

# HELOTES ECHO

BULK RATE
U.S. POSTAGE
PAID
Helotes, Texes 78023
PERMIT NO. 1

VOLUME XXV. NUMBER 14

HELOTES, BEXAR COUNTY, TEXAS - MARCH 21 - MARCH 28, 1986

25° PER COPY

# Major Road Near Helotes Planned



Today is the first full day of Spring 1986, which arrived Thursday at p.m. The weather has been quite spring-like for several weeks - even the mesquite trees are leafing out. But Wednesday a cold front came through that produced frost Thursday morning.

An Easter Sunrise service, open to the community, will be held at Helotes Hills United Methodist Church, Sunday, March 30, beginning at 6:30 a.m.

Mrs. Clara M. Biering Wolfe is author of a new book, "God, Country and Family Stuff," just released by Vantage Press in New York. Prominent in the book are memories of her Aunt Elsie Saner. Mrs. Wolfe also is a real estate broker.

Helotes area families are cordially invited to the 12th annual Pioneer Day sponsored by the Historical Society of Leon Valley, to be held Sunday, April 13, in the John Marshall auditorium beginning at 3 p.m.. The Day will honor the first trustees of Northside Consolidated School District No. 1, and the first graduating class of Northside High.

Helotes Lions Club reports its first Trailwalk was highly successful with nearly 400 participants from all parts of the U.S. making the walk last Saturday and Sunday. Jim Clower was chairman of the event.

The Helotes Business and Professional Association met last week at the Garden of Eden Nursery and Gift Shoppe with Bernard and Henrietta Richards as hosts. The association plans to meet each month in the business of one of the members. On April 9 they will meet at El Chaparral Mexican Restaurant.

The Silver Belles had a St. Patrick's Day party at their March 16 meeting. Hostesses were Nita Wanke, Edith Taylor and Cleo Taylor. All decorations were in oreen.

## Texas Trivia Game On Sale



The hot new board game, American Trivia Challenge: Texas Style is now on sale from Northside District PTA's, mcluding Helotes School. The fundraising effort has been endorsed by San Antonio Mayor Henry Cisneros who serves Jordan. The educational game is selling for \$19.86, of which \$10 remains with the school PTA. Texas State PTA President Mary Tippin was in San Antonio recently to promote the game with Cisneros and Austin Naegele.

## Voters To Pick Officials On April 5

Absentee voting is underway now and regular ballotting will be held Saturday, April 5, in the city elections in Helotes, Grey Forest and Leon Valley. All voting will be at the city hall in each community.

In Helotes, three city council members are to be selected. Incumbents Leonard Hill and Gene Brigman filed for re-election and drew no opposition. Incumbent Niels Jensen is opposed by Jim Armstrong.

In Grey Forest, the mayor and

two city council members are to be elected. Incumbent Mayor Lou Hecker has drawn opposition from Don Reddout. David Galvan has filed for one council post, and the other post drew no candidate. A write-in campaign by Geologist Bill Wilbert for the unopposed post may

be developing.
In Leon Valley, Mayor Irene Baldridge has no opponent for reelection. Place 2 on the Leon Valley council is being sought by four candidates, Bobby Hardwick,

Jeffrey Johnson, Ray Olson and Rick Piper. In Place 4, the incumbent, Bill Marshall, has competition from Victor Rodriguez.

Also to be voted on April 5 are two places on the Northside District School Board. Candidates in Place 3 are Virginia Myers, the incumbent, and W. C. (Dub) McClister and Michael E. Hill. In Place 4 they are the incumbent, William Thornton, and Brian Lanford and Anne Newman. The polling places will be in Northside schools.

## New Research Park Site To Be Served

The building of a new road from Highway 90 West to Bandera Road, announced this week, is expected to give a significant boost to the development of Helotes.

It will be in addition to the Northwest Freeway announced some time ago and now under contruction.

The new road will open the development of the largely ranch land west of Helotes.

It would leave Highway 90 about four miles west of Loop 1604, go northward along the Bexar-Medina County line, cross Potranco Road and Culebra Road, enter the lower part of San Antonio Ranch, and continue northward to Bandera Road about nine miles west of Loop 1604 (beyond Villarreal's Ice House) The total length would be 181/2

Land for the new road is being donated by the landowners along its route, and the road would be built by the State Highway Department. It will have a 400-foot right-of-way and will start as a Farm-to-Market road, but can be expanded to a four-land divided highway when the traffic count on it reaches 35,000 cars per day.

County Judge Tom Vickers will meet with State Highway Department officials on March 31 to request that the new road be scheduled for construction.

County Commissioner Andy Casias reported this week that the Bexar County Commissioners Court passed a resolution supporting construction of the new north-south state highway.

'Medina County Commissioners are passing a similar resolution since a section of the road, which will closely parallel the Medina-Bex-ar County line, will actually be in Medina County," Casias said.

The Bexar County Court's resolution, noting the substantial growth and development in the northwest part of the county, and the fact that the Seaworld leisure complex and the Westside Expressway (State Highway 151) are under construction and set to open in 1987, asks for a state highway designation for the

[Continued On Page 5]

## Ft. Sam Plans Sunrise Service

Easter Sunrise services will be held at Fort Sam Houston, 6:30 a.m., Sunday, March 30, on MacArthur Field across from the Academy of Health Sciences.

The public is invited to this non-denominational service sponsored by the Fort Sam Houston Chapel Community and the Greater San Antonio Community of Churches.

Guest speaker will be Brigadier General Norris L. Einertson, the deputy chief of chaplains for the United States Army.

In case of rain, the service will be held in Blesse Auditorium, inside the Academy of Health Sciences.

## Coin Show Set For April 12-13

The Gateway Coin Club of San Antonio will sponsor its annual San Antonio Coin Show, April 12 and 13, at the Sheraton San Antonio Hotel. from 9 to 7 p.m. on Saturday, and from 9 a.m. to 5 p.m. on Sunday. Admission and parking are free.

Fifty coin dealers will be in attendance to meet virtually every collector's needs. In addition, the show will include education and informative programs for advanced collectors and beginners of all ages.

### FT. SAM MUSEUM

Fort Sam Houston's Military Museum will be closed to visitors for painting during the period March 29 through April 4. The Museum will resume normal hours on April 5: it is open 10 a.m. to 4 p.m. Wednesday through Sunday.

### VFW Auxiliary at Wilford Hall



Two members of the VFW Auxiliary visited patients in Wilford Hall Air Force Medical Center recently. They are Marie Blouin, center, Texas state president of the Auxiliary, and Helen Wendt, right, of the Helotes Auxiliary. At left is Ellen Gladden, in charge of volunteers for the Medical Center. (Photo by Leo Stewart, Jr.)

### James Weber Is Award Nominee

James Weber, a Holmes High School biology teacher, has been nominated by the Northside District to receive the 1986 Trinity Prize for Excellence in Teaching. An educator for 26 years, Weber lists his most significant professional achievement as the less than 1% failure rate of his students.

"I am not a success unless my students succeed, and they do," says Weber, whose extensive educational travels to major European cities, the Caribbean and South America with students, along with extensive schooling, motivates students and encourages them to make a deep commitment to their education.

Weber is a graduate of Ripon College (Wisconsin) where he earned his bachelor's degree, and Northwestern University where he received his master's degree. He also attended Trinity University.

He is presently a biology teacher

at Holmes and sponsor of the National Honor Society. He is the corresponding secretary of the school's PTA and works with the gifted and talented program. Weber is also a member of the school's Athletic Booster Club and serves on the students activities steering and physical education committees for Southern Association of Colleges and Schools evaluation

His teaching experience inleudes being an instructor at the University of Wisconsin, Fort Sam Houston' Medicine Field Service School, and Churchill High School in North East ISD.

## Joseph Woller Receives **Texas Heritage Award**

Joseph Woller was one of six Bexar County ranchers and farmers to receive a plaque from the Texas Department of Agriculture commemorating over 100 years of operation by the same family. The plaque was presented as part of the Sesquicentennial celebration on March 6 at the Farmer's Market, San Antonio.

In 1840, Nickolaus Woller emigrated from Schoenau, Bavaria, settling in East Bexar County. In 1876 his son, Joseph, purchased 139 acres in northwest Bexar County, adding additional acreage over the years. Joseph built a one-room native stone house on the land. In 1901, Joseph married Nancy Lee of Helotes. Together they had three children.

In 1928, Joseph died, at which time his family took over the operation.

At seventeen, Joseph Jr. took over the ranch. In 1945 he married Febronia Zigmond and had five

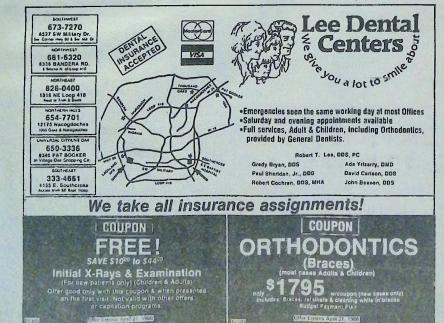
In 1976, the Woller ranch received a certificate from the Texas Family Land Heritage Program citing the ranch for being continuously worked by the same family for over 100 years.

In September the Woller ranch will observe its 110th anniversary, with both the certificate and the plaque on display. The ranch is located on Woller Road off Hausman

## Salute to Donald Duck



Donald Duck, a nine-time Oscar nominee, Academy Award winner in 1943 and leading man in more than 125 films, will be saluted in San Antonio by stars of Hollywood and sports during "Walt Disney's World on Ice," which will run from April I though April 6 at the Freeman Coliseum. Tickets are \$6, 7.50 and \$9.00, with \$2.50 off all tickets for the opening night performance on



### Law Offices of MELVIN N. EICHELBAUM

- ☐ Divorce & Adoption
- ☐ Worker's Compensation ☐ Personal Injury
- (on the Job Injuries) Criminal Law
- Wills, Estates & Probate
- C Bankruptcy & Chap. 13
- (Auto Accidents)
- ☐ Leon Valley Traffic Tickets
- & Municipal Court cases

6100 Bandera Road at Wurzbach

A MARKE ENDOMEDIACH CHAND MOT CERTHIOD BY THE SERVE BOOKER OF LEGAL SPECIALISATION

# THANK YOU

# HELOTES St FRIENDS



**OPEN 7 DAYS A WEEK** TIL 10 P.M.

Proudly Serving Breakfast, Lunch & Dinner

## Kerrville Festivals To Begin May 22

biggest of the Hill Country music celebrations with more than 27,000

family music fans attending last

year. The 1986 event welcomes 60

evening concert performers

including nationally-known

newcomers Katy Moffatt, Shawn

The 1986 season of Kerrville Music Festivals kicks off on Thursday, May 22, with the 11-day 15th anniversary Kerrville Folk Festival, presented in association with Texas Monthly.

Running May 22 through June 1. the Folk Festival is the oldest and

### Casias Honored By Constables

MISSION

GAS COMPANY

PROPANE GAS

FOR FAST SERVICE CALL

633-0721

San Antonio

TANK FINANCING AVAILABLE

30 DAY CHARGE ACCOUNTS AVAILABLE

County Commissioner Andy Casias was presented recently with a proclamation by the Precinct Two Constable Reserve Assocation in recognition of Commissioner Casias' "ability and desires to serve and promote the welfare of the citizens of Bexar County, Precinct Two."

