank are co-sponsoring a contest to select an official flag for the city.

Open to the public, registration forms are available at the Helotes City Hall, 1343 Bandera Road, Suite 104, and may be picked up on weekdays between 9 a.m. and 6 p.m. The contest closes Friday, Jan. 31, and all entries must be submitted before 5 p.m.

Only one flag design is permitted per registered entrant and must be submitted on a 22" X 25" poster board. The design should be 12 inches by 19 inches, centered on the poster board, and must relate to Helotes and its history. All entries become the property of the city and the flag committee reserves the right to make necessary modifications on the winning designs.

Helotes Bank will award a \$200 savings bond and a regulation sized flag to the first place winner. Second place will receive a \$100 savings bond and third place will receive a \$50 savings bond. A

special \$200 cash award will be presented to the best student entry.

"Since Helotes was incorporated in August of 1981, the city has never had an official flag," said Helotes Mayor Vivian Hultz. "After choosing the winning design, we will have three flags manufactured. One will be flown at City Hall and the other at Helotes Bank, the first bank to be chartered in our city. The grand prize winner will receive the third flag."

Members of the Flag Committee selecting the winning designs include Lucy Brown, Helotes Echo; Gene Brigman, Helotes City Council member; Mayor Hultz; Mark Pritchett, architect; and Vi Swift, member, Helotes Historical Society. Assisting in making the final decision will be members of the Helotes City Council which include Brigman, Leonard Hill, Neils Jensen, Rudy Loeffler and Verna Thompson.

Award ceremonies will be at 7 p.m. on Sunday, March 2, at Floore Country Store on Old Bandera Highway.

Mrs. Gillis Cleared Of Assault

The charge against JoAnn Gillis of assaulting an officer was dismissed by Judge Tony Jiminez during a trial at the Bexar County Court House on Dec. 23.

The charge against Mrs. Gillis, of McNeel Park, grew out of her attempt to prevent a son from being removed from her home by Bexar County Deputy Sheriffs. Her son is John Tanksly, a Vietnam veteran who has multiple sclerosis. He was visiting here from his home in

Florida.

A Florida couple appointed by the Veterans Administration to be his guardians demanded that he be returned to their custody, although they at first had agreed to his visit with Mr. and Mrs. Gillis.

The son was carried from their home, and Mrs. Gillis was arrested and taken to the Bexar County jail. She was released seven hours later at about 2 a.m.

Her son is now back in Florida.

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Council To Call Election

Helotes City Council will meet Thursday, Jan. 30, instead of the regularly scheduled Jan. 23. The meetings are held in the new city hall in the Park Bluff Executive Center, beginning at 7 p.m.

Among items on next week's agenda will be an order for an election of city officials on Saturday, April 5. The period for filing as a candidate opened Tuesday, Jan 21, but nobody had filed through Wednesday.

The terms of Mayor Vivian Hultz and Council Members Reudy Loeffler and Verna Thompson have another year to go. Expiring this year are the terms of Councilmen Leonard Hill, Niels Jensen and Gene Brigman. Brigman was elected last year to a one-year term after being appointed to fill the unexpired term of a council member who resigned.

Next week the Council also will hear a report from the Planning and Zoning Commission on a hearing held Tuesday on a request for rezoning the triangular tract of land between FM-1560, Galm Road and Antonio Drive. The Commission's vote on the request was a tie, meaning the request was turned down.

Reichardt Joins Bob Cage Realty

Alan W. Reichardt of Helotes has joined Bob Cage and Associates, Builder and Real estate, located at 13488 Bandera Road, as a specialist in agricultural and rural land.

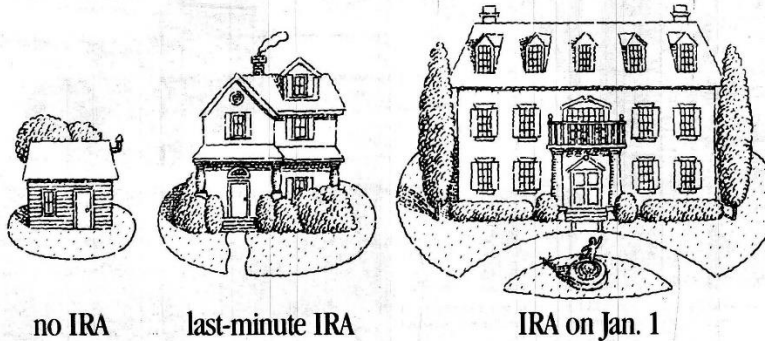
Formerly with Schott Agri-Service, Reichardt has over 20 years experience in Farm and Ranch Management and Agricultural Business Consulting, and will continue to offer these services in addition to Farm and Land brokerage.

Mr. Reichardt has both Bachelor's and Master's degrees in Agricultural Economics from Oklahoma State University, and has worked in agricultural management in South Texas for the past 18 years. Ten of these years were as Farm Management Specialist with the Texas Agricultural Extension Service, serving as many as 35 counties in South Texas.

The unique combination of education and experience that Mr. Reichardt brings to the firm puts Bob Cage and associates at the top of the list in real estate firms in South Texas who know and understand agricultural property.

"Discussion: a method of confirming others in their errors."
Ambrose Bierce

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For example, an investor who makes early deposits of \$2000 every January for 30 years and gets a return of 12 percent will end up with \$75,000 more than someone who makes deposits on the April 15 tax deadline. An investor who deposits in January for that tax year will have upon retirement \$540,586. The investor who waits until April of the following year to make his deposit will have only \$465,125.

