

# HELOTES ECHO

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Helotes, Texas 78023  
PERMIT NO. 1

VOLUME XX11, NUMBER 8

HELOTES, BEXAR COUNTY, TEXAS — DECEMBER 16 — DECEMBER 30, 1983

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## Person to Person

Mr. and Mrs. Don Belto of Helotes Park Estates welcome their second grandchild — and first grandson. He is Ched Van Delden, son of their son-in-law and daughter, Garret and Pam Van Delden of Loop 1604. Ched was born Dec. 5 at the Methodist Hospital. He weighed seven pounds and 7½ ounces and was 22 inches tall.

Mary Maskew of the Talley Road area was installed as the new president of the Helotes chapter of the American Association of Retired Persons at the chapter's luncheon Wednesday at the Yorkshire House Restaurant. Other new officers installed are Evelyn Eismann, vice president; Agnes Braun, secretary; and Gus Pantzer, treasurer. The chapter now has 37 members.

Pittman and Pittman is winner of first place in the Christmas decorating contest for local merchants sponsored by the Helotes Business and Professional Association. Second place went to the Helotes Heating and Air Conditioning Service, third to Rocking D Western Wear, and ELF Industries Hardware received honorable mention. The winners received prizes of \$25, \$15 and \$10.

The Scenic Loop Playground Club will have its Christmas Dinner Sunday, Dec. 18, beginning at 5 p.m. at the Clubhouse. All Grey Forest residents are invited.

The January meeting of the Helotes Garden Club will be held at the home of Mrs. Margaret Rothrock on Circle A Trail on Tuesday, Jan. 3, beginning at 10 a.m. The program will be on photography, especially flower photography.

Dr. William S. Rowe of the Leon Valley Veterinary Clinic participated in a "Small Animal Dentistry Workshop" recently at Texas

[Continued On Page 2]

## Board Denies Zoning Changes Christmas Days Sparkle



At the 1983 Christmas Days in Helotes, children had their picture made with Santa Claus. Nathan Dever, son of Mr. and Mrs. Tracy Dever of San Gerinmo, was one. The photographs were made by Drew Williams and his daughter.

(Additional pictures inside.)

### Children's Chorus To Give Concert

The University of Texas and San Antonio Children's Chorus will present a free Christmas concert Sunday, December 18, at 7:30 p.m. in the UTSA Recital Hall. Under the direction of Marguerite McCormack, the 32

boys and girls will sing a program that includes arrangements of traditional carols as well as other, not-so-often-heard Christmas compositions.

The yuletide concert is a highlight of the ongoing

program sponsored by UTSA designed to introduce youngsters to classical music by teaching them quality musical literature. The Children's Chorus members study a wide range of contemporary and classical compositions.

Two requests for rezoning of property in the City of Helotes were turned down by the Planning and Zoning Commission at its December meeting Tuesday night, December 13.

One was a request for rezoning from B-2 Commercial to B-3 Commercial for a part of the property owned by Baous Miller at the corner of Bandera Road and Scenic Loop. The zoning change was requested for 200 feet along Scenic Loop and 100 feet along Bandera Road.

### Cornval Distributes Proceeds

The Helotes Festival Association has issued checks totalling \$5,100 to local non-profit organizations which assisted in Cornval '83 last May.

The largest check went to the Helotes Area Volunteer Fire Department. It was for \$1,250. The Precinct 2 constables received \$1,000, the Grey Forest Volunteer Fire Department \$850, the Helotes Police Department \$500, and the Gray Forest Police Department \$100.

Other \$100 checks went to: Helotes Little League, Helotes 4-H Club, Zion Lutheran Church, Forest Hills Presbyterian Church, Our Lady of Guadalupe Altar Society, Helotes Hills United Methodist Church Choir, Kappa Psi, San Antonio Roses, John Marshall Ram Boosters, Helotes Park Homewoners Association, Helotes Lions Club, Helotes Lioness Club and North Valley 4-H.

Don Belto, president, also announced that the association has been re-chartered and its new corporate name is "Helotes Festival Association, Inc.", dropping the word "Spring" from the name.

The association meets regularly on the first Monday of each month. However, in January it will meet on January 9 because of the New Year holiday on January 2. It meets in the Community Activity Center of Our Lady of Guadalupe Church at 7:30 p.m.

Miller's representative told the Commission that the owner has no plans for development of the corner. The rezoning was protested by two Scenic Loop residents.

Commissioner Guy Murray told Miller's representative that Miller should reapply when he has a specific plan for the use of the corner, or that he could apply now to the Board of Adjustment for a variance from the current zoning.

The other request was for rezoning from B-2 to B-3 the property that formerly was the car wash in the Helotes Park Shopping Plaza. Neither the owner, Frank Martin, nor a representative was present.

Sarah Sherblom, Commission Chairman, said she understood that owner wanted to open a feed store there.

A report of the Commission's rejection of the two rezoning requests will be sent to the City Council, which has the final authority to act on them.

Tuesday night's Commission meeting opened with the seating of a new member, Vernon Morrow, and the election of new officers. Mrs. Sherblom was elected chairman to succeed Jill Johnstone. Elected vice chairman was Raymond Langlinais, and elected secretary was Bruce Hartman. Herb Coleman and Morrow are the other two Commission members. One vacancy exists.

### Club To Have Sing-A-Long

A Christmas sing-a-long and luncheon will be the program for the December meeting of the Lutheran General Hospital Stroke Club, sponsored by Community Health Education. The meeting will begin at 10:30 a.m., Friday, Dec. 23, in the Cude Auditorium of the Hospital.

