

HELOTES ECHO

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VOLUME 16, NUMBER 24

HELOTES, BEXAR COUNTY, TEXAS - December 19, 1980

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With the Christmas season approaching its climax on Christmas Day next Thursday, this is a time of planning, shopping and partying. The Silver Belles held their annual Christmas party Saturday night, Dec. 13, at Forest Hills Presbyterian Church. The Belles held their guests had a complete turkey dinner followed by a Christmas tree and exchange of gifts.

...The same night the Helotes Lions and Lionesses Clubs had their Christmas party at the home of Mr. and Mrs. Bill Barker in Helotes Park Estates.

...Kappa Psi sorority had a Christmas luncheon Wednesday at King Wah Restaurant....Our Lady of Guadalupe Church will celebrate its traditional Mid-night Mass on Christmas Eve beginning at 11:30 p.m., and all the other local churches will have special services this coming Sunday.

Betty Jo and Bill Emerick of Helotes Park Estates received an early Christmas present—when their daughter, Aneya Kee, completed her bachelor of science degree from the University of Texas at San Antonio on Dec. 12. The formal commencement exercises will be held next May.

Debbie Little-Ingram, owner of the Handmaiden gift shop in Downtown Helotes, has illustrated a new book, "The First Great Armadillo Adventure," to be released soon. The author is Lee McCullough.

Rev. Edward Jach, pastor of Our Lady of Guadalupe Church, happily reports that plans are about complete for a large addition to the Sunday School building. It will be built on the north end of the present building. Extensive improvements will be made to the present building.

Hearings Held For Helotes Bank

A Visit To Santa



Some Northside Independent School District students got a special treat when their teachers took them to Ingram Mall to visit with Santa. (L-R) Joey Johnson, Lackland Elementary School; Jake Valenzuela, Forest Hills Elementary School; James Cochran, John Glenn Elementary School; and Michael Fine, Easter Seals Center, are among "kids confined to wheelchairs who rarely get a chance to go to the mall," according to Nancy McBriarty, Easter Seals teacher.

Ruling Due In February

Two days of hearings on the application of the new Helotes State Bank before an examiner of the State Banking Commission in Austin were completed late Thursday afternoon, and Bennie Lyon, member of the board of the bank in organization, said the hearings went very well.

The decision on whether or not the commission will grant the bank a charter will not be known until "early in February," when the three commissioners will hold a public hearing and vote on the application.

The hearings this week were similar to a courtroom procedure, with attorneys for the new bank and attorneys for those opposing it questioning witnesses and arguing for and against the application.

Testimony favoring the Helotes Bank included these points:

—Six of the nine members of the proposed board are from Helotes.

—When Helotes residents were invited to subscribe for stock in the proposed bank, the response was so great that the amount of stock was raised from \$900,000 to \$1,100,000 and finally to \$1,250,000, and residents were still asking to subscribe.

—The growth of the Helotes area is so rapid that a bank to serve local residents and businesses is greatly needed. An economist from Austin presented a study of Helotes area.

Austin Attorney Conrad Werkentein represented the Helotes Bank in the hearings. A specialist in hearings, he has represented bank applicants in 155 of them.

Attorneys from both sides will now file depositions with the State Banking Commission. Along with the testimony at the hearings just completed, these depositions will aid the commission in deciding on the application.

Cornyval Picks Wendt

Fred Wendt of Shaenfeld Road has been elected president of the Helotes Spring Festival Association succeeding Jerry Robertson, who moved to Tyler. Wendt moved up from executive vice president. Succeeding him in that position is James Benke.

Wendt announced that plans are well underway for the 1981 Cornyval to be held next May. The next meeting of the association will be Monday night, Jan. 5, in the parish hall of Our Lady of Guadalupe Church, beginning at 7:30 p.m.

At the meeting a second vice president will be elected to fill a vacancy in that position. First vice president is Bill Maskew, third vice president is Barbara DiMartino, secretary is Helen

Wendt, and treasurer is Neva Goodpaster.

Committee chairmen are Marie Parrigin and Rose Bello, membership; Lucy Brown, publicity; Bill Maskew, beer tickets; David Williams, beer booths; Jim Benke, health and sanitation; Don Belto, carnival; Barbara DiMartino, special events and parade; Michelle Moorad, coronation; Robin Williams and Tommie Moore, Festival Association float; Lynn Menchaca and Paul Kime, Indian pow-wow; and Tammy Null, equestrian unit.

The Past Presidents Advisory Committee includes Jim Benke, chairman, and Jim Wilson, Don Bello, Guy Williams, Ralph Swift, Lucy Brown, Ed Faust, and Daisy Anderson.

