

# HELOTES ECHO

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HELOTES, BEXAR COUNTY, TEXAS—VOLUME XVIII, NUMBER 15

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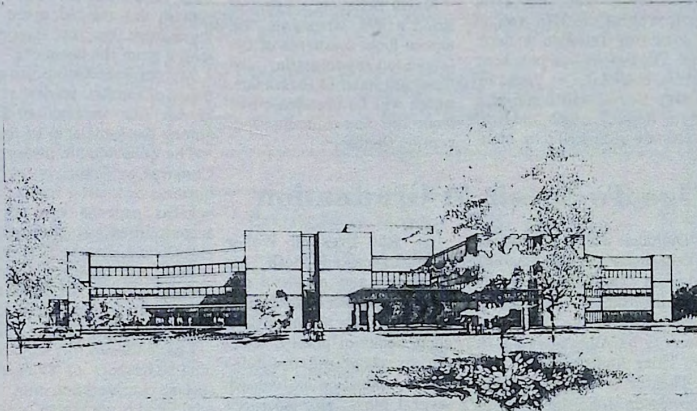
Moon and Maureen Mullins caught a six-foot shark on a fishing trip to the coast this week. Maureen said she was going to have the shark cut up into filets — "and they are delicious," she added.

Several ladies in Helotes will honor area newcomers at a poolside social event on Saturday, Aug. 28, from 8 to 10 p.m. The event will be held at 10310 Rafter S Trail in Helotes Park Estates. "All newcomers — as well as old timers — are welcome," said a spokeswoman.

Roland Klar, district traffic safety specialist with the State Department of Highways and Public Transportation, has received from the department a 35-year meritorious award in recognition of his dedicated service to the people of Texas. Klar is a member of the Forest Hills Presbyterian Church of Helotes.

The Helotes Garden Club will meet Thursday morning at the home of Mrs. Rose Belton, 10759 Bar X Trail, and hear a talk by Mrs. George Terry of Windmill Antiques.

Col. (Dr.) Robert S. Demski of Helotes Park Estates has been selected by the Air Force Surgeon General to be a Military Consultant for the Air Force. The appointment is in addition to his assignment as chairman of the department of mental health at Wilford Hall USAF Medical Center. In this additional assignment, Col. Demski will visit other Air Force medical treatment facilities to provide specialty consultation, conduct medical investigations, report on problems in his area of expertise, and represent the Air Force at professional and national scientific meetings. Col. Demski also is the health officer for the city of Helotes.



South Texas Women's Hospital  
San Antonio, Texas

This \$25 million, 150-bed hospital for women and newborn infants will be built on a 16-acre site at 8109 Fredericksburg Road bordering the South Texas Medical Center. The hospital will serve families in the San Antonio, Bexar County, and South Central Texas areas.

Dallas Cassel, project director, said the hospital's construction will begin in about thirty days, with completion in early 1984. During its first year of operation, the hospital will provide 256 jobs, a payroll of \$5 million and \$750,000 in tax payments, he said.

"South Texas Women's Hospital will be a state-of-the-art facility designed and equipped for the special hospital care needs of women and infants, including high risk mothers and potentially sick newborns," Cassel continued.

### Castroville Celebration Is Aug. 22

Music, food, crafts and drink will be the fare at the St. Louis Day Celebration on Sunday, Aug. 22, at Castroville.

Celebrating its centennial this year, the celebration will again take place at Koenig Park in historic Castroville.

Alsation-style sausage and barbequed beef will be served

under a huge modern dining pavilion, for \$3.75 a plate, from 11 a.m. till 3 p.m. Plates to go are also available.

An afternoon dance, from 3 to 7 p.m., will entertain picnic goers, and collectors can attend the annual afternoon auction. Live entertainment, craft booths, and

entertainment booths, as well as numerous food and drink stands will be scattered throughout the tree-shaded park.

### Deadline Extended By UTSA

The deadline for application to the fall semester at The University of Texas at San Antonio has been extended to Aug. 9, according to Dr. John Brown, director of the Office of Admissions and Registrar.

New and former undergraduate students and special or transient graduate students whose admission file is completed by Aug. 9 will be approved to register as scheduled in the fall class schedule, if eligible for admission. Those students whose admission file is completed by Aug. 16 may register during late registration on Aug. 25 or later, if eligible for admission.

No application for admission or credentials to complete an admission file for

Fall 1982 will be accepted after Aug. 16.

For more information, call the Office of Admissions and Registrar, 691.4532.

### Harms To Leon Valley

Charles T. Harms, formerly a fifth grade teacher at Carlos Coon Elementary, has been promoted to vice principal of Leon Valley Elementary School.

Harms, 45, has six children between ages 17 and 24. He is a graduate of Trinity University, University of Texas at San Antonio and San Antonio College, and the Northside School District Administrative Internship Management (AIM) Program.

### Meeting To Be Aug. 11

A meeting to organize a Helotes Business and Professional Association will be held Wednesday, Aug. 11, beginning at 7:30 p.m. at El Chaparral Mexican Restaurant.

All persons who own or manage a business in the greater Helotes area, and all professionals with a practice

that includes Helotes, are invited.

The chamber of commerce type association would promote the general welfare of the Helotes area and encourage compatible business growth. It also would establish a liaison of business and professional people here with all pertinent governments, particularly the city council.

A volunteer committee chaired by Charlie Garcia has met for the past four Wednesday nights to study the structure and requirements of the association. Recommendations of the committee will be presented at the general meeting on Aug. 11.

At the meeting, members will be enrolled, officers elected, dues voted on, and meeting times decided.

Approximately seventy business establishments and a dozen professional offices have been identified in the area, extending from Braun Road on the east to Villarreal's on the west, and including Grey Forest.

### Mr. Evans Dies At 77

Newton Evans of Evans Valley died Monday, Aug. 2, at the age of 77 and was buried Thursday following services conducted by Rev. Paul Probst at Zion Lutheran Church. Interment was in the Helotes Lutheran Cemetery.

Mr. Evans had attended church on Sunday, and died Monday.

A full obituary will be published in the next issue of the Echo.