The Stroke Club is for victims of stroke and members of their families. A support group for spouses of stroke victims was recently started at the Hospital, and is scheduled during the Stroke Club meetings.



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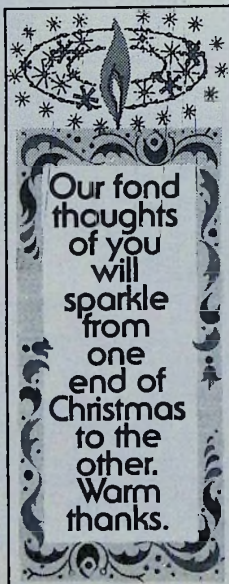
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## Council Picks Tilley

The Helotes City Council has made permanent the appointment of Dewey (Sam) Tilley as Chief of Police. Tilley had been interim chief since the resignation of Don Falcon.

In its meeting Thursday night, December 8, the Council also appointed Vernon Morrow to the city's Planning and Zoning Commission. It had earlier re-appointed Bruce Hartman and Raymond Langlinais, whose terms were expiring. Morrow filled one of two vacancies on the Commission. A person named to the other vacancy at the December 8 meeting declined the appointment.

The next meeting of the City Council will be on Thursday, January 5.

## Person —

[Continued From Page 1]

A&M University.

The mother of Willie Nelson, Mrs. Muriel Harvey, died last Sunday. Willie's address for those wishing to write him is Rt. 1, Briarcliff 2, Spicewood, Texas 78669.

## Helotes Police Chief Named



Police Chief Dewey (Sam) Tilley on Dec. 8 was unanimously elected by the Helotes City Council to the fulltime position as head of the Helotes Police Department. Chief Tilley, who has been with the local police department since June, formerly held the positions of Assistant Police Chief and Interim Police Chief here. He was honorably discharged from the United States Air Force in November. While on duty at Lackland Air Force Base he was on detached duty to Camp Bullis and served as Security Police Instructor.

He is shown with the Helotes Police vehicle.

## Mr. Villa Dies At 70

Humbert J. (Ham) Villa of Bandera Road, well-known Helotes resident and prominent San Antonio businessman, died Friday, December 2, and was buried Monday, December 5, in Fort Sam Houston Military Cemetery with full military honors after a funeral mass at Blessed Sacrament Church. He was 70.

Mr. Villa had owned the Villa Tile Company in San Antonio for 35 years, and was former president of the Texas Ceramic Tile Sub-contractors Association.

During World War II he served as an engineer in the China-Burma-India area, and was a lifetime member of Helotes Veterans of Foreign Wars Post No. 7108.

He is survived by his wife, the former Olivia Lee, a son and a daughter, David and Deborah, one grandchild, two brothers, and several nieces and nephews.



What does the "glee" in glee club mean? Glee is unaccompanied songs for three or more solo voices.

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Mr. and Mrs. Bill Muir were surprised twice Dec. 8 at the City Club when the directors and employees of Grey Forest Utilities gave a surprise party. The Muirs were presented a silver tray, shown here. Mr. Muir retired this month as manager.

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Santa Claus arrived at the General Store in this antique Model T owned and driven by Ben Zimmerlie.

## Edwards Wells Up Slightly

With the exception of Hays County, water well levels in the five-county Edwards Underground Water District increased slightly during November, the District office has announced.

The index well in San Marcos was down one-tenth

of a foot from the October 31 level, and San Marcos Springs declined 9.5 cubic feet per second to a flow of 117.5 cfs, well below the longtime average flow of 168 cfs.

However, Comal Springs at New Braunfels increased

26 cfs to a flow of 230 cfs, compared to the longtime flow of 299 cfs.

Leona River Springs at Uvalde, measured every six weeks rather than monthly, were flowing 18 cfs, compared to the average of 13.5 cfs.

Following are the water well levels at the end of November shown in altitude

above mean sea level with the longtime recorded highs in parentheses:

Uvalde: 872.7 feet, up 1.2 feet (886.3); Sabinal: 756.3 feet, up 1.9 feet (835.4); Castroville: 684.2 feet, up 2.8 feet (737.8); Hondo: 709.9 feet, up 2.5 feet (773.8); San Antonio: 656.9 feet, up 3.5 feet (696.5); New Braunfels: 624.3 feet, up 0.4 foot (630.2).



Turn clear water goblets into a holiday setting by inverting them and placing a colorful Christmas ball inside each. Place a tall red taper on top of each goblet base. Arrange greens all around.

## Animal Cruelty Officer Named

Cynthis North, a 14-year resident of Grey Forest, has been appointed the first Cruelty Investigator for the Humane Society of Bexar County. She will be holding a peace officer's commission with the Precinct 2 Constable's Office, where she will be the sergeant in charge of new Animal Cruelty

Investigation Division.

This also will be a first for the Constable Departments in Bexar County. Jerry Connell, Constable of Precinct 2, is working to achieve an even balance between human and animal protection, Mrs. North said.

One of her first cases was a

sick and exhausted, abandoned dog in the area of the Helotes Christmas Days booths. She determined that the animal needed immediate medical attention, and Chief Dewey Tilley of the Helotes Police Department offered to transport the dog to the Humane Society Shelter.



# Let's talk.

Information about your changing telephone service from Jim Reed, Division Manager-Residence Services

## What will and won't change

With the separation — or "divestiture" — of AT&T now less than a month away, I'd like to use this column to review what will and won't change about your Southwestern Bell Telephone service come January.