Grey Forest Loses Gas

The Grey Forest Utility lost pressure on its natural gas system early Monday evening in the immediate Helotes area. Shortly after 7:30 p.m. all homes in the Helotes Ranch Acres, San Antonio Ranch, Helotes Park Estates and Grey Forest were without gas.

The cause of the failure was a malfunctioning regulator in the Helotes Park Estates area. The staff of the utility worked all night and all day Tuesday to correct the regulator and turn the gas back on in the homes that had lost the service.

Gas was restored to the last of the homes late Tuesday evening.

Merry Christmas & Happy New Year

Mrs. Frankie Johnson said several friends have told her what a beautiful Christmas card her son, Raymond, sent them from Farmington, N.M., where he is working—but she has yet to see one herself. The card has a photo of Raymond standing in front of a mountain. Maybe she will get the original.

Dr. Mario J. Gonzalez, Jr., associate professor in UTSA's Division of Mathematics, Computer Science and Systems Design, has been named assistant dean of the College of Science and Mathematics, effective Jan. 1. Dr. Gonzalez is native of Laredo and a graduate of the University of Texas at Austin.

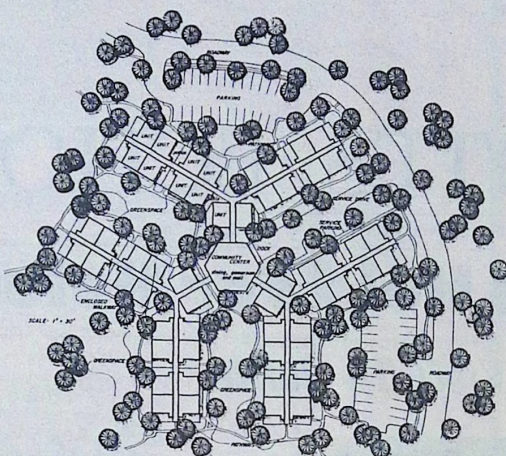
Inflated Food Prices

Nearly six of ten American families have reported that coping with the high cost of food is a major cause of stress, according to General Mills' American Family Report 1978-1979.

Driving The Speed Limit

55 mph may seem slow. The truth is, driving 55 costs you very little time.

A 100 mile trip driving 65 mph takes one hour and 32 minutes. That same trip at 55 takes one hour and 49 minutes. Seventeen minutes difference.



The Village at Helotes, a retirement community planned for Galm Road, will consist of seven clusters like this one. Each cluster will have 54 units plus a central community building. The project will occupy 67 acres and cost \$16 million.

Crop & Livestock Reports Needed

From mid-November to early January, many Texas farmers and ranchers will receive a crop or livestock questionnaire from the Texas Crop and Livestock Reporting Service or will be personally interviewed by the Service's field staff.

All of the estimates published by Texas Crop and Livestock Reporting Service are based on the data provided by Texas farmers and ranchers, County Extension Agents, ASCS offices, and many others in agriculture.

This cooperation provides the necessary data which is, in turn, returned to farmers and ranchers and others in the form of accurate estimates, which are so essential in making the wisest production and marketing decisions.

Each farmer or rancher receiving a questionnaire is urged to fill it out carefully and return it promptly to the Agricultural Statistician in Austin. Individual reports are confidential and used only for state and county estimates.

Second Retirement Village Announced For Helotes

Plans have been completed for construction of the Village at Helotes, a \$16 million retirement community on Galm Road three miles southwest of Helotes.

The retirement community, when completed, will have seven clusters of 54 units each plus a central recreational and dining area. The entire village will occupy 87 acres.

The Village will offer weekly maid and laundry service, gardening and maintenance service, and dining facilities and food service.

The project is the result of months-long studies and planning by a team of developers, senior citizen consultants, architects, engineers and construction people.

Assembled by Commercial Property Consultants of San Antonio, the team includes Dr. Margaret Wright, Ph.D., consultant of San Antonio, the team includes Dr. Margaret Wright,

Ph.D., consultant on aging; Martha Owens of Louisville, Ky., senior citizens consultant on housing; Peter Olfers, land planner; Herbt Olson, architect; Gilbert Pratt, engineer; and Jan McDaniel, project director.

"We feel that creating an attractive living environment for active middle and upper income people is an idea whose time has come," said Miss McDaniel.

The Village at Helotes is the second upper-income retirement project to be announced recently for the Helotes area. The other is the Casa del Sol project planned for San Antonio Ranch. The Casa Del Sol planners already have opened an office and model unit in Helotes Park Shopping village.