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Bandera Road Wreck Injures One



Ron Blinks, Brett Reichardt and Judy Reichardt of the Helotes Area Volunteer Fire Department were among the dozens of emergency workers who responded to a one-car accident on Bandera Road just north of Helotes Sunday night, Jan. 19, about 7 p.m.



John Blalock of the Helotes Area Volunteer Fire Department looks over the small car which rolled over after it veered off the road and overturned when the driver tried to return it to the highway. All in the car were wearing seat belts, which helped account for the lack of serious injury.



A Bexar County Deputy Sheriff prepares his report. A man, a woman and a child were in the car heading toward Bandera. The woman was driving. They live on Rittiman Road in San Antonio.



Department of Public Safety Patrolman Rick Miller comforts Diane Estrada, the child who was a passenger in the car. She was scared but uninjured. Patrolman Miller was recently assigned to the Helotes area. (Photos by Leo Stewart, Jr.)

Arrests For Littering Highways Stepped Up

Better think twice next time you start to trash the highways.

The eyes of Texas are upon you. And it just might mean a fat fine as Texas law enforcement officers focus keen attention on litterers under a new highway department program.

The new antilitter enforcement program invites municipalities to enter into year-long contracts whereby they are reimbursed for issuing citations to persons who dump trash on state highway rights-of-way. The amounts awarded for contracts are based on populations, and will be approved on a first-come first-serve basis until the \$1 million set aside for the program is depleted.

The enforcement program will reimburse a city \$20 per citation. "We have to get tough with these litterers, and that's exactly what we're going to do through this program," said Craig Steffens, head of the department's landscape section.

"There is nothing more effective than to have a police officer stop you and give you a ticket," said Steffens. "We especially want to ticket persons who create illegal dump sites by the side of the highway."

The program is intended to provide an incentive to increase enforcement of existing litter laws. During the first six months of 1985, 237 citations for litter violations were issued statewide.

The department will provide reimbursement for the ticket, not for the conviction. The maximum penalty for littering has been raised to \$400.

"Our goal is to reduce the overall litter in the state, but we know from

research and past experiences that you don't reduce it by picking it up. You reduce it through public awareness," said Steffens.

In addition to the \$1 million enforcement program, the campaign includes a \$2 million public education and media program, a \$300,000 subsidy for the statewide Keep Texas Beautiful, Inc. organization, and \$700,000 in landscaping projects

for winners of the annual Governor's Community Achievement Awards for Clean Communities.

Keep Texas Beautiful, Inc. will be contacting cities and furnishing contract documents to solicit participation. City officials interested in the program may contact Keep Texas Beautiful, Inc. at (512) 478-8813 or they can call their local highway district office.

Science Center Offers Exhibits

Three exhibits created by library staff at The University of Texas Health Science Center at San Antonio are available for travel to other institutions during 1986.

In conjunction with the 150th birthday of Texas this year, staff of the Dolph Briscoe, Jr., Library has created exhibits on "Curanderismo: A Folk Way of Healing," which describes Mexican-American folk medicine; "The Robert B. Green Memorial Hospital," about the former downtown hospital; and "Lone Star Medicine in Early 20th Century Texas."

On display through March in the library foyer is the material depicting the history of the Robert B. Green Hospital. Founded in 1915 and named after District Court Judge Robert Berrien Green, the hospital was eventually phased out as an inpatient facility.

Today, the Green is known as the Brady/Green Community Health Center and provides outpatient care to more than 250,000 patients annually.

The exhibit was prepared with the help of Brady/Green librarian Wayne Pedersen and the community relations office at Medical Center Hospital.

For information on any of the traveling exhibits, call Joyce Ray, the library's curator of historical collections, at (512) 691-6271.

HELOTES



HELOTES ECHO

"Ye shall know the Truth"

Established Sept. 1, 1961

Published First and Third Friday

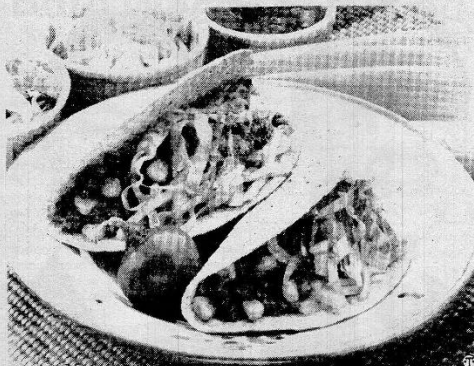
at 15350 Scenic Loop Road, Helotes, Texas
(in Bexar County)

Mailing Address: Min. Subscription
Helotes Echo \$4.22—Per Year
P. O. Box 228 25¢ Per Copy
Helotes, Texas 78023 (Plus Tax)

Vol. XXV, No. 10 — January 24, — January 31, 1986

Publisher: Charles O. Brown, Jr. Editor: Lucy Perkins Brown
Associate Editor: Virginia Van Steenberg Editorial Assistant: Marie Parrigin
Staff Photographer: Dick Miller
Phone 695-3613 If No Answer Call 695-3525

CORN KERNELS ADD CRISPNESS AND FLAVOR TO TACO FILLING



A cross between a main dish and a salad, tacos are a spicy change-of-pace meal that can easily be prepared in less than 20 minutes. Tex's Tacos, a variation of the typical south-of-the-border dish, features a slightly spicy filling of cooked ground beef, corn, onion and chopped tomato, spooned into heated taco shells. A can of corn combines with the ground beef mixture to add a delicate, crisp texture. Topped with shredded lettuce and cheese, this flavorful meal is served with taco sauce.