Actually, the biggest change for many customers will simply be who will provide which services. The way you use your telephone won't change at all.

However, since customers no longer will be able to take care of all their telecommunications needs from Southwestern Bell Telephone, it's important to know where to go for a particular need.

With that in mind, here's a breakdown on how divestiture will (and won't) affect you:

### Local service

Southwestern Bell Telephone will continue to provide local service after it is separated from AT&T. To start, stop, change or move local service, you will do the same as you now do — call your Southwestern Bell Telephone business office.

### Long distance service

Beginning January 1, Southwestern Bell Telephone will also provide long distance service — but only within your surrounding area. Calls outside this area will be handled by other long distance companies, including AT&T.

### Telephone sets

Between now and the first of the year, you have the option of buying single line and one-party telephones in your home that you now lease from Southwestern Bell Telephone. If you decide to continue leasing your telephone sets, ownership of this equipment will be transferred to AT&T January 1. Of course, you'll still have the option of purchasing new telephone equipment from a variety of suppliers. In fact, Southwestern Bell Corporation has formed a subsidiary, Southwestern Bell Telecom, which will

market telecommunications equipment for multi-line business customers beginning next year. The company also is considering entering the single-line business and residence telephone markets.

### Repairs

If you continue to lease the telephone(s) now in your home, repair of those sets will be performed by AT&T. Telephones purchased from Southwestern Bell Telephone before the end of this year also will be serviced by AT&T beginning in January, but you'll be charged for those repairs if your set is out of warranty.

Repair of telephone lines will still be handled by Southwestern Bell Telephone.

### Billing


At divestiture, you'll continue to receive one monthly bill for all services you presently receive. This bill — to be produced by Southwestern Bell Telephone — will list charges separately according to the type of service received and who will provide that service. Since Southwestern Bell Telephone will act as a billing agent for AT&T, the total amount due on your bill will continue to be payable to Southwestern Bell Telephone.

### We want you to know

If you have other questions about divestiture, feel free to contact me at the address below. Or, call Southwestern Bell's toll-free number for divestiture information — 1 800 555-5000 — anytime between 8:30 a.m. and 4:30 p.m., Monday through Friday.

At Southwestern Bell Telephone, we believe the more you know about what will and won't change with divestiture, the easier this transition will be for you.

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The heart of Christmas Days in Helotes was these booths set up on the front porch of Helotes General Store. The weather was warm and sunny.



Santa protests a traffic ticket being given him by Officer Camilo Faz of the Helotes Police Department (it was only a joke). At right are Ben Zimmerlic and Police Chief Dewey Tilley.

## Here's How To Break Your Christmas Horse

By Susan Miller

You don't have to be John Wayne or a bronc rider in the P.R.C.A. to break a horse.

All you need is some good experience and contrary to belief, a very gentle touch.

The last thing you want to have on when you're on a young horse that's never had

anything on his back and is scared to death is a pair of spurs and a noisy saddle.

In the old West, the only way to break a horse was to just get on and hang on, but most of the time the only thing that broke was a few bones and a lot of back sides stayed real sore.

Like I said, you need experience before you should even think about it. Once you've got that, you're ready. First, you want to let the horse know that you don't want to hurt him and then, too, that you're not scared of him. Horses have a way of sensing when you're scared and you could really get hurt. You have to start on the ground by just stroking him and constantly talking to him in your regular voice. Before long, he'll get used to it and he'll begin to calm down. Talking is the best way to keep a horse relaxed, so you'd better learn to hold some type of a conversation with him through the complete process.

Once that you feel that you've gained some of his confidence, you can start with his back. You should use just a regular horse blanket and slowly rub it from his shoulders, to his side and then, while you're still telling him how you hope your parents are going to lend you that \$10 for the weekend, you ease the blanket onto his back. After you've done this a few times you will be able to place it on his back with ease.

Next comes the saddle. By now he's used to something

## Tips For Your Holiday Pictures

By Ryder Howard

As we fast approach the end of the year and the associated holidays, I feel it somewhat appropriate to offer a few tips for your holiday pictures in order to insure excellent results.

First and foremost be certain to have plenty of fresh film and batteries, and if your camera uses flash cubes or bulbs or bars, get a good supply of fresh ones. If you have film in your camera that has been there more than two or three weeks, go ahead and have it processed so that you can use fresher film. The reason for this is that older film or film that has gotten too hot can be fogged, or the color dyes may shift causing bad color or no pictures.

If your batteries are not in good condition, your flash unit and possibly your camera as well may not work properly. When you use weak batteries, at best your flash will recharge only very slowly, or more likely will not work at all. Since these are pictures that you will treasure, fresh film and batteries are absolutely necessary.

The next thing is always remember to use your flash whenever you are indoors. Since nearly all film is daylight balanced, it should either be used with daylight or flash only. The reason is that daylight is a white light, and indoor light is not. If you have light bulbs the light emitted by them is yellow, green or fluorescent. The only time you should even consider not using a flash unit indoors is if it is a once in a lifetime shot and the flash unit is not working; however the resulting picture will be very yellow due to the nature of the light.

Whenever you take a picture indoors, DO NOT get too close with your flash unless you have a variable power automatic flash unit. By getting too close to your subjects, the flash will cause their faces to appear washed out or off-color and give their eyes a red glow on your print. A rule of thumb is to remain a minimum of six feet away from your subject when using your flash unit.