"Everything has an end, except a sausage, which has two."
Danish Proverb

a Fresh Start



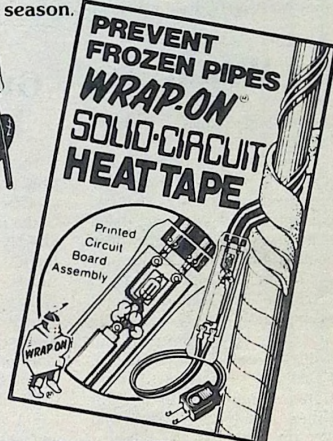
It's Time To Plan
CORNYVAL '81
April 29—May 3

Join the
Festival Association
(Annual Dues \$2.00)

Next Meeting
Monday, Jan. 5
7:30 P.M. at
CCD Bldg. Of
Our Lady Of
Guadalupe
Catholic Church
Riggs Road, Downtown Helotes
Fred Wendt, President
Helotes Spring Festival Association

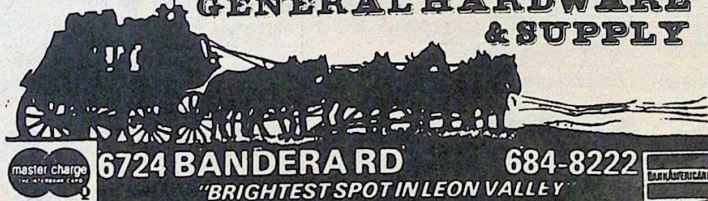
a Happy Holiday

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Farm Bureau Convention Delegates



Eighteen voting delegates representing the Bexar County Farm Bureau recently participated in the 47th annual Texas Farm Bureau convention in San Antonio. They included: Front row, left to right, Mrs. D. Gembler, Jr., Mrs. Frank Persyn, Mrs. W. Hofferichter, Irene Vasbinder, Mrs. Alton Schneider, and Evelyn Ackermann. Second row, Diedrich Gembler, Frank Persyn, Wayne Hofferichter, John Vasbinder, Alton Schneider, and Martha Ashley. Back row, David Ackermann, A.V. Thurman, Clinton Boldt, David Paper, M.L. Stolte, and Marvin Ashley. Not pictured is Joe Golla.

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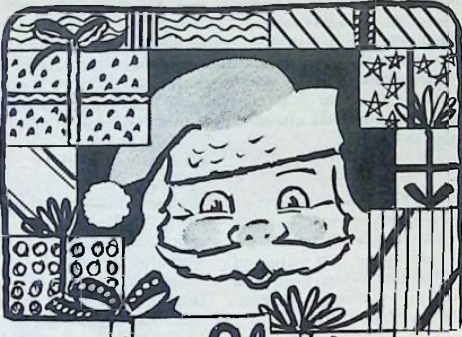
Rev. Bill Henderson, pastor

SUNDAYS

Church School — 9:45 a.m.

Worship Services 8:30 a.m. and 11 a.m.

Youth Activities — 695-3761



Merry Christmas
And A

Happy Holiday Season

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Fire Department**

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Tom Schoolcraft

ASSISTANT CHIEFS:
Dennis George
John Blalock

CAPTAINS:

Ron Binks — Wayne Chauffe — John Widner

FIREFIGHTERS:

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Richard DeHart
Charles Field
Maggie Grabhorn
Joi Harris
Richard King
Diana Manshot
Judy Reichardt
Judith Turlington
Billie Villemain
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Cathy Langlinais — Vice president
Helen Widner — Secretary
Rudy Loeffler — Treasurer

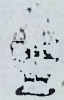
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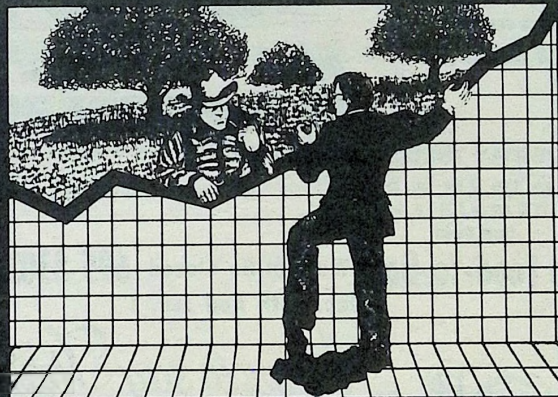
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HELOTES ECHO

"Ye shall know the Truth"
VOLUME 16, NUMBER 24
DECEMBER 19, 1980

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In Helotes**

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Symphony To Award Two

The San Antonio Symphony Young Artist Awards, under the auspices of the San Antonio Symphony League, are presented each year to the outstanding instrumentalist soloist in the San Antonio area for solo performance with the San Antonio Symphony Orchestra. The deadline to apply for the 1981 awards is Jan. 1.

Any student who is a bona fide resident of the San Antonio area, up to and through senior high school, will be considered eligible, excepting former recipients of the award.