### Gourmet Cooks



See Other

Photos

Page 4

These are some of the participants in the series of cooking demonstrations held each Saturday morning in July at the Grey Forest Utilities headquarters. More than a hundred persons attended the sessions. On successive Saturdays, American, French, Chinese and Mexican delicacies were prepared. A new Modern Maid "Wisp-Air" Downdraft Gas Grille was used.



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THE TERRY FAMILY

## Exhibit Gets Extra Day

The San Antonio Museum of Art will open its doors on Tuesdays to meet public demand for "Between Continents/Between Seas: Precolumbian Art of Costa Rica." Normally closed on both Mondays and Tuesdays, the Museum of Art has extended its operating week to six days.

The exhibition of precolumbian art, which has been at-

tracting hundreds of people daily, features some 300 objects of gold, jade, ceramics and volcanic rock hand-carved in the Diquis region of Costa Rica between 400-1200 A.D.

Admission to the Museum of Art, which is located at 200 West Jones Avenue, is \$2 for adults and \$1 for children under 12.

## KSAT Sets Telethon

The Muscular Dystrophy Association and KSAT-TV will present the 17th Annual Labor Day Telethon on Sept. 5-6. The twenty-one-plus hour show, hosted in Las Vegas by Jerry Lewis, will begin at 8 p.m. Sunday night and will continue until 5:30 p.m. Mon-

day.

Mario Bosquez, co-star of KSAT's PM Magazine, will emcee local segments of the television spectacular for thirty minutes of each hour, which will be broadcast live from the San Antonio Convention Center.

## Igo To Speak At Graduation

Diplomas will be awarded to 53 bachelor's and 66 master's degree candidates during commencement exercises at Our Lady of the Lake University on Aug. 14 at 7 p.m. in Thiry Auditorium.

Theater critic and English professor John Igo will be quest speaker for the ceremony. His address on "Whose Decision Is It?" concerns the importance of the new graduates' assuming control of their own lives.

Igo, who lives on Woller Road, received both his bachelor's and master's degrees in English from Trinity University. He has published eight books of poetry, written six plays and one television production and edited several plays. His most recent theatrical adaption, "Peer Gynt," was presented in March by 24th Street Experiment at OLLU.

He is an English professor at San Antonio College.

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Shakespeare

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**TOM  
LOEFFLER**  
Congressman  
21st District-Texas

## Reports from Washington

### Congressional Tax Benefits Repealed

The grossly unfair tax breaks Congress voted itself last year have been repealed. Many of my colleagues and I have worked steadily for the last seven months to achieve this goal. It was imperative that this flagrantly unfair and abusive measure be struck from the lawbooks.

My outrage over approval of the original measure in the final hours of the first session of the 97th Congress last year is a well-known fact throughout the 21st Congressional District and among the leadership of the House.

The questionable measure in effect allowed each Member of Congress to deduct up to \$75 a day from his income tax as a business deduction for each day Congress is in session. This tax benefits package was not only wrong on its merits it was accomplished by a devious maneuver as it moved through the House on a rider to the black lung reform bill.

But I am happy to report at this time that the House and Senate agreed to the repeal of the measure in an amendment to a bill providing urgent supplemental appropriations for 1982. The President's signature on July 18 made it a matter of law.

I have viewed this sorry scenario with disgust from the beginning. Members of Congress must never give themselves any special consideration that is unavailable to other Americans. I might add it is a matter of record that I did not take advantage of a single new benefit on my 1981 tax return.

In the battle to correct this legislative abomination, I consistently supported bills that would repeal the congressional tax breaks and prevent their recurrence in the future. I also sponsored measures which will require a specific roll call vote on any measure which personally affects Members financially, and prohibits a sitting Congress from ever voting itself a pay raise.

In the event the American people believe that Congress should be given an occasional raise — to prevent having a Congress filled only with the independently wealthy — then the real focus must be on the process of providing them. We can no longer tolerate the kind of backdoor, sneaky, parliamentary device used last year because it undermines the process and is an affront to the integrity of the body. Instead, a sitting Congress — by rollcall vote where every Member is forced to stand up and be counted — should set an appropriate level of pay for the next Congress. And that would not take effect until an election had intervened and the voters had spoken. This procedure would effectively prevent the kinds of activities we have seen to date.

If we can be open, above-board, rational, reasonable, and responsible in the future, perhaps the issue can be addressed maturely. And maybe, just maybe, the public will regain some of its respect for the Congress as an institution, respect certainly not deserved by past antics.

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## Greco To Teach Here

The San Antonio Performing Arts Association will bring Jose Greco, the world-famous Spanish flamenco dancer, to San Antonio for one week, Aug. 9 to 15, to teach flamenco dancing at the Mexican American Unity Council, 2300 West Commerce Street.

Jose Greco, who appeared last fall in S.P.A.'s sold-out performances in San Antonio, will hold auditions on Monday, Aug. 9. Mr. Greco's residency in San Antonio is sponsored by the San Antonio Performing Arts Association and co-sponsored by Schlitz of San Antonio and other local contributors.

Classes are for students age 9 to adult with at least 3 years of dance experience.

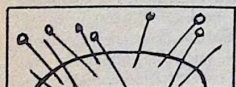
For information, call Olga Pena at the Mexican American Unity Council, 225-4241. A \$5 fee will cover refreshment costs for the week-long class.

## Northside Adds To Top Staff

The Northside Board of Trustees has hired C. Warren Alexander, most recently of the Killeen school district, to be deputy superintendent of schools for the Northside District.

Alexander, who holds a doctor's degree from The University of Texas at Austin, has been director of special projects for Killeen since 1981 and was previously superintendent in Denison.

Alexander replaces Jack C. Jordan in the school system's number two spot. Jordan became superintendent of schools July 1 after the retirement of E. D. Cody.



A piece of covered steel wool makes an excellent pin cushion—it even helps keep the pins and needles sharp.

## McDonough-Andersen Wed in San Anonio



*Mrs. James E. McDonough*

In a candlelight service at John Calvin Presbyterian Church in San Antonio, Miss Debora I. Andersen, daughter of Col. (Ret.) and Mrs. Robert N. Andersen of Helotes Ranch Acres became the bride of James E. McDonough, son of Mr. and Mrs. James B. McDonough of San Antonio. Rev. D. Kilgore officiated at the wedding which took place on Saturday, July 17, 1982.