Next, you should try to show a story of the season in your pictures. Begin with the preparations for the holiday, the wrapping, decorating and cooking. At the time of the big event, show with your pictures how it unfolds from the wide-eyed first look of the children to the last present being opened, or the last kiss under the mistletoe. Be sure to include other sidelights, such as Dad playing with all the toys meant for those much younger.

The next step is to get your film processed as quickly as possible in order that if necessary you can re-take certain pictures (if possible) and so that everyone can get reprints before all return home.

One more thing to remember is that on these special days when all of those you love and care for are there with you, you should have a family portrait made so that you can have lasting memories of the wonderful times you are now enjoying. We here at Texas Color Photographics will be open on Dec. 24 and Dec. 26 in order to help you with portraits, processing and advice on your picture-taking. Merry Christmas!

resting on his back. No, not throw, but softly place the saddle on his back. When you cinch it, remember to do it slowly and not to make it too tight.

This should all take place in a round pen, so you can stay in complete control.

Now. Stand in the center of the pen and cluck to him. Try to get him walking so that he can get the feel of carrying the saddle on his back. Before long you can put him into a lope.

(Continued on Page 9)

**A Christmas Wish**

*With gratitude for all our blessings during this festive season.*

*At this holy time, our wish for you and for all of us is joy, good health and peace throughout the world.*

**Congressman & Mrs. Chick Kazen**

## HELOTES ECHO

"Ye shall know the Truth"

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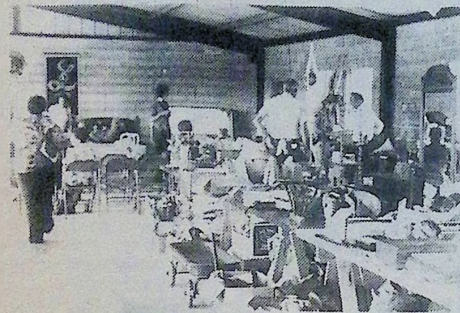
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Santa Claus arrived at the auction on the Grey Forest Volunteer Fire Department's new truck.



An auction was sponsored by the Grey Forest Volunteer Fire Department as part of Christmas Days in Helotes. This shows some of the crowd in the Lions Club's Parrigin Pavilion, site of the auction.

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## Two Exhibits Open

Color photography and artifacts from turn-of-the-century drug stores are on public display through the holidays in two separate exhibits at The University of Texas Health Science Center at San Antonio.

"Color," by Austin photographer, Carol Cohen, includes large color blowups on display in the auditorium foyer.

"Main Street Drug Store" includes health-related items that were commonly sold in drug stores around the turn of the century. The display was prepared in cooper-

ation with The Institute of Texas Cultures and is in the library foyer.

Hours for the photography exhibit, which will remain through January 15, are Mondays through Saturday, 8 a.m. to 5 p.m. and Sundays 1 to 5 p.m.

Artifacts and books in the drug store exhibit will be on view during regular library hours Monday through Thursday, 7:30 a.m. to midnight; Friday, 7:30 a.m. to 10 p.m.; Saturday, 8 a.m. to 5 p.m.; and Sundays from 1 p.m. to midnight. However, both exhibits will be closed December 24-26.

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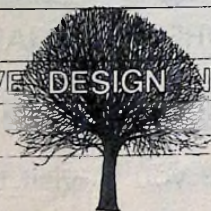
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Johnson



In a morning garden ceremony at Normandie Rose Farm near San Geronimo, James J. (Jiggie) Johnson, Jr., took as his bride, JoAnne Bates, formerly of Greenville, Texas. The bridegroom is owner of the Bodet Steamship and Travel Agency of San Antonio. The bride is an investment broker with USAA. The marriage ceremony was performed on Saturday, Nov. 12, 1983, in the presence of 100 guests including members of both families as well as close friends. Several out-of-state guests attended. Best man was Wade Schlameus and the bride's honor attendant was Glynda McClure. Following the religious ceremony a reception and brunch were hosted by the couple's parents, N.E. and Pat Winters and Jo and Tom Stribling. Assisting were the bride's children, Kara, Laura and Andrew Bates. The couple will reside in San Antonio following their wedding trip to Morocco.

# HAPPY NEW YEAR

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For new adult patients only  
Expires January 6, 1984

#### COUPON

### CLEANING, CHECK-UP X-RAYS & EXAMINATION

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Reg. \$35.00

For children under 18 only  
Expires January 6, 1984

#### COUPON

### ORTHODONTICS (BRACES)

(Most cases, Adults & Children, new cases only)

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RYDER HOWARD**

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## Seasons Greetings from the Directors, Officers and Staff

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- Add any amount, anytime.
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Let Helotes Bank tell you how to give your investment funds a lift. Visit or call collect at 695-8761 for more information.



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Call Collect (512) 695-8761

† If average daily balance falls below \$2500 — \$5.00 service charge. Interest rate becomes 5 1/4%.

Member FDIC





## Police Stay Busy Here

The police blotter this month had a series of major and minor accidents, several reports of break-ins and a robbery as well as a car on fire to report.

Last Saturday night, a minor traffic accident took place at Antonio Drive and Old Highway 16. A major accident earlier involved a car driving by Justo Valdez, who had a gash on his head,

and a Bandera resident D'Spain, who had a knee injury.

A robbery about two weeks ago at Gas Go was reported by the manager. It took place in the early afternoon. The manager said that a weapon was pulled on him when he refused to make change for a fifty-dollar bill. Two men then took off running in opposite directions.

This robbery is under investigation with several leads being pursued.

