

R. Sherwood Nelson
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HELOTES ECHO

VOLUME X, NUMBER 18

HELOTES, BEXAR COUNTY, TEXAS — 10 CENTS PER COPY

SEPTEMBER 19, 1975

BULK RATE
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Person-to-Person

Mr. and Mrs. Harold Evans of Liverpool, England are houseguests of Mr. and Mrs. Bernard F. Daily, arriving on September 17. Mrs. Evans is Mrs. Daily's cousin, and they have not seen each other since they were children in England. Mrs. Evans is the former Edith Daisy Wellspring.

Mr. and Mrs. Evans are here in the States for the occasion of their Silver Wedding Anniversary. The date was Sept. 9, but they were unable to get a flight over here for that time.

Mr. and Mrs. Daily will honor the couple with a reception at their home, Sunday, Sept. 21, from 3 to 6 p.m. to introduce them to their friends and to celebrate a belated 25th anniversary.

"We hope," said Mrs. Daily, "they will find Texas a real hospitable place and will leave here with many fond memories of Helotes and Texas."

A Houston trip is planned also for Mr. and Mrs. Evans to meet their cousin who is the brother of Mrs. Daily. He is Thomas Wellspring whose family and friends have planned to honor them with several parties.

Family Affair Steak Loft was the setting for a big family and close friends party Wednesday, Sept. 17, marking the thirty-fourth wedding anniversary of Jim and Bea Linder, present owners. The more than 150 guests celebrated also the birthday of Mr. Linder and his twin sister, and of Mrs. Linder's mother. Others were also honored although the anniversary was the main feature. The hosts set out fine steak dinners with many treats. Darrell Ayres sang for the occasion.

Four generations were in attendance including Jim Linder III, the couple's only grandson. Congratulations to this happy couple.

GIRL SCOUTS NAME ADVISOR

Mrs. J. H. Weakley has recently accepted the position of Field Advisor with the San Antonio Area Council of Girl Scouts. Mrs. Weakley comes to professional Girl Scouting with a background as a Girl Scout volunteer, having served the council in a volunteer capacity for 13 years.

Her assignment as Field Advisor will cover predominantly the northwest area of the council jurisdiction.

HELOTES OPENS ITS BICENTENNIAL YEAR

Post Office

Founding Marked

Helotes will officially open its Bicentennial year at the Fundraiser Pre-Festival Dance at Floore Country Store on Friday night, October 3, with many organizations present to declare the celebration part of their major projects for the year.

Helotes—an Indian village from prehistoric times—had already been visited by conquistadores, padres, adventurers, and such notables, perhaps, as Cabeza De Vaca long before the American Revolution. It played its part in the Texas Revolution, and in every major historical event of Texas since.

But to have a starting point—the Bicentennial will feature the establishment and continuing history of the Post Office here.

The dance will feature a presentation of Miss Helotes 1975 and her Court and the prize-winning awards they have won with the float. The new one will be dedicated to the Bicentennial theme using some of the proceeds of the dance.

Dick Hartmann, this year's president of the Festival Association, invites all the community to the dance. Western music with some special performances will be providing dance music—hopefully on the patio.

It was 102 years ago—before the marking of the Centennial of the Declaration of Independence—in September on the 12th, 1873, that Carl Mueller was appointed the

(Continued on page 3)



Vice Principal John Armstrong of Coke R. Stevenson Middle School, newest school in the Northside District, here watches as three students begin a tradition of daily flag raising. They are David Underwood, 11 years old, and Philip Manwaring, 10, both of Canterfield, and Greg Morales, 11, of Grass Valley. (See photo story page 5.)

UTSA Graduate School Gains 43% This Fall

Over 4500 students registered this fall for the first courses offered on the new UTSA campus.

According to preliminary enrollment figures released Sept. 12, 2325 graduate students and 2242 juniors and seniors are enrolled at the University.

UTSA President Dr. Peter T. Flawn said UTSA received 5800 applications. The enrollment represents a show-rate of about 79 percent, which is slightly above average, Dr. Flawn said.

Graduate students make up 51 percent of the student body. The graduate enrollment shows a sharp increase of 43 percent over the fall, 1974 graduate enrollment of 1620.