The bride wore a traditional bridal gown with a lace bodice styled with a sweetheart neckline and long sleeves reembodyed with pearls. Her skirt had a long train and her double illusion veil had a lace headpiece and was cathedral length.

As something old, the bride wore a necklace with a Crusader Cross blessed in the Holy Land which was a gift from her father and which she wears constantly.

Her Maid of Honor was Miss Patty Alonzo, and her bridesmaids included Mrs.

Debbie Andersen and Mrs. Karen Andersen, sisters-in-law of the bride; and also Mrs. Patricia Forrester, Mrs. Carol Hildebrand, and Mrs. Connie Martinez.

The bridegroom had his brother, Terry McDonough, as his Best Man. Groomsmen included Cris Andersen and Daniel Andersen, brothers of the bride; and also Richard Gloria, Raymond Martinez, and Bert Curtis.

The bridal attendants wore powder blue nightgown dresses with lace cape sleeves and carried matching fans of lace.

Following the ceremony, a reception was held at Harmony Hills Cabana Club. Present for the dinner and dancing were 250 guests. Among these were the bride's grandparents, Mr. and Mrs. Henry J. Spynala of Sturtevant, Wis.

After a honeymoon trip to Florida, the couple will reside on Parliament Drive in San Antonio.

## Fashion FORECASTS

Accessories: Final Touch

For a finished look, the woman of fashion selects the "perfect" accessories... the "ideal" in jewelry.

The look this year, according to Pat Cantor, fashion merchandising director for Harper's Bazaar, is cleaned up and pared down in natural materials.



Geometric look in beads

Jewelry shapes, she says, are more important than ever. Earrings are graphic and often in free-form drops for day or evening wear.

Bracelets are bold and worn in multiples or as one important cuff. Choker lengths are new at the neck in slick geometrics, refined ethnic beads or oversized discs. Longer drop necklaces fill in bare necklines.

These were among the style tips Ms. Cantor passed along at a series of *Be More You Fashion Events*, staged around the country under the sponsorship of More Lights 100s, from R.J. Reynolds Tobacco Co.

Add a final, polished touch, she suggested, with wide, waist-cinching belts, hip-slung classics or double belting.



Black heel and crayon marks can be removed from linoleum and tile floors by rubbing with a damp cloth and a dab of toothpaste.

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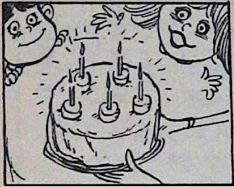
**At It's Best!**

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Cleo Taylor of Helotes won the door prize, a "Lone Star Legacy" cookbook, during the final session of cooking classes on July 31. Other cookbooks had been awarded at earlier sessions.



Use small marshmallows as candle holders for a birthday cake. They'll prevent wax from dripping onto the frosting.



Odelia Amayo of San Antonio won the gas barbecue grill offered as the grand prize at the cooking classes.



Utilities Manager Bill Muir said the program sought to promote goodwill among the customers and to announce initiation of the marketing of home appliances by the local utility.

## CAKE WITH GREAT FRESH TASTE



If you think homebaked cake is "invited" to special occasions only, take a homebaked Walnut Spice Creamy Cake to the weekday dining table and see what happens. An ordinary meal automatically moves to a super-delicious category because it's "frosted" with a new dairy-based frozen whipped topping. It all begins with a time-saving cake mix, too. The four-layer cake has a filling combination of applesauce and more rich, creamy whipped topping. Anticipate raves about the great fresh taste, and for good reason. The topping is made from an exclusive dairy recipe that includes 25% skim milk. Speaking of convenience, it's good sense to have an 8-ounce container of this new topping on hand in the freezer. After thawing, it keeps fresh in the refrigerator for up to 2 weeks. Best of all, you can use what you need and refreeze for another time. Count on the rich, creamy taste and texture of this new dairy-based whipped topping to enhance all your favorite desserts.

### WALNUT SPICE CREAMY CAKE

- 1 package (2-layer size) yellow cake mix or pudding-included cake mix
- 1 cup fine graham cracker crumbs
- 1 teaspoon cinnamon
- 1/4 teaspoon each nutmeg and cloves
- 1 container (8 oz.) Birds Eye Cool Whip extra creamy dairy recipe whipped topping, thawed
- 1 cup applesauce
- Walnut halves

Prepare cake mix as directed on package, adding crumbs and spices to mix before beating and baking in two 9-inch layer pans. Split cooled layers to form 4 thin layers. Combine 1 cup of the whipped topping and the applesauce. Spread about 1/2 cup applesauce mixture on each of three layers and stack; top with fourth layer. Frost sides and top with remaining whipped topping. Garnish with walnut halves. Chill 1 hour before serving. Store any remaining cake in refrigerator.

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Mrs. Ruth Felty, vocational homemaking supervisor for Northside School District, conducted all four sessions. Guest speaker at the last session was Maggie Alvarado, consumer information specialist for the Rio Grande Valley Gas Co.

## Texas farmers raise crawdads to supplement income

COLLEGE STATION — Pinched by smaller profits from their traditional rice and soybean crops, farmers along the Texas coast are growing crawfish to supplement their incomes, says a Texas A&M University fisheries scientist.

Once thought a treat enjoyed only by Louisiana Cajuns,

crawfish — also known as crawdads and "mud bugs" — are now being demanded by restaurateurs from across the country, and Dr. Jim Davis says the demand is such that the state could use additional yields to satisfy a growing craze for the hard-shell crustacean.

Davis estimates Houstonians eat between 25,000 - 30,000 pounds of crawfish each week and said one Dallas broker can't seem to find enough fish to suit his market.

## HELOTES ECHO

"Ye shall know the Truth"  
Established Sept. 1, 1981

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Loeffler Receives Award



Congressman Tom Loeffler receives the National Security Award in ceremonies recently in recognition of his pro-defense leadership as a member of the Coalition for Peace Through Strength. Presenting the award was Cooper Holt, executive director of the Veterans of Foreign Wars, one of the 125 national organizations belonging to the coalition.