The 1981 competition will select one winner from the piano division and one from the orchestral instruments division, which will be limited to performers on woodwinds, brass and percussion instruments. The winners will be presented as soloist with the San Antonio Symphony Or-

chestra at one or more of its concerts.

In addition, the winner of the piano division will be presented with an honorarium of \$400 by Joske's of Texas, while the winner of the orchestral division will be presented with an honorarium of \$400 by Sears, Roebuck and Company, with the stipulation that the honorariums be used for furthering the winners' musical education.

Auditions will be held on February 21, 1981 at Ruth Taylor Concert Hall for the piano division and at Laurie Auditorium for the orchestral division.

Formal applications may be obtained from the business office of the San Antonio Symphony, 109 Lexington Avenue, Suite 207, 78205, or by calling 225-6161.

Miss Wilford Hall



First Lieutenant Julie Nehls, a nurse in Wilford Hall USAF Medical Center's Newborn Intensive Care Unit, has been crowned Miss Wilford Hall 1981 at the conclusion of a three-day contest to choose the Medical Center's ambassador to the San Antonio community for next year. Miss Wilford Hall and her two princesses—1st Lt. Jere Sprague and AIC Susan Stratton—will represent the Medical Center in February's Miss Lackland pageant and will take part in festivities taking place during Fiesta San Antonio in April. The musically inclined lieutenant is a member of San Antonio's "Mission Bells" woman's barbershop singing group, and has played piano for 10 years. She also lists jogging among her favorite pastimes. She attended Lewis University in Illinois before coming to Texas.

Mrs. Betty Steubing, formerly of Helotes and now living in Junction, has been selected for inclusion in the 1980 edition of "Outstanding Young Women of America," published in Montgomery, Alabama.

Congratulations to the Holmes Huskies football team for going all the way to the state semi-finals—after capturing the first city title for the Northside District. They won the state quarter-finals and a week later lost to the team from Port Arthur's Jefferson High.

Fund Will Aid Victims

Representatives of the various Italian-American community organizations have launched a citywide campaign to raise funds for the victims of the earthquakes in southern Italy.

Funds will be received in a special custodial trust set up by the First National Bank of San Antonio. Carlo Presti, head of the bank's trust department, asked that contributions be made by check payable to the "Italian Disaster Relief Fund" and sent to the First National

Bank, P.O. Box 13701, San Antonio 78213.

Peter Parenti, chairman of the committee and attorney for the trust fund, has assured donors that their contributions will be fully tax deductible and that the funds collected will be specifically distributed for the direct relief of the stricken population without administrative costs. What is needed now, he indicated, are funds for rebuilding the homes in the disaster area.

The Texas Board of Law Examiners has notified St. Mary's University Law School that 145 of the 146 St. Mary's graduates taking the state bar examination this summer were successful.

Arturo Garcia and E.C. (Red) Eiland are organizing a new VFW post for the Leon Valley Ingram Park Mall area. They need 25 new or re-instated members. Phone Mr. Garcia at 695-3586 if you are a veteran who served overseas.

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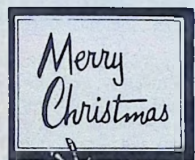
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At The Witte



This angel made from tin is one of hundreds of pieces included in the "Christmas Angels" exhibition at the Witte Museum, 3801 Broadway, through Jan. 15. Featured in the display are angels gathered from around the world and fashioned from a variety of materials—cloth, ceramics, tin, wood, oil paint, stitchery, papier mache and stone.



When the gas went off in the Helotes area Monday night, local residents went looking for restaurants because they couldn't cook supper at home. Corbin Terry of the Helotes Bar-B-Q said he had one of the biggest nights of the year. He was open because his barbecue is cooked over a wood fire. Most of the other restaurants in the area had to close. Rev. and Mrs. Bill Henderson and their two little ones ate at Jim's in Leon Valley, as did Mr. and Mrs. Royce Cottrell. The Helotes School cafeteria staff cooked the school's lunch Tuesday in the kitchen of Coke Stevenson Junior School.

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Along Our Route

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Dear Friends:

I am late and I am sorry, but we have just now made the final accounting of all transactions of our Trail Ride for the Medina County Association for Exceptional Children. With your help, we are proud to report that we have placed \$6,230.44 in the hands of the Association for the children at the School in Hondo.

Your contribution to this worthy cause by way of the publicity you gave brings us to send our deepest and sincere thanks. I can not tell you how much we appreciate and need your support to make the ride a success for the children. Thank you for sharing your blessings with those less fortunate.

The children send their deepest thanks and wish each of you a Merry Christmas and a Happy New Year, as I do. Once again, thank you so much and may God continue to bless you.