TEX'S TACOS

- 1 lb. ground beef
- 1/2 cup chopped onion
- 2 garlic cloves, minced
- 1/3 cup catsup
- 2 tablespoons chili powder
- 1/2 teaspoon cumin
- 12-oz. can Green Giant Niblets golden whole kernel corn
- 1 medium tomato, chopped
- 4 1/2-oz. pkg. (12) taco shells
- 4 oz. (1 cup) shredded Cheddar cheese
- 2 cups shredded lettuce
- Taco sauce, if desired

Heat oven to 250°F. In large skillet, brown ground beef with onion and garlic; drain. Add catsup, chili powder, cumin, corn and tomato. Simmer uncovered for 10 minutes, stirring occasionally.

Heat taco shells in oven at 250°F. for 3 to 5 minutes. Spoon about 1/3 cup meat mixture into each shell. Top each with cheese and lettuce. Serve with taco sauce, 12 tacos.

New Horse Shows Scheduled At '86 S.A. Stock Show

SAN ANTONIO — Volunteers have been appointed for the first time to supervise the Horse Shows at the 1986 San Antonio Stock Show and Rodeo. Stock Show officials expect a new, all-volunteer committee to add variety to the Horse Shows and to make more funds available for the Stock Show's scholarships.

Heading the new committee is Ralph Dickerson, Jr., of Saint Hedwig. Committee members are Edward Bode of Adkins; Gay Lynn Dickerson, of Saint Hedwig; Lee Elbel, New Braunfels; Perry Finger, Kingsville; Stan Ferguson, San Antonio; Tina Haynes, San Antonio; Gayle Harris, Boerne; Bob Kuehner, Converse; Lida McAllister, San Antonio; Mark Wehe, San Antonio; Jake Wells, Cibola and Jack White of San Antonio.

The Horseman's Organizations of South and Central Texas have been invited to become partners with the San Antonio Livestock Exposition in the production of an exciting set of horse shows. All new shows for 1986 include a Mule Show, an Arabian Horse Show and a show produced by the recently formed Texas Reining Horse Association.

Many new events have been added to established shows for 1986. The National Cutting Horse Show will have a championship non-

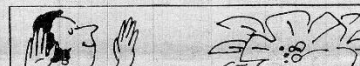
professional class for the first time at this year's Stock Show and Rodeo. In the Quarter Horse Show, additions include steer roping, trail and a full set of amateur classes. The Appaloosa Horse Show for 1986 will be a double point show featuring the Southern Select Halter and Western Pleasure Futurities.

The Central Texas Long Ears Association will hold a Mule Pull at the Stock Show on Valentine's Day, Friday February 14. This will be the first Mule Pull held in South Texas in modern times. Stock Show officials have added purse money to the Pull, expecting it to become one of the top attractions of the show.

For entries or other Horse Show information, the sponsoring horse organizations should be contacted. The Stock Show will not be accepting entries. The 1986 Horse Shows and sponsoring organizations are: NCHA Cutting and Quarter Horse Shows-Alamo Quarter Horse Breeders Association, 739 Milam Building, San Antonio TX, 78205, contact Hilda Lyons at (512) 224-7449; TRHA Reining Horse Show-Texas Reining Horse Show

Association, P.O. Box 691, Joshua, TX, 76058, contact Renee Heiney at (817) 295-7859; Palomino Show-Alamo Palomino Exhibitors Association, 8907 Fair Oaks Parkway, Boerne, TX, 78006, contact Maureen Stevenson at (512) 698-2036; Arabian Horse Show-Alamo Arabian Horse Association, P.O. Box 17301, San Antonio, TX, 78217, contact Margo Shallcross at (512) 698-7001; Paint Horse Show-South Texas Paint Horse Club, 7179 New Sulphur Springs Road, San Antonio, TX, 78263, contact Jeannie Melendez at (512) 648-1876; Mule Show and Mule Pull—Central Texas Long Ears Association, Rt. 1 Box 242-B, Devine, TX, 78016, contact Margo Marshall at (512) 762-3853, and, Appaloosa Show-South Texas Appaloosa Breeders, Rt. 1 Box 213-A Converse, TX, 78109, contact Brenda Kuehner at (512) 658-5437.

The 1986 San Antonio Stock Show and Rodeo opens Friday, February 7th and runs through Sunday, February 16. Horse Show activities begin on Tuesday, February 4th, and continue through the end of the show.



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Planning Your Retirement

The continuing care retirement community or CCRC has been called an extension of the American dream. It usually includes a comfortable apartment, gardens, companionship, and the security of medical attention. If you're considering moving into a CCRC, knowing what questions to ask now can protect your dream from turning sour in the future.

Ninety thousand elderly Americans live in CCRCs. They offer residents long-term guarantees for independent housing units and health and medical care for a one-time entry fee and periodic fees thereafter. A life-care contract, complete with medical assistance is much like an insurance policy. Yet a contract with a life-care facility is only as good as the financial plan behind it.

Since the mid-1970s, fifty of these life-care communities in the U.S. have declared bankruptcy or experienced financial difficulties. When these facilities fail, residents are often without legal recourse. Most CCRC failings are due to a miscalculation of contract buyer's needs and the costs of fulfilling these needs. Too few life-care communities use the expertise of a professional actuary in their long-range financial planning, according to the American Academy of Actuaries. An actuary could help as-

certain whether the money reserves of a CCRC are adequate to meet the promises made to residents. No existing or pending federal legislation mandates actuarial review, and industry-wide standards for actuarial examination don't exist.