Auction Needs Livestock

Donations of farm animals and merchandise are being requested to help support Boysville's FFA and 4-H programs in its annual charity auction in September at San Antonio's Union Stock Yards. The 40-year-old boys' home which has cared for 2,300 victims of broken homes seeking to raise them into responsible adults and good citizens, has more than half of its 96 youngsters enrolled in the

FFA and 4-H activities under the direction of its farm and ranch manager, Vernon (Nub) Jones. Maury Holden, a Boysville trustee, has accepted the chairmanship of the auction, which will begin at 8:30 a.m. Sept. 11, and he says animals or merchandise will be picked up if donors call Boysville at 653-8282. All gifts are tax free.

Man Who Fled Alamo Said To Have Reasons

Louis "Moses" Rose had the unfortunate luck to actually be one of the 188 Alamo volunteers who found themselves surrounded by 5,000 Mexican soldiers back in 1836. When things started to look hopeless and Col. William Travis, commander of the fort asked his men to stay and die in defense of the Alamo and freedom, Rose chose a fast exit. Intrigued by the whole legend of the Alamo, but most particularly by that of Rose, Dr. Steven Kellman, an associate professor of comparative literature at the University of Texas at San Antonio, has spent some time studying the event. While many native Texans consider Rose's actions cowardly, Dr. Kellman found Rose probably had some pretty strong reasons for leaving his post. Dr. Kellman recently presented his findings to the annual Popular Culture/American Culture Association convention in Louisville, Ky. In addition, a paper written by the UTSA professor was recently published in The Journal of American Culture. To discover more about Rose, who was originally

from France, Dr. Kellman studied records in the French military archives while in that country a few summers ago. "I found he certainly had not been a coward in his earlier military career," Dr. Kellman said. Rose became a private in Napoleon's 101st Regiment in 1806 and eventually attained the rank of lieutenant. In 1814 he was even named to the French Legion of Honor for his role as aide-de-camp to General Jacques de Montfort. He had served admirably in campaigns in Naples, Portugal and Spain. It's not until 1826, when he shows up in America, that information about Rose again comes to light. At that time Rose joined the Fredonian Rebellion, an unsuccessful attempt to overthrow Mexican authority around Nacogdoches. Rose settled for a time there, working as a log-cutter and hauler. He was apparently befriended by James Bowie and, on October 24, 1835, traded his property for a horse, blankets and other supplies and headed for the Alamo. What the 52-year-old Rose

found at that now famous site was a fort full of men half his age, with far less military experience, led by Travis, a man he most probably considered pompous and even dangerous. As Dr. Kellman explained in his paper, "adept at surviving, Rose must have felt uncomfortable with the symbolic gesture of surrendering his life for a cause not his own and in the company of men he was separated from by a generation, a language, and a virtual continent." Consequently, on the afternoon of March 3, 1836, Rose jumped over the wall and fled to safety.



The first women's college-level school was founded in 1821 in Troy, NY, by Emma Willard. It was known as Troy Female Seminary.

"An economist is a person who guesses wrong with confidence." Anonymous

Auction

Of Autos Set

The San Antonio Police Department will hold an auction of motor vehicles unclaimed by the former owners. The auction will be open to the general public and will be held at the Police Storage Lot, 3625 Growdon Road on Wednesday, Aug. 11, at 10 a.m. Vehicles may be viewed Wednesday morning prior to the auction between the hours of 8 and 10 a.m.

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## Mrs. Smith Service Set

A memorial service will be held for Mrs. Doris A. Smith who passed away on Tuesday, August 3 at Wilford Hall. Mrs. Smith was a longtime friend of Mr. and Mrs. Corbin Terry and their family, having been located overseas at several air bases with them while her late husband was in service. She visited here over two decades, although she made her home in Largo,

Florida where she is survived by two nephews and their families. The service will be held Monday at 7:30 p.m., August 9, 1982 at Our Lady of Guadalupe Catholic Church, with Rev. Cliff Waller of the Episcopal Church, officiating. Mrs. Smith had many friends here who will miss her. Burial will be at Arlington Cemetery alongsider her husband.

## Dee McKay Dies At 44

Dee McKay of Universal City, former Grey Forest chief of police, died Monday, July 26, at the age of 44, and was buried Friday, July 30, in Aledo, Illinois. Funeral services were held in San Antonio on Wednesday, July 28, with Rev. Joe Reynolds of Forest Hills Presbyterian Church and Rev. Collin Furr, former pastor, officiating.

In addition to the Grey Forest Police Department,

Mr. McKay had served with the Alamo Heights Police Department. He was a member of the Alzafar Shrine Temple and Helotes Lodge No. 1429 AF&AM.

He is survived by his wife, Betty K. McKay of Universal City; three sons, Shawn of Austin and Joe and Tim of Grey Forest; and his mother, Dollie McKay of Aledo.



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## WASHINGTON VIEWPOINT



by Abraham [Chick]  
Kazen, Jr., M.C.

Last week the House voted to send the largest peacetime tax increase in American history to a Conference Committee without the Members having an opportunity to learn what was in the legislation.

I opposed this action.

During House debate over this Senate-passed legislation, Members were told that the legislation would increase taxes by \$98.5 billion over the next three years, and Congressman Jack Kemp of New York, who joined me in opposition to the measure, said it has the potential of reaching \$228 billion over five years.

It is apparent that Congress is faced with the burden of locating some new sources of revenue this year because the Administration's massive tax cuts enacted last year have not resulted in the "trickle-down" economic recovery predicted by its supporters, but I am not convinced that this new Republican tax bill is the answer.

My first objection to the tax measure was simple: Neither I nor any of my colleagues in the House had seen the bill we were asked to accept. We were told during debate that it contained 107 changes in the Tax Code, but we never even saw a list of the changes.

The day after the House voted sending the bill to a House-Senate Conference Committee for further work by a vote of 208-197-I received at my office a thick document containing 758 pages of tax increases and revenue savings. At this writing, I am still in the process of trying to determine what is in the bill, but I have extracted a few excerpts worthy of examination.