Sincerely,
Carl W. Mickey

Accidents

Traffic accidents are the number one cause of death to America's young people. 60% of accidental deaths of ages 1 through 19 are the result of traffic accidents.

Sugar Substitute

To substitute honey for sugar in a recipe, remember one and one-fourth cups of sugar equals one cup of honey. Also, don't forget to reduce the liquid used in the recipe by one-fourth cup.

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Playing For New Year's Eve



The Fleetweld Cowboys, pictured above, will be playing Dec. 31 at Braun Hall for the traditional New Year's Eve dance. Left to right they are Ed Hurst (steel guitar), Bill Lutz (drums), Fred Spears (vocals and rhythm guitar), Lawrence Schenk (vocals and rhythm guitar), and Dale Keith (vocals and bass). The band was organized originally in 1974 and played in local and surrounding area parades. At that time the band consisted of four members, of which two, Schenk and Spears, remain with the present group. The Fleetweld Cowboys have appeared at Floore Country Store, Braun Hall, Lakehills Civic Center and numerous festivals and fairs. They play also for private parties, weddings and open dances.

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HOLIDAY GREETINGS!

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Christmas. Our hearty thanks to all!

Ella Dunford, Elaine, Doris, Carol,

Jean and Sally



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*It's Christmas
again and time to
say how much it
means to have the
friendship and
good will of folks
like you. Accept
our sincere thanks
and warm wishes
for a*

*Happy
Holiday*

**Martin & Valda
Terry**

Christmas Foods Vary In Other Countries

The countries of the world which celebrate the Christmas season enjoy traditional foods unique to each culture.

The following recipes, excerpted from *The Melting Pot: Ethnic Cuisine in Texas* published by The University of Texas Institute of Texas Cultures at San Antonio, are a sampling of yuletide fare from Norway, Sweden, Czechoslovakia and France:

NORWEGIAN CHRISTMAS BREAD

1 cup butter; $\frac{3}{4}$ cup raisins; $\frac{1}{4}$ cup citron; $\frac{1}{2}$ cup candied cherries; $\frac{1}{2}$ cup chopped pecans; 4 cups milk, scalded; 2 yeast cakes; 1 cup sugar; $\frac{1}{2}$ teaspoon cardamom; 4 cups flour (or more).

Melt butter and sugar in milk, cool to lukewarm and add yeast. Make a sponge as for bread. Knead well and rise, until light. Add fruit and knead again. Shape into loaves in a loaf pan, let rise and bake at 350 degrees for 1 hour. Ice with a paste of powdered sugar and milk. Cool completely before serving.

SWEDISH RICE PORRIDGE

This dish is a must for the Swedish Christmas Eve supper. Usually one member of the family is assigned to stir the rice. If you are short of people to help stir, use a double boiler. 3 cups milk; salt; 1 cup rice; $\frac{3}{4}$ cup sugar; 1 almond; cinnamon.

Place milk in the top of double boiler. Add salt to taste. Add rice and cook until thick. When thick add sugar. Stir well. If it is too thick, add some cream or milk. When cooked pour into a dish. Bury almond in

the center, then sprinkle cinnamon on top. The one who finds the almond will marry within the year.

CZECH CHRISTMAS BREAD
2 yeast cakes; 1 cup milk; 2 teaspoons sugar; 1 stick butter; $\frac{1}{2}$ cup sugar; $\frac{1}{2}$ teaspoon salt; 2 eggs; 2 egg yolks; 5 cups flour; $\frac{1}{2}$ cup raisins; $\frac{1}{2}$ cup blanched almonds, chopped; 1 egg, beaten; 1 tablespoon milk.

Crumble yeast into lukewarm milk (if dry yeast is used, dissolve in a small amount of milk first), add 2 teaspoons sugar and let rise. Cream the butter, sugar, salt and 2 eggs plus the 2 egg yolks. Add half of the flour and mix well. Add the yeast and mix in the remainder of the flour. Mix well, then turn out on floured board and knead thoroughly until the dough is smooth. Place in a bowl and cover. Let rise in a warm place about 1½ hours or until double in bulk. Turn out on floured board again and knead, adding the raisins and almonds. Divide the dough into six even parts. Roll each piece into a 15 inch rope. Place three ropes on well greased baking sheet, sealing together at one end. Braid the ropes and seal the other end. Twist together two of the remaining ropes and place on top of braid. Finally twist the remaining rope and place on top of the two. Let rise again for about 1 hour, then brush the dough lightly with a mixture of beaten egg and milk. Bake at 250 degrees for 45 minutes.