In a one-car accident on Bandera Road on December 9, Larry Trow, 29, of San Antonio Ranch was killed. His Datsun pick-up ran off the road and hit an Oak tree. The accident happened about 9 a.m. Earlier, two women were killed on Bandera Road near San Geronimo when their car ran off the road. They were Laura Annette Masuccio, 20, of Canyon

Lake, and Kimberly Coor Kubbenka, 21, of Seguin. That accident happened at about 3 a.m. on Tuesday, December 5.



### Efficient Heating

With the approach of falling temperatures, there's still time to minimize their effect on indoor comfort and heating bills...to "insulate" against the expected frigid winter.

First, any heating system must be in top condition to operate at peak efficiency...filters clean, blower belts

not slipping, burners adjusted, trapped air bled from radiators.

A home will be more comfortable at a low thermostat setting if humidity level is kept at 30 to 35 percent. With a forced-air furnace, a plate type, turbine drum or power humidifier can supply the necessary moisture content. Easily installed, the only special tool is metal snips. Made by Wiss, the compound lever-action type cuts ductwork with half the effort of common snips.



Hope the magic and mirth of Christmas shower you with happy surprises!  
We thank you especially dear friends and patrons for your support.

# Merry Christmas

## Rocking D Western Wear

HOURS: 10 a.m. to 6 p.m. Beginning Dec. 15, Open till 7 p.m.  
12934 Bandera Road • Helotes Shopping Center • 695-8212



Five little Girl Scouts hold ornaments which they made to the official Helotes Christmas Tree located on the Lions' field. With them in background are troop leaders.



Dr. James H. Hogsed announces the relocation of his chiropractic practice from 6904 Bandera Road to the newly-opened Deer Oaks Office Park at 7272 Wurzbach Road. Pictured above are Dr. Hogsed and his staff, from left to right, Sonya Caballero, Angela Olivares, Caryl Chipman and Susan Chipman.

Routine and emergency care available — 690-9971.



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Pick up some on your way home  
New Hours—Tues. thru Fri.—8 a.m. to 8 p.m.  
Sat. & Sun.—8 a.m. to 4 p.m.  
CLOSED MONDAY

## LOS HELOTES MEXICAN RESTAURANT

Call or come by 13247 Bandera Road in Helotes 695-9011



## Frieda Moss Records "Hillybilly Paradise"

The late great Helotes Cowboy-Artist Charlie Moss-known especially for his C & W singing and guitar playing-was the inspiration for a song "Charlie" which his wife, Frieda Moss, has recorded on a stereo cassette tape along with 18 other songs.

Frieda, a native of White Plains, Missouri, solos the recent release by American Artists in Springfield, Missouri of a very listenable medley "Hillybilly Paradise" which will be an added step in her own career.

She has been a featured singer at the Springfield Holiday Inn for some time, and stopped the crowds in that town with her own brand of folk singing. She often wears modern Indian dress to interpret songs of the native West.

The tape features versatile folk singing and is remarkable for fine accompaniments by herself on piano or guitar.

Frieda is the daughter of the late Fred and Lottie Willard who kept a store and farmed at West Plains. Her father taught her singing. She met Charlie here in Helotes while she was teaching music in public schools in Bexar County.

Charlie, who had a C & W band, first featured her here on the piano, and they played together at various night spots. They were married at the Forest Hills Presbyterian Church and held their reception at Floore Country Store.

Twice, the U.S. has had three different Presidents in a single year: Van Buren, W. Harrison and Tyler in 1841; Hayes, Garfield and Arthur in 1881.



Frieda Moss, Folksinger

Frieda attributes the success of her tape to the Lord. She sings in the choir of her church and is an ardent church-goer.

The cassette can be purchased for \$7.50 at 620 Johnson Street, West Plains, Mo. 65775 addressed to Frieda Moss.

### HORSE-- (Continued from Page 4)

When you've done this for a good fifteen minutes, take the saddle and blanket off. Tie him up tight somewhere and begin touching his back. Remember to keep talking. Slowly lay your arms over his back and pat him on the other side. Gradually put pressure on him and then make an attempt to lay on his back. Don't actually do it the first time as not to spook him. Do this a few times then you should be able to lay on his back. Keep patting him and slowly ease your leg over. There! You're sitting on him.

Now in the same process as before, saddle him and get on. With a good snaffle bit and some strong reins, you're ready to go. There is one major caution. You should always have someone with you in case of an accident.

Good luck and happy trails!

**Forest Hills Presbyterian Church**  
13200 Bandera Rd.  
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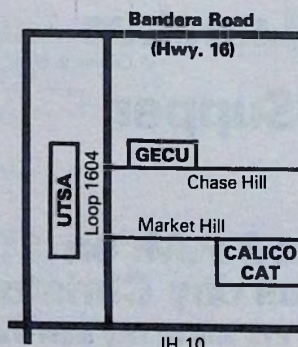
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Fridays 8 p.m. to 12 midnight

Friday, December 16--

**SURE SHOT**

★★★

Saturday, December 17--

**SURE SHOT**

★★★

Sunday, December 18--

**MORE COUNTRY**

*Santa is coming!*

★★★

Friday, December 23--

**WHISKEY DREAMIN'**  
**FREE DANCE**

★★★

Saturday, December 24--

**WE CLOSE AT 5 P.M.**

★★★

Sunday, December 25--

**Christmas Day**  
**BILLY MATA**  
**FREE DANCE**

★★★

Friday, December 30--

**FREE DANCE**

★★★

Saturday, December 31--

**NEW YEAR'S EVE DANCE**  
**BILLY MATA**

★★★

Sunday, January 1--

**COUNTRY CLOVER**

★★★

Friday, January 6--

**To be Announced**

★★★

Saturday, January 7--

**COUNTRY CLOVER**

★★★

Sunday, January 8--

**COUNTRY WINE**

★★★

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No minors admitted without parents  
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# RUSTY MARK J. PERSYN

NOW LET ME GET THIS STRAIGHT...YOU SAY IT WAS A RED SLEIGH WITH A BUNCH OF REINDEER TIED TO IT? AND YOU LEFT IT ON THIS ROOF?