### REVENUE TARGETS

It was interesting and perhaps significant to note that the first provision on the first page is designed to reduce income to the nation's senior citizens by delaying all new entitlements to Medicare benefits. This was done by simply saying that and individual will not be age 65 until the first day of the month following the month of his or her actual birthday.

These cost shavings at the expense of the elderly continue for scores of pages until a similar section aimed at Medicare and other social programs. Further on, there are new restrictions and taxes on businesses, many of which roll back the business incentives that the Administration said were so necessary last year.

One of these proposals appears especially damaging. The Republicans propose a 10 percent withholding tax on dividend and interest income, which is without a doubt counterproductive to ending the recession. As I have said before, savings and investment are crucial to economic growth.

Although this withholding by banks, mutual funds and other organizations has previously been rejected as expensive paperwork and a poor investment, it has been dug up and included in the new bill, tucked in beginning on page 496.

### OTHER TAXES

The bill would double the tax on cigarettes and phone use, increase the tax on airline tickets by three percent, impose a departure tax, and even adds a new tax on fishing equipment.

In another section, the bill would also reduce deductions on medical bills.

In what I consider the positive side, there are new restrictions on the buying and selling of tax breaks between giant corporations. This idea is something I have supported since the passage of the Administration bill

which allowed these loopholes. Some of my colleagues say that as much as 75 percent of the bill may be well drafted, but even if they are right I can't help that worry over the economic damages done by the other 25 percent.

The House voted to accept the Senate bill sight unseen, without an opportunity to suggest our own improvements or even to vote on individual provisions. The changes will be made by a few members of the House-Senate Conference Committee.

Beyond this, I am concerned over the effects of this massive flip-flop to our economy. Last year the Administration and the majority in Congress said that a three-year tax cut would spur us toward full recovery. This year we face a record budget deficit, the need for new revenue and another period of uncertainty and instability. This stands in the way of expansion and new production which would create what we need the most—jobs.

I appreciate the President's acknowledgement last week that the economy is not recovering as rapidly as he predicted earlier. I hope that this attitude, which I share, will jolt both Congress and the Administration into the real world.

## Auction To Aid Library

A jig saw, veterinary care and a trip to Dallas are just a few of the items which have already been donated to the Sept. 5 auction which will benefit the Northwest Community Library in Leon Valley.

Additional donations are needed. Contributions are tax deductible and may be dropped off at the Leon Valley Fire Department, El Verde Road.

The Friends of the Northwest Community Library and the Leon Valley Business and Professional Association are sponsoring the event to raise money for library expansion.

## Researchers study pre-hurricane event

COLLEGE STATION — As Gulf Coast residents prepare for another hurricane season, Texas A&M University researchers are studying a phenomenon in which ocean water levels are elevated several days before an actual storm forms.

Information gathered from the study being conducted for the U.S. Army Corps of Engineers may aid in design of structures such as seawalls that can withstand the massive storms.



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## SUMMERTIME HAZARD: BURNS

The summertime is a wonderful season, but did you know that its potential for harm is high? Way up on the list of summertime hazards is the burn. How a burn heals depends very much upon how it is treated. However, recent medical research indicates that most of the common knowledge that we have about how to treat a burn is erroneous...and, sometimes, dangerous!

The most important first step in treating a burn is identifying exactly how serious it is. Whether it results from your backyard barbecue, exposure to the summer sun or a kitchen accident, it is essential that you know how to identify the degree of the burn, if you are going to help yourself or someone in your family.

A burn is classified by how deeply it penetrates the skin. In a first degree burn the outside of the skin is burned. The skin is red and feels painful. It is dry, not broken or blistered and appears to be mildly swollen. In a second degree burn the deeper layers of skin are burned. It is very painful and the skin appears red or blotchy. A second degree burn will appear to be blistered, swollen, moist and



oozing. A third degree burn is most serious of all. The skin is burned through and appears white, or may be charred black. Little or no pain is experienced, because nerve endings have been burned away.

More information about burns and how to treat them is available in a free booklet from Curity, entitled, "How You Can Help Heal in Your Own Home." To order it send your name and address and .30¢ to cover postage and handling to: Curity Booklet, P.O. Box 2883, Hillside, New Jersey 07205.

Remember, one of the most important steps that anyone can take in the treatment of a burn is to keep a level head. Panic may cause you to under or overestimate the seriousness of a burn. Appraise the situation as calmly as possible and if you have any doubts at all about your judgement, call a doctor at once.

## Jogging In Summer Calls For Heat Precautions

As the mercury rises in South Texas this summer so does the need for precautionary measures in running and jogging. The heat can endanger even those in the best of shape, if they aren't careful.

"The obvious way to avoid the worst heat is to run in the early morning or late evening," says Shawn Flanagan, assistant track coach at The University of Texas at San Antonio. "If you have to run on your lunch hour in the heat of the day, be aware that it'll take more effort for the same results because of the heat. Cut down on how far you plan on going."

Flanagan points out that a common oversight of runners is the failure to consume enough fluids. "A person should have a couple of glasses of water about 30 minutes before running. That way there's no sloshing and gurgling when you start. People shouldn't be afraid to stop and drink while they run and to drink a lot afterward. Thirst is not a good indicator. By the time you're thirsty, you're a little more dehydrated than you should be," Flanagan explains.

And what is the best thirst quencher? Flanagan says it's plain old H<sub>2</sub>O. "In spite of all the claims for everything else, water is still the best."

Summer may not be the

best time for novices to begin a running program, but it's a convenient time for many people. "The heat is just another factor that makes it harder to get in shape," warns Flanagan.

It's tough enough for anyone to beat the heat, but much more so for a beginning jogger. When Flanagan moved to San Antonio four years ago after making all-America honorable mention as a track standout at the University of Wisconsin at Platteville, he needed several weeks to adapt to the heat. It will take longer for runners not already in tip-top condition.

Flanagan advises people just starting a running regimen to take it easy at first. "Do some jogging, then

walking, jogging, more walking," he says. "You don't want to expect miraculous results. The hardest part is the first two or three weeks, building a conditioning base. You have all the work and no results or positive feedback. Then all of a sudden, things will change. Someone will say to me 'Oh my gosh, it doesn't hurt any more. Am I doing something wrong?', and I'll know they've made it. Then they can start increasing their distance."