FRENCH NEW YEAR'S BREAD

1 stick margarine; 1 cup sugar; 2 eggs; 1 envelope of yeast; 1 cup warm water; 1 cup scalded

milk; flour; 1 egg, beaten

Cream melted margarine and sugar. Add 2 eggs to mixture. Dissolve yeast in warm water and add to mixture. Add milk and beat in enough flour to make a stiff dough. Let rise until double in size. Knead and braid. The braid may be placed on a flat baking sheet in a long loaf or joined to form a wreath. Let rise again, brush with beaten egg and bake at 350 degrees for about 1 hour. Makes 1 loaf.

The Melting Pot is available at many bookstores, or can be ordered from The Institute of Texas Cultures by sending a check or money order for \$12.55 (includes tax and postage) to The Institute at P.O. Box 1226, San Antonio, Texas 78294. For further information call 226-7651.

A Good Substitute

To substitute fresh yeast for active dry yeast in a recipe, use one yeast cake for each envelope of dry yeast. Do not sweeten the

lukewarm water — just crumble yeast cake into the specific amount of water and let stand 10 minutes.

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Library Show In January

Westfall Branch Library will present a show of encaustic miniatures by Alvi Rohde during the month of January. Encaustics, the use of pigments mixed with hot wax, is a technique perfected by the Greeks in the Fourth Century B.C. and widely used throughout the early Christian period.

Westfall Branch Library is located near the intersection of IH-10 and Vance-Jackson, and is open 9 a.m. to 9 p.m. on Monday through Friday, and Saturday 9 a.m. to 6 p.m.



Quilt Maker



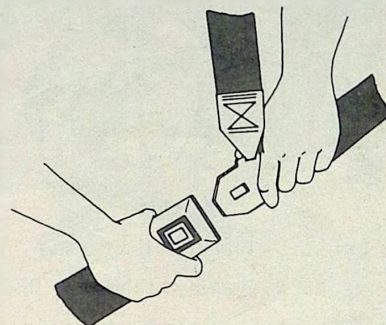
Rosalie Boysen of Grey Forest stands by a quilt she made for Council 4140 of the Knights of Columbus, to be used to raise funds for the council's charity projects. The dates beside the Knights of Columbus emblem indicate the council will celebrate its 25th anniversary in 1981. The art layout for the emblem was made by the artist, Hubert Copper. The quilt was presented to the council recently by Roland Boysen. It will be displayed at the council's Christmas Party on Dec. 20 in the council home on Huebner Road near Fredericksburg Road.

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Christmas Comes To The Birds, Too



Boys in this class chose sturdy branches to hang food for the birds, as a teacher helps a group prepare a longer garland to drape on higher branches. Birds stayed in other trees during this event, but they have been spotted flying in for popcorn.

Considering that CHRISTMAS IS FOR EVERYONE, five classes—more than a hundred boys and girls—agreed "Christmas is for the birds, too." With the aid of their teachers and the Helotes Lionesses Club, they gathered food and fare for their fine-feathered friends who enjoy regular visits to the growing Christmas Cedars on the grounds of the Helotes Elementary School.

The boys and girls strung popcorn, carrot slices, and other bird delicacies, and hung garlands with baskets of birdseed, too.

On a sunny December afternoon last week, they took turns decorating the trees. Each of the five teachers assembled her class and the boys and girls put the garlands where the birds were most likely to find them.

Fred Pizzini, principal, checked the safety factors, as the children chose trees fronting Bandera Road so everyone could watch the birds enjoy the feast.

Some of the work was done in preliminary stages and at the scene by the Lionesses who sponsored the event as an environmental project for the local chapter.

So, in case you see a bright blue bird or a cardinal or a lowly sparrow going to school during the holidays, it will be thanks to their little first-grade friends who are away for vacation, enjoying Christmas, too.



Girls work on trimming the branches, while some of their little friends spot an empty branch where they wish to put more food for the birds. This is the first time, but the children say next year's first-graders, only kindergarteners now, want their turn in 1981.

Westerns Go 'Art Form'

A course being offered in January at UTSA will give movie buffs who grew up on Westerns an opportunity to take a serious look at this all-American art form, as well as a chance to see classic Hollywood Examples of the genre.

Dr. Steven Kellman's class, "Fiction, Drama, and Film: The Western," will examine the evolution and conventions of the Western and its relationships to American society and historical fact.

"The Western is perhaps the most distinctive art form produced by the United States," says Dr. Kellman. "It is certainly the most universal, and, whether in Japan, Russia, France, or Oman, American tourists, businessmen, and politicians are viewed in terms of this enormously popular form. We will attempt to understand this popularity."

To begin Jan. 14, the class will meet on Wednesdays at 5:30 p.m. in Room 2.01.30 of the Humanities-Business Building.