This is the first year juniors and seniors have attended UTSA.

"I am very pleased with the continued growth of our graduate enrollment," Dr. Flawn said. "Although somewhat less than originally projected, the undergraduate junior-senior enrollment is a good solid beginning. Moreover, increases in enrollment in the San Antonio Union Junior College District—SAC and St. Philip's—suggest the flow is just starting. We are off to a

LIONS SPONSOR SALES

The Lions Club will sponsor rummage sales on Sunday, Sept. 21, and Sunday, Oct. 5, at the Parrigin Pavilion on Highway 16 to which everyone is invited.

good start."

About 30 percent of the graduate and undergraduate students are enrolled in the College of Business; 29 percent in the College of Multidisciplinary Studies; 21 percent in the College of Humanities and Social Sciences; 16 percent in the College of Sciences and Mathematics; and 15.

four percent in the College of Fine and Applied Arts.

UTSA students registered for 35,792 semester credit hours and are taking an average of three courses.

The official enrollment is based on the number of students enrolled on the twelfth day of classes, Sept.



Riehe's Corner—the famed almost 90-degree curve on Bandera Road—Highway 16—just about a mile above downtown Helotes is getting a straightening. Before the new road is open, it still remains hazardous driving especially in wet weather.

Just right of the car is the present entrance to Ranch Town which is coming along as rapidly as can be expected. There is already visible on one hill the big cut which will eventually be a paved drive similar to Tower Drive at Helotes Creek Ranch off Scenic Loop.

Photo by Bill Terry

Mrs. Parrish Dies At 73

Mrs. Edwin B. (Virgie) Parrish, 73, died Saturday, Sept. 13, in San Antonio at the age of 73. She had returned to San Antonio and lived in her former home at 223 W. Rosewood which she shared with her son and daughter-in-law at the time of her death.

A person of much charm, she was a graduate of The University of Texas in Austin and had taught school prior to her marriage. She was preceded in death by her husband, Mr. Edwin Parrish, well-known here.

She was a member of a pioneer family of East Texas, and was brought up with much of the graces of young ladies of her era which she kept until the time of her passing.

She is survived by her son and daughter-in-law, Norris and Mildred Parrish, and a sister, Mrs. J. Richard Gates of Gilmer, Texas.

Virgie and Edwin Parrish were charter members of the Forest Hills Presbyterian Church here and donated a window as a memorial to the Parrish family.

She was also a charter member of the Silver Belles here and active in the Scenic Loop Playground Club. She was a member of the Daughters of the American Revolution, the San Antonio Conservation Society, and the Philomathic Club.

At services, Monday, Sept. 15, conducted by Rev. Samuel Terry of the Forest Hills Presbyterian Church in the Georgian Chapel of Porter Loring Mortuary, he spoke of her true Christian spirit and cheerfulness.

A companion in her final illness sang a spiritual as tribute during services. Those attending comprised her many friends dating from her years in San Antonio and Helotes as well as from more distant places.

Pallbearers were James Wilson, Charles Laenger, A. M. Russ, Jr., Harold T. Miller, Bill Lowe, Herbert Hyatt, Dr. Fletcher Clark, Jr., Bill Singer, Clay F. McGaughey, Sr., Harold Kayton and O. P. Hall.

Honorary pallbearers were husbands of the Philomathic Club, and Dr. A. P. Thaddeus. Final rites were at Mission



Dick Hartmann, this year's Festival president, was recently named Kappa Psi Chapter of Epsilon Sigma Alpha's Penny King.

Funds from the contest go to the chapter's Disaster fund. Each sorority chapter chose a candidate in District IV. Helotes residents are asked to contribute penny votes to help the local chapter win in competition consisting of husbands of members.

VFW Seeks To Serve

A membership drive is being held by the Veterans of Foreign Wars Post 7108 which meets each Thursday at 8 p.m. at the post home on Bandera Road.

A spokesman said that helping their fellowman is a chief purpose of the organization. A recent benefit and series of fund-raising events raised a substantial sum of money for a medically distressed member of the Post's Ladies Auxiliary. The members of the Auxiliary did their part also.