While all states license and inspect nursing homes at life-care developments, only eleven states have broader statutes comprehensively regulating these communities. Consumers now rely on state laws for contract protection. Only seven states require reserve funds to cover unexpected costs a CCRC might experience.

To protect yourself, follow these tips.

- When considering a CCRC, look at its financial health, not just its plush carpets or activities calendar.

- See if an actuary has been involved in the formation of the CCRC. Ask to see the report. If the information is not available, skip that "dream" community for another that's more awake to financial reality.

"Nature never breaks her own laws."
Leonardo Da Vinci

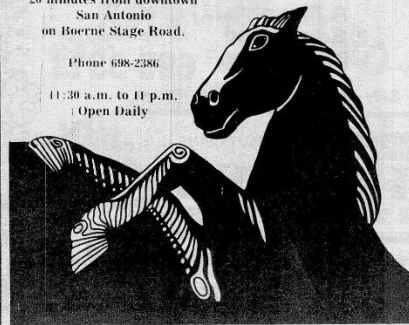
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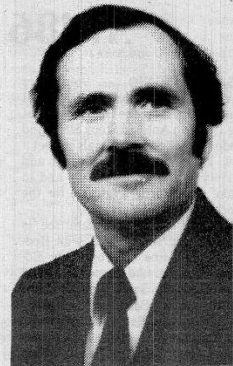
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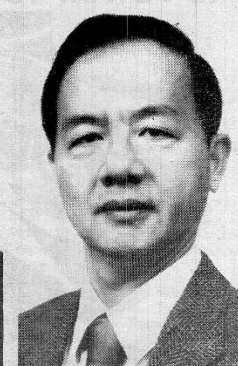
Southwest Research Center Promotes Two



Charles Les Bates



Robert H. Pish



Dr. Jackson H. Hwang

Southwest Research Institute (SwRI) has announced the promotion of two staff members and the appointment of a new researcher.

Charles Les Bates has been promoted to manager of field and consulting services for the Southern Gas Association Center for Advanced Machinery and Piping Dynamics within the Institute's Division of Applied Physics.

Bates holds a bachelor of physics degree from Texas A&I University and a master of physics degree from Texas A&M.

Robert H. Pish was promoted to director of administration for the Division of Applied Physics. Pish's new title acknowledges the exceptional contribution he has made to the Institute in administer-

ing various contractual, accounting, personnel, and promotional activities within the division.

Pish joined SwRI in 1966 after two years as an assistant petroleum engineer with the Lone Star Gas and Producing Company while he was working on his bachelor of physics degree at St. Mary's University. He also holds a master's degree in business administration from St. Mary's.

Dr. Jackson H. Hwang is a new senior research engineer in the Nondestructive Evaluation Science and Technology Division.

Prior to joining the SwRI staff, Dr. Hwang served as a consultant to the IBM Corporation in Boulder, Colorado, as an electromechanical systems engineer at the Woodward Governor Company, Fort Collins,

Colorado, and as an electrical engineer at AMF Turboscope, Inc., Houston. He holds a master's and doctorate in electrical engineering from Colorado State University.

AARP To Hear About Hearing

Glen Oaks Chapter of the American Association of Retired Persons will hold their monthly business meeting on Tuesday, Jan. 28, beginning at 1 p.m., at the Hope Lutheran Church, 5714 Callaghan Road.

A guest speaker, Larry Harris, will talk on "Hearing Problems." Those who desire may have hearing test.

Anyone 55 years old, retired or not, can join the association. Visitors are welcome.

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Protection Sought For Water Sources

By Congressman
Albert G. Bustamante

Ground water is one of our most precious natural resources. Over half of the American people depend on ground water for drinking water, and most urban areas are to some extent dependent on ground water. In fact, cities, such as Miami, San Antonio, Memphis, and Tucson, are served entirely by ground water. Our rural areas are even more dependent on ground water. Approximately 95 percent of our rural households depend solely on ground water for drinking water.

In addition to domestic use, ground water is an essential component of State's agricultural and industrial dynamics. This is particularly true among western States, such as California, Texas, Nebraska and Arizona, due to the drier climates and limited supplies of fresh water.

Unfortunately, our growing dependency on ground water is accompanied by an increased incidence of ground water contamination. During the past few years, more than 4,000 wells have been confirmed as contaminated. A study conducted by the Environmental Protection Agency found contaminants in 30 percent of our urban wells and about 20 percent of our smaller rural wells. While the severity of this pollution may be termed modest, it is important to note that ground water resources are much more difficult and costly to clean up than surface water. In some cases, contaminated wells can never be adequately treated.

Nonetheless, several incidents have been reported which constitute a more urgent threat to public health. For instance, in 1978, 38 wells were closed in the Long Island, New York area, affecting over two million people. In another case, 39 California wells were closed because of contamination that threatened 400,000 people.

We in San Antonio have been fortunate. The Edwards aquifer was the first sole source aquifer designated under the Safe Drinking Water Act. Area officials have done an excellent job of protecting it. However, we have learned that not all ground water resources are adequately protected nationwide. The real danger facing our Nation's water resources is that given the wide scope of ground water usage and the growing threat of con-

tamination, we have no comprehensive ground water policy.

Our current ground water policy consists of piecemeal federal strategy and inconsistent states' policy. To date, individual states have taken the lead on the prevention of ground water contamination, and I believe this issue should and must be addressed by individual states. Nonetheless, I also believe states are in need of grants, technological assistance and direction from the federal government.