But despite the traditional demand on runners to experience pain, Flanagan doesn't buy it. "The old 'no pain, no gain' thing isn't necessarily true. A person doesn't have to hurt to benefit from running. It's time to stop if you feel dizzy or cold,

or if you're dehydrated."

If the dehydration and fatigue persists or headaches become commonplace, it could be a sign of something else. "If fatigue isn't heat-related, it's usually a vitamin or mineral deficiency," explains Flanagan. "You can restore potassium, for instance, by eating bananas or tomatoes."

Much of Flanagan's advice is tailored to inexperienced or intermediate runners. But serious runners must make summer adjustments, too. UTSA track and cross-country team members work on

own during the summer, and they follow a different plan than is used during the school year. "They're in the recovery stage between competition," says Flanagan. "They're doing overdistance, where a person runs more than his event demands but at a slower pace and with no hill work."

Flanagan also mentions that competitive road races staged during the summer are shortened. A typical 10 kilometer-type event may be replaced by an abbreviated four or five mile race.

Regardless of a person's level of running, it would be wise to heed Flanagan's bottom line on summer running: "Listen to what you're body says. Don't force it."

## UTSA Gets Tennis Ace

The University of Texas at San Antonio has signed one of the state's top tennis players to a scholarship. He is Bobby Duran, a May graduate of Robert E. Lee High School.

Duran closed out his high school career last spring by winning the District 32-5A singles title and advancing through regional play on to the state meet. There he

finished as one of the top eight players in Texas.

A three-year varsity letterman at Lee, Duran was the Vols' team captain last season. He was coached by Beth Walker.

Duran will major in accounting or computer science at UTSA. He is the son of Mr. and Mrs. Richard Duran of 119 Beechwood in San Antonio.

## Canoe Race

### Set Sunday

The 14th annual Paseo del Rio Canoe Race will take place along the San Antonio River and the River Bend on Sunday, Aug. 8. Scouts of all ages will be participating in this annual event, which has been rescheduled to coincide with the Texas Folklife Festival at the Institute of Texan Cultures.

The race will begin at the Josephine St. bridge and will end at the River Extension at Casa Rio Mexican Restaurant. Registration begins at noon and the starting time is approximately 1 p.m., with the finish times being approximately 5 to 6 p.m.

Any registered Boy Scout, Explorer Scout, Girl Scout or Camp Fire Girl may participate with parent approval. For more information contact Kevin Jetton at 696-7667, the Boy Scouts of America general offices, or the Paseo del Rio Association 227-4262.

## To Help Fund

The National Conference of Christians and Jews will sponsor a Western dance-a-thon Saturday, Sept. 11 at Ingram Park Mall from 9 a.m. to 9 p.m.

Contestants will take pledges for the amount of time they dance during the twelve-hour dance-a-thon. Deadline for entries is Sept. 8.

For more information or entry blanks and pledge sheets call 226-9135.

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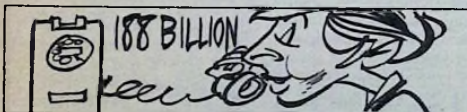
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They do, indeed—some nine million strong at the latest estimate.

Today's independent business people show the same spirit of self-determination and self-sufficiency exhibited by their predecessors

in Revolutionary times. We find them in trucking, owning and operating their own rigs; in construction, erecting America's buildings; in real estate, showing and selling America's homes; in logging, cutting and hauling timber from our nation's forests; in insurance, helping others protect their property, and in direct selling, selling products on commission or purchasing products at wholesale and marketing them to others at retail in homes across the nation.

These independent, self-employed individuals, known as independent contractors, willingly forgo the so-called security of being someone else's employee in exchange for the opportunity to go out and build a business on their own—taking the risks, certainly, but with confidence and de-

Our Small-Business People



termination that they will succeed and reap the rewards as well. They like their freedom and know that they can achieve success, both financial and personal, based on their own talent and hard work.

Look around. Today's independent contractors might well be your best friends or next-door neighbors. Congratulate them—they're contributing to our society in the finest tradition of American free enterprise.



## For America's Forests

Facts From The Forest Service, U.S. Dept. Of Agriculture

### THE WORLD AND OUR WOOD

There are an estimated 7.5 billion acres of land on this Earth that would grow enough wood to be considered commercially acceptable forest land—that's enough to cover the entire United States three times over—and there'd still be some forest land left.

Most of the hardwood forests are in Latin America, and the tropical regions of Africa and southeast Asia. The softwood acreage is concentrated in the Soviet Union and in North America.

These forests contain an estimated 11.4 trillion cubic feet of timber. If that were all piled up in a rectangle the size of a football field, it would reach twice the distance to the moon. Softwoods make up one-third of this timber inventory.

Although Latin America contains nearly half the total world hardwood resources, it accounted for less than eight percent of world industrial hardwood supplies in 1973.

About 70 percent of the hardwood timber used in the world came from the forests of North America, Asia and Europe.

Consumption of timber products has been growing rapidly in all parts of the world. It just about doubled between 1950 and 1977, and several studies point to further substantial increases



Although there's a good deal of wood in the world, both European countries and Japan are big importers of U.S. wood.

in demand in the decades ahead.

About a quarter of the softwood produced in the world is consumed in Europe, excluding the Soviet Union. The United Nations predicts this share of world use is likely to continue. Demand for lumber in Europe is expected to increase about as rapidly as population growth.

Studies of the prospective timber supply situation show that the European continent will not have enough wood to meet demand. It will be short by ten to 14 billion cubic feet in the year 2000. This could increase Europe's demand for wood pulp and paper products from the United States. That could do our economy some good, if it does not contribute to wood shortages in the U.S.

Another aid to our trade balance might be wood and paper exports to Japan. Although Japan is heavily forested, its timber resources are limited in relation to population. Japan must import some 66 percent of its wood supplies. The experts at the Forest Service say Japan is likely to remain a major importer of timber products from North America during the next few decades.