The proclamation mentions Commissioner Casias' special

interest in law enforcement that has led to the appointment of all non-paid regular Deputy Constables, his role in obtaining more space for the Constable's and J.P.'s offices in Presinct Two that he was instrumental in obtaining the Precinct Two Constable's computer

link to local, regional and national

criminal information systems,

Townes Van Zandt

At the end of the Summer on Labor Day weekend, August 30-31, Kerrville Festivals producer Rod Kennedy stages number 13 of his Kerrville Bluegrass Festivals with such stars as Jim & Jesse & the Virginia Boys, New York's John Herald Band, Jana Jae of "Hee Haw" fame, the McLain Family Band from Kentucky, Dry Branch Fire Squad from Ohio, the famed Country Gazette, and the Warrior River Boys of Georgia. The widely heralded Southwestern Bluegrass Band and Banjo Championships will also be hosted by the Music Foundation.

On Columbus Day weekend. October 10-12, the fourth annual Kerrville Goodtime Music Festival is set with such stars as the original Light Crust Doughboys from Burrus Mills, England's John Pearse, folk singer Rosalie Sorrels, Philadelphia's harmonica ace Saul Broudy, Scotland's Ed Miller and many Texas traditional performers including Allen Damron, Tinker's Dam, Lindsay Haisley and Mariachi Campanas de America.

Producer Kennedy will also offer again his Isla Mujeres International Music Festival in Mexico in mid-October

Phillips and Eric Andersen plus Tom Rush, who is celebrating his 25th anniversary with a March 28 Carnegie Hall concert. Annual favorites returning to Kerrville include Riders in the Sky, Shake Russell, Jerry Jeff Walker and

"The newly re-organized Leon Springs Volunteer Fire Department Auxiliary is in the process of

Auxiliary Begins Membership Drive

expanding its membership," said President Cecilia Roegelein. She invites all interested community residents to join the Auxiliary in an effort to form a network of aid and assistance in case of disaster or emergencies

The Auxiliary is open to all men, women and young adults in the Leon Springs area with an interest in aiding, supporting and advancing the work of the LSVFD.

The next Auxiliary meeting will be held at 7:30 p.m. on Thursday, April 10, at Fire Station No. 1, 24810 Ima Ruth Parkway in the Leon Springs Mobil Villa, All interested persons are invited to attend or call Cecilia Roegelein, 698-1644 or Sharon Hardenstine, 698-1093, for more information.

The 1986 LSVFD Sponsorship Drive is well underway. "Thanks to the efforts of many area residents,

over letters and acknowledgements have been sent out," said sponsorship Chairman, Art Mace. If you have not received your sponsorship letter, please contact Mace at 698-1634.

Due to escalating operating and insurance costs, the Department needs support in order to keep equipment in good working order and furnish training for the increasing firefighter force.

The Department wishes to thank the following people who have given their time to help with the 1986 Sponsorship Drive: Charlene and

Chet Cambell: Mona Creech: Mickey and Glenn Drown; Kay, Gary and Josh Fregeau: Clyde Gott; Frank and Burke Hannibal; Marilyn Jones; Carolyn, Rex, and Greg Landis; Darleen Lee; Jackie and Art Mace: Brent Massey: Ed Ressler; Cecilia Roegelein; Betty and John White and Dorle, Cheryl. Tina, and Vicky Wilson.

## Council Has 'No' Session

The Helotes City Council failed again last Thursday to pass a proposed ordinance banning through truck traffic on all streets in Helotes except Bandera Road, Scenic Loop, Leslie Road and FM-1560.

The ordinance had been developed as a result of complaints by citizens that heavy trucks were damaging residential streets and creating traffic hazards, espcially on Antonio Drive and Cross XD Trail.

The Council members have not been able to agree during several meetings what "through truck traffic" means. The ordinance was tabled for further revisions.

The Council turned down, unani-

mously, a request by Dr. David Jacobson of San Antonio that zoning on his triangular piece of property on FM-1560 and two sections of Galm Road be changed from residential to B-2 commercial.

Several months ago the Council turned down his request for zoning from residential to B-3 commercial.

A small number of residents in adjacent Helotes Ranch Acres spoke against the rezoning because they feared the noise and traffic that would follow commercial develop-

The Council also set a public hearing for its March 27 meeting on how to use the federal revenue sharing funds the city has received.

# FLEMING HELOTES PHARMACY

'Service Counts . We Give It'

Located in Handy Andy Helotes Park Shopping Center, Bandera Road (Hwy 16)

We Deliver Phone 695-9132

Hours: 9 a.m - 7 p.m. Mon. Thru Fri. 9 a.m. - 4 p.m. Saturday

We Stock A Full Line Of LILLY **INSULINS** 

> Martha Clower Registered Pharmacist



## HELOTES ECHO

"Ye shall know the Truth" Established Sept. 1, 1961 Published First and Third Friday at 15350 Scenic Loop Road, Helotes, Texas (in Bexar County)

Mailing Address: Helotes Echo P. O. Box 228 Helotes, Texas 78023 Min. Subscription \$4.22 - Per Year 25° Per Copy (Plus Tax)

Vol. XXV, No. 14 - March 21, - March 28, 1986

Publisher: Charles O. Brown, Jr. Editor: Lucy Perkins Brown
Associate Editor: Virginia Van Steenberg Editorial Assistant: Marie Parrigin
Staff Photographer: Dick Miller
Phone 695-3613 If No Answer Call 695-3525

## Road-

(Continued From Page 11

new link. Casias said

The resolution also states that the Texas Research and Technology Foundation will locate its Texas Research Park on a 1,500-acre site on Highway 90 at the beginning of the new road.

News of the new road first came out at a meeting of the Select Committee on Higher Education in Austin attended by Gen. Robert McDermott, chairman of the Texas Research and Technology Foundation. Gen. McDermott told the committee that the road is needed to serve the new Texas Research park and other academic-industry biotech research installations to be built in the area,

"By the year 2000, San Antonio's research businesses will approach \$2 billion in annual research and development, and another 20,000 jobs will be established," he said.

Major landowners believed to be donating the 400-foot wide right-ofway for the road are Concord Oil Co. (owners of Briggs Ranch), Schumacher & Co., Saratoga Land Co., and Aykroyd & Simmons Interests-Peyton McKnight Joint Venture.

Attorney Wayland Simmons said his group controls 700 acres on Bandera Road ajacent to San Antonio Ranch. "We need the access

desperately," he said.

He said the four landowning groups own about 85 per cent of the proposed right-of-way. Judge Vickers said some parcels may need to be obtained by condemnation, but the major land owners likely would assume to cost of the condemned

"Even in that case, the county would be reimbursed." he said. "This would not involve the use of taxpayers' money.'

The road is expected to be completed in three years.

### YOUR FLOWERS AND PLANT Helpful Hints

Among the flowers that delight us with their scent as well as their beauty, few rival the freesia, which actually has been improved by man, according to FTD florists.

A native of Africa, the freesia is

named for a 19th century student of plants from that part of the world, Friedrich

Freese The original freesia was rather a plain flower but during a 30-year period in the 20th century, plant

breeders developed freesias with taller, more graceful stems and with more abundant and layered blooms.

The modern freesia comes in an array of colors, including pure white, red, pink, mauve, lavender, blue, cream, yellow and copper.

They are fragrant and colorful accents to mixed bouquets and delightful when simply arranged alone in a vase of water.

### At Bulverde



Murder most foul - but funny will be seen in the production of "Exit the Body," a three-act live perfor-mance by S.T.A.G.E., Inc., Bulverde's non-profit community theater, for nine nights and two matinees between April 3 and April 19. Tickets are \$6, \$4 and \$2. The play will be performed in the Krause House on Bulverde Road. Phone 438-2339 for times



Because of the moon's tidal drag, days are increasing irregularly at the average rate of about a millisecond per century. Some of course, seem to have increased by much more than that

### State Arts, Crafts Fair To Return To Kerrville

The Sesquicentennial Texas State Arts and Crafts Fair will be held May 24-25 and May 31-June 1, Saturdays and Sundays of consecutive weekends, in Kerrville 1986 marks the fifteenth anniversary of the Fair, held on its sixteen-acre fairgrounds on Schreiner College campus.

The Sesquicentennial edition of the fair offer new events for

visitors. At 2:30 p.m. each fair day, an historical dress pageant fills the fair stage and a runway into the audience provides a closer look.

Featuring museum quality, historically correct reproductions and many actual historic costumes, the pageant covers styles worn by Texas ladies from 1830 through 1950 All clothing is handmade and some is embellished with embroidery, tatting, and other exquisite needleart.

Pioneer Village is a place where the old ways linger. Expanded for the Sesquicentennial year fair, pride and creative excellence in the crafting of every-day articles will receive a special salute.

In 1972, the year of the first Texas State Arts and Crafts Fair. the state legislature started a program to recognize one outstanding visual artist each year as the official Texas State Artist. A special showing of works by most of these award winning artists will be held in the Pavilion, near the fairgrounds entrance. Many of the artists will be with their exhibit

Exhibits to educate in crafts are here also. Demonstrations of age old skills to just developed techniques give visitors many opportunities to talk with an expert.

The fair is a child's delight, with special goings on just for them. There are plays, songs, stories and a purchase area just for them. The petting zoo has gentle farm animals to love under close supervision of caring adults.

Excellent food and lively entertainment are expected of the official event, and the 1986 edition upholds the tradition. Entertainment, in addition to bluegrass and country music, will include a brass quintet and "Workin' Texas," a musical troup reviving a depression era traveling musical.

The Fair office has an informed

staff person to answer questions, including those on accommodations. Inquiries are welcome on the toll free number, 1-800-292-0089, or by writing TACF, P.O. Box 1527, Kerrville. Texas 78028 for a free color brochure

## Woody Herman To Play Concert At UTSA March 27

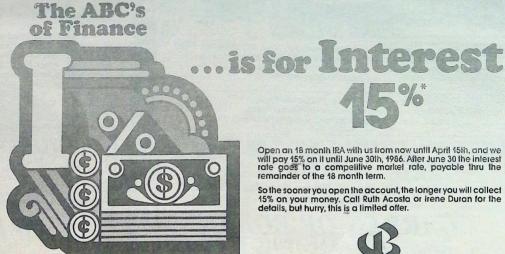
Jazz great Woody Herman, who marks his 50th anniversary as a band leader this year, will perform at The University of Texas at San Antonio Convocation Center on Thursday, March 27, at 8 p.m.

The only living Big Band leader from the 30's and 40's still leading a band, Herman is known for such million-selling records as "Woodchopper's Ball," "Blues in the Night," "Laura," and "Blue Flame.'

Accompanying Herman is his band, dubbed the Thundering Herd by music critic George T. Simon who once wrote that the band sounded like a "thundering herd." The 17-piece band consists of five trumpeters, three trombonists. three tenor saxophonists, one baritone saxophonist, one pianist, one drummer, one bassist and one clarinetist/singer (Herman)

Tickets to the concert are \$10 per person, \$8 for UTSA students and senior citizens, with proceeds benefitting the music scholarship fund. Tickets may be obtained through the UTSA Ticket Office either by check or by using Visa or MasterCard or tickets are available at all Rainbow Ticket-Master outlets. To order tickets by phone, call Charge-a-Tik at 226-2626. For further information, call 691-4646.

Modern banking dates from the Banco di Rialto, founded in Venice in 1587. It accepted demand deposits and permitted depositors to transfer their credits by check.