Given these considerations, I introduced the Ground Water Protection Act is a legislative endeavor which would bring local authorities, states, and federal officials into a healthy debate on actual policy. H.R. 3808 establishes our ground water contamination problems.

States' ground water resources, problem contaminants, and developmental priorities are diverse. Thus, the comprehensive program this bill provides gives states full authority to set their own standards and priorities.

However, this bill also ensures direction from the federal level. The EPA would be responsible for enumerating a substantially expanded list of contaminants for states to use as standard criteria. Additionally, the EPA would help states establish management strategies. Moreover, the U.S. Geological Survey (USGS) would assist the EPA in strategy guidance and would coordinate States' information on ground water resources.

Funds would be made available from the USGS for ground water assessment, and the EPA would award grants for the costs of implementation and development of a ground water contamination prevention program. The authorization for this program includes \$25 million for the first three fiscal years after the enactment of this bill for USGS grants. EPA grants would be authorized at \$50 million for the first five years following enactment of the Ground Water Protection Act.

Although these figures seem intimidating at first glance, we must remember these figures are a fiscal outline for the program, and not a fiscal necessity. More importantly, we should not underestimate the long-term economic and health benefits a comprehensive ground water strategy would bring to this country.

Congress should act with foresight, rather than react with panic.

Zoo Adds Close-Ups



Continuing through the end of February, the San Antonio Zoo Docent Council is offering Animal Close-ups for zoo visitors on weekdays, Tuesday through Friday. The presentations will be held inside the zoo's Straus Education Center in the Children's Zoo at 10:30 a.m. and will last approximately 20 minutes.

Armadillos, kinkajous, pythons, owls and many other animals will be

featured. A different topic from the animal world will be discussed each day. Topics will include "How Animals Move," "Animal Coverings," "Animal Classification" and "Food Chains".

For additional details contact the zoo's education department at 734-7184.

For additional details contact the zoo's education department at 734-7184.

St. Mary's Installs New President

The Rev. John A. Leies, S.M., 59, sixteenth president of St. Mary's was formally installed as the University Tuesday.

Rose Palace To Host Western Gala

Tickets are now on sale for the Bexar County Hospital District Development Corporation's fourth annual Western Roundup Benefit Gala.

This year's gala, which has been designated an official Sesquicentennial event, will have a mini-rodeo, chuckwagon-style dinner, Old West decor, country entertainment, dancing and a real auction offering a ski trip to Colorado.

The San Antonio Rose Palace, located at Scenic Loop and Toutant-Beauregard, will host the event on Sunday, March 23.

Guests will begin their gala evening at 5 p.m. with a social hour during which they can view auction items such as a Waterford lead-crystal lamp, the ski trip and jewelry in an old-time general store setting. The coveted items will go to the highest bidders later in the evening.

The gala will get into full swing at 6 p.m. as Double LL Western Productions presents Lance Livingston in his Grand Entry and professional rodeo acts. A "Gold Nugget" contest featuring various attendees will follow the mini-rodeo.

The campfire cooking of Catering by Rosemary will include barbecue brisket, chicken and ribs and will be served chuckwagon style.



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Myths And Facts About Mountain Cedar Fever

SAN ANTONIO — Mountain cedar fever has become part of Central and South Texas winters.

About five percent of the population experiences the symptoms — sneezing, runny or congested nose, headaches, scratchy throat and itchy eyes — from late December until sometime in February as the cedar trees pollinate in the Hill Country.

In spite of all the attention surrounding cedar fever, people have many misconceptions about it, says William T. Kniker, M.D., professor and head of clinical immunology in pediatrics at The University of Texas Health Science Center at San Antonio.

Kniker, who has studied the allergic disease for the past 11 years, debunks three of the common myths about cedar fever.

MYTH #1: People with cold-like symptoms from fall through spring are victims of cedar fever. Kniker says true cedar fever sufferers are affected only from late December until sometime in February when

the trees stop pollinating.

"Allergic symptoms occurring in other months are more likely due to other pollens, molds and the like," he says.

MYTH #2: As soon as newcomers move to this area, they are possible candidates for cedar fever. The allergist says it generally takes several years for people to develop a sensitivity for cedar or other pollens.

MYTH #3: People who have lived in Central or South Texas for years and never had cedar fever won't ever get it. Kniker says anyone who has lived here for at least two years can develop an allergic reaction to cedar pollen.

"Sometimes something in a person's life, like stress, changes their metabolism briefly," he explains. "In that brief time, the person becomes susceptible to developing an allergic reaction."

"It's like a door has been opened. If the antigen (the substance that stimulates the allergic response) is

there and if everything else is right, then people suddenly can become allergic even if they've been exposed to the pollen before and never had a reaction."

Once the door has been opened, the person may continue to suffer allergic reactions for some time. But Kniker says it is possible for people at any age to "outgrow" or lose their allergic reactivity.

Myths aside, Kniker says one question he encounters continually is how to tell the difference between cedar fever and a bad cold.

He says many people with colds mistakenly assume they are allergic to cedar pollen, while people who have a pollen allergy attribute their symptoms to a chronic cold.

"If a person has itchy, burning, watery red eyes or nasal symptoms that persist for weeks, that points you to the allergic situation," Kniker says, adding that such symptoms disappear after a week or two in people with colds.

Health Center Gets New Dean

Peter O. Kohler, M.D., and endocrinologist from the University of Arkansas for Medical Sciences, has been named dean of the medical school at The University of Texas Health Science Center at San Antonio.