These export demands will put greater pressure on our domestic forests, but we know these forests can produce more in the future to help meet such demands. More importantly, the potential for increased imports is comparatively small, so domestic timber is the best hope for assuring relative stability in wood product prices for our own consumption.

If we in America manage our forests properly, they could help us manage our own wood needs and the balance of trade. Both domestic needs and trade balances will suffer setbacks if we don't improve our forest management.



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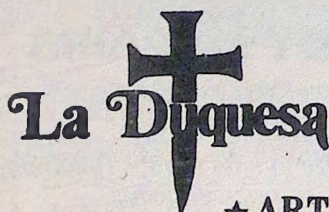
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## Teeth Talk

By Dr. Robert T. Lee,  
Fellow D.D.S.  
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It is referred to as "indirect capping", and is used in cases where the nerve (or pulp) would be exposed if all the decay were removed from the cavity. Regarded as a conservative treatment, the application of medicated cement in the temporary filling helps the pulp of the tooth to repair itself by containing the decay and allowing the buildup of a wall of tooth structure between the pulp and the decayed material.

This is a "holding action". When your dentist removes the temporary filling, he may take an X-ray to determine if the pulp has healed. If so, the balance of the decay is removed, and a permanent restoration, or filling, can be placed in the tooth.

In summary, your dentist is trying to keep your tooth alive, avoiding the need for a root-canal filling, pulp capping, or extraction of the tooth.

If you have any questions or request further information, please call or write 6336 Bandera Rd. Suite F, San Antonio, Texas 78238, 681-5320.

### Strong discipline deters crime

**COLLEGE STATION** — State Attorney General Mark White recently told school administrators meeting at Texas A&M University that stronger discipline in the public schools will be a major ingredient for curtailing the number of people that go to prison.

"The Texas Department of Corrections has over 30,000 prisoners confined today, which is the largest prison population of any state in the country and more than all the federal prisons put together," White said.

White said one fourth of Texas prison inmates are 22 years old or younger, "and 99 percent of these youngsters' problems started back when they were attending school."

"Sometimes we wait too late in the education game to identify the problems associated with the lack of discipline," he said. "We should not only work towards stronger discipline, but perhaps we should educate students at an early age to show them what the criminal justice system really is."



## Scouts Succeed At Camp

Boy Scout Troop 401 of Helotes recently completed the most successful summer camp in the history of the troop, according to their scoutmasters.

The week-long camping experience was held at Bear Creek Scout Reservation, six miles north of Hunt, Texas and was attended by 15 scouts with their troop leaders, Dr. Fred McCurdy and John Morales.

The scouts earned a total of 30 merit badges and 31 skill awards for a total of 61 awards plus partial completion of seven more merit badges.

Brian McCurdy led the achievement list, earning merit badges for Pioneering, Metal Work, Leather Work, Basketry, Fish and Wildlife

Management, and Environmental Science.

Swimming merit badges went to Skip Urban, Steven Smith, Giff Wooten, Curtis DeWitt, Mike Hinshaw, Charles Morales, Jaime Brown, Michael Benjamin and Charles Campa.

Giff Wooten earned a Metal Work merit badge. Leather Work merit badges went to Giff Wooten, Curtis DeWitt, Mike Hinshaw, and Jaime Brown.

Basketry merit badge awards went to Mike Hinshaw, Stephen Smith, Larry Bechham, Michael Benjamin, Giff Wooten, Curtis DeWitt, Peter Benjamin, Jaime Brown, Curtis Stuart and Charles Rebresh.

Skill awards for hiking went to Charles Campa,



Brandon Morales, Peter Benjamin, Mike Hinshaw, Gavan North, Jaime Brown, Giff Wooten, Larry Bechham, Stephen Smith, Curtis DeWitt, Skipper Urban, Michael Benjamin, Curtis Stuart and Charles Rebresh.

Swimming skill awards were given to Giff Wooten, Charles Campa, Brandon Morales, Mike Hinshaw, Stephen Smith, Curtis DeWitt, Skipper Urban, Micheal Benjamin, and Jaime Brown.

Citizenship skill awards

were won by Brandon Morales, Gavan North, Stephen Smith, Larry Bechham, Curtis DeWitt, Skipper Urban, Michael Benjamin and Peter Benjamin.

The troop committee heard reports from Scoutmasters McCurdy and Morales who said the food was good, the weather beautiful and the scouts, many of whom had

recently graduated from Cub Pack 401 had a wonderful time. The teaching of skills and the merit badge awards were pronounced exceptional and the troop eagerly awaits next years camping adventure.

The troop has completed a hiking campout to Cascade Caverns and later in August will campout at a local ranch.

This will be a first for Troop 401, and the outdoor Court of Honor expects to make awards with the parents present. A Big Bend campout will be at Christmas. All boys wishing to join the scouts may come to weekly Monday night meetings at 7 p.m. at PARC Bldg. adjacent to the Helotes Hills United Methodist Church in Helotes.

## Camp Set For Soccer

YMCA Camp Flaming Arrow will conduct a week long Soccer Camp for boys and girls age 8-15 at its camp site near Kerrville, Aug. 15-21.

The camp will be directed by Dave Stolarski, former soccer coach at St. Mary's University. The camp will emphasize development of individual soccer skills, team play, strategy and laws of the

game.

Supplementing the daily soccer activities, participants will enjoy more traditional summer camp activities such as swimming, canoeing, horseback riding, hiking archery and riflery.

For complete information and registration instructions, contact the Camp Flaming Arrow office at 224-2777.

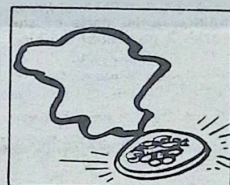
## Bingo Vote Is Aug. 14

To Bingo or not to bingo is the question on Aug. 14, when voters in most of Bexar County finally will be able to go to the polls to vote on the playing of bingo for charitable purposes. The constitutional amendment approved by an overwhelming vote of the citizens in Bexar County now requires approval of a bingo enabling act in a local option election.