"We would like everyone to know this is a major purpose of the VFW," said Ken Stiles. "Join our post or auxiliary and see how good it is to help your fellowman."

Burial Park.

Those who desire may send memorial gifts to Forest Hills Presbyterian Church.

Mrs. Virgie Parrish was a person of such sincerity that she numbered persons of all ages among her friends. She will be missed, and sympathy is extended to her family at this time.

Canadian VMA Opposed To Ear Cropping

An attempt to make the practice of cropping dogs' ears illegal in Canada is being made by the Canadian VMA. Cropping has been banned in Great Britain and Australia for many years. Other countries that are considering a ban include Belgium, Holland, Switzerland, and Germany.

The practice started as a preventative measure in the early 1800's when dog fighting or "pitting" and wild animal baiting was at its height as a spectator sport. During the course of a fight, a dog's ears would become shredded, weakening him, because of the loss of blood, sometimes to the extent of death. To prevent this, dogs' ears were cropped as pups.

The American Veterinary Medical Assn. has expressed concern over the practice of cropping dogs' ears and many of its members are opposed to ear cropping.

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Bicentennial year in Helotes will be marked with restoration plans, and one of the landmarks here a well-known home, will be getting a landscaping and refurbishing with the assistance of several civic groups, including the Lions Club. The home, presently owned by Mrs. Marie Conley, served as the second location of the post office and again in later years. The first owner and third postmaster of Helotes built the home a century ago. Trees have been cleared, showing the post office addition located on the porch—added by a later postmaster and owner.



This turn-of-the-century view of the Gugger homeplace and postoffice in downtown Helotes shows the porches, which were charming and cool. As shown in the other photo, the railings are still in good condition.



The first post office opened 102 years ago this month was at the Stagecoach Inn known as the Mueller-Boegel Place. Postmaster Mueller was first postmaster and his widow succeeded him. This photo shows a reconstruction of the first post office site when the Stagecoach Inn or Guest Ranch was converted to a residence by the great-nephew of the first owners—Otto Galm.



Mrs. Boegel was an active citizen and she is shown here about 1895 with her Sunday School class held in the school on the Boerner place. She was a Lutheran and the children of the community were taught the Bible by her for many years. Shown here are many of the local youngsters of that day. The little four-year-old beside her is now in her 80's.

(Continued from page 1)

postmaster with the first United States Post Office officially declared here at his ranch and stagecoach stop on what is now FM 1560.

He posted the mail in a building there that has since been torn down, but the homeplace and other buildings including a blacksmith shop still stand, in excellent repair.

The second postmaster—or as they said in those days—postmistress—was his widow Mrs. Amalie Mueller, later Amalie Boegel, who was named to succeed him on March 29, 1878.

On April 24, 1888, the second location of the Helotes U. S. Post Office was declared when Arnold Gugger became Postmaster. This was the home located in downtown Helotes which was then a ranching headquarters also and a camping grounds area. The home still stands next to Floore Country Store, and the community is joining to help its owner, Mrs. Marie Conley, prepare its grounds

to look right for the 1976 big Bicentennial Cornyval here in the first week in May which will commemorate the 10th anniversary of the dedication of the present post office building, in May, 1966.

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SEPTEMBER 19, 1975

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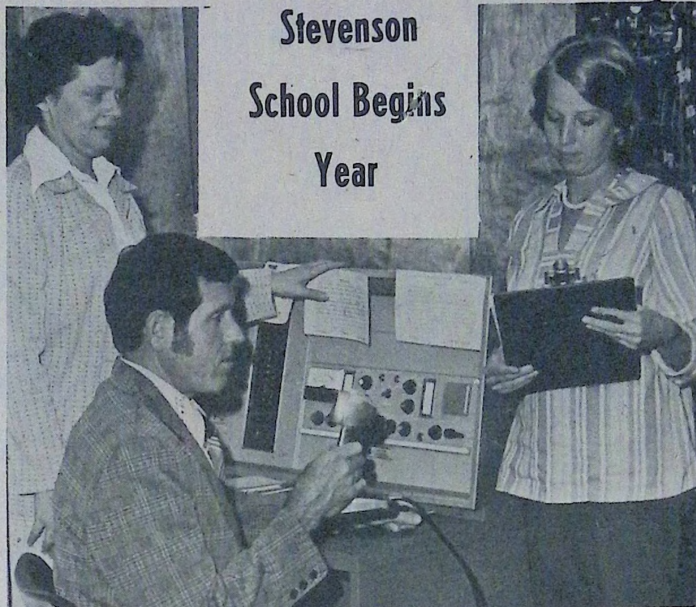
Independent College Study is becoming a favored alternative to college classroom programs.