Dr. Kohler, 47, will assume the post "on or before July 1," said John P. Howe III, health science center president, who announced the appointment.

"Dr. Kohler brings impeccable credentials in academic medicine to the deanship," said Howe. "In addition, he is uniformly well liked for his way with people. He will further expand the standards of excellence of our school."

Howe also announced that Marvin

Forland, M.D., professor and deputy chair of medicine and associate dean for clinical affairs in the medical school, became interim dean, effective Jan. 13, until Kohler's arrival.

The dean's post has been vacant since the former dean, Marvin Dunn, M.D., left in the fall of 1984. Since then, Timothy Caris, M.D., an associate dean, has served as acting dean. Caris plans to retire from the university Jan. 31.

A native of Brooklyn, N.Y., Kohler earned his bachelor's degree from the University of Virginia, Charlottesville, and his medical degree from Duke Medical School, Durham, N.C.

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Army Schedules Burning Of Camp Bullis Cedar

Camp Bullis land management personnel are planning several controlled burns of grass and scrub cedar during January and February.

Dates are to be dependent on weather, but burning will be done approximately seven times, on days when northerly winds prevail.

Blocks of land ranging in size between 27 acres and 3500 acres will be burned, as part of the Camp Bullis continuing land management program.

Burning is used at the training sub-post of Fort Sam Houston as a

tool for the control of undesirable brush. Brush cedar is becoming an increasing problem at Camp Bullis, and it is spreading rapidly. Cedar provides little wildlife food, invites soil erosion, and hinders maneuvering of troops engaged in field training exercises.

Mechanical methods of cedar control are becoming increasingly costly, so Camp Bullis is turning to fire as a land management tool. Under optimum conditions, fire will kill close to 100 percent of brush cedar without harming grass or hardwoods such as oaks. Fire can be

used at a cost between one and three dollars per acre, compared to between \$50 and \$75 per acre for bulldozing, or hand cutting if workers could be found.

Burning will be accomplished by experienced personnel and in accordance with guidelines provided by the U.S. Department of Agriculture's Soil Conservation Service and the Texas Air Control Board.

Planned burn areas will be encircled by fire lanes. Installation fire trucks will be on standby and bulldozers and road graders will be available.

Smoke may be visible for several miles on days in which burns are in progress, but it should dissipate fairly quickly.

"A man can't retire his experience," Bernard Baruch

The Helotes Hills Chapter of AARP

meets in PARC Bldg. at 1:30 p.m.

Regular Meeting — 2nd Wednesday
Games Day — 4th Friday

Third Annual Statewide Country Fair Day: a baking, jams, jellies, preserves, pickles, and quilting contest to be held in conjunction with the 1986 San Antonio Stock Show and Rodeo on Sun., February 16, 1986.

The contest is open to anyone in the state of Texas. Entry forms must be postmarked by Friday, January 31, 1986.

Please enclose \$5 check or money order for each entry and mail to:

San Antonio Livestock Exposition, Inc.
Country Fair Day
P.O. Box 20228
San Antonio, Tx. 78220

One entry per category, please. Entry fee(s) is non-refundable. All judges decisions are final. For additional information contact Susan Niernan, 512-655-5500.

Please check your entry category/categories: (only one entry per category)

- | | |
|---------------------------------------|---|
| <input type="checkbox"/> yeast breads | <input type="checkbox"/> pickles |
| <input type="checkbox"/> cakes | <input type="checkbox"/> quilts-pieced |
| <input type="checkbox"/> pies | <input type="checkbox"/> quilts-appliqued |
| <input type="checkbox"/> jams | <input type="checkbox"/> quilts-general |
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Texas Wildlife Show To Open At Witte

"Texas Wild: Ecology Illustrated" is a vibrant and in-depth exhibition exploring the incredible ecological diversity of the Lone Star State. It will open on Saturday, Feb. 1, in three of the Witte's first-floor galleries. The exhibit explains the concepts of interdependence among species and natural progression to the food chain. The exhibit focuses on the plants and animals native to Texas including those common to us all and those rare creatures more elusive to detection.

A light-hearted film narrated by famed Texas humorist John Henry Faulk introduces the exhibition. There is a walk-through diorama recreating the South Texas thorn brush teeming with wildlife such as javelina, the horned lizard and the semi-legendary armadillo. A third gallery, especially designed for children, will feature live animals such as snakes, tarantulas and the itinerant Texas tortoise.

One of the many aspects of "Texas Wild: Ecology Illustrated" that youngsters will enjoy is the giant scale, which will tell you how many bales of hay it took to make you. This delightful item emphasizes the interrelationship of the

food chain we are all part of. Further illustrating this concept will be a commissioned "kinetic sculpture" that will show how the sun is the driving force behind the plant and animal kingdom, and how they are all interdependent for survival.

Educational aspects of "Texas Wild: Ecology Illustrated" will allow exhibit participants to view up close the "busy goings-on" inside a real beehive. Also, a live quail hatchery will be part of this innovative exhibit. Visitors to the Witte will be able to view baby quail chicks hatching almost every day.

"Texas Wild: Ecology Illustrated" was made possible through the generosity of the Robert J. Kleberg, Jr. and Helen C. Kleberg Foundation, as well as the grandchildren of Mr. and Mrs. Arthur S. Bird.

The Witte is located at 3801 Broadway. Hours of operation are Tuesday-Saturday from 10 a.m. to 5 p.m., Thursday until 9 p.m. and Sunday from noon-5 p.m. Admission is \$3 adults, \$1 children 6-12, \$1.50 for military, senior citizens and students with proper I.D. and free for children five and under.