\*Minimum deposit of \$1000, term of 18 months. Substantial Interest penalty is required for early with-drowal. Early withdrowal may leopardize lax-deferred stalus. Interest rate after 6-30-86 determined by market rate at that time. Only new accounts opened from now until 4.15-86 are elligable for 15% rate 1 his rate stated in per annum percentage.

Open an 18 month IRA with us from now until April 15th, and we will pay 15% on it until June 30th, 1986. After June 30 the interest rate goes to a competitive market rate, payable thru the remainder of the 18 month term.

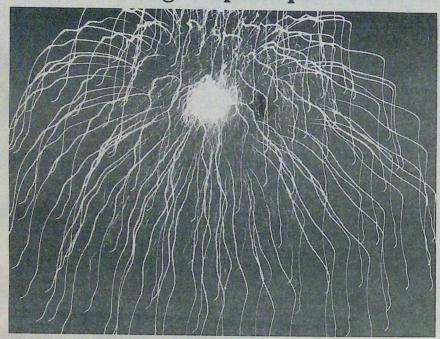
So the sooner you open the account, the longer you will collect 15% on your money. Call Ruth Acosta or Irene Duran for the details, but hurry, this is a limited offer.



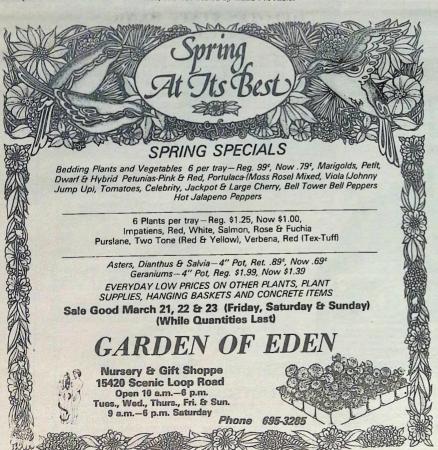
### UNIVERSITY NATIONAL BANK

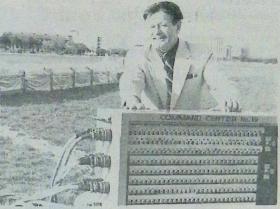
IH 10 AT LOOP 1604 P.O. BOX 690610 SAN ANTONIO, TX 78249 512/690-9300 MEMBER FDIC THE STEP AHEAD BANK ... KEEPING YOU AHEAD, FINANCIALLY.

## Fireworks Light Up Sesquicentennial



Called the greatest fireworks display ever presented in San Antonio, with bursts like this, the end of a week of Texas Sesquicentennial events was celebrated on March 8 at Fort Sam Houston. The display was produced by the Grucci Family from New York. It ran 23 minutes, and was hosted by KLLS-FM radio.





Phil Butler of the Grucci Family's pyrotechnic firm controlled the display from this master panel on MacArthur Field. The Grucci Family began working in fireworks in Italy in 1853. To the two fireworks colors developed by the Chinese, gold and white, they added red, green and blue. The display wound up a week-long observance of the 150th anniversary of the battle of the Alamo. (Photos by Leo Stewart, Jr.)



"Skyfire '86" drew more than 100,000 persons to Fort Sam Houston's MacArthur Field. Here are some of the early arrivals. The display was choreographed to music taped by KLLS, including "San Antonio Rose," "Yellow Rose of Texas," "Bury Me Not On the Lone Prairie" and "Deep in the Heart of Texas."

## 'Jazzdance' To Premiere April 14

Danny Buraczeski, hailed at the American Dance Festival as "the greatest jazz choreographer since Alvin Ailey," brings JAZZDANCE to San Antonio for the Company's first Texas tour, April 14-16, under the auspices of the Carver Community Cultural Center. Performances are scheduled at 8

p.m. on Tuesday and Wednesday, April 15 and 16, at Beethoven Hall, located at 420 S. Alamo. Admission is free and open to the public.

The largest freshwater lake in the world.—Lake Superior—is about thirty times as large as the state of Rhode Island.

### HELOTES CHRISTIAN CHURCH

Meeting at 14120 Bandera Road SUNDAY MEETINGS: Bible Study 10:30 A.M. Worship Service 11 A.M. Call 695-9706 • FRANK L. FLACY, Minister

# Elf Industries

GENERAL HARDWARE

Lawn Mowers & Chain Saws

SALES & SERVICE



695-9201

14549 Bandera - DOWNTOWN HELOTES

## **Annapolis Bound**



Three John Marshall High seniors have received Superintendent's appointments to the United States Naval Academy for the class entering in July, 1986. They are Cadet Ensign Dahlia Vargas, Cadet Petty Officer Michael Bidus and Cadet Lieutenant Jennifer Buenviaje.

### A Winning Idea

Ten thousand dollars was the reward given a high school teacher for his ideas on how business can help improve the quality of educa-

The teacher, Patrick Allen of Clifton Park near Albany, New York, proposed that regional centers be established to collect and distribute information about business issues which affect students, including careers, employment trends, scholarships and competitions. These centers would also update teachers about economics and assist them in explaining its complexities to students.

His idea was set out in the winning essay in the New York Stock Exchange Teachers' Competition—
"A Call to Educators: A Test for Business." The competition was open to all full-time New York State certified teachers, kindergarten through 12th grades. It's part of the Stock Exchange's effort to foster a partnership between educators and the business community.

**Helotes Hills United Methodist Church** 

### **CHRISTIAN PRE-SCHOOL**

Now Accepting Fall Registration -Ages 2 to 5 Mother's Day Out - Ages 0 to 2 up

13222 Bandera Road

Call 695-3761

ولا و الرائز الوائد الله الله الله الله المستولية والمستوالية الرائد المرافع الأراد المرافع الرائد المرافعة الم

# The Village Scoop

is celebrating its FIRST Year under its current ownership. And you get the presents. Free small fountain drink with purchase of Banana Split.

Single ice cream cone 70°

We have returned to our Summer hours of staying open until 9 p.m. Sunday-Thursday. (Friday and Saturday until 10 p.m.)

12944 Bandera Road Helotes Park Plaza 

695-8028

### Phony Bank Examiner Scheme Costs Unwary

Con men love to get something for nothing. Unfortunately, what they get may be at your expense. Kyle Coleman of the Bexar County District Attorney's Crime Prevention Section warns you to be on your guard for any number of bunco schemes that may rob you of your hard-earned money.

One of the most common schemes is the phony bank examiner ploy. In this scheme, the victim receives a phone call from a "bank examiner"

who gets the victim to identify his bank branch by some ruse.

He tells the unsuspecting victim the bank believes one of its employees is stealing from the business and asks for cooperation. The con man impresses the victim with the necessity of maintaining absolute secrecy, until the victim agrees to go along with the scheme.

The "bank examiner" tells the victim to go to the bank anu withdraw several thousand dollars. Once the victim's money is withdrawn, the "examiner" or someone pretending to be a police officer or FBI agent, calls upon the unwary victim. The victim is given a receipt for his money and praised for his cooperation. When the victim checks with his bank later, he finds he has been duped.

If you are ever contacted by someone wanting you to withdraw money from your bank, call the police or FBI immediately.

For more information on con games, call your local law enforcement agency's crime prevention officer or the Bexar County District Attorney's Crime Prevention Section at 220-2715.

## Parenting Fair To Be April 10

The Third Annual Northside School District Positively Parenting Fair will be held April 10, at the Paul Taylor Field House from 4 p.m. to 9 p.m. Parenting skills workshops will be available and representatives from area community service organizations will tell about their services. For more information, call Jesse Ramos, 684-4776.

### **Medical Center Gets Tintype**

A rare early photograph, known as a tintype, that documents an important event in medical history has been donated to The University of Texas Health Science Center at San

The photographic image, probably made between 1855 and 1860, shows Dr. Crawford Long of Athens, Ga., demonstrating the use of ether anesthesia in surgery.

The scene was staged to portray Dr. Long's original discovery and use of anesthesia in 1842. This was four years before it was demonstrated at Massachusetts General Hospital by William T. Morton, who received credit for the discovery.

Dr. Long's claim eventually was verified. He is now recognized as the discoverer of modern anesthesia, although he did not publish his findings or make them known to the medical profession.

The Crawford Long tintype, the only known photograph of Dr. Long. was discovered recently by an antique dealer in Gainesville, Ga., who purchased it from a descendant of Dr. Long. It then passed to a rare book dealer in Athens.

The tintype was purchased for the P.I. Nixon Medical Historical Library at the university by Dr. Scott Smith, a resident in anesthesiology at Medical Center

### HELOTES STATE BANK HAS A FREE GIFT FOR YOU

A COMPLIMENTARY 8 x 10 **FULL—COLOR PORTRAIT** 

With the near completion of our new bank building and Mother's Day just around the corner, we want to show our appreciation to the community that has helped us grow. To thank our present customers...and to make new friends...we have chosen a highly personal gift - a beautiful portrait photograph of you or your family.

PHOTOGRAPHY DATES

Tuesday April 8 thru Saturday April 12

Limit one offer per family. For further information and to schedule a sitting, come by the Bank, 12590 Bandera, or call 695-8761.







## Easter Eggs Bountiful



The Scenic Loop Playground Club in Grey Forest opened the Easter season early with an Easter egg hunt for children of the club's members on Sunday, March 16. Here some of the hunters spread out on the club's recreation field, where many eggs were concealed.



The children were treated to refreshments to carry them through the rigors of dashing after the many-colored eggs. Meantime, parents pondered the rigors of a \$1,600 tax bill for city, county and state taxes sent the club this year. Before, the club had been tax exempt.



Two young huntresses race for the gold — and red and blue and green and yellow, etc. — when the hunt begins. One girl stops to scoop up her latest find. (Photos by Dick Miller)

### Horse Show Coming To Rose Palace

The Alamo Charity Horse Show will hold its 24th Annual Benefit Show on April 2-6, at the San Antonio Rose Palace on Scenic Loop Road.

Rose Palace on Scenic Loop Road.
This show is the first leg of the entire Southwest Circuit. The sponsoring agent of this show is the San Antonio Alzafar Shrine Temple. The net proceeds will be donated to the various Alzafar Shrine charittes.
Many members of the Alzafar Shrine will be on hand at the show, and their own Mounted Unit will open each evening performance.

Subsequent shows will be held in Tulsa, Dallas, and Houston in the following months. Riders and horses accumulate points when competing during all 4 shows and are presented with High Points Awards during the National Show held each fall.

The Alamo Charity Horse Show is unique in that it features a variety of breeds. The typical horse show features one breed and no explanation is given to the audience. The Alamo Charity Horse Show's main consideration is the viewing audience. The announcer makes the audience feel at home by explaining in detail the particulars of each event as it is presented.



SUNDAY SCHOOL 9:45 a.m.
WORSHIP 11 a.m.
11/4: Miles North of Hwy. 1604
NURSERY PROVIDED
Rev. Randy L. Terry
& Rev. Elizabeth Terry,
Co-Pastors



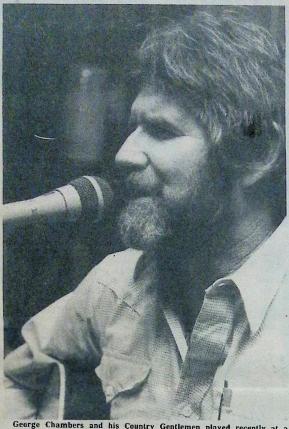
This young hunter with a basket full, shows off his latest find. The hunt was followed with a covered dish supper for the children and adult club members, and the club's quarterly meeting.