## Apple Pie Designs Opens



Lois Holden, left, and Debbie Little, held a champagne grand opening for their Apple Pie Designs shop on Saturday, Dec. 3. The shop specializes in monogramming and also offers a variety of gift items. The shop is located above the Holden Equipment Co.



Mrs. Lena Alonso of Bandera Road was winner of the quilt given away by the Helotes Historical Society as part of Christmas Days in Helotes.

### CINNAMON RAISIN SNACK MIX

Makes about 8 cups

6 cups prepared popcorn  
1 (8-ounce) jar Planters Dry Roasted Unsalted Mixed Nuts  
1 cup dark seedless raisins  
1/3 cup margarine  
2 tablespoons honey  
1 teaspoon ground cinnamon

In large bowl, combine popcorn, mixed nuts and raisins.

In small saucepan, over low heat, blend margarine, honey and cinnamon. Pour over popcorn mixture, tossing to coat evenly. Place on a 15 1/2 x 10 1/2 1-inch baking pan. Bake at 325° F. for 20 minutes, stirring after 10 minutes. Cool completely. Store in airtight container.

### HELP AN ELF

The Elf Louise Program needs many new volunteers to assist in this year's program. Call 224-1843 for details.

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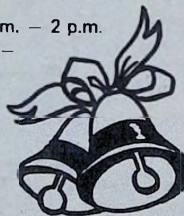
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**We'll close at 2 p.m. on New Year's Eve and all day New Year's Day.**

**CHRISTMAS  
GREETINGS  
TO ALL**

**M**ay you discover  
lots of good times  
at the end of your  
line! Thanks,  
friends.

**From All of Us!**







Terry S. Vincent, M.D.  
Helotes  
Family Practice Clinic

## OSTEOARTHRITIS MORE THAN WEAR-AND-TEAR

By Terry Vincent, M.D.

Arthritis is a major health problem, affecting one out of every hundred of the total American population (which includes the young as well as the elderly). Forty percent of these are of Medicare age, which makes 1,500,000 old folks with creaky joints.

There are three major types of arthritis: rheumatoid, gouty, and osteoarthritis. This time we'll talk about the most common one, osteoarthritis (OA). The most frequently involved joints are the hands and knees, neck, low back, and the hips. The shoulders, elbows, wrists, and ankles are rarely affected. It occurs twice as often in postmenopausal women.

It once was thought that OA was the result of wear and tear in the ageing process. While this may be true to some extent, OA may be caused by injury, inflammation, or certain diseases. It's important to know what kind of arthritis you've got because the treatment and management differs in each.

Osteoarthritis causes morning pain and stiffness; untreated, this progresses to constant pain. If the neck is involved, it is often associated with muscle spasm, headache, and a grinding noise that only the patient can hear (crepitation) upon movement. Involvement of the hips or knees gradually interferes with the ability to use stairs, rise from a seated position, or walk. Affliction of the small joints of the fingers and hand is particularly bothersome. Swelling about the joint is often the first indication of OA, even before there is any discomfort.

In the vast majority of cases, no cause for OA can be found. However, certain conditions may lead to it. It is a common consequence of diabetes. Abuse or overuse of a joint seems to predispose to OA; for example, OA tends to develop in the ankles of dancers or in the knees of miners. A dozen diseases can lead to OA. Thus one should always search for contributing factors and, if possible, eliminate them to slow, or even halt, progression of OA.

There is no diagnostic blood test of OA. Rheumatoid arthritis and gout have specific tests, but this is another story. The most important things are the history of morning stiffness progressing to disability, swelling of the small joints, and x-rays to reveal excess bone formation and joint destruction.

There's an effective lubricant in every joint called synovial fluid. In OA this fluid tends to solidify with inactivity, which results in morning stiffness until moving about can again liquify it. As time goes by, the underlying cartilage breaks down, depriving the bone of protection. The bone then erodes, and the body's healing attempt causes joint enlargement. With the passing of time the range of motion decreases, and the joint may eventually freeze. This is not uncommon in the hip.

Unfortunately, most old folks—and many doctors!—consider OA untreatable, not life-threatening, and just something you have to live with. Not true. A lot can be done. Treatment of OA encompasses a full-scale program. Depending solely on injections or drugs will give less than ideal results. A change in the use of the involved part, protection of the affected joint, and physical therapy all play a part. Heat in the form of hot baths or a heating pad helps. Keeping the joint mobile, i.e., walking, knitting, daily modest exercise programs, are all very beneficial. Where the hands are involved, hot paraffin baths, offer considerable relief; a home unit is available. Splints for particularly painful joints, such as the base of the thumb, are often used. An acutely swollen and painful joint may require drainage and injection of a cortisone preparation.