The College-Level Examination Program (CLEP) involves credit by examination for people who have gained college-level knowledge outside of the formal college classroom.

"If you are one of the thousands of people who possess knowledge through on-the-job training correspondence courses, TV or radio courses, or intensive reading in a particular field, you may want to investigate independent college study as a means to earning a college degree," said a member of the staff of the San Antonio Public Library System, which now has the College Level Examination Series, CLEP published by the National Learning Corporation.

Each title in this series closely follows and presents the content of the examination and provides step-by-step instruction together with impressive amounts of practice and drill material. The questions are of the multiple-choice type, each containing four or five items, as will appear on the examination itself.

Stevenson School Begins Year



Vice Principal John Armstrong briefs students over the modern intercom system. Bringing last minute messages are Vikki Dukes and Janet Beauch, educational secretaries who work behind the scenes to help launch the new school.

NEW RULES FOR AIRCRAFT CROSSING MEXICAN BORDER

All private aircraft crossing the U. S.-Mexican border will have to follow new guidelines announced today by the U. S. Customs Service.

Customs Commissioner Vernon D. Acree said the new guidelines are made necessary by a "soaring" increase in air smuggling of narcotics and other contraband.

In the fiscal year ending June 30, 1975, Customs' Air Support Units accounted for 188 arrests, seizures of 46 aircraft, 70 vehicles, 114,443 pounds of marijuana, and more than 8,500 rounds of ammunition as well as scores of weapons.

Since then, the units seized three aircrafts, three vehicles, more than 3.5 tons of marijuana and arrested 9 persons.

Effective September 8, 1975, Acree continued, non-commercial pilots must report to Customs or the Federal Aviation Administration at least 15 minutes prior to entering the U. S. air space along the border the following information:

—Their point and time of penetration.

—The airfield adjacent to the border where they will land to undergo Customs inspection and their approximate time of arrival there.

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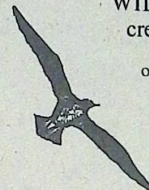
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C & W MUSIC

Galms Hold Family Reunion

Saturday, September 6, was the reunion of four generations of the Sam H. Galm families. Approximately 65 relatives attended, coming from Helotes, San Antonio, Canyon Lake, and New Braunfels. The reunion was held at Raymond Russell Park in San Antonio.

Sam H. Galm and his wife, Marie Biering Galm, made their home near Helotes. They had six sons, Walter, Otto, Henry, John, Fred, and Clarence, and three daughters, Amalia (Mrs. Emil Phillippe), Miss Emma Galm, and Lillie (Mrs. Ed Klaus).

Receiving special recognition at Saturday's reunion was LeRoy and Ann Galm celebrating their 25th wedding anniversary. Mr. Otto Galm, 82 years of age was the oldest man present. Mrs. Lena (Walter) Galm, 87 years of age, was the oldest woman and her great-granddaughter, Lena Louellen, one-month-old daughter of Mr. and Mrs. Tom Carter, was the youngest. Traveling the longest distance was Mr. and Mrs. Marven Kraft, Jr. and their son, Jeffery, and daughter, Rachel.

This reunion was instigated by Mr. and Mrs. John Galm. Mr. Otto Galm was the host.

Mr. Gilbert Phillippe of San Antonio heads the 1976 reunion committee. Mrs. Barb Pizel of Canyon Lake was appointed secretary-treasurer.

Kick Out the Quacks

Beware of a "sure cure" or "remedy" for any cancer, the American Cancer Society cautions. This is the language of the quack whose unfounded claims and unproven methods may prevent or delay prompt and proper treatment for cancer. In case of doubt, seek the advice of your local ACS.