# Philip M. Strickland, D.D.S.

### GENERAL DENTISTRY

Evening and Saturday
Appointments Available
MasterCard and Visa Acceptive Evergencies Same Day
Free Consultation
12954 Bandera Road
Halotos Park Plaza Shopping Conter

## Playing at Rally



George Chambers and his Country Gentlemen played recently at a barbecue for Dub McGlister, candidate for the Northside District school board. The rally was held at Aggie Park. Chambers is well-known in the Helotes area for his appearances at Floore Country Store. (Photo by William Terry)

> DR. THOS. J. HABERMAN, D.D.S., M.S. FAMILY DENTISTRY

13041 Bandera Road

698-8884



Country Oaks Mobile Home Park 7510 Talley Road San Antonio, Texas 78253 (512) 688-3029

Low Lot Rent \* Northside Schools

### HELOTES HILLS UNITED METHODIST CHURCH

13222 Bandera Road

Sundays: Worship Services 9 a.m. & 11 a.m. Church School 9:45 A.M. • Youth Activities Rev. David McNitzky, Pastor • 695-3761

**CHRISTIAN PRE-SCHOOL** 

Tuesday & Thursday 9 a.m. - 12 Noon MOTHER'S DAY OUT Thursday - 9 a.m. 2 p.m.

### No Fad Foods, Exercise Best For Keeping Fit

By Captain Diane Davis, Assistant Chief

Food Production and Services Wilford Hall USAF Medical Center

March is national nutrition month. As an exercising individual you may be concerned with nutrients and foods you need most to keep healthy. Protein? Vitamins?

Believe it or not, if you want to maintain your weight and have no major health problems you will need more of the following: calories, water and possibly salt. Let me

Calories preferably come from carbohydrates like bread, fruit, vegetables and potatoes. These food items give you a greater calorie intake but are also part of the basic food group. Water will replace your fluid lost in perspiration. Extra salt on your food will also help the body retain fluid, but is usually only necessary in extremely hot climates.

You might also want to add plenty of fruits, vegetables and juices to maintain your blood potassium levels when exercising during hot

That's it! No bee pollen, liver tablets, protein powder or vitamin C pills. None of these items have been

shown to henefit health. In fact, some of them can actually be harmful. Always be sure to include a variety of foods from the basic food groups - fruits and vegetables, grains, dairy products, meats, poultry and fish - daily to insure adequate vitamins and minerals in

## Lettermen To Perform Here

The musical group The Lettermen will appear in concert at Trinity University on Saturday, April 12, in Laurie Auditorium.

The Lettermen appeared on the pop music scene in 1961 with their first hit "The Way You Look Tonight". Since then, The Lettermen have recorded more than 50 albums, nine of which have gone

Tickets for the April 12 show are available at the Laurie Auditorium box office and all Ticketmaster locations. Tickets are \$10, \$14 and \$16 for the 8 p.m. performance.

About 100,000 men labored to build a single pyramid in ancient Egypt.

your diet. No one food contains all of the nutrients essential for good health.

To regulate your calorie intake, limit the daily amounts of fats, sweets and alcohol. For most people, that will make a significant decrease in their calorie intake. Combine this with your aerobic fitness exercise and you've got a great weight loss program. Remember - no one food is fattening. Some have more calories than others but it is the daily calorie total that counts.

Getting back to fluid replacement before, during and after exercise the best fluid to drink is water. Water is absorbed by the body immediately to help regulate body temperature and carry nutrients throughout the body. Don't rely on caffeine-containing beverages to replace fluid loss. Caffeine is a diuretic, a substance which causes the kidneys to excrete more fluid, so it defeats the purpose of fluid replacement.

In general, a healthy diet for anyone with no major health problems includes a wide variety of foods that are low in fat, avoid sugar and alcohol and drink at least two-three quarts of fluid daily.

### ES GENERAL STORE -DOWNTOWN HELOTES-RESTAURANT

Bandera Road • Hwy 16 N.W. Open Daily, 11 a.m. till 9 p.m.

Serving Delicious

## BAR-B-Q

Beef, Sausage. Ham, Ribs & Chicken Plates, Sandwiches & Family Dinners **Also Charbroiled Boneless** 

SIEAKS	
2 OZ. RIB-EYE	7.35
OZ. SIRLOIN STEAK	5.45
OZ. CHOPPED STEAK	3.65
	4.45
	4.45
Served with Baked Potato or Hash Browns	,
and Salad	

Hot Dinner Rolls Served with All Steaks & Barbecue Plates

**Homemade CHILI** and SOUP Charbroiled BURGERS

BEER - WINE & WINE COOLERS 695-9665 A-La-Carte 1/2 Barbecued

Chicken- \$2.20

CATERING



Hand Dipped Ice Cream Featuring

**BLUE BELL** Ice Cream

**Party Trays** In Various Sizes by Special Order

Dine in A **True Texas** Atmosphere

The Terry Family

All Menu Items Available To Take Out

# **Helotes School Parents Conduct Career Day**



Kathy Waldrop, attorney, presented the many opportunities for women in the field of law.



Ed Scharf discussed careers in the wide field of management. He is also president of the Helotes PTA



Thomas Schultz outlined the work of the mechanical inspector, a not widely known career.



James Brigman, architectural engineer for Southwestern Bell, told of the ecomplishments of men and women in his field.



Irene Scharf, St. Mary's University librarian, told of the fast-moving changes in libraries and library management.



Mark Williams, music professor, told students about the many possible career opportunities in the field of music.



Johnny Becker discussed the work of the civil engineers in helping build a new world.



The white cross of Denmark is one of the oldest national flags. It has been used for over 750 years.

The recent Career Fair presented by Helotes parents for the fourth and fifth grade students offered information on a variety of jobs and tried to make school work relevant to the world of work. Cindy Woodlee, school counselor, coordinated the Fair. The students will present to the parents a Career Fair of their own at the May PTA meeting.

## Santa Rosa Chief Picked For Award

The St. Mary's University School of Science, Engineering and Technology has named Sister Angela Clare Moran recipient of the school's 1986 Marian Health Care Award.

The president and chief executive officer of Santa Rosa Medical Center, she will receive the award at a dinner in her honor April 17.

The event at the Bright Shawl will begin with a cocktail reception at 7 p.m. followed by the awards banquet at 7:45 p.m. Tickets are

St. Mary's presents the award to a member of the health-care profession who has demonstrated outstanding dedication to the profession and the community.

Past recipients include heart surgeon Michael DeBakey and Dr. Mario E. Ramirez, a physician honored by President Carter as Family Doctor of the Year.

The dinner will also honor St. Mary's health science students who have been accepted for fall enrollment by professional schools.

Sister Moran has headed Santa Rosa's facilities since 1972.

A native of Ireland and member of the order of the Sisters of Charity of the Incarnate Word, she received a nursing degree from Incarnate Word College in 1950 and a master's degree in health care administration at St. Louis University in 1960.

## New Braunfels Invites Artists

Area artists are invited to enter the New Braunfels Art League's twenty-first annual Spring Art Show, set for Memorial Day weekend, May 24-25, in the Civic Center, New Braunfels.

An entry blank may be obtained by writing the New Braunfels Art League, Box 325, New Braunfels, Tx. 78131-0325.

### ZION LUTHERAN CHURCH Of Helotes

9963 Leslie Road (Braun at 1604)

Worship Services Every Sunday at 8 a.m and 10:30 a.m. Hour 9:15 Holy Communion 1st & 3rd Sundays

Education Hour 9:15

Pastors Rev. Dr. Gordon Kuenemann Rev. Elizabeth Lundquist, Rev. C. Mark Lundquist

# Reduced Funding Causes Concern

COLLEGE STATION — Eudgeting austerfly at the federal level will have a major impact on the U.S. Department of Agriculture's Cooperative Extension Service and consequently the Toxas Agricultural Extension Service, a partner in the nationwide system.

"President Reagan's proposed budget for fiscal year 1987 would reduce federal funds to Cooperative Extension by 59 percent and the Texas Agricultural Extension Service's federal budget would be reduced over \$10 million," points out Dr. Zerle L. Carpenter, Extension Service director.

"If this proposal should be approved by Congress, it would result in the loss of a number of staff positions and a reduction in specific programs. Yet we want to continue to do the best job possible in providing quality educational programs to the citizens of Texas.

"If President Reagan's budget is adopted by Congress, special funded programs will be eliminated. For Texas, these include expanded nutrition programs, urban gardening, integrated pest management, renewable resources,

farm safety, and a portion of the 4-H program."

Educational programs for the family, with particular emphasis on fitness and health, nutrition and family financial planning, have led the way in improving the quality of life for many Texans, says Carpenter.

And then there's the 4-H program for the state's youth. "4-H has had resounding success in leadership endeavors for molding youth between the ages of 9 and 19 into highly successful, productive citizens and leaders." contends the Extension Service director.

"As an informal, out-of-school program, 4-H focuses on providing real life experiences for youth to teach them leadership, responsibility and coping skills and to expand their knowledge base as they prepare for tomorrow's world."

"These programs of the Extension Service that have served Texas citizens so well over the years will continue to receive emphasis despite budget cutbacks," Carpenter emphasizes. "However, we will have to be much more selective in our programming efforts.

# 'Silver Haired' Legislative Election May 30

Four persons have been named as candidates for the first "Silver Haired" Legislature in Texas from District I, Alamo Area, consisting of Kerr, Bandera and Kendali Counties.

The Silver Haired Legislature is a state-wide, elected bi-partisan group of Texans 60 years of age or older, to be elected by their peers, which will meet in the State Capitol for the purpose of proposing and voting on legislation affecting senior citizens. The "Silver Haired Legislature will have 116 representatives, one from each district.

The election will be held May 30 at senior citizens centers in each county. Voters must be at least 60 years of age, registered to vote, and reside within the district. Absentee voting is scheduled from May 19 through May 23. Absentee ballots may be obtained through local senior citizen centers.

The candidates to be voted on in this area are Lois Wertheim of Boerne, and Evelin Abernathy, Roy J. Evans and A.H. "Bob" Pritchard, all of Kerrville.

## Let's Dance EVERY SATURDAY NIGHT 9 P.M.-1 A.M.

Saturday, Mar. 22-

CAROLYN STEEL & SOUTHERN FEVER

Sunday, Mar. 23-

TEXAS TRAIL DUSTERS

Saturday, Mar. 29-

TEXAS TRAIL DUSTERS

Sunday, Mar. 30-

BILLY MATA

Saturday, Apr. 5-

BILLY MATA

Sunday, Apr. 6-

TEXAS TRAIL DUSTERS

Saturday, Apr. 12-

TEXAS TRAIL DUSTERS

Sunday, Apr. 13-

TEXAS SCRATCH

Saturday, Apr. 19-

THE METHENY BROTHERS

Sunday, Apr. 20-

THE OUTSIDERS

Saturday, Apr. 26-

JOHNNY LYON

Sunday, Apr. 27— \*\*\*

BILLY MATA

## FREE DANCE

Every Sunday 6 P.M.
No minors admitted without parents on Sunday afternoon after 6 P.M.