The films and their dates are as follows: Jan. 14, "The Great Train Robbery" (silent); Jan. 21, "The Last Card"; Jan. 28, "Stagecoach" (1939 version); Feb. 11, "The Ox-Bow Incident"; Feb. 25, "My Darling Clementine."

Also, March 4, "The Gun-

fighter"; March 25, "Shane"; April 8, "The Naked Spur"; April 15, "The Searchers"; April 22, "Lonely Are The Brave," and April 29, "Go West."

For more information about the course, call the College of Humanities and Social Sciences at 691-4373. Spring semester classes will begin Jan. 12, following registration on Jan. 7-8.

Rains Raise Well Levels

Water well levels throughout the five-county Edwards Underground Water District continued an upward trend in November, the EUWD office has announced.

Generally good rains in the area and reduced pumpage accounted for increases of as much as 5.8 feet. Spring flow also increased at New Braunfels. Comal Springs at the end of November were flowing 282 cubic feet per second, an increase of 20 cfs over October. San Marco's Springs showed no

change at 128.6 cfs

Following are the water well levels shown in feet above mean sea level with the alltime recorded highs in parentheses: Uvalde: 870.3, up 0.2 feet (886.3). Sabinal: 771.8, up 0.7 feet (835.4). Castroville: 697.1, up 4.9 feet (737.8). Hondo: 725.1, up 3.7 feet (773.8). Hondo: 725.1, up 3.7 feet (773.8). San Antonio: 668.2, up 5.8 feet (696.5). New Braunfels: 625.4, up 0.5 feet (630.2). Kyle: 566.3, up 2.2 feet (593.8).

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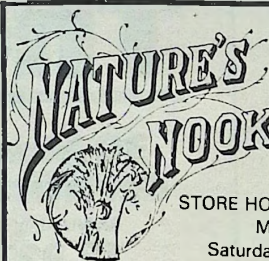
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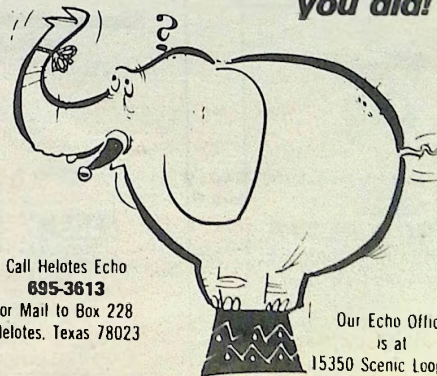
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Women can now consider the highway construction industry. They are now being recruited for jobs which consist of form setters, concrete finishers, steel reinforcers, carpenters, equipment operators and general construction work.

Candidates are expected to provide their own transportation and child care arrangement.

Call ONLY on Monday, January 5, 227-1573 and ask for the Highway Construction for Women Program.

This opportunity is sponsored by the Highway Construction for Women Program, Special Programs Training Division, Texas Engineering Extension Service, a part of The Texas A&M University System.



The last recorded eruption of Japan's Mount Fuji lasted from November 24, 1707, to January 22, 1708.

Health Views



DON'T LET THE HOLIDAYS GET YOU DOWN

We should all look forward to the Holidays. And yet, it is amazing to note how many people can hardly get through them without a great deal of stress and exhaustion.

The fast pace of modern living seems to make people almost frantic in their approach to the Holiday season. Pressures build for both the business person and the homemaker as they seek to fulfill all social, business and family obligations in a short span of time.



What many of us don't realize is that the way we feel under pressure (mentally and physically) depends to a great extent on our overall health. No one can feel relaxed, pleasant, and capable of coping with a busy schedule if his body is not functioning properly.

Even under normal circumstances, there is a difference in the reactions of those individuals whose health is up to par and those whose health is less than should be expected. Add to that the overindulgence in food and beverage during the Holiday season, the drain on mental and physical capacities, and the result is more obvious. Since the central nervous system influences every part of the body, stress shows up in extreme fatigue, nervous tension, and lowered resistance against disease and disability.

It's easy to say "slow down for the Holidays," but your doctor of chiropractic offers some sound advice based on his health care experience and training.

1. Before you jump on the merry-go-round of activities, pull out and pitch all the non-essential projects that were time-consuming and wasteful the previous year.

2. Concentrate on essentials, and pace yourself. Make up a list of projects to be done by priority and allow sufficient time for them.

3. Don't try to get all your entertaining into the Holidays. If you "owe" someone dinner or social response, try to schedule it after the Holidays. Since other people suffer the same frustrating schedule as you do, they might also appreciate an invitation when the pace slackens.

4. Resist the temptation to over-eat or to indulge in an excess of rich foods.

5. Get plenty of sleep and relaxation.

6. Keep an important place on that calendar of busy activities for periodic health examinations, including a spinal examination.