Drug treatment of osteoarthritis is based on anti-inflammatory agents. Yes, aspirin is one of these and is the starting point of treatment (provided the patient doesn't have a bleeding problem, peptic ulcer, or drug sensitivity). The object is to take enough to provide relief, up to three tablets four times a day. When this becomes inadequate, your doctor will prescribe a more potent nonsteroidal anti-inflammatory agent, of which there are many. The latest, *Eldene*, has the advantage of a single daily dose. Oral cortisone provides marked relief and is sometimes used in selected short-term cases; a host of very bad side effects prohibit the long-term use of cortisone.

## On Our Lady of Guadalupe Day



Helotes' Our Lady of Guadalupe Church celebrated on Dec. 12 the feast day of the patronal saint. On the altar were Rev. Edward Jach, pastor; Rev. Louis Trawalter, former pastor; and Rev. Al Benavides of the San Antonio Archdiocese. Below are some of the children who carried roses up to the Statue of Our Lady of Guadalupe during the mass.





### GOOD TIDINGS

May you have the  
gladness of Christmas  
which is hope; the  
spirit of Christmas  
which is peace;  
the heart of  
Christmas  
which is  
love.

—Ada V. Hendricks

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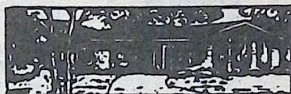
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G.C. Lichtenberg

"Half the promises people  
say were never kept—w...e  
never made." E.W. Howe

## 1983-84 UTSA Roadrunners Open Season Flying High



Off to a flying start in 1983-84, the UTSA Roadrunners set a school record of four straight wins by defeating Biscayne College of Miami, Fla., 69-62, TCU 67-64, Rice 72-56 and Baylor 79-70. This weekend they are in California to play Southern Cal and California State University at Fullerton. The 1983-84 Roadrunners squad includes: Front row, DeWayne Hammonds, Jack

Kubiszyn, Robert Wallace, Gary Payne, Vince Cunningham, Ike Thornton, Calvin Haynes, Asst. Coach Terry Morris, Director of Athletics Rudy Davalos and Head Coach Don Eddy; and back row: Asst. Coach Bill MacLeay, Asst. Coach Larry Gatewood, Brent Cotton, Scott McKoin, David Singh, Derrick Gervin, Rick Doyle, Tim Gabrish, Kevin Morris, Monte Wainwright and Alden Wren.



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"Flattery is that which cor-  
rupts both the receiver and  
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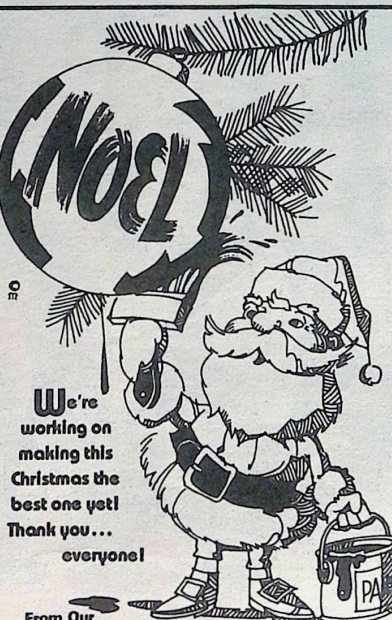


May you share the special  
blessings of the holiday with  
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Sincere thanks.

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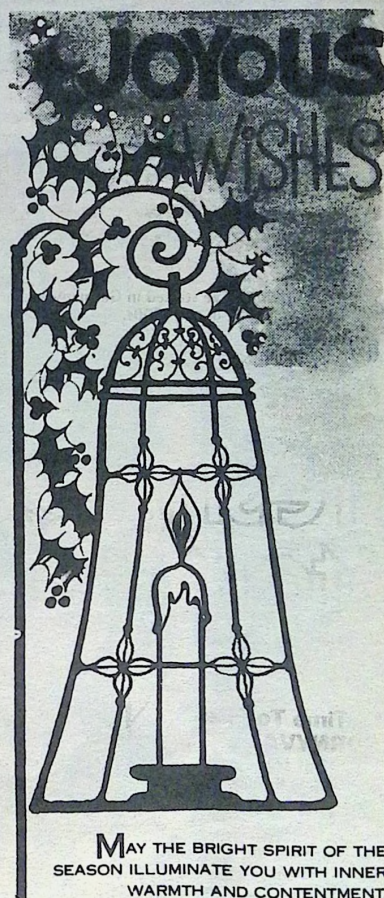
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LAND SERVICES

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Owner  
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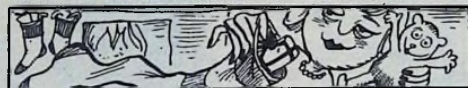
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INSTALLATION and SALES**

Jerry Duerler

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SATISFACTION GUARANTEED



The custom of putting toys and other presents into a stocking on Christmas Eve started in Germany and arrived in England and the U.S. in the 1800s.



The original St. Nicholas was a 4th century Turkish bishop. According to legend, he dropped a bag of gold coins down a chimney into a stocking a poor girl had hung up by the fireplace to dry.