FOR PRIVATE PARTIES CALL 695-8827 Open 10 A.M. to 9 P.M. Thursday – Sunday

> Stop in for Country Style BREAD—SAUSAGE—TAMALES

Floore Country Store

BANDERA RD.—Hwy. 16 42 Years in Downtown Helotes



# Corral Classified Ads

Corral classified ads minimum \$2 for 10 words, 10 cents for each additional word. All display ads on this page at regular rate of \$3 per column inch. Mail copy with check to: Helotes Echo, P.O. Box 228, Helotes, Texas 78023 or bring to ECHO office at 15350 Scenic Loop Rd. or call 695-3613 for assistance.

FOR SALE—Refrigerator, 19 cu. ft. Frostfree. Ice maker. Very good condition. \$150. 695-9830 after 7 and weekends.

FOR SALE—Huge dog house. Let's talk price. Ten 8-inch concrete drainage pipes. Come get it and it's yours. 695-9264.

FOR SALE
JUST MAKE PAYMENTS
\$499 down plus tax,
title and license
'86 NISSAN 4x4
Short Wheel Base Pickup
AC & AM/FM Cassette
Nice by
Apply by phone
Call Eddie, 227-7933

FOR SALE—Upright freezer. Brown. \$75. 695-9830 after 7 p.m. and weekends.

FOR SALE
Baby Grand Piano
\$3,500
Call 692-1111

## FOR SALE

BUY AND SELL— Cedar Posts. Wholesale. 921-0440. 1003 Quintana

FOR SALE 2-way radios. 2, with base station. Call for details. 695-2425

> PEACOCKS FOR SALE 695-8143

### FOR SALE

126 square yards used carpet, couch, good condition. Make an offer. After 4 p.m., 695-3648

FOR SALE: 2,500 Hay Bales, 50% Orchard Grass and 50% Alfalfa. Protein 20.4. TDN 50.5. Weight 50 Lbs. Each. 2nd, 3rd, and 4th cutting. Price \$1.75/Bale. F.O.B. Ewing Missouri. (314) 494-3445 (collect).

FOR SALE: 1,200 Hay Bales. Timothy and Clover. Protein 8.5. TDN 51.5. Weight 50 Lbs. Each. Price \$.85/Bale F.O.B. Ewing, Missouri. (314) 494-3445 (collect).

FOR SALE
Financing Available
Low monthly payments on
'84 BRONCO II
4x4, V-6, 4-Speed, A/C, AM/FM
Super Nice
Apply by Phone
Call Eddie, 227-7933

FOR SALE—'82 Honda 750 Nighthawk motorcycle. Like new. Low miles. 681-6581. \$1,795.00.

FOR SALE: '82 Old Toronado Brougham. Like new. V-8, Astroroof. Low miles.681-6581. \$10.995.00.

### HELP WANTED

Experience not necessary. Chaffee Landscape. 695-9561

### HELP WANTED

Beautician - Hair Stylist. Licensed. Full or part-time. 695-3311

HELP WANTED—Morning waitress, 10 a.m. to 4 p.m. Also bus help needed. Apply in person. EL CHAPARRAL MEXICAN RESTAURANT.

#### OWN YOUR OWN BUSINESS Full or Part-time

New, exciting multi-level marketing organization needs independent associates. Whether you are a top salesperson or a housewife. Whether you've owned your own business before (Herbalife, Mary Kay, etc.) or not, don't pass up this fantastic money-making opportunity. Get in on the ground floor of a new company that's going to sweep the nation. Our national ad campaign starts this Spring — don't delay, start now, practically no investment or inventory needed. Earn from \$100 to \$10,000 per month! Contact Mr. Rice for more information. 695-9680.

FOR SALE
CLEAN TRUCKS AND CARS
'78 thru '86 Models
Financing Available
Many to Choose From
Applications by Phone
Call Eddie, 227-7933

### PART-TIME WORK WANTED

Young man, new to Helotes, seeks part-time work, odd jobs. Steady work preferred. Flexible, honest, dependable, mechanically inclined, good with people.

Jim — 695-9680

HELP WANTED
NEED EXPERIENCED
LINE COOKS
AND WAIT HELP
LEON SPRINGS
CAFE
698-3338

HOUSE CLEANING— Helotes area. Dependable. References. 695-8922 or 695-9364.

### Lose Weight NOW! 10 - 29 pounds per month

GUARANTEED
CALL
MONICA CARMEL
695-3714

### REWARD

For return of lost quarter horse. Chestnut color, star on forehead, three socks-one front, both hind legs-black tail and mane. Phone 695-8003

LOST DOG — on Feb. 7th. 25-pound Black Shorthair spayed female. Three years old. Answers to the name of Sarah. In Marin Hollow area. 695-9510 or 491-5279

### FOUND

Saint Bernard Female. Shorthaired. Approx. 1 year old. Owner claim. Or free to good home.

695-8020 or 695-9114

LOST AND FOUND— Reward. Lost Springer Spaniel. Liver and white, female, 6 years old. Name: Dolly Call 699-7144.

AVAILABLE— "09" cats. Dynamic duo. Formerly male/female. Guaranteed to enlighten your life. 824-0438, 6 to 10 p.m.

FREE PUPPIES— Medium-size, black. 4 male, 4 female. On Leslie Road. 695-8424.

# Subscribe to the HELOTES ECHO

Mail below or drop by office 15350 Scenic Loop Road

YOUR FRIENDS WILL ENJOY A GIFT THAT KEEPS COMING ALL YEAR, A CARD WILL BE SENT ANNOUNCING THE GIFT.

HEL	1 Year: \$42	with YOUR CHECK to ox 228, Helotes, Texas 78023 2 incl. tax or 2 Years:
SENT TO:	NEW L	RENEWAL
Name:		
Address:_		
		Zip:
Giver's Na	me:	

# Alamo City Golf Tourney Coming To Tapatio

The prize for the first hole-in-one at the Alamo City Open Golf Tournament April 7 at Tapatio Springs Country Club here in Boerne has been upgraded.

Spires-Douglas Buick of San Antonio has advised the sponsors of the tournament, which will benefit the Salvation Army, that it is donating a "limited edition" 1986 Sesquicentennial Buick Le Sabre as the prize for the first golfer to get a hole-in-one at a designated par-

three hole during the tourney.

Ed Stevens, chairman of the planning committee, said Spires-Douglas earlier had donated a Buick

Skylark but changed it to the Le Sabre, 600 of which are being built in honor of the Texas Sesquicenten-

The Alamo City Open, limited to 128 players, has been dedicated as a memorial to the late Sid Cockrell, an avid golfer who was a longtime member and a former chairman of the Salvation Army Advisory Board. Cockrell died February 20.

Entry fee for the tournament is \$85, which includes green fee, cart, luncheon and a gift bag. Deadline for entries is March 31.

The open will be divided into early morning and afternoon

starters, with duplicate prizes to be given in each of the starting groups.

The two first prizes will be a three-day, two-night stay at Tapatio Springs, including room, carts and green fees for two. The two second prizes will be a two-day stay at Tapatio, and the two third prizes are St. Andrew's putters. Executive desk clocks will be given for the longest drive and "closest to the

For information or entry forms, call phone number 498-GOLF or write to Alamo City Open Golf Tournament, POB 690293, San Antonio, TX 78269-0293.

### Craft Center Fair Seeks Entrants

Artists and craftsmen in all media are invited to register now for space to show and sell their works in the Southwest Craft Center's Fiesta Arts Fair, April 19 and 20. The noon to 6 p.m. event is now in its 13th

Only original works are eligible. No manufactured, imported or resale items will be accepted. Experienced professionals in all media will jury the show and sale, to maintain the quality and variety of works shown

The Agnes and Menry Edmiston Awards will recognize outstanding works with a total of \$500 in cash prize. Expert judges will select a \$200 first prize, a \$125 second prize, a \$75 third prize and two \$50 honorable mentions.

Deadline for reserving space is March 27. For registration forms and information, call or write Sally Hawkins, 100 Sheraton, San Antonio, Texas, 78209, (512) 824-

### Receives Award



Andrew McMinn, senior research scientist at Southwest Research Institute, has been selected to receive the 1986 A.B. Campbell Award of the National Association of Corrosion Engineers. He received the award at the Association's annual meeting in Houston Wednesday night.

## **NOTICE OF GENERAL ELECTION**

To the Registered Voters of the City of Helotes, Texas: Notice is hereby given that the polling places listed below will be open from 7:00 a.m. to 7:00 p.m. on April 5, 1986, for voting in a general election to elect Alderman, Place 1; Alderman, Place 2; Alderman, Place 4 (City Officials).

**LOCATION OF POLLING PLACES:** 

Helotes City Hall, 13438 State Highway 16, Helotes, Texas. Absentee voting by personal appearance will be conducted each weekday at Helotes City Hall, 13438 State Highway 16, Helotes, Texas, between the hours of 9:00 a.m. and 5:00 p.m. beginning on March 17, 1986, and ending on April 1, 1986. Issued this the 6th day of March, 1986.

Vivian Hultz

Signature of Mayor

## AVISO DE ELECCION GENERAL

A los votantes registrados del Ciudad de Helotes, Texas: Notifiquese, por las presente, que las casillas electorales sitados abajo se abiran desde last 7:00 a.m. hasta las 7:00 p.m. el 5 de Abril de 1986 para votar en la Eleccion General para elegir Tres (3) Concejales — Lugar Uno, Lugar Dos, Lugar Cuatro.

**DIRECCION DE LAS CASILLAS ELECTORALES:** El Concilio de Camara de La Ciudad de Helotes, Texas, en 13438 por El Camino 16 del Estado, en Helotes, Texas. La votacion en ausencia en persona se llevard a cabo de lunes a viernes en El Concilio de Camara de La Ciudad de Holotes, Texas, en 13438 por El Camino 16 del Estado, en Helotes, Texas entre las 9:00 de la manana y las 5:00 de la tarde empezando el 17 de Marzo de 1986 y terminando el 1 de Abril de 1986. Emitada este dia 6 de Marzo, 1986.

Vivian Hultz

Firma del Alcalde

## **Special Notice**

Forest Hills Presbyterian Church and Forest Hills Presbyterian Church Child Nurture Center in Helotes will offer workshops on April 4th, covering speech development and recognition of speech problems, and on April 10th and 11th covering cardiopulmonary resuscitation.

The speech workshop on April 4th will be from 1 - 3 P.M. and the CPR workshop on April 10th and April 11th will be from 6:30 10 P.M.

Registration for both workshops will be \$1.00. The CPR workshop will be limited to 16 people; child care will be offered,

Please call the church at 695-3123 for information or registration.

> South Central Texas Regional Training Center **Texas Engineering Extension Service** Texas A&M University System P.O. Box 40 San Antonio, Texas 78291-00400

### Like a career with a future?

Learn new skills in Heavy Equipment Operation. The Heavy Equipment Operator program starts April 7, through May 30, 1986 from 8:00 a.m. to 4:30 p.m. Participants will be graduating at the peak hiring season. Financial aid and job placement assistance are available. The program site is accessible to the handicapped. Classes will be held 5 days a week at 9350 S. Presa. For more information call Ana Maria Schonfeld at 633-2893.

# Source...

- Pens & Pencils
- Key Chains
- T-Shirts & Jackets
- Calendars
- Specialty Items
  - Koozies

For Advertising

- Matches & Lighters
- Napkins & Mugs
- · Caps & Visors

· Business Cards & More

For Your Cornyval Booth, Grand Openings Or Keeping Your Name In Front Of The Public

Lasting Impressions

Marketing & Promotional Advertising Items (512) 698-2317

## HAND BUTANE GAS CO., INC.



CALL FOR DELIVERY You can BUY or RENT a Propane Tank from HAND BUTANE GAS CO., INC.