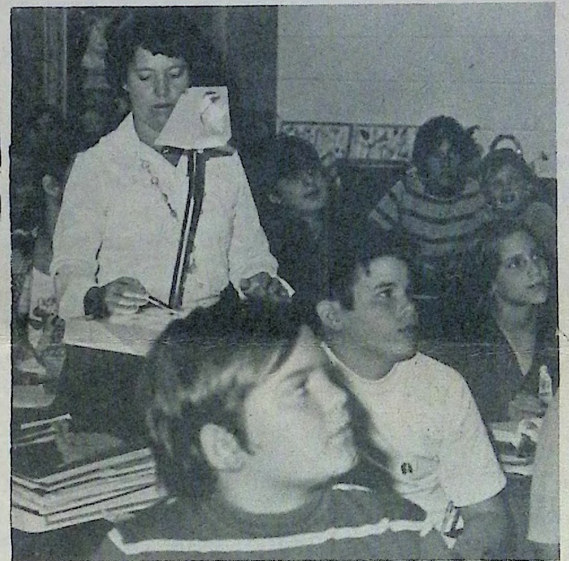
Art classes taught by Mrs. G. Owens have their work cut out for them—to create a papier mache model of the school's mascot—a wildcat. Shown working are Robin Friesenhahn, Alisa Boag, and Natalie Evetts.



Mrs. Shirley Ajax, teacher, shows 12-year-old Joe Lopez of Verde Hills and 12-year-old Cindy Becker of the Helotes area the lifestyle of gerbils in science class as other students look on.



Stevenson Middle School Parent-Teacher Association had as organizers Mrs. Yvonne Bricker, temporary chairperson, president of the Northside Independent School District P-TA Council, standing, and Principal William McCullough and Mrs. Carmen Madla, a parent, temporary secretary. Elected were Ronald Helmke, president, Rena Runnells, vice president, Kay Daughtry, secretary, and Felix Madla, treasurer, at the first meeting Tuesday, Sept. 16, with 110 charter members present. The group will hold open house and greenback night on Oct. 21.



Fifth graders watch the overhead projector as their teacher, Mrs. Shirley Ajax, conducts a science lesson. Stevenson has excellent modern equipment for teaching.

UTSA Loan Fund Given By LULAC'S

LULAC Council 646 has donated \$2,500 to The University of Texas at San Antonio for a revolving student loan fund.

The gift will be used for short-

term loans of up to \$125 per student. The loans must be repaid within the semester without interest.

An additional \$2,500 from LULAC Council 646 will be given to UTSA later this fall, according to the group's president, Armando Quintanillo. "The money will be available to all needy students, regardless of sex or ethnic background," Quintanillo said.

Commenting on the LULAC donation, UTSA President Dr. Peter T. Flawn said, "No funds given to UT San Antonio have such direct impact on helping students as these. When a student faces an emergency need for funds we can use these dollars to help him or her immediately. Repayment is nearly always prompt. They know someone else will need the help they have received as soon as we get the money back."



Coke Stevenson Middle School will combine outside activities with the well-known R's.

Extracurricular sports such as tennis, track, volleyball, basketball and football will be offered. And no school is complete without its own band. Here musical instruction is being given before time for public appearances. Long hours go into learning favorite marches.

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Hobby Middle School P-TA is
hosting Greenback Night and
Open House on three separate
nights for parents to visit
teachers.

A curriculum program will be
presented at 7:30 p.m. in the
session preceding each open
house.

Eighth grade parents met Sept.
16. Seventh grade parents will
meet Sept. 23, and sixth grade
parents, Sept. 30.

Hobby Middle School is located
at 11843 Vance Jackson.

Yearbook Ready For Distribution

The 1975 John Marshall High
School yearbook, "The Horn," will
be distributed at a signing party
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tember 20 at the John Marshall
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Krueger Announces Predator Control

Congressman Bob Krueger of
the 21st District of Texas has
announced that it will soon be
possible for sheep and goat raisers
to use the M-44 sodium cyanide
gun as a means of predator con-
trol, particularly against coyotes.