**Silver Rose Garden**

offers for your dining pleasure  
our

**YORKSHIRE HOUSE  
RESTAURANT**

—Open from 10 to 10 Daily—

**FEATURING STEAKS AND SEAFOODS**  
Also Available for Banquets and Private Parties

Our Bar features  
**HAPPY HOUR from 5 to 8**  
2 for 1 Drinks

Daily Specials

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Located at Corner

**a  
Fresh  
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It's Time To Plan  
**CORNYVAL '84**  
Set for  
May 2-8

Join the Festival  
Association  
(Annual Dues \$2.00)

Next Meeting  
Monday Jan. 9

Our Lady of Guadalupe Catholic Church  
PCC Building • 7:30 p.m.  
Riggs Road, Downtown Helotes



From our  
**SPECIAL SERVICES  
ADVERTISERS**

**EMERGENCY**

For EMERGENCIES CALL  
CONSTABLE (Precinct 2)

**JERRY CONNELL**

**366-2221**...24 Hour No.

or **344-5033**...Home

or Bexar County Sheriff, Dispatcher  
220-2441 — ASK FOR UNIT 501





French Canadians, believing that it is unlucky if a cat meows in the house on Christmas Eve, feed their cats especially well on December 24.



# TIMELESS GIFTS

FROM YESTERYEAR

**General Antiques**  
*Browsers Welcome*

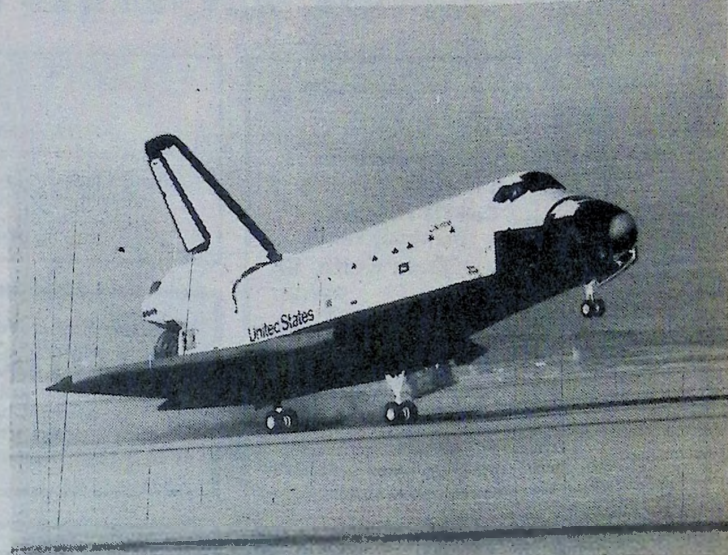
**MERRY CHRISTMAS & HAPPY NEW YEAR**

Hours: Tuesday through Sunday  
11 a.m. to 5 p.m.

## HELOTES MERCANTILE

14392 Bandera Road, Helotes, Texas

## Columbia Arrives Safely



The Space Shuttle "Columbia," carried on a NASA 747, landed at Kelly Air Force Base, Thursday, Dec. 15, and was viewed by the public. The Space shuttle carrier aircraft (SCA) was expected to refuel at Kelly, taking on 25,000 gallons of fuel and remain overnight. After a refueling stop at Eglin AFB, Fla., it was expected to proceed to Kennedy Space Center at Cape Canaveral, Fla. This picture was taken as the Columbia landed at Edwards, Calif. on Dec. 8, completing a mission of 10 days, 7 hours, 47 minutes and 23 seconds — its sixth and longest trip into space. Aboard were six astronauts. (NASA photo)

## Gifted Students Program Wins National Award

The University of Texas at San Antonio has been named one of the leading institutions in the nation in the area

of innovation and change in public higher education by the American Association of State Colleges and Universities.

The commendation was given for UTSA's Gifted and Talented Student Program. "It is an excellent model for providing special opportunities to encourage gifted students," noted Allan Ostar, president of AASCU. "It is also a fine example of a university working to develop one of our nation's greatest resources—our talented youth."

Other award-winning schools include Metropolitan State University, St. Paul, Minn., for its program designed for older adults; Cleveland State University, Cleveland, Ohio, for its alternative education program in which senior citizens tutor juvenile delinquents; and the University of South Carolina at Spartansburg for its Science Education Center which is working to upgrade science and mathematics education in the state's public schools.

**FAVORITE**  
In airports around the country, Federal Aviation Administration controllers guide more than 85,000 flights a day. By the year 2000, air traffic is expected to double.

To help air controllers cope with increasing air traffic a new radar system is under development at Westinghouse. The new radar, known as ASR-9, is being designed by computers, and will provide a clearer picture of weather and aircraft than was provided by older systems. It will be installed at over 100 airports starting in 1986.

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AUTHENTIC MEXICAN DISHES  
AT A PRICE YOU CAN AFFORD**

*"You'll love our food"*

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11 a.m. to 10 p.m.  
Tuesday thru Sunday**

**STEAKS - WINE • FISH & SHRIMP**



# EL CHAPARRAL

**MEXICAN RESTAURANT**

**1/2 MILE NORTH OF HELOTES, TX. ON BANDERA RD.**

**We Will Be Closed Dec. 25 and Jan. 1**

## A time to say Thank You

We wish to express our sincere appreciation for the privilege of serving you. We value both your friendship and your patronage and can think of no more appropriate time than now to tell you so. May the coming year be a most happy and healthy one for you and your family.

*Carlos and Mary Garcia*  
**Merry Christmas & Happy New Year**

**DAILY  
AMERICAN STYLE  
LUNCHEON SPECIALS**

\*Chicken-Fried Steak  
\*Meat Loaf  
\*Hamburger Steak  
\*with Mashed Potatoes, and Vegetable  
Coffee or Tea  
**\$3 plus tax**  
**FAJITAS PLATE — \$3.50**

**Reserve Our Private Party Room  
for your Clubs and Parties**

—ALSO—  
**FOOD TO GO  
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