> KEROSENE NOW AVAILABLE AT BOTTLE STATION Located at 7507 Eckhert Rd.

Phone 695-3528

## The Personal Financial Planner YOUR FINANCIAL SAFETY

By Eben Dobson, Vice President Financial Planning. IDS Financial Services Inc. An American Express company Getting a good return on your in-

vestments depends on the plan you use and the extent with which you stick with it, financial experts say.

Whenever there's uncertainty in the economy, many people begin to wonder about their financial plans and the wisdom of their investments. Are they low-risk? Is it time to be more conservative? In other words, the initial reaction to a short-term forecast is to start thinking about short-term solutions Many people end up houncing their money from one investment to another, trying to avoid adverse changes in the market

There is another approach - to look for long-term solutions to longterm market conditions. To avoid stock market guessing games that can frustrate even the most seasoned and dedicated investor, many people develop a balanced, diversified portfolio based on longterm goals rather than short-term defensive moves.

The proper balance and diversity in a portfolio varies from investor to investor, depending on individual situations and goals However, there are two common and important facets of financial planning. One is to be sure your financial plan includes enough liquid assets to meet any short-term needs or emergencies. Even when you're



investing for the long-term, you'll thus be better prepared for such unexpected financial demands as a new furnace for your home or a big automobile repair bill.

You may want to keep part of your money liquid, in a money market fund, for example, to make it easier to follow through on the second part of the process: setting financial and investment goals and sticking with them. Those are goals a financial planner can help you identify. If you invest for the long term, changing market conditions should not cause you undue con-

For many investors, a finanical plan can eliminate the need to constantly move money around. The idea, after all, is to watch your money grow-not to struggle to keep from losing it.

To receive a complimentary copy of the booklet. "Financial Planning How It Works For You," write to: IDS Financial Services, Inc., IDS Tower, Unit 583, Minneapolis, MN 55474 and ask for Booklet A.

## Miss Helotes Deadline Is Tuesday, April 1

Deadline for entering the 1986 Miss Helotes competition is Tuesday, April 1, when all contestants must meet in the Community Room of Kelly Bank at 7 p.m.

The contestants should bring with them their completed entry form, a

New Area Homebuilder

Joe Keresztury, above left, has opened his custom homebuilding firm in

northwest Bexar County. He confers with Realtor Dave Hanaway of GNW Realty at a Keresztury home in Silvercreek subdivision. Keresztury is a

black and white 5X7 or 8X10 photo and the \$20 entry fee.

The forms are available at John Marshall High, Handy Andy in Helotes, and the Helotes Echo

The contestants should be betwe-

en 16 and 18 years of age, attending high school, and live within a seven-mile radius of Helotes.

The Miss Helotes pageant and coronation will take place on Wednesday, April 30, in the Community Activity Center of Our Lady of Guadalupe Church in Helotes.

Miss Helotes '86 will be crowned by the outgoing queen, Lori Killian of Helotes Ranch Acres, and after presiding at the 1986 Cornyval will represent Helotes in parades in other South Texas communities throughout the year.

She will be the twenty-first Miss Helotes in a succession that began in 1967 with Janet Kay Spencer. The complete roster is:

- 1967 Janet Kay Spencer
- Mary Jane Logan
- 1969 Julie Darnell
- 1970 Jeanette Shoaf
- 1971 Sharon Gorsuch Prejean
- 1972 Darlene Gorsuch Prejean and Janice Bendele (after Darlene retired from the crown)
- 1973 Cindy Ashley Copeland
- 1974 Julie Walz
- Cheryl Goodpaster 1975
- Lisa McMullan 1976
- Pamela Wimberley 1977
- Lisa Bendele 1978 - Lisa Hamilton 1979
- 1980
- Angela Kay Moore 1981 - Caroline Field
- 1982 Iris Hall
- 1983 - Wendy Williams
- 1984 - Keri Laine Spears 1985 - Lori Killian

## Westfall To Show Paintings, Glass

During the month of April, Westfall Branch Library will exhibit oils by Marci Rodgers, painted from photographes taken with her own

Also on exhibit will be 19th Century pattern glass from the collection of Ruth Lee Bayless.

Westfall Branch Library is located near the intersection of Vance Jackson and IH-10, and is open Monday through Friday from 9 a.m. to 9 p.m. and on Saturday from 9 a.m. to 6 p.m. It is generally accessible to the handicapped.

When cooking the eggs, never use iron or aluminum pans. A chemical reaction between the metals and the egg will cause the colors not to adhere

enjoyable

graduate of Trinity University.

Always empty contents of eggs from shells before decorating if you intend to keep your creations.

coloring eggs for the holiday. The nation's oldest and largest man-

ufacturer of Easter egg color kits, PAAS', offers some hints to help make the task both safer and more

Tips For A Happy, Safe Easter To empty an egg, pierce a hole One of the best ways to enjoy Easter is for the whole family to at each end of the egg. Blow out contents of egg. join in a 5,000 year old tradition of

· Keep any tools, such as scissors, out of the reach of children.

Chaparra

**MEXICAN RESTAURANT** 

Come in and try our Breakfast Special On Tacos

Coffee 25¢

Two Pancakes and bacon or Sausage 2.50



**Bandera Road** in Helotes-

1/4 mile north of Scenic Loop

(These prices are not for food to go) PARAMARARAMA

Meet one of the Professionals helping to make us 'The Better Bank'.

The Board of Directors of University National Bank is pleased to announce the organization of a Business Development Board. The addition of William S. Rowe, DVM to our institution is indicative of the success he has brought to his profession. His expertise and good business sense will only enhance the success and professionalism of University National Bank; translating into a better bank for our customers



UNIVERSITY NATIONAL BANK

IH 10 at 1604 • San Antonio, TX 78249 • 512 690 9300 • Member FDIC



William S. Rowe, DVM



## REAL ESTATE

## **BOB CAGE REALTY**



Your Full Service Real Estate Company

MLS

•Residential
—New & Pre-Owned—

- •Ranches
- •Acreage
  - •Lots

695-8787



BOB CAGE & associates

13438 Bandera Road In Park Bluff



The manufacture of corncob pipes in the United States requires over 15 million corncobs a year.



HOUSE FOR SALE In Helotes Park Estates

OWNER BEING TRANSFERRED 3 Bedrooms, 1 1/4 Bath, 2 Living Areas.

Call after 6 p.m. 695-9919

FOR SALE—
House in Helotes. 2 bedroom, one bath. Central heat and air conditioning. On 1.4 acres. With large 2 bedroom apartment over large workshop. B-3 zoning.

Bubba Cowan, owner/agent 695-8872 evenings.

FOR SALE

Wooded acreage with cave. Secluded building site. Located in historic Grey Forest. 1.6 acres.

Call 681-2900.



FOR SALE OR RENT—Rent, Sale, or Lease Purchase. Owner finance. New 3-2 home. Decks, waterfall, swimming hole. 10 miles north of Helotes off Highway 16 on Park Road 37, 2½ miles. Big Valley Subdivision. 661-2311 or 661-7348 (Residence)

FOR SALE— Next to nothing down. With easy financing. On Mobile Homes. Low payments. Call Mike, 680-5144.

FOR SALE—Grey Forest. Beautiful all rock. 3-2. Call 695-3200.

FOR SALE—Mobile home. 8' by 45'. ABC Solid oak interior. New carpet. Central heat. Comes with refrigerator. \$4,500. or best offer. Call 695-9598.

FOR SALE—Old rock and cedar house. A lot offer the acre. Helotes and fireplace.

FOR RENT—Two bedroom house. Fenced. Fireplace. Helotes area. 695-8120

FOR RENT— Lovely three or fourbedroom, two-bath house. In Helotes Park Estates. Nice yard and convenient to shopping, Call 695-9689.

"Half the promises people say were never kept—were never made."
E.W. Howe



HARRY DROUGHT
SALES & PROPERTY MANAGEMENT

Your Helotes—Grey Forest Representative

Guy Chipman
"SOLD" Signs
Are Everywhere!

324-8880

7911 Broadway

### FOR SALE

Over 3,000 sq. ft. home on 1.4 acres in Grey Forest. A magnificent, one-of-a-kind historical home. Big oak trees. Secluded. Ten-inch rock walls. Stone wishing well in morning room. Stone and marble fireplace. Two bedrooms, studio, loft, family room, 30 ft. x 30 ft. living room with garden and trees in middle of room. Updated kitchen. Extras galore. Must see.

Call Nancy Fulk 681-2368 or 340-2627 \$169.500 ("Idia Hours")

## HALLMARK BRADFIELD

FOR RENT—One bedroom rock house. Suitable for one person only. In Helotes. 695-3605

FOR RENT— Lodge-type house for lease. Four miles past Helotes off Bandera Road. Unfurnished. On approximately one-half wooded acre. Has wooden balcony, two-car garage. Call Mrs. Morales at 695-3435 after 5 p.m., or leave message at 435-1693.

FOR RENT—Helotes. 2 bedroom, one bath apartment. Also need roommate to share rent and utilities. Bubba 695-8872 evenings.

WANTED TO RENT Older house with yard. 1-2 or 3 bedroom. Fireplace preferred. 2 cats O.K. Must be available soon. Will sign lease. Exchange references.

Contact Ruby 696-1018

### **HOUSE WANTED**

Professional couple seeks house to lease in Helotes area. References available. **349-6148 or 349-6835** 

49-6148 or 349-683 Mr. Floyd

WANTED TO RENT— Twobedroom house, one or two baths. With garden area or yard. Prefer fireplace. References. Office 340-6060, extension 607 during day. 340-6060, extension 536 evenings.

#### LAND NEEDED

8 to 10 acres in Northwest San Antonio preferably Helotes north of Loop 1604. For container plant nursery Long lease.

CALL CHUCK (806) 799-2563

WANTED TO RENT

Looking for a house to rent in the Helotes area. \$500 or less. Prefer acreage Call 647-0121 days. Ask for Stuart, 695-3485 evenings.

## Tests, Baseball Hamper Ram Boys Track Meets

The deck was stacked against the Marshall track team last week in the Buffalo Relays at Clemens.

It's one thing to take on Roosevelt, the city's top track team, along with other powerhouses Judson, Highlands and Madison. But when you have to battle the Scholastic Aptitude Test, you might as well take David's slingshot away when he fights Goliath.

The Rams finished ninth in a Trail Boss

13-team field with Roosevelt running away with the championship on 102 points. Marshall scored 20 points.

We had the SAT last week and that took over half the team," said Marshall Coach Ron Faught. "It was a tremendous meet with a lot stronger competition that East Central. It gave the younger kids a chance to perform.'

The Rams had won the East

Central meet the prior week with 125 points. Quite a difference.

The only two Rams to place in the top three at Clemens were Rick Allen with a second place (41.33) in the intermediate hurdles and Byron Gross with a third (48-2) in the shot put. Both of those hadn't been with the track team for the duration. Gross has been dividing his time between designated hitter on the baseball tema and weight man in track. Allen was on the Academic Decathlon which went to state competition.

"Ricky is coming on strong in the hurdles," Faught declared. "Byron has been working on baseball and he'll be one of the top shot putters in district.

Faught said he will be relying on three more people, Ron Battaglia, Shane Aaron and Kelby Gorman.