Krueger's announcement is
expected to be received warmly

by the members of the sheep and
goat industry in Texas, who have
been stressing the need for in-
creased predator control
measures for several months.
Krueger said he was pleased to
have been able to play a part in
getting the ban on the use of this
means of predator control lifted.

Along Our Route

Dear Mrs. Bruwn,

This is just a note of appreciation of your work in making the
Helotes Echo a worthwhile paper.

I think you are doing an excellent job and I congratulate you.

Sincerely,
Mrs. Mac

(Mrs. V. H. McNutt, Gallagher Ranch)

Dear Editors:

No one ever did explain the aquifer to me . . . that is, until you had
that article last month. I'm not an expert yet, but it makes sense, and I
wish I could learn more about it. I am 13 years old.

Jack J., Jr.

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The Consumer Alert

by John L. Hill
Attorney General

AUSTIN—These days you frequently see someone wearing an expensive-looking squash blossom necklace or a heavy turquoise and silver bracelet or ring.

The upsurge of interest in buying such American Indian jewelry has been great, but unfortunately the number of persons who have any knowledge upon which to judge the value of such works is small.

Our Attorney General's Consumer Protection Division lawyers noted more than a year ago that this lack of expertise in evaluating authentic, handcrafted Indian jewelry meant there was a chance for misrepresentation by unscrupulous sellers.

Now, reports from several federal agencies indicate that a number of consumers feel they have been defrauded in their purchase of turquoise and silver jewelry.

Our Consumer Protection attorneys say the best safeguard inexperienced Indian jewelry purchasers can have is to deal with a knowledgeable, reputable dealer, one who has an established place of business in case you need to contact him later about any problem.

Some such dealers buy directly from Indian tribes who produce fine jewelry. Many belong to the Indian Arts & Crafts Association, which guarantees that merchandise will be as represented to purchasers. There are also museum shops that sell fine American Indian jewelry, as well as shops in national parks.

If high quality, craftsmanship, and resale value are important to you, or if you intend to collect Indian jewelry, you probably will want to pay more for an item handmade by American Indians, in which sterling silver and fine turquoises are used.

But if you only want a pleasing design, or a piece to wear a few years, then you may be just as happy with a machine-

made item, perhaps of "Indian-inspired" design, but not necessarily made by Indians.

One thing to remember is that fine, antique handmade Indian jewelry is extremely scarce, and as a result, quite expensive. However, many Indian artisans are creating authentic new jewelry, some of it in the old designs, some on Persian ones.

Experts say the fine, deep sky blue turquoises used in Indian jewelry are hard to obtain now too. The most valuable—and scarce—turquoises are Persian ones. American turquoise is lighter by nature than the Persian stones, but even fine American turquoise is becoming scarce.

Many of the dark blue turquoises found in modern Indian and "Indian-style" jewelry are lower-grade stones that have been treated with oil or wax to darken and intensify color, improve sheen, and add strength.

Treated turquoise, while inferior, should not necessarily be avoided, though. As long as treated stones are identified as such, and there is no attempt to deceive the purchaser, they can be a satisfactory answer to the shortage of high-grade turquoise.

The main thing is to find a dealer or jeweler who will be frank about a piece of American Indian jewelry. Then you can decide for yourself what you want and can afford to pay. Often only an expert can assess the details that make the difference between a magnificent example of Indian craftsmanship and merely a pretty necklace.

If you want to know more about Indian jewelry, contact the Indian Arts & Crafts Board in the Interior Department, Washington D.C. If you have a consumer complaint about misrepresentation in the sale of American Indian jewelry, contact the Attorney General's Consumer Protection Division.



This is Timmy

Boy Could Use Foster Home

Timmy, 11 years old, likes to ride his bike, work with wood, and enjoys playing. Most of all he likes to be with adults and has a lot of questions to ask about things. He wants to learn, and he can—with patience and understanding help. But Timmy—according to those who are trying to help him—is a special child.

He lives now with his mother and two brothers. All three boys are mentally retarded. Rearing them is too much for a mother alone.