Your doctor of chiropractic reminds you at having a happy Holiday season on staying healthy, being energetic, and being free of pain and illness.

Persistent or recurring aches in the back and limbs may suggest a possible spinal or pelvic problem. This often requires a structural correction of the cause in order to relieve the condition. Although drugs may hide the pain temporarily, the spine and sacroiliac must be aligned to their proper position for normal function.

'Faust' Will Open Season

Opera, the ultimate classic, will begin its 1981 season in San Antonio on Friday, Jan. 20, and Sunday, Feb. 1, at the Theater for the Performing Arts with Gounod's "Faust". Conducted by the Music Director of the San Antonio Symphony, Lawrence Leighton Smith, and directed by David Lloyd, the cast includes San Antonio favorite Henry Price in the lead role, with Nancy Shade and Michael Burt. Faust is the story of a man's quest for youth, beauty, and riches, leading him to strike a chilling and fateful bargain with the Devil. Faust, a German student, summons to his aid the spirit of evil, who appears to him in the form of Mephistopheles.

The second opera of the season will bring to San Antonio Atsuko Azuma in the feature role of Butterfly in Puccini's "Madama Butterfly" on Friday, March 13, Sunday, March 15 and a special student performance on Tuesday, March 17, at the Theater for the Performing Arts. Butterfly, a young Japanese girl, loves and marries an American naval officer, Lt. Pinkerton, who leaves her and returns with an American wife. A disillusioned Butterfly then commits suicide in the formal Japanese manner.

The final opera of the 1981 Symphony Grand Opera Season is "Aida," by Giuseppe Verdi, on Friday, April 3 and again on Sunday, April 5, at the Theater for the Performing Arts.

Season tickets for all three grand opera productions may be obtained at a discount over individual prices by calling the San Antonio Symphony box office at 223-5591.

Holiday Parties



Silver Belles, a social organization, had two parties for Christmas. In addition to the Dec. 13 Christmas party at Forest Hills Presbyterian Church, where Vice President Babe Gilliam played Santa Claus' helper in costume, there was a pre-Christmas party at the home of Louise Dent in Helotes Park Estates. She is shown here, left, with Edith Taylor, club treasurer, who was her co-hostess.

President Hardee Warden and Secretary Marie Parrigin were among the hostesses for the second Christmas party. More than 30 attended.

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Cal Chapman, a senior at Trinity University, has been selected for "Who's Who Among Students in American Universities and Colleges. He is the son of Dr. Calvin C. Chapman of Helotes Ranch Acres. He is an engineering science major.

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Keep Tax Records To Support Claims

Taxpayers, especially those who itemize, should begin compiling receipts and other records to support claims on their Federal tax returns, the Internal Revenue Service advises. These records can be used to back up claims in case the return is examined and also assist taxpayers by reminding them of potentially overlooked deductions.

For easy reference, the records should be sorted into the categories which appear on Schedule A of Form 1040, the IRS says. When itemizing, taxpayers should bear in mind interest paid on loans and mortgages, as well as payments for medical insurance which are documented on various financial statements. These amounts are often deductible, and frequently overlooked.

Medical expenses, union dues and charitable contributions are a few other commonly claimed deductions for which IRS examiners often request supporting evidence. Keeping cancelled

checks, pay stubs, and bills can be helpful in supporting these claims. However, the IRS notes that taxpayers should not attach receipts or cancelled checks to their tax returns.

Save Energy

You can keep food costs down by saving energy, too. "Double up" with several items and bake them at the same time to save oven energy.

Match pan and burner sizes, cover pans when cooking if possible, avoid pre heating the oven unnecessarily, and turn off the lights when they're not needed.



A wall or fence six feet or higher can help block cold winds from your house and cut heating costs.

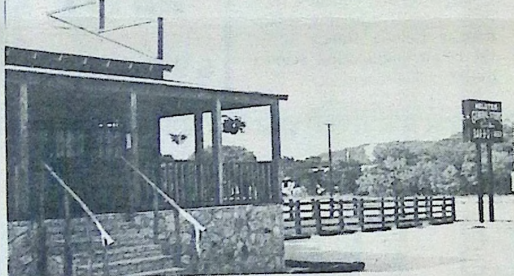
Cost-Cutting Ideas

Save those coupons for items that will be needed. Many dollars can be saved through the use of coupons. Develop a filing system for saving (and maybe trading) coupons. A shoe box may be used for filing. A good time to assemble them is when the market list is being compiled or made. Place all coupons to be used in an envelope in purse to save time at the grocery store checkout counter.

Check the date on the coupon to be sure it is still good before reaching the store. Do this when sorting through the coupons while compiling the market list. This saves time at the checkout stand.

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