"Battaglia is a five-event person," Faught said. "He'll be in the high jump, long jump, two relays and either the 100, 200 or 400. Shane was one of the city leader's last year in the 800. He's at 2:00 now but we're trying to get him back down to 1:56. Kelby just came off the baskethail team and will throw the discus. He's been at over 130. We're hoping to get him to 150 by the end of the year."

At Clemens, Gorman placed second in the discus (131-9), Battaglia tied for second in the high jump (5-10) and Aaron won the 800 with a 2-06.5

George Harris was one of those out with the SAT, which should have added a few points in both hurdles and possibly the long jump. He placed second in the long jump (20-0), won the intermediates (41.1) and broke a meet record in the 110-meter highs with a 15.0 at East Central.

Marshall's next two meets will be good tests with the Rams competing in the Seguin meet Saturday, March 22, and the Alamo Relays Thursday, March 27.

"Holmes is strong," said Faught. "There's no doubt they're the big district power. We have to score good in the field. We'll be stong in the relays, hurdles and half mile."

### Taft Raiders

Improvement is the main measure of success with Taft's

Taft failed to scratch in the point column last week at the South San Invitational in a 25-team field. But the Raiders did make some strides not seen on the scorecard.

"The mile relay got their time down by three seconds," stated Taft Coach Don Lloyd. "Andy Sims improved in the 100, Jeff Smith threw further in the shot put and Waldo Gross improved his time in the hurdles

"They're not down to the level where they can make the finals but they're getting closer," Lloyd continued. "They're coming along like I anticipated. Maybe we'll surprise someone, come district."

Taft finished 12th out of a 13-team field at the East Central meet with its only points coming from Jim Mowery's second place finish in the 400 at 52.03. Also at East Central, the 400 relay just finished out of the money in sixth place and John Miller reached the finals of the long jump, finishing seventh.

"hirtcen-year-old Michelle Peterson, shown here with her partner "Star," will be honorary trail boss of the third annual Children's Hospital Trail Ride Sunday, April 13, at Boerne Fairgrounds. Michelle was given the honor after winning for the second time the coveted silver buckle, first prize for bringing in the most money in pledges for the 15-mile ride. A dance to the music and songs of Johnny Push, Darrell McCall, Ray Szepanik and the Texas Top Hands, George Chambers, Jerry Blanton and Carla Neet will follow the ride at 5 p.m. All proceeds will go to the Santa Rosa Children's Hospital.

(Photo by Matt Gragg)

# Rams, Raiders Falter In Baseball Openers

By CHARLES OLMSTED

The big bang with which Marshall and Taft were hoping to start off District 28-5A baseball has turned out to be a dud.

The Rams, ranked eighth in the city in one poll, lost to No. 4 Holmes. 8-2, Tuesday. The Rams knocked out Kennedy, 10-1, in their opener last Friday. Marshall is 1-1 in

Run For Youth

Set For April 13

Run For Youth, Alamo Heights

Optimist Club's annual Spring 10K

event in Brackenridge Park, is set

to start at 9 a.m., April 13.

Registration, start and finish will all

occur at the Koehler Pavilion. The

event raises more than \$20,000 for

Taft got shelled 15-0 by Del Rio in their opener Friday with the game being called on the 10-run rule after five innings. Things improved a little Tuesday but the Raiders still bowed to Edgewood, 10-8, in a non-district contest.

The Rams took an early 1-0 lead against Holmes but the Huskies retaliated with a four-run fourth inning. Dale McEntire took the loss for Marshall. Second baseman Steve Escobedo was the leading hitter with a single and double for the

"Our pitching didn't come around," noted Marshall Coach Denny Ivey. "We left 10 men on base. They (Holmes) hit the ball real good and hit with people on. They got the hits when they needed them.

Pitching remains at the top of Ivey's worry list followed by hitting. Defense is under control.

"The last two games, we haven't

that's real good," Ivey exclaimed. "We haven't got any strong pitching. No one who can rare back and throw the ball real hard. We're going to have to hit better in the clutch."

Hopefully, the Rams didn't use up their entire offensive load in the 10-1 victory over Kennedy. The Rams picked up 17 hits.

Ivey lists five players as consistent hitters - Larry Frost, Charlie Escamilla, Alex Perez. Roland Rodrigues and Escobedo. He said he is still waiting for designated hitter Byron Gross to come out of his shell and blast the ball consistently.

The three teams to watch in district, according to Ivey, are Clark, Holmes and Jay. "I'm hoping we can slip in, though."

The Rams, 7-4 overall, take on Memorial at 5 p.m. today, March 21, at Edgewood in a non-district game.

[Continued On Page 17]







# Ram Girls Track Team Aims At District Meet

There is no rest for the Marshall girls' track team as the competition gets tougher the closer the Lady Rams get to the District 28-5A meet.

The Lady Rams are scheduled to compete in the Seguin meet Saturday, March 22, which will feature 25 teams from the area. The Alamo Relays, set for Thursday, March 27, is expected to draw 30 schools.

Marshall won its first meet of the year two weeks ago, scoring 168 points at the East Central meet. Things got tougher last week as the Lady Rams had to go up against city powerhouses Judson and Roosevelt and district favorite Holmes at Clemens. The Rams finished fifth with 44 points as Judson took the title with 173 points.

Ngozi Kalu and Carol Theinpont epitomized the situation for Marshall in the two recent track meets. Kalu won the triple jump at East Central with a 32-9½ but could only manage fourth place at Clemens despite a school record of 34-6. Theinpont won the 1600 and 3200 meter runs at East Central 1600 with times of 5:56.8 and 13:39-3, respectively. She set season bests of 5:48.4 and 12:31.1 at Clemens but wound up second to Dawn Love of Roosevelt in both events.

"I think we're improving," said Marshall Coach Jo Nitsch. "They're all coming along a little better,"

The Rams were without the services of Stephanie Lawrence, their top 400 quarter runner, at the Clemens meet, which took away some points in the 400 and

### 3 Grads On Rattler Squad

Three former Northside District students are playing on 1986 Rattler baseball squad at St. Mary's University.

Monte Bains, a four-year letterman and catcher for the team, is a 1982 graduate of John Marshall High. He is the son of Mr. and Jerry Bains of 8207 Brixton, and is a senior finance major.

Stephen Boehlert is 1984 graduate of Clark High. He a sophomore majoring in business administration, and is an infielder for the Rattlers. He is the son of William S. Boehlert of 14006 Foothills Court and Jo Ann Boehlert of 3314 Clearfield.

Jesse Quiroz is a 1982 graduate of John Jay High and is an infielder. The son of Mr. and Mrs. Jesus Quiroz of 918 Pleasure Park, he a senior majoring in finance.



The skin on your body least sensitive to pain is that on your heel.

dampered the Rams' chances in the 400 and the relays.

"Stephanie is getting a full volleyball scholarship to Southwest Texas and was in Houston for a tournament," Nitsch said. "When you have something like that, you need to devote time to it."

Lawrence won the 400 at East Central with a 1:02.4 time but would have had tough going at Clemens, where Holmes' Kellie Bryant won with a 59:6 clocking. Larence also anchored the 400 (53.6) and 1600 meter (4:28.5) relays which placed first at East Central.

"She's going to have get down to 57 or 58 in the 400 to make it to regional," Nitsch said. "She hasn't broken 60 yet."

Darla Alexander was a double winner at the East Central meet, stepping off the 100 meter dash in 13.0 and long jumping 14-7. She failed to place in the top three at Clemens.

One addition to the Clemens meet was a second place finish by Nancy Pfiefer in the discus with a 97.61/2 heave.

### Taft Raiders

The Taft girls' track team is doing their part to cut spending but not by choice.

The Lady Raiders have enough for a relay team — four girls — which makes it easy on transportation but tough when it comes to scoring points. They are competing in junior varsity meets with plans to compete in the Alamo Relays on Thursday, March 27, and the District 28-5A meet April 19.

"Between those two meets, running varsity or junior varsity, depends not on our success but how we can compete at Alamo," said Taft Coach Kathy Richter. "We're a little out of our league in varsity. I want them to compete at a level where they can feel a little success."

"We've been competing well at the JV level," Richter said, "People know we've been there."

The Raiders have been impressive in the last two JV meets and are hoping for continued improvement in the Northside meet today, March 21, at Taylor.

The Raiders scored 24 points in a 17-team field last week at the Northeast meet. Jennifer Anderson won the high jump (4-8) and placed fourth in the 800 (2:45). She also ran a 6:48 in the mile but failed to place.

Melissa Baxter went 15-3 for second in the long jump and ran a 28.62 in the 200 for fourth place. Salene Ali was third in the long jump (14-9) and fifth in the 400 (1:07.9). Sandra Roman turned in a personal best of 6:53 in the mile.

The awards were even more at the San Antonio Independent School District meet. Baxter placed first in the long jump, second in the 100 and third in the 200. Ali won the 400 and Anderson won the high jump.

### Baseball --

[Continued From Page 16]

It's back to the District 28-5A wars Tuesday, March 25, with a 7:30 p.m. contest against Clark and then a 5 p.m. date Thursday, March 27, with Del Rio. Both district games are at Northside.

### Taft Raiders

Taft Coach Jack Ard would like 'a have a case of amnesia when people bring up the Raiders' first District 28-5A baseball game. He could claim that from being shell-shocked.

It was one of the worst nightmares for Taft as Del Rio welcomed the new kid on the block by strapping a 15-0 loss on the Raiders

"We scratched that off to the first district game and the first game under lights in front of a big crowd," Ard pleaded.

The lone bright spot was the play of shortstop Mike Luna, who went one-for-three and whom Ard calls "probably the most productive force in every game."

Four errors led Taft to a 10-8 non-district loss to Edgewood. Mike Laderer belted his second homer of the year, a two-run shot in the seventh.

"The pitching is fine," Ard said.
"We're still making errors that's costing us runs. Two errors cost us four runs. If we'd cut down on the errors, we'd be in much better shape and more competitive."

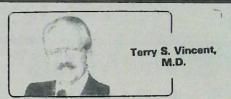
The Raiders battle Jay at 5 p.m. today, March 21, at Inselmann in a district contest. Taft stands at 3-6 overall and 0-1 in district.

# Physical Fitness Enthusiast To Speak

KERRVILLE — A physical fitness enthusiast and avid runner, Dr. George Sheehan will wind up the Schreiner College Special Events Series with a talk at 7:30 p.m. Thursday, April 3, in Dietert Anditorium.

Author of four books directed to runners, he has written a fifth entitled "How To Feel Great 24 Hours a Day." Currently, he practices internal medicine in Red Bank, New Jersey, and serves as a member of the Department of Electrocardiology and the Stress Testing Board of Internal Medicine.

Dr. Sheehan joined the crosscountry team as a student at Manhattan College in 1938. At the age of 44, he resumed running as a regular form of exercise. Today, at 68 years old, he runs about 30 miles a week and competes at distances up to the 26.2-mile marathon. He has participated in the last 20 Boston Marathons.



## UNIQUE RESEARCH CENTER UNCOVERS SECRETS OF AGING

By Terry Vincent, M.D. Helotee Family Practice Clinic

America has created an aging population. We're living longer and staying healthier. It's estimated that by the year 2000 one out of every six people will be past 65; the fastest growing segment is past 85. This brings up a lot of questions about how and why we grow old, so scientific research is probing the secrets of the aging process. And has been for almost half a century! No fountain of youth has been tapped yet, but new information is being gathered daily via gerontology, the scientific study of the aging process.