Timmy's mother says, "He needs a chance." She isn't able to give him the special attention she wants for him, and she is seeking a foster home for Timmy through the Bexar County Mental Health-Mental Retardation Center's Foster Care Program.

"If you have a place for Timmy in your family," says a director of the Center, "Contact Vicki Compagnoni, Bexar County Mental Health-Mental Retardation Center. The telephone number is 225-6701."

UTSA Offers Workshop

A workshop for new supervisors will be sponsored by the UTSA Division of Continuing Education Oct. 1, 8, 15, 22, 29 and Nov. 5 from 7 to 9 p.m. at the Institute of Texan Cultures.

Dr. Sam Gould, assistant professor of management at UTSA, will teach the workshop for new and prospective managers in business.

Topics will include principles of leadership, concepts of positive reinforcement, individual differences in motivation, goal-setting, and the development of personal skills and strategies for interpersonal effectiveness.

Cost of the workshop is \$40. Registration deadline is Sept. 24. For more information contact the UTSA Division of Continuing Education, 227-9147.

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HEALTHY GARDENING

By Dee Mullins Creech

Carrots For Fall Gardens

Easy, Delicious, Nutritious

The soft breezes of Fall are here, carrying with them a hint of the crispness to come. It's a beautiful time to go back out to your garden and put it into shape for fall and winter crops.

One reader requests information about planting carrots. Yes, they do very well over the cold months. In fact, the only time not to plant them in Texas is through the hot summer months. Carrots are virtually bug free and grow very easily once started.

There are only two problems with carrots in this part of the country. First, our soil is usually too heavy and stunts or distorts growth. I have found that plowing in a large bag of peat moss solves the problem completely. You might also use your fine compost, leaves, sand, or any substance to lighten and aerate the soil.

The second problem with carrots is that the seeds are so tiny they often blow away or drop down too deeply and cannot exert enough pressure to break through our clay soil. I suggest you plow in the peat moss, or whatever, and make your rows about three inches deep. Fill the rows with vermiculite or perlite (Don't do this on a windy day!) and sprinkle the little carrot seeds generously. Do not cover, just water with a fine spray. Keep the rows moist—probably watering twice a day on very sunny days.

The carrots will come up in abundance and when they are about an inch or so high, thin them and use what you have thinned as greens or in soups, etc. In fact you must continue to thin them until they are ready to be pulled. This way you have a steady supply of greens or baby carrots until the big ones are ready.

You might also wish to plant radishes with the carrot seeds. The radishes come up quickly, marking the place where the slowpoke carrots will be. The radishes

also help to space the carrots further and make your thinning job easier.

To make your carrots especially comfortable and sturdy, feed them one of their favorite foods—used coffee grounds. They thrive on the acidity of the coffee, and the grounds help keep bugs away and loosen the soil.

Since carrots are so slow to come up—I might tell you of another method I have practiced. Plant the seeds by the moon. Look at an almanac to see the days of the month when root crops should be planted. You have to try this to believe it! I have experimented several times to test this ancient theory. Each time I planted by the moon, baby seedlings came up in three to four days. When I planted on other dates it always took three weeks. The sooner they come up the better. Hard rains can wash the seeds and vermiculite away or down too far into the ground.

I hope you find these methods give you as beautiful a crop of carrots as they have me.

And remember to treat them kindly—don't peel them—eat them raw and fresh out of the garden as often as possible.

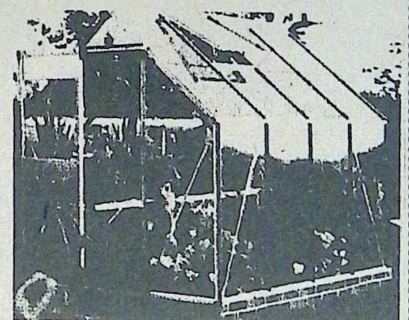
Catharine Osgood Foster in THE ORGANIC FARMER tells us that five percent of Vitamin K and magnesium is lost if they are not fresh. Ten percent of the nutrients go if they are peeled. All vitamin C and niacin are lost if sliced before boiling and so is 20 percent of the thiamin.