If bingo is approved on Aug. 14, certified non-profit charitable organizations, churches and religious

societies, many veteran and fraternal groups and volunteer fire departments will be able to conduct bingo games openly and legally to raise money for their charitable activities.

Justice of the Peace precincts holding elections on Aug. 14 in neighborhood polling places are No. 1, 2, 4, and 5.



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1 Year — **\$3<sup>50</sup>** ★ ★ ★ 2 Years — **\$6<sup>00</sup>**  
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SENT TO:

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Address \_\_\_\_\_

ZIP \_\_\_\_\_

Giver's Name \_\_\_\_\_

### HELP WANTED

### HELP WANTED

Mature, energetic woman  
for good house cleaning. One  
day a week. In the Helotes  
Area. 695-9819.

WANTED  
Talented Seamstress  
In Helotes Area  
Call Gloria Oatman  
695-3155  
after 5 p.m.

### DISHWASHER WANTED

3 to 4 Nights a week  
Must have transportation  
Apply in person only.  
GREY MOSS INN

### FOR SALE

FOR SALE  
Toro Lawn Mower,  
Heavy duty, power  
driven. Used a short time,  
two years old. Needs bat-  
tery. (Originally \$210  
plus.) Will sell for \$100,  
negotiable. 14743 Old  
Bandera Road after 5 p.m.

### ELECTROLUX RUG SHAMPOOER

Two years old. Used very  
little. Paid \$295. Will take  
\$200. After 6 p.m., call  
695-3605.

### FOR SALE

GOOD BUY. Kenmore  
Power Miser DISH-  
WASHER, Sears. Mobile  
unit 2 years old. Used one  
year maintenance agree-  
ment. \$150 or best offer.  
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### FOR SALE

Beautiful ADBA Pedigreed  
Pit Bull Male. Ears cropped.  
4 months. \$225. 695-3388.

### GIVEAWAY

11-months old male short-  
hair puppy. Healthy, nice  
looking. Medium size, good  
disposition. 695-3471.

**BOAT STORAGE  
688-3890**



## 433-9608





Heartworms are a serious problem in dogs. The disease, caused by a worm that lives in the animal's heart, is often fatal if left unchecked.

Heartworms are transmitted by mosquitoes. The most effective and practical means of controlling heartworms today is to prevent them from ever reaching the adult stage.

A new drug administered daily during the mosquito season prevents the maturing of infective larvae into adult heartworms.

The drug must not be administered to dogs with established heartworm infections until they have been converted to a negative state. It must be administered from the beginning of the mosquito season until two months after the season ends.

The drug is available only from your veterinarian, and it must be administered only under his directions.

The incidence of heartworms disease is spreading rapidly. Don't wait until you suspect a problem. Have your dog checked twice yearly and TREAT DAILY!



The largest paper money ever issued measured 9 x 13 inches.

## WATCH OUT FOR BURGLARS!

BEING A GOOD NEIGHBOR CAN PAY OFF

A lot of Americans are discovering that a "good neighbor" policy can pay off. It's one way many people are lowering the burglary rate in their areas.

Methods may vary but the basic approach is the same. People from a neighborhood team up to act as extra "eyes and ears" for the police. They've discovered that often crime really does go down as the result of such efforts.

One of the country's major insurance companies believes so strongly in the approach that it's developed a Neighborhood Watch kit of brochures plus a film that's available on a free loan basis.

The Neighborhood Watch idea is already working in more than 20,000 American communities. Many groups drive in pairs, making sweeps of the neighborhood. They watch for suspicious cars and people.

Unarmed citizens use CB



This sign warns potential burglars that the home is under the protection of a Neighborhood Watch group.

radios or walkie-talkies to keep in touch with each other and police. Normally, they take no action to stop a crime in progress. They simply notify the police.

Another approach is the block watch club. Instead of moving around, neighbors stay in their own homes, keep their eyes on one another's property and report suspicious activity to the police. Most of these clubs have

block captains to coordinate activities.

Neighborhood watch groups also cooperate with local law enforcement people in making security inspections of homes and give theft prevention advice. They work for legislation requiring adequate security devices in newly-constructed homes. They help to publicize crime prevention measures that citizens can take and put up signs to warn burglars that an area is protected by a watch group.

Burglars themselves testify to the effectiveness of watch groups. One convicted burglar said: "I'd find someplace else to go" if he thought a watch group was operating in his target area.

For a free copy of the State Farm Insurance Companies Neighborhood Watch brochure, write to WATCH Brochure, Public Relations Department, One State Farm Plaza, Bloomington, IL 61701.

"Education is teaching a child how to talk — and then how to keep quiet."

Anonymous

## Rainfall Not Much

In case the sun has seemed a trifle bright, it might be well to consider that Helotes did not have any day of over 100 degrees in July although San Antonio reported about three such days. Rainfall according to Henry Brauchle, local weather observer and rancher here, totalled nine-tenths of an inch for July with none so far this month. Helotes could use rain but is still in excellent shape—if rain falls soon, he said.

## THE RECORD BOX



JOE

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## HELOTES CHRISTIAN CHURCH

Meeting at 14120 Bandera Road

SUNDAY MEETINGS:

Bible Study: 10:30 A.M. Worship Service: 11:00 A.M.  
FRANK L. FLACH — Minister  
Call 695-9706

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Bandera Road — 1/4 Mile North of Scenic Loop

## Let's Dance

EVERY SATURDAY  
NIGHT

Saturdays 9 P.M. to 1 A.M.

★★★

Saturday, August 7—

**METHENY BROTHERS**

★★★

Sunday, August 8—

**HEART OF TEXAS**

★★★

Saturday, August 14—

**NASHVILLE SOUND**

★★★

Sunday, August 15—

**WHISKEY DREAMIN'**

★★★

Saturday, August 21—

**GEORGE CHAMBERS**

★★★

Sunday, August 22—

**BILLY MATA & TEXAS TRADITION**

★★★

—COMING AUG. 28th—

**DARRELL McCALL**

★★★

**FREE DANCE**

Every Sunday 6 P.M.

No minors admitted beginning Sunday, Feb. 7,  
without parents on Sunday afternoon after 6 P.M.

FOR PRIVATE PARTIES CALL 695-8827

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