Back in 1940 a private grant provided the salaries for a single doctor and a single technician to investigate the physiology of normal aging. So much interest was stimulated by this modest beginning that research was continued under the National Institute of Health. Today this study has evolved into the National Institute on Aging; the keystone is the Gerontology Research Center in Baltimore, with a staff of 155 and an annual budget of \$19 million.

To define normal aging and differentiate it from disease, the Center gathered up 1000 healthy men and women in 1958 and subjected them to all sorts of testing to establish a baseline. Then, on alternate years, these volunteers were brought back to the Center to undergo rigorous evaluation of their physical, mental, and emotional functions. After 28 years, a tremendous amount of data has been accumulated to permit some conclusions. Here are some, screened from the current issue of The Journal Of The American Medical Association.

There is no stereotype that applies to the aging person. Do all oldsters become craky, worry about their health, become less able to cope with stress, and forget about sex? Not on your intype! The Center reports there is no typical "older personality" and lasting behavioral changes should call for a medical evaluation to seek out a cause. Some old folks become preoccupied with hearth only because they don't have enough to do in other areas. Stress? After a lifetime of dealing with it, the oldster usually copes very well. Menopause makes little difference in female sexuality (some experience a greater sex urge!) Grandpa might decrease his amorous encounters a bit, but this is usually from simple fatigue; he continues male hormone production right up the the very end. I've documented sexual activity once 91: his wife was a mere child of 74!

Rocking-chair logic has long held that it's bad to gain weight as you get older. One researcher at the Center has found the time-honored weight/mortality tables are askew. The Metropolitan statistics, first compiled in 1942 and last revised in 1983, take into account only those folks between 25 and 59 years of age. There's no provision for the Golden Years. After reviewing a mountain of scientific literature and hundreds of patients, this doctor is confident the tables should be dramatically adjusted because there's a perfectly normal gradual increase as we get older. The ideal weight for Age 65 is a lot more than for age 25, but the stats don't reflect it.

Out of this same study came significant changes in some blood chemistries, which may alter our thinking about disease. Blood sugar levels, for instance, are normally higher in the Medicare group than in college students; so a lot of oldsters get the erroneous label of diabetes because normal aging isn't taken into consideration. In passing, cholesterol levels usually decrease with advancing years.

The Gerontology Research Center is just beginning to unlock the secrets of immunity and resistance to infection. Final conclusions can't be made yet, but it seems Grandpa's immune system just sort of tires out. Vaccines for flu or tetanus don't work as well, for instance, Blood counts are different. A Center study of elderly marathon runners is making us re-think cardiology as we get clarification of the healthy but aging heart. And on and on.

It takes a special brand of physician to deal with the special problems of aging, for they must be aware of different blood chemistry levels, immune reactions, cardiovascular response, and other factors peculiar to the aging process. Geriatrics is that branch of medicine dealing with the diagnosis and treatment of disorders of the elderly (as opposed to gerontology, the study of normal aging). Besides a sound scintific knowledge, the geriatrician must understand how and why and oldster thinks as he or she does, very necessary in a doctor-patient relationship.

Who practices geriatrics? There are a growing number of physicians who limit their efforts to old folks, but almost every family doctor and internist has at least some knowledge of the special protient category. The first requisite for any doctor treating the elderly is not scientific knowledge. It is compassion and understanding. Why Grandpa needs medical help is usually not hard to figure out. But how he feels about his problem is equally important!

Gerontologists feed information to geriatricians, who apply it to their aging clientele. Five score and ten? Why not?

# SPECIAL SERVICES

## **SWIMMING**

POOLS

REDDOUT CONSTRUCTION CO. 695-8485

Accessories . Chemicals

### White Barn Cabinet Shop

Corner Braun Road and Loop 1604

John L. Gillis

695-8845



### EAGLE FENCING

No Job too Big or Small

Privacy Fencing • Farm and Ranch Fencing • Repairs
 Custom Design • Rodeo Arena • Post Hole Dug

12526 Bandera Rd. San Antonio, TX 78245

695-9398



### AL-JO PLUMBING CO.

695-2425

Free Estimates & Quality Service WE DO IT ALL!

ALBERT JOSEPH OWNER, MASTER PLBR. No. 8070

## HANDY MAN

UNION CARPENTER BACKGROUND REFERENCES AVAILABLE

Reasonable Rates

695-8442

### J.A.S. ELECTRIC

Residential, Commercial & Industrial Repair Work. Free Estimates

674-2281

We Do Windows

Unique Cleaning Service

New Construction Home

ALICE MANGIA NANNETTE LOPEZ

Apartments \* Domestic \* Buildings Phone 695-9106

Helotes, Texas

### Carlos Garcia

Chimney Sweeps Since 1979

681-3384

Northwest San Antonio ONLY

## Ultimate

- Services
- Commercial Signs Installed and Relocated
- Hauling, Minor Repairs Referrals
- Odd Jobs, Any Job Request Considered

681-6020

### COMPUTERIZED BOOKKEEPING

Data Processing Payroll Tax Service 'We Beat Them All' Delivery Available TEXAS FINANCIAL &

**OFFICE SERVICE 490-6500** 

WORK WANTED- I do house work. My name is Norma. My number is 433-3275. Thank you.

#### WORK WANTED

Stone masonry work. Big or small, Call 433-9748 or 435-2678 R. Arsate.

The biggest salt water fish ever re corded as having been caught with a rod and reel was a 1,560-pound Black Marlin caught in Peru in 1953.

> dvartise it, i message to Box 228
> Texas 78023 The Helotes, 6

am

### Jay Edwards' JBJ CONSTRUCTION INC.

\* NEW CONSTRUCTION \* REMODELING/REPAIRS Residential/Commercial/Farm

FREE CUSTOM PLANS

695-8480

### D & B MATERIALS

TOP SOIL

Helotes Area 14 Yard Loads Delivered

We also have: GRAVEL . SAND . SANDY LOAM 12354 FM 1560 HELOTES

Monday thru Saturday 8 a.m. to 5 p.m.

Cell 695-3541

### HAULING & MOVING

of Most Anything
TUF JITURE, JUNK, TREE LIMBS, TRASH
REASONABLE

674-8874



LICENSED

INSURED

HELOTES PEST CONTROL

A.J. "MOON" MULLINS

695-3369

CERTIFIED SEPTIC TANKS . CONCRETE WORK

MARGO VALENZUELA

Helotes, Texas

688-3282

### B & B FENCING

Ranch-Type Fencing - 10 Years Experience - Can Drill In Rocks New or Repair-Small or Large Jobs

Call Louis Benke

677-8068

Bars • Counter Tops • Ceramic Tile • Formica Free Estimates . No Job Too Small

- R and R Remodeling -

Minor Plumbing Repairs . Sneetrock Work

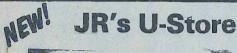
Robert Gonzales Rudy Mireles 695-9160 or 695-8838

## The Helotes Hills Chapter of AARP

meets in PARC Bldg. at 1:30 p.m.

Regular Meeting — 2nd Wednesday Games Day — 4th Friday

# SPECIAL SERVICES



19782 Leslie Road...Between Bandera Road and Braun Road...Turn at Toepperwein's For Boats, Household Goods, Business Inventories, etc.

Call Monday thru Friday for Leasing Information

695-8888

# CUSTOM MIRROR WALLS Wet Bars, Shower & Tub Enclosures

Lighted Mirror Pedestals, Plate Mirrors Broken Windows Repaired FREE ESTIMATES

Euhank Enter

## D & R REMODELING

ALL TYPES HOME IMPROVEMENTS AT A FAIR PRICE

FREE ESTIMATES

699-6156

Need Your Well Repaired? Or A New Well Drilled?

M&H WATERWELL SERVICE 695-8944 or 1-751-2509

Lawn Dirt - Sand & Gravel Sandy Loam Fred Kempf - 695-3679 or 433-9160

Service Company CENTRAL HEATING & AIR

-And All Major Appliances-

Helotes, Texas Herb Coleman

695-3374 695-8239

HELOTES HEATING & AIR CONDITIONING

Downtown Helotes

14418 Bandera Rd. 695-9463

### Logan Construction

NEW CONSTRUCTION and REMODELING Also: ELECTRIC WORK FREE ESTIMATE

Glenn Logan Lic. No. 1443 695-9158

PAGER: 230-0844

**Certified Repairs** Imports or Domestic



## HABY'S AUTOMOTIVE

18973 Bandera Hwy Helotes, Tx. 78023

CURTIS HABY 695-9185

### Butane **HYDROGAS**

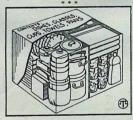
Butane-Propane Gas TANKS AND WATER HEATERS

533-7103



Packing For Your Move

Ready to make your move? More than 16 million American households will relocate this year, and over 80% will be self-movers. Moving day may move more smoothly if you know the best way to pack and label a box. Wrap fragile items in several layers of newsprint to protect them. Use tissue paper for porcelain or china, since newsprint can stain these items. Try to keep the weight of each box under 30



Grouping items of similar pur-pose in the same box helps eliminate confusion when unpacking, say the experts at Ryder Truck Rental, the world's largest truck rental and leasing company. For instance, pack a box of kitchen accessories that you'll need as soon as you arrive. That way, you'll have enough dishes, pots and pans for the first meal in your new home.

Use a thick felt-tip pen to label each box with a list of contents and the room in which it belongs, and mark which side should be placed up. Put a priority number on each hox to speed unpacking. Priority One items should include kitchen equipment, clothing and cleaning and bathroom supplies

The average 18-month-old little girl will be just about twice as tall and five times as heavy at the age of 18.

## TJ's CAT WORK

Land Clearing Roads & Ponds, Etc. \$45 Per Hour

FREE ESTIMATES

695-9685







LAND SERVICES

Excavating . Trenching . Hauling SEPTIC SYSTEMS . LOT/ACREAGE CLEARING

Owner BOB GOODMAN

Phone 684-5064

### HAPPY ACRES CHILD CARE



Serving Helotes Area 6:30 a.m. to 6:00 p.m. Monday thru Friday For 2 years to 12 years old

Structured Activities

After School Care

Licensed M.R. Aguilar, Director 14769 Old Scanic Loop Road 695-8047



Home & Business MAINTENANCE AND REMODELING lectrical • Carpentry • Painting • Plumbing • Roofing LLOYD PENCE 695-3352

## *EMERGENCY*

**CONSTABLE (Precinct 2)** 

JERRY CONNELL

or Bexar County Sheriff, Dispatcher 220-2441 - ASK FOR UNIT 501

A Sesquicentennial Event...1836-1986

Help Us Celebrate!

THE 21ST ANNUAL HELOTES FESTIVAL

Cornyval 86

will be April 30 thru May 4

This year's theme -

"150 Years of Texas History in Helotes"

Official 1986 Festival Colors-Red, White & Blue

Miss Helotes' Contest Closes Tuesday, April 1 Coronation Wednesday, April 30

Boothspace Friday thru Sunday May 2, 3 & 4 Available Now PARADE SATURDAY, MAY 3 At 11 a.m. Entries Being Accepted Now

For Information Call Helen Wendt, Executive Secretary-Festival Headquarters 695-2103 From 2 p.m. to 5 p.m. Weekdays

Helotes Festival Association
Don Reddout, '86 President

Welcome to Association Membership — Dues \$2 Annually

Meeting Every Monday In April At 7:30 p.m.

At Our Lady Of Guadalupe Church Center, Riggs Road