Dieters Need Plan

SAN ANTONIO — After the holidays, most people are left with a few extra pounds to remind them of December's indulgences. "Losing weight" has become a traditional New Year's resolution.

To ensure dieting success, a nutrition specialist at The University of Texas Health Science Center at San Antonio suggests that people take three steps before they attempt to

shed unwanted pounds: become motivated, adopt an organized weight loss plan and decide on a way to evaluate how well the plan is working.

"If you don't have a plan, then you're probably not going to be very successful," says Eleanor Young, Ph.D., associate professor of medicine in the division of nutrition and gastroenterology.

Heads Shriners



Sidney D. Autry has been elected 1986 Potentate of Alzafar Shrine Temple. He is a native of San Antonio and retired from the U.S. Civil Service. Alzafar is one of 189 Shrine temples in the U.S., Canada and Mexico with some 900,000 members.

"First, decide how many pounds you want to lose," Dr. Young suggests. "Let's say you want to lose five pounds. It will take five weeks if you lose one pound a week, which is a reasonable goal."

Cab Calloway, legendary jazz musician of Harlem's famed Cotton Club, will appear at Trinity

University for one performance only on Wednesday, Feb. 12, at 8 p.m. in Laurie Auditorium. Tickets are \$6 to \$12.

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TEXAS TRAIL DUSTERS

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Saturday, Feb. 15—

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Wilford Hall Adds Heart Attack Prevention Program

A Coronary Artery Risk Evaluation (CARE) Program kicked off recently at Wilford Hall USAF Medical Center.

The CARE program is designed to prevent heart attacks and strokes, according to Maj. (Dr.) Edwin J. Whitney, Air Force CARE project officer, from his position at the Professional Medical Liaison Services, Brooks AFB, Texas.

Even though CARE has been in existence since 1982, the recent emphasis has evolved through the result of research that cites the increased need for a preventative approach to heart disease nationwide.

From his home base, Dr. Whitney will be traveling throughout the Air Force to set up CARE programs such as those already established at Laughlin AFB, Texas and Myrtle Beach AFB, S.C.

These previously established programs have resulted in tremendous results from participating patients and their families. The program has gained full support of the Air Force Surgeon General.

"Heart attacks and strokes are our nation's largest health problem. One half of all deaths in the United States are caused by diseases of the heart and/or blood vessels," said Dr. Whitney. "The CARE program has an extremely important role in identifying people who are at an increased risk for premature cardiovascular disease."

Once these risk factors have been identified, persons can change their life-style to promote wellness rather than wait for the inevitable heart attack or stroke to occur, he added. Participating patients are referred into the CARE program by their doctor or a physician assistant.

The initial counseling session is divided into two evening seminars at which patients learn exactly how to reduce their chances of having a heart attack or stroke. Family members are invited to attend these sessions also.

This program covers a variety of different topics including an explanation of how both heart and blood vessel diseases are caused.

Other topics include proper nutritional diet, exercise and stress management.

"Once the individual completes the initial sessions, their progress is monitored by health care providers trained in the CARE program," said Dr. Whitney. "When the patients progress is to the point where they have eliminated increased risk factors of heart attacks or strokes, their physician monitors them through routine appointments."

For more information on the CARE program, locally called the Cardiovascular Risk Management Program, contact the Primary Care Clinic at Ext. 5333.

Miss San Antonio Contest Feb. 1

Tickets are now available for the 1986 Miss San Antonio Scholarship Pageant. This year's pageant will be held at the Scottish Rite Cathedral with preliminary competition at 7:30 p.m. on Friday, Jan. 31, and the finals competition at 8 p.m. on Saturday, Feb. 1. Tickets are \$2.50 for Friday and \$5 for Saturday, and may be purchased at all Texas Ticket outlets in H.E.B. Superstores throughout the city.

In addition to the reigning Miss San Antonio, Kristen Green, the show will feature actor Patrick Wayne and local personality Talece Brown as co-hosts, the Marshall High School Ramlerettes Dance Team, and a local song and dance group, the Showstoppers.

Low-Income Households May Be Eligible For Assistance

AUSTIN — Some low-income Texas households may be eligible for help in paying their heating bills this winter through the Home Energy Assistance Program, according to Texas Department of Human Services Commissioner Marlin Johnston.

Commissioner Johnston said the onetime payment is available to many low-income households.

Households which this month received food stamps, Aid to Families with Dependent Children, Supplemental Security Income will be mailed applications automatically. Other low-income households may request an application from DHS during the enrollment period of now through February 18.

Save Your Child's Sight



Could your child be clueing you that he or she has trouble seeing? Some signs may be excessive rubbing of the eyes, shutting one eye, difficulty with close work, frequent blinking, squinting or frowning, undue sensitivity to light, inflamed or watery eyes, and recurring styes.

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It's easy to learn how to take care of your child's eyes. For a free booklet send a SASE to your state Society to Prevent Blindness or the National Society to Prevent Blindness, 79 Madison Avenue, New York, NY 10016.



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Higher Tax And Fee Now Covering 8,224 Miles

How far will a nickel go?

About 8,224 miles, according to the latest figures from the highway department. That's the number of highway miles currently undergoing some type of work in Texas following the five-cent a gallon fuel tax increase and the increase in motor vehicle registration fees.