Don't soak in cold water as carrot sticks or to curl . . . This drains all the B vitamins, some of the natural sugar and all the minerals but calcium. If you pour the cooking water down the drain, there go all vitamins except K and more minerals. If sugar is added to the water, another five percent of the nutrients are lost—mainly calcium. So grow'em right and eat'em right! And watch out for smart rabbits!

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Firefighters Needed Here

Firefighting usually takes a combination of equipment and persons trained for the emergencies.

From the Helotes Volunteer Fire Department's day-to-day records, it is apparent that serious fire losses can often be prevented by a timely ounce of prevention. Also, a factor in cutting losses is to have plenty of volunteer fire fighters on alert.

At 2:45 p.m., Wednesday, Sept. 3, a car belonging to Mrs. H. C.

Rolen of Stage Coach Hills caught fire on Riggs Road near the Helotes Elementary School. Mrs. Rolen emptied her fire extinguisher on the battery fire and Mrs. Iris Chauffe of Helotes Volunteer Fire Department completed control with an extinguisher from her personal vehicle. Mrs. Helen Widner stood by with the fire truck.

"We would remind you that a great number of car fires occur, and a dry chemical extinguisher should be standard equipment in your car or truck," said Ken Stiles, Assistant Fire Chief.

"As our Fall training for the ladies has begun, we urge you to call Mrs. Iris Chauffe, 695-8387, or Mrs. Helen Widner, 695-3193, in order that you may help your community meet a vital daytime need," he said.

Volunteer firefighters during the daytime hours are especially needed, and men and women are equally welcome, he said.



Photo by Bill Terry

Helotes Spring Festival Association members listen intently as a member makes a suggestion during a recent meeting at Floore Country Store. In foreground, left, is 1975-76 President Dick Harmann who has called a meeting for Tuesday, Sept. 23, at 7 p.m. to finalize plans for the Fundraiser Dance in October.

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EPA Grant Awarded To UTSA

A \$145,000 research grant has been awarded to The University of Texas at San Antonio by the U. S. Environmental Protection Agency.

Research will determine if viruses found in sewage irrigated farmlands are health hazards, according to project director Dr. Bernard P. Sagik, dean of the UTSA College of Sciences and Mathematics. Dr. Charles A. Sorber, associate professor at UTSA, will be co-investigator for

the project.

Viruses will be traced through wastewater (sewage) treatment plants, irrigation systems, soils and receiving waters in the comprehensive, two-year study.

"Although treated sewage has been used for several years in the irrigation of agricultural land, the fate of the viruses in the wastewater has never been determined," Dr. Sorber said. "This research may answer that question," he added.

Research will be conducted at wastewater treatment plants and irrigation systems in Kerrville and Uvalde. Both cities use treated sewage for the irrigation of agricultural lands. Results will be made available to officials in both communities, who are cooperating on the project.

The UTSA research could lead to widespread use of sewage for irrigation needs. Dr. Sagik commented, "People have to stop thinking of wastewater as something to get rid of and recognize it as a potential resource."

Public Invited To See Artist

Audrey Montgomery, well-known San Antonio artist, will demonstrate painting in oils Friday, October 3, at 7:30 p.m. at the Helotes Art Gallery on Bandera Rd.

Mrs. Montgomery, principally a self-taught artist, has studied with Dalhart Windburg, Fredrick Taubes and R. D. Greer. She spends much of her time studying other great artists and working on all phases of oil painting.

The public is invited and those wishing to inquire further may call the Gallery, 695-9141, any Tuesday through Sunday from 1 p.m. to 5 p.m.

Septic Tanks To Be Registered

Mrs. Ruth Morris, Council member of the City of Grey Forest, sent out a clarifying statement regarding septic tank registration for residents of Grey Forest.

She pointed out that although the registered sanitarian for Bexar County Public Works stated that a \$50 fine will be assessed for those who have not registered septic tanks over the recharge zone of the Edwards Aquifer by January

1, 1976. Grey Forest is not included in this warning. The City, located along Scenic Loop Road, is in the buffer but not the recharge zone. All septic tanks must be registered within five years after January 1, 1975, however, to be in compliance.

Early registration is recommended she said, to prevent a last minute rush. Application forms are available at Grey Forest City Hall.

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