The surge in roadwork is the result of a special legislative session in the summer of 1984. During the session, the lawmakers enacted an increase in both fees, which pumped enough money into the highway system to restore the construction and maintenance program. Prior to the infusion of funds, the highway department had been forced to reduce its maintenance program.

"We had reached a real crisis point in 1984," said Bob Lanier, chairman of the State Highway and Public Transportation Commission. "We were trying to operate a 1980s highway system on 1950s economics. The state fuel tax had

not been increased since 1955. And, except for a minor change in 1982, registration fees for motor vehicles had remained essentially the same since 1957."

"During the ten-year period prior to 1984, the number of drivers in the state increased by more than 46 percent," Lanier said. "But those same years coincided with a focus on fuel economy by motorists, so

revenues from fuel tax were not keeping pace with the economy." And nearly thirty years of inflation, he said, had decreased the spending value of the long-standing five-cents a gallon state fuel tax.

With motor vehicle registration fees similarly reflecting nearly thirty-year-old economy figures, the highway department lacked the funds to meet the state's highway

needs in the 1980s, Lanier said. Cars used less gas and were lighter in weight, a combination that had an adverse impact on both sources of revenue. And, in Texas, millions of new motorists crowded 73,000 miles of state-maintained highways. A system that, by then, was both inadequate and in a bad state of repair.

"We had, in effect, become a federal-aid highway system. If we could not get federal dollars to do a project, the project didn't see reality," Lanier said. "With federal budget cuts a constant worry, we felt it was time to let our fees reflect the current needs."

The state fuel tax was doubled, from five cents a gallon to ten cents. Motor vehicle registration fees were increased and restructured from a formula based on the weight of the vehicle to one based on the age and value of the vehicle.

The impact of the fee increases on the highway system has been far-reaching, according to highway

department engineer-director Mark Goode.

"As of November 1, 1985, we had more than \$2.8 billion in highway projects under contract," Goode said. "That is nearly double the \$1.5 billion we had two years ago." Goode said the number of projects jumped from 559 in 1983 to nearly 1,000 in 1985. And the scope of the projects includes safety, construction, rehabilitation and reconstruction.

"We now have 8,224 miles under contract in the entire state, more than 10 percent of the entire state highway system," Goode said. "That is enough miles to cross the state from Beaumont to El Paso 10 times."

"With the increase in fees, we can now plan projects and begin construction in as little as two years, by using state funds entirely," he said. "By contrast, federal funding can take six to eight years to secure."

Population Grows

By 11 Percent

The population of Helotes grew to 1,564 persons in 1984, according to a report by the Alamo Area Council of Governments on 1984 population estimates. This was an increase of 11 percent over the 1980 population of 1,409.

In the same period, Grey Forest decreased from 442 persons to 403, a loss of 8/8 percent, according to the

AACOG report.

The estimated per capita income for Helotes residents rose from \$9,975 in 1980 to \$12,756 in 1984. The Grey Forest per capita income rose from \$7,518 to \$9,666.

Leon Valley's population grew from 9,088 in 1980 to 10,837 in 1984, and the per capita income rose from \$8,249 to \$11,237.

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Sheep-Ewes & Lambs
\$20-\$30.
695-8007

FOR SALE—'75 Yamaha 650. Good condition. \$750. Pete's General Store 695-3685.

FOR SALE— Commodore 64 computer with Dataset. Also 4x8 flatbed trailer. 695-3643.

FOR SALE— 42-inch round, dark oak coffee table (like new), \$100.00. Mediterranean chest, 26x26 square (20 inches high), two drawers, \$100.00. 695-2150.

WORK WANTED— Houses to clean. Esmeralda, 695-9021.

BUY AND SELL— Cedar Posts. Wholesale. 921-0440. 1003 Quintana Road.

FOR SALE—Chest type 17-cubic foot Westinghouse Deep Freeze. Very good condition. 695-8108. Also for sale propane tank in good condition.

FOR SALE— Full-size waterbed mattress with foundation. 695-9605.

**FOR
SALE
GAME
FOWL
681-2930**

LOST AND FOUND— Reward. Lost Springer Spaniel. Liver and white, female, 6 years old. Name: Dolly. Call 699-7144.

FREE PUPPIES— Medium-size, black, 4 male, 4 female. On Leslie Road. 695-8424.

LOST— three sheep on Marin Hollow Drive. 695-9127

AVAILABLE— "09" cats. Dynamic duo. Formerly male/female. Guaranteed to enlighten your life. 824-0438, 6 to 10 p.m.

FOR RENT—Horse Stalls. Does not include feed, feeding and cleaning. \$75 per month. 684-1448, 8 a.m. to 5 p.m.



Young rabbits are known as kits or kittens.

SPECIAL NOTICE

Happy 20th birthday, Jill. I'm still here.

Charles

HELP WANTED

HELP WANTED— House cleaning and ironing. Weekly preferred. Call 695-8889 after 6 p.m. or 670-6095 until 6 p.m.

WORK WANTED— Let me help you clean your house. Call me at 679-7385. Reasonable price, excellent cleaner.

HELP WANTED— Laborer for cement work. Must speak English and have own transportation. Call after 6 p.m. 617-3312

HELP WANTED—Wanted—mature single woman housekeeper/baby sitter for one nine-year-old girl. Monday through Friday, 3 to 6 p.m. 695-2125.

HELP WANTED— Backhoe operator. Experienced in installation of septic systems, landscaping and possibly blasting. 679-7790.

WORK WANTED— I do house work. My name is Norma. My number is 433-3275. Thank you.

HELP WANTED

Experience not necessary. Chaffee Landscape.
695-